



# Birthingways

Fall 2019  
Volume 24, Issue 3

The Newsletter of Birthingway College of Midwifery

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## *Congratulations, Midwifery Program Graduates!*

Our close community gathered at the peaceful Zenger Farm on June 26 to celebrate our graduates' immense achievement in completing Birthingway's rigorous curriculum and the many sleepless nights that are the path of midwifery.

Congratulations to our exceptional graduates: Whitney Wolfe, Katrina Koelwyn, Emily Born, Rosemary Loperena, Caley Brown, Lucy French, and Jaime Lefcovich, as well as Kathryn Dewar, who was not present at the ceremony.

"The challenge is not to be perfect. It is to be whole." - Jane Fonda

### **Front Office Hours**

*Sept 19 – Dec 15*

Wed/Thurs 8:30 a.m. - 5:30 p.m.

Additional days and times by appointment.

### **Library Hours**

*Sept 19 – Dec 15*

By appointment.



# Calendar

8/12	Fall 2019 Term Registration Begins – Enrolled Students
8/19	Fall 2019 Term Registration Begins – Community Students
8/26	Fall 2019 Term Registration Deadline
9/2	Labor Day Closure
9/6	Legend Drugs and Devices (LD&D) Renewal Workshop
9/8	So, You Want To Be A Doula – Information Session
9/16	Fall 2019 Postpartum Doula Workshop Begins
9/18	Summer 2019 Term Ends
9/19	Fall 2019 Term Begins
9/19	Fall 2019 Labor Doula Workshop Begins
9/23	Fall 2019 Enrollment Confirmation Deadline
11/28-29	Thanksgiving Closure
12/2	Winter 2020 Term Registration Begins – Enrolled Students
12/7	Farewell to Foster House: A Celebration of Birthingway College
12/9	Winter 2020 Term Registration Begins – Community Students
12/15	Fall 2019 Term Ends





Photos from our June 2019 Commencement/[CLICK HERE](#) to view all photos online







NOW REGISTERING



FALL 2019  
POSTPARTUM DOULA  
WORKSHOP

MONDAYS | 4:30-8PM  
9.16.19 - 11.4.19

[click here to register](#)



## Birthingway Faculty Picnic

Our faculty gathered at Mount Scott Park on Saturday, July 27, to celebrate and acknowledge the lasting impact of our faculty's warmth and expertise throughout the years.



**“We ask the community: what is the best advice you’ve received?”**

**We have been told:** there is always time to take two breaths – and even three breaths! We have been told to do it with kindness.

**We have been told:** sit with it a little longer. You may feel differently tomorrow. We have been reminded that there is always another side to a story.

**We have been told:** in love, the most important thing is always to remember mutual respect. We have been reminded that the only thing you can control is your own behavior in a difficult circumstance.

**And we have been reminded:** to never pass up an opportunity to use the loo, to sleep when the baby sleeps, and to fold laundry when the baby folds laundry! ☺

*(These responses have been compiled through Birthingway's famous Potty Pages)*

NOW REGISTERING

# FALL 2019 LABOR DOULA WORKSHOP

Thursdays

4:30 - 8PM

9.19.19 - 11.14.19

**[CLICK HERE TO REGISTER](#)**



# OMC UPDATES

OMC is proud to announce that the Oregon Midwifery Foundation is in the final stages of launching an exciting advertising campaign to let the public know more broadly about the option of home birth. The Campaign will begin on social media platforms and possibly expand from there depending on our financial support. We have created a website for the Oregon Midwifery to receive funds in the very near future. Watch for more information and opportunities to donate to this exciting cause.

We are gearing up to organize the 2020 spring conference here in Portland and hope to have Jen Kamel, of VBAC Facts, do a day-long workshop prior to the conference as well as speak at the conference. Her important work on VBAC could have an effect on the medical community, who will also be invited to hear her speak.

We will be meeting in September and November on the second Friday of the month for peer review and a business meeting. Please contact the Portland's representative, Maura, at [omcrepportland@gmail.com](mailto:omcrepportland@gmail.com) to receive the time and place of those meetings.



## Where Are They Now?

**We reached out to a couple former members of the Birthingway community.**

### **Bonnie McAnnis**

As a long-time (19 years) faculty member of Birthingway, my life has been greatly shaped by midwifery care as a worldview and the many relationships with students and colleagues within this community. I relished the diversity of topics which I had the opportunity to teach: Anatomy and Physiology, Massage for Midwives, Midwifery History and Politics, Ethics, and Exploring Spirituality in the Perinatal Period; and I'm grateful for all that I learned from the students that gathered around each topic. Birthingway influenced nearly two decades of my personal and professional growth and development, and I will be forever blessed by my experiences with this unique and intentional community.

These days, my current path of service involves offering spiritual guidance to individuals and small groups. I have recently opened a practice, Heart Sanctuary Spiritual Guidance, in the Hollywood District in NE Portland where I meet with folks to explore together one's inner landscape while seeking and listening for guidance and meaning-making pathways to enhance awareness both spiritually and holistically. I am especially passionate about continuing to support the hearts and souls of all (midwives, doulas, LCs, etc.) who tend to the circles and spheres of the peri- and post-natal chapters of becoming family. This type of self-care and self-exploration can truly enhance one's sustained engagement of tending to birth and beyond.

Keep in touch, Birthingway Community! I'd love to hear from you.

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503.380.4821



### **Emily Stevenson**

I attended Birthingway as a student for four years and graduated and sat for my CPM in 2017. During my time in Portland I apprenticed at two birth centers for my clinical training portion of Birthingway and this grew my passion for the birth center model of care. After graduating I moved to Detroit, Michigan and now work as one of two midwives running Nine Short Months Birth & Community Wellness Center, the only freestanding birth center serving the Detroit metro area.



## Legend Drugs and Devices (LD&D) Renewal Training

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Friday, September 6, 2019 | 9 am – 6 pm

**[CLICK HERE TO REGISTER](#)**

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This course meets the Oregon State requirements for renewal of the Legend Drugs and Devices training to maintain licensure as an Oregon Direct Entry Midwife.



## Building Still for Sale

Our lovely, craftsman-style building is still on the market. Classes go on as usual here at Birthingway for now, and classes will continue to take place through the upcoming fall term. Once the building sells, we will be using remote work sites for our staff.

If you know someone who may be interested in a beautiful space (restaurant with hidden outdoor yard, perhaps?), please don't hesitate to email us at [info@birthingway.edu](mailto:info@birthingway.edu) or call us at 503-760-3131.

*To view our listing, please [CLICK HERE](#)*

# SO, YOU WANT TO BE A DOULA?



**SUNDAY, SEPTEMBER 8 | 2:00-4:30 PM**  
**[CLICK HERE TO RSVP](#)**



SAVE THE DATE FOR OUR BUILDING  
CLOSURE EVENT AND REUNION

# Farewell to Foster House

A Celebration of Birthingway College

SATURDAY 12.7.19 | 6 PM - 9:30 PM  
JOIN US FOR A SILENT AUCTION,  
REFRESHMENTS, AND A CEREMONY TO  
HONOR ALMOST 30 YEARS OF COMMUNITY

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**CLICK HERE TO RSVP**  
or visit [birthingway.edu/farewell](http://birthingway.edu/farewell)

