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Greet – and Eat – 2018!

On November 16, Birthingway staff, current and past students, teachers, and Board members gathered at the historic Kennedy School to participate in get-to-know-you games, share potluck dishes, and catch up before the hectic holiday season. Lively conversation, laughter, and a warm sense of community permeated the atmosphere in the sunny afternoon!

Below: Community members enjoying Greet and Eat



Front Office Hours *April 8 – July 1*

Mon: 8:30am – 12:30pm

Tues-Thurs: 8:30am-
5:30pm
(closed for lunch 12-12:30)

Friday: Closed

Library Hours *April 8 – July 1*

Mon: Closed

Tues-Thurs: 8:30 am-5:30
pm

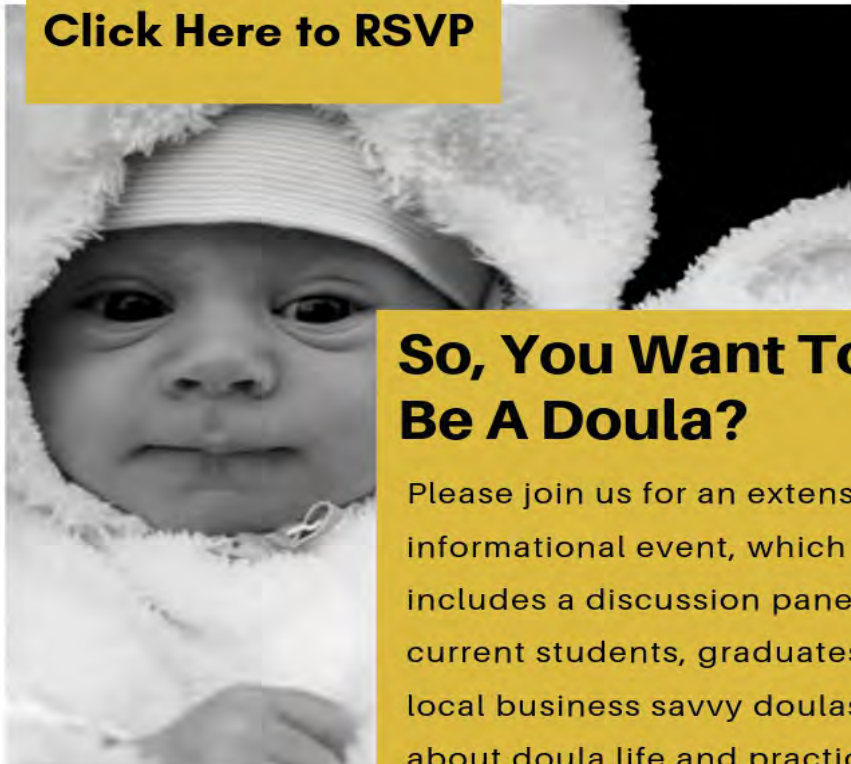
Friday: Closed



Calendar

3/4	Spring 2019 Registration Begins – Enrolled Students
3/11	Spring 2019 Registration Begins – Community Students
3/18	Spring 2019 Term Registration Deadline
3/24	Winter 2019 Term Ends
3/25-4/7	Spring Break
4/8	Spring Orientation and Core Completion Ritual
4/15	Spring 2019 Term Enrollment Confirmation Deadline
4/18	Spring 2019 Labor Doula Workshop Begins
5/3	Legend Drugs and Devices (LD&D) Renewal Workshop
5/27	Memorial Day Closure
6/3	Summer 2019 Term Registration Begins – Enrolled Students
6/10	Summer 2019 Term Registration Begins – Community Students
6/17	Summer 2019 Term Registration Deadline
6/30	Spring 2019 Term Ends
7/1	Summer 2019 Term Begins

[Click Here to RSVP](#)



So, You Want To Be A Doula?

Please join us for an extensive informational event, which includes a discussion panel of current students, graduates, and local business savvy doulas to talk about doula life and practice.

Saturday, March 9 | 2 - 4:30 PM
Birthingway College



Birthingway Greet and Eat!

Staff, students, and a cute little one enjoy a community-building afternoon!



SPRING 2019

POSTPARTUM DOULA WORKSHOP

**CLICK HERE TO
REGISTER**

**WEDNESDAYS
4:30 - 8:00 PM
APRIL 10 - MAY 29**

Gain knowledge and skills for assisting families after birth, including hormones in the postpartum period, maternal changes, infant care, mood disorders, physical care, and breastfeeding support.

Labor doulas are taught to apply a variety of natural pain relief systems. Here, our Winter 2019 Labor Doula Workshop students practice labor massage techniques.



Welcome, New Board Members!


