Birthingways

The Newsletter of Birthingway College of Midwifery

Spring 2017
Volume 22, Issue 1

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Library Hours

Spring Term

Monday – Thursday 8:30am-6pm
Friday 8:30am-4pm
Call in advance to verify hours

Calendar

Community Student Registration Begins	3/13
Registration Deadline	3/17
Spring Term Begins	4/10
Plant Sale	4/29-4/30
Spring Term Ends	6/1

Birthingway Visioning Meeting

Birthingway will hold a community-wide visioning meeting on Saturday, March 18 to discuss the educational, financial, regulatory, and professional challenges and opportunities we face, along with the upcoming retirement of our president, Holly Scholles.

We treasure the involvement of our community, and the feedback and commitments we receive at this meeting are essential as we move forward over the next several years.

If you have not yet received communication about this meeting and would like to be involved, please email outreach@birthingway.edu.

Pregnancy and Birth Impacts on Breastfeeding (IMP221Q)

Taught by
Adrienne Fuson, BA, IBCLC
and Emilia Smith, BSM, CPM, LDM, IBCLC

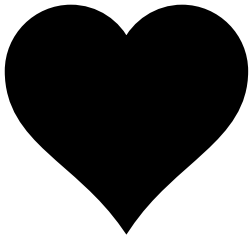
Register now for this exciting course to meet one of your elective requirements or as a community student to build your knowledge base! This two-credit course will cover the effects of pregnancy on breastfeeding. You will learn about the anatomy and physiology of fetal development, maternal health and its effect on the fetus, the fetal environment, and the impact of all this on breastfeeding.
You can also expect to learn about the impact of Biodynamic birth on breastfeeding with an emphasis on baby or mother led initiation on breastfeeding (as opposed to practitioner led) in the immediate postpartum.

Thursday mornings from 9:30am-12:30pm
April 20th and 27th
May 4th, 18th, and 25th
and June 1st

To register for this course, see page 17

So you want to **use your skills and knowledge** to **empower families** while **caring for mothers and children**?

So You Want to Be...



A Doula?

Labor doulas provide knowledge and support to women during the childbirth process. Postpartum doulas help support family well-being after the addition of a newborn. Learn more about doula training, practice, and lifestyle from current students and local practicing doulas.

Workshop: Saturday, March 11 1:00pm -3:30pm

A Lactation Consultant?

Lactation consultants work with clients and fellow healthcare providers to support breastfeeding and lactation goals. They may also help plan and facilitate classes and support groups. Learn more about the different pathways and requirements to become a certified lactation consultant.

Workshop: Saturday, March 25 10:00am-1:00pm

A Midwife?

Home-birth midwives provide clinical and emotional care for women in birth centers and in the home. They are primary care providers for moms and babies through pregnancy, birth, and immediate postpartum. Learn more about the paths and types of midwifery from our panels of students and local midwives.

Workshop: Sunday, April 30 9:00am-4:30pm

Birthingway College of Midwifery

12113 SE Foster Rd. Portland, OR | 503-760-3131

Register for workshops at www.birthingway.edu/events

JOIN US FOR OUR ANNUAL

BIRTHINGWAY PLANT SALE

SATURDAY AND SUNDAY, APRIL 29-30
10:00 AM - 3:00 PM
BEN AND JERRY'S- HAWTHORNE
1428 SE 36TH AVE, PORTLAND OR

Liven up your home, garden, or workspace with a new plant at the height of spring! A portion of the proceeds from our annual Plant Sale will enable us to support our passionate community of future midwives, lactation consultants, and doulas.
Spread the word-- we'll see you there!

Birthingway College of Midwifery

12113 SE Foster Rd., Portland, OR 97266
Phone: 503.760.3131 Fax: 503.760.3332 info@birthingway.edu

An exciting workshop for prospective midwifery students!

So You Want to Be a Midwife?

Sunday, April 30th, 2017, 9:00am - 4:30pm

Sign-in, settle in (coffee, tea and light snacks)
Welcome
All about Birthingway College's Midwifery Program
Paths to Midwifery: Direct Entry, CNM, and ND
Panel: Students discuss their experiences
Delicious lunch provided
Panel: Midwives tell their stories
Questions, conclusions, and feedback
Financial Aid information (optional, 4:00-4:30pm)

Early Bird Registration on or before March 17th - $30
Register on or before April 14th - $40
Register after April 14th - $50

Add $10 for each accompanying guest

REFUND POLICY: Written notice of refund request must be received no later than seven days prior to the day of the workshop to receive a 50% refund. After that date, no refund will be given. Minimum workshop size is six people. If the minimum enrollment is not achieved, the workshop will be canceled and all fees will be refunded.

Please register me for: So You Want to Be a Midwife? on Sunday, April 30th, 2017

Early Bird Registration **on or before March 17th, 2017 - $30**
Register **on or before April 14th, 2017 - $40**
Register **after April 14th, 2017 - $50**
- Add $10 for each accompanying guest -

Total Amount Enclosed: $ _____ Total Number Attending: _____

_____

Legal First Name **Legal Middle Initial** **Legal Last Name**

_____

Address **City** **State** **Zip**

_____

Phone Number **E-Mail Address**

- We must receive this completed registration form AND full payment to register you for this workshop.
- Please make check/money order payable to Birthingway College and mail to 12113 SE Foster Rd., Portland, OR 97266
- Credit card payments are accepted through PayPal by visiting http://www.birthingway.edu/for-students/make-a-payment/. By paying through PayPal, you agree to the terms and conditions on our payment page.
- **If paying with PayPal, you must include a copy of your PayPal confirmation with your registration form.**
- **If you fax your registration, please call 503-760-3131 to confirm that we have received it.**

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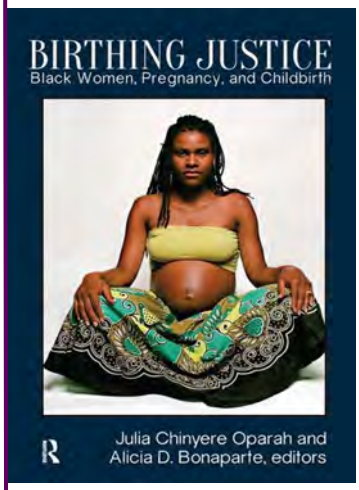
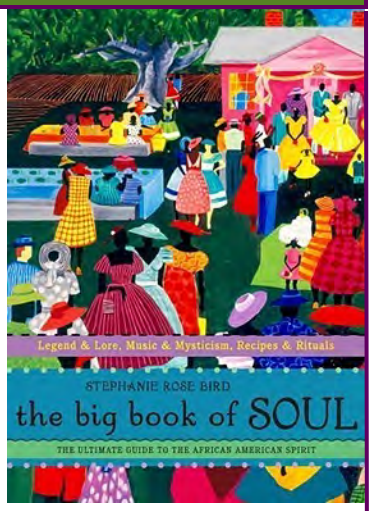
From the LIBRARY

Check out our Collection!



Birthing Justice

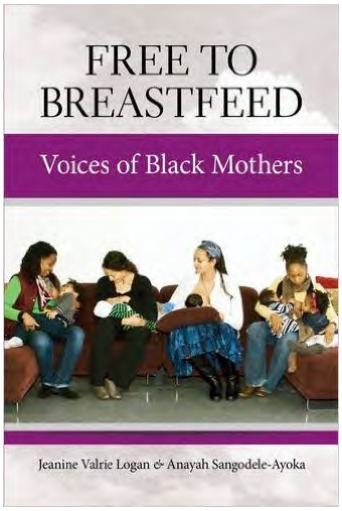
"In the United States, black women are over three times more likely to perish from pregnancy-related complications than white women; their babies are half as likely to survive the first year. Many black women experience policing, coercion, and disempowerment during pregnancy and childbirth and are disconnected from alternative birthing traditions." *Birthing Justice: Black Women, Pregnancy, and Childbirth* is an anthology of black women's experiences and perspectives that serves as "a blueprint for improving health equity and enabling black women—as well as other birthing parents of color—to believe in their bodies' sacred power and to direct their own birth."



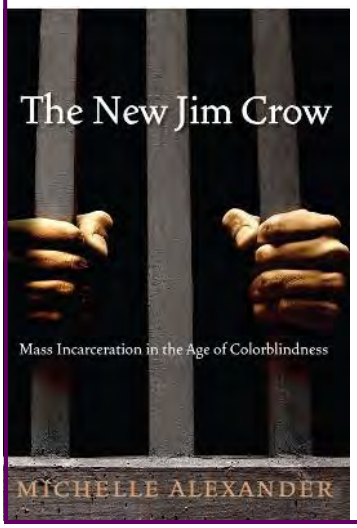
The Big Book of Soul

This reference work on healing and wellness in African-American culture "explores spiritual practices related to diet, dance, beauty, healing, and the arts," including African herbalism and midwifery.

Free to Breastfeed



Breastfeeding rates for African-American women lag behind those of the larger U.S. population, and are 2.5 times lower than those of white women. Women in minority populations face some unique barriers to breastfeeding, including a lack of support from employers, health-care providers, and peers, as well as limited access to information. *Free to Breastfeed: Voices of Black Mothers* is a collection of personal narratives from African-American nursing mothers that aims to increase African-American women's awareness of the benefits of breastfeeding and to increase societal support for the choice to breastfeed.



The New Jim Crow

The New Jim Crow: Mass Incarceration in the Age of Colorblindness argues that "we have not ended racial caste in America; we have merely redesigned it." While crime rates are at historic lows, the rate of incarceration of black men has soared, inflicting extraordinary disruption and economic loss on black families. Much of the increase stems from the war on drugs, although white Americans are equally likely to use and sell drugs.

BLACK HISTORY MONTH

Equity, Race, and Access to Midwifery

The National Association of Certified Professional Midwives is presenting a free series of webinars on race and the midwifery profession. Register or view recordings at http://nacpm.org/equity-race-and-access-to-midwifery-webinar-series/.

Diversity Matters; What Are Our Challenges?
March 30 at 2 p.m. Eastern
Research on black midwives and institutional racism; the barriers women of color face in pursuing midwifery as a profession.

View recordings or slides of previous webinars in the series:

Social and Physiologic Impact of Racism in Maternal-Child Health – Part 1
What action steps can the midwifery community take to increase diversity?

Social and Physiologic Impact of Racism in Maternal-Child Health – Part 2
The physiological effects of racism, including prenatal maternal stress and adverse birth outcomes.

Postpartum Doula Workshop: Supporting Transitions after Birth

Taught by Merriah Fairchild, IBCLC and Doula, and Raeben Nolan, Labor and Postpartum Doula

Registration Deadline: Tuesday, April 18, 2017 at 5:30 pm.
Sorry, no walk-in registrations during the workshop

Description: Gain knowledge and skills for assisting women after birth, including hormones in the postpartum period, maternal changes, infant care, mood disorders, physical care, and breastfeeding support. This course constitutes one step towards Birthingway's Postpartum Doula Certification.

Location: Birthingway College of Midwifery, 12113 SE Foster Rd, Portland, OR 97266

Dates and Times: Tuesdays from 5:00-8:30pm, 4/25, 5/2, 5/16, 5/30, 6/6, 6/13, 6/27

Cost: $490

- Workshop Fee: $475
- Coursepack Fee: $15 (non-refundable)
- **Late fee, if registering after the registration deadline: $75 (non-refundable)**

The following books should be read before the workshop but you are not required to own them:

- Webber S. *The Gentle Art of Newborn Family Care.* 2012
- Jana L, Shu J. *Heading Home with Your Newborn: From Birth to Reality.* 3rd ed. 2015
- Huggins K. *The Nursing Mother's Companion*. 7th ed. 2015

Your coursepack will be available for pick-up at Birthingway College during office hours after the registration deadline. Please call ahead to confirm availability.

We must receive this completed registration form and full payment to register you for this workshop.

- Please make **checks payable** to Birthingway College and mail to 12113 SE Foster Rd, Portland, OR 97266.
- **Credit card** payments are accepted through PayPal. Instructions: http://birthingway.edu/for-students/make-a-payment/
- **If paying through PayPal, you must include a copy of your PayPal confirmation with your registration.**
- **If you fax your registration (fax: 503-760-3332), please call 503-760-3131 to confirm that we have received it!**

Refund Policy:
Written notice is required for a refund, and must be received no later than seven days before the first day of the course for the student to receive a 95% refund. If written notice is received after that point, 80% of the workshop fee will be refunded up to the first day of the workshop. **No refund will be made on or after the first class day.** For more information, see our current *Student Handbook and Catalog* at http://birthingway.edu/for-students/student-handbook-and-catalog/

- Please make a copy of this page for your records -

Postpartum Doula Workshop – Registration Form – Spring 2017 Term

Registration Deadline: Tuesday, April 18, 2017 at 5:30 pm.

Legal First Name:	Legal Middle Initial:	Legal Last Name:

Mailing Address:	City:	State:	Zip Code:

Phone Number:	Email Address – Required for this workshop, preferably Gmail.

Payment Method (check one): □ Check/Money Order □ Cash □ PayPal (please see above for PayPal policy)

Workshop Fee: $475 + Coursepack Fee (non-refundable): $15 = $490	**$**
Please mail my coursepack to me. I've included $8 postage and handling (This service is not available after 4/11/2017)	**$**
Late Registration Fee (non-refundable): $75 Required in addition to the workshop fee if registration is received after 5:30 pm on 4/18/2017	**$**
Total:	**$**

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Community News

We are excited to announce a new addition to the Birthingway community, **Elaura Dunning**, who has taken on the role of Birthingway Outreach and Development Coordinator. Elaura is a proud alumna of Smith College in Northampton, MA where she earned a B.A. in American Studies with a focus on Museum Studies and Communications.
In the fall of 2016, she relocated to Portland from Chicago, where she worked in nonprofit communications and fundraising in the education sector. Her increased understanding of sharing crucial, nuanced work has motivated her to pursue a career in nonprofit public relations, fundraising, and communications. She looks forward to being further integrated into Birthingway College's network of talented women's and family health supporters. Outside of her work and volunteering, Elaura enjoys traveling, live music, and meeting people in her new home city.
Please take a moment to stop by the front office to introduce yourself to Elaura. •

Tucked back off of our main hallway is a brightly lit office where you will find three of our staff members working away. On most days you can stop in and say hello to **Nichole Reding**, our Academic Coordinator, who can also be seen wandering the school on conference calls wearing a fancy headset. If you are anything like Brittany, you may have found yourself curious about what's happening on those calls. Are they really conference calls or is she just listening to her favorite podcast? Well, Brittany was able to get to the bottom of this and let her tell you, Nichole is one busy woman!

Nichole is currently serving as President of the Midwifery Education Accreditation Council (MEAC) Board of Directors. MEAC is the agency that accredits Direct Entry Midwifery schools and programs in the United States, including Birthingway. This is a huge amount of work, but Birthingway is committed to supporting midwifery at the national level through this type of professional engagement.

MEAC has undergone significant transitions in the last year. In October 2015, MEAC hired a new Executive Director. At the same time, MEAC learned that it was under some scrutiny by the US Department of Education (USDE) and undertook clarification of its accreditation review processes to ensure compliance with USDE standards. Just this past September, after a long assessment process, the new Executive Director stepped down and Nichole facilitated a face to face Board meeting after the MANA conference in Atlanta the following month.

The MEAC Board took on a number of major issues during this meeting and has since hired a new staff person and begun a national search for a new Executive Director. In addition, MEAC is undergoing a full Standards revision process, seeking and training new ARC members and other volunteers, revising major policy and procedure, developing a peer mentoring program to help ease some of the barriers to accreditation, and catching up with our normal accreditation work. Whew! It can be easy to forget that a lot of the amazing work we do here relies on effort put in on a national level. If you would like to learn more about MEAC, please don't hesitate to connect with Nichole. •

Donation Thank Yous

In January we saw almost 12 inches of snow in the Portland area, inconveniently closing Birthingway for several days. During this time, Don from Checkered Flag Asphalt & Sealcoating came by and cleared our sidewalks and walkways, donating his time and labor.
In late December, we received a donation for $100 from Krista Van Engelen. She let us know that she made this donation to Birthingway because she believes that a "good birth empowers women and those around her" and saw our school as deserving.
We are so fortunate to have such wonderful connections and supporters here at Birthingway! To learn more about donating, reach out to elaura@birthingway.edu.

Labor Doula Workshop: Assisting Women With Birth

Taught by Brooke Noli, MA

Registration Deadline: Friday, April 14, 2017 at 1:00 pm.
Sorry, no walk-in registrations during the workshop

Description: Lecture, readings, and practical skills for providing emotional and physical support for women in labor and the immediate postpartum. This course constitues one step towards Birthingway's Labor Doula Certification and also meets the prerequisite for admission to our Midwifery Program.

Location: Birthingway College of Midwifery, 12113 SE Foster Rd., Portland, OR 97266

Dates and Times: Saturdays 1:00-4:30pm: 4/22, 4/29, 5/6, 5/13, 5/20, 5/27, 6/3, 6/10 Make up 6/17

Cost: $528

- Workshop Fee: $500
- Coursepack Fee: $28 (non-refundable)
- **Late fee, if registering after the registration deadline: $75 (non-refundable)**

Required Textbooks:

- Gaskin IM, *Ina May's Guide to Breastfeeding*. 2009.
- Simkin P. *Pregnancy, Childbirth, and the Newborn: The Complete Guide.* 5th ed. 2016.
- Morton C, Clift E. *Birth Ambassadors: Doulas and the Re-Emergence of Woman-Supported Birth in America.* 2014.
- Simpkin P. *The Birth Partner.* 4th ed. 2013

Your coursepack will be available for pick-up at Birthingway College during office hours after the registration deadline. Please call ahead to confirm availablilty.

We must receive this completed registration form and full payment to register you for this workshop.

- Please make **checks payable** to Birthingway College and mail to 12113 SE Foster Rd, Portland, OR 97266.
- **Credit card** payments are accepted through PayPal. Instructions: http://birthingway.edu/for-students/make-a-payment/
- **If paying through PayPal, you must include a copy of your PayPal confirmation with your registration.**
- **If you fax your registration (fax: 503-760-3332), please call 503-760-3131 to confirm that we have received it!**

Refund Policy:
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- Please make a copy of this page for your records -

Labor Doula Workshop – Registration Form – Spring 2017 Term

Registration Deadline: Friday, April 14, 2017 at 1:00 pm.

Legal First Name:	Legal Middle Initial:	Legal Last Name:

Mailing Address:	City:	State:	Zip Code:

Phone Number:	Email Address – Required for this workshop, preferably Gmail.

Payment Method (check one): □ Check/Money Order □ Cash □ PayPal (please see above for PayPal policy)

Workshop Fee: $500 + Coursepack Fee (non-refundable): $28 = $528	**$**
Please mail my coursepack to me. I've included $8 postage and handling (This service is not available after 4/7/2017)	**$**
Late Registration Fee (non-refundable): $