Kelly Overly (right)

I have been working in the Portland area as a birth and postpartum doula since August of 2016 and in that time I have supported close to 100 families. I also served on the Executive Committee as the Administrative Director for PDX Doulas from the summer of 2017 until December of 2018, at which time I moved onto their Board of Directors and currently serve as their Board President. I serve as a mentor doula for PDX Doulas as well as with Mothertree Birth Services in an effort to help train the next generation of doulas. In the fall of 2018 I was elected Vice President of the Oregon Doula Association. In the years prior to my work in birth, I worked as a Sales and Marketing Director as well as a winemaker. I managed budgets, production schedules, wine clubs, national sales accounts and upwards of 25 interns every year. I believe that Birthingway is invaluable to the birth worker community in the Pacific Northwest and to the families they support, which is what drew me to serve on their Board.



Kyla Patterson-Carstensen

Hello Birthingway community! In addition to my work in midwifery, I am a mom, a partner, and own a botanicals company in Hillsboro, OR. I love my work, and I am excited to include more time at Birthingway. As a previous student, and a current member of the midwifery community, I have a window into the life of a midwifery student, the academic quality that Birthingway strives to meet, and understand the care that goes into each student. I highly value Birthingway for these reasons, and I am honored to be a member of the school again in this capacity. I hope that I can use my time and my skills to be as helpful as possible to the Board and the student body.



LABOR DOULA WORKSHOP

Register Online!

CLICK HERE

APRIL 18 - JUNE 6
THURSDAYS
4:30-8:00 PM

UPDATES FROM THE OREGON MIDWIFERY COUNCIL

OREGON MIDWIFERY COUNCIL IS EXCITED TO BE SUPPORTING A BILL IN THE 2019 OREGON LEGISLATIVE SESSION THAT WOULD INCREASE ACCESS TO MIDWIFERY CARE FOR ALL OREGON FAMILIES.

B 2845 is sponsored by long-time midwife supporter, Representative Alissa Keny-Guyer, who herself gave birth to her children in birth centers.

If the bill passes, Oregon law will require that insurers (both private and OHP):

- Cover birth in birth center, home, and hospital
- Cover birth with Licensed Direct-Entry Midwives, Certified Nurse Midwives, and Naturopathic Physicians who are also midwives
- Pay freestanding birth centers a fair fee based on their actual costs and a good faith negotiation standard

WE HELD A LOBBY DAY IN SUPPORT OF THE BILL ON 2/13 AND HAD A TREMENDOUS SHOW OF SUPPORT BY 90 SOME MIDWIVES, STUDENTS, AND CLIENTS.

Support us on social media - Like us on Facebook:

<https://www.facebook.com/oregonmidwiferycouncil/>

Follow us on Instagram: @oregonmidwiferycouncil

- Connect us with clients who experienced insurance barriers to midwifery care for birth center or home birth so we can help you share their stories with legislators who'll be deciding this bill (email silke@oregonmidwiferycouncil.org)
- Read the draft bill HB 2845 and let us know if you have questions or feedback.
- Stay tuned for information on a letter writing campaign and more calls to action!

PHYSICAL ASSESSMENT

CONTINUING EDUCATION
INTENSIVE CEU COURSE

FRI-SUN 4/26-4/28

9 AM - 5 PM

\$200 + \$77 LAB FEE

This intensive format,
scenario-based course in
physical assessment expands
upon students' basic skills
through deepening knowledge of
all assessment systems.

**21 CEUs will be awarded
upon successful completion
of this course.**

CLICK HERE TO REGISTER

Birthingway College | 12113 SE Foster, Portland OR

OMC Lobby Day!

By Heather Hack-Sullivan, CPM, LDM

As noted above under “OMC Updates,” the Oregon Midwifery Council is introducing a bill to the Oregon Legislature that is focused on increasing access to midwifery care. House Bill 2845 would require insurers to provide coverage for all three types of licensed midwives in Oregon (NDs, CPMs, and CNMs) in all three birth locations (hospital, home, or birth center). Currently half of Oregon insurers (both private and OHP) provide limited or no coverage for birth center or home midwifery care.

On Wednesday, February 13th, Oregon Midwifery Council held a Lobby Day to talk to our representatives about HB 2845. Midwives, midwifery students, apprentice midwives, and consumers/supporters of midwifery care (and some super cute babies and kiddos) participated in these meetings. There were about 90 participants and we had meetings with 76 legislators! This will have a huge impact for House Bill 2845 and awareness in the state legislature of midwifery and the needs of pregnant and birthing families.

Of the 15 people who were the most involved in making this day happen, 11 were either Birthingway alumni, faculty, or current students--and there were many more Birthingway students and alum who participated by coming to the lobby day and meeting with the representatives. We are so proud that members of our community are working as individuals to make these important changes!

Below: Community members meeting with Representative Alissa Keny-Guyer (supporter of midwives and HB 2845 – third from right)





Legend Drugs and Devices (LD&D) Renewal Training

CLICK HERE TO REGISTER

Friday, May 3, 2019 | 9 am - 6 pm

This course meets the Oregon State requirements for renewal of the Legend Drugs and Devices training to maintain licensure as an Oregon Direct Entry Midwife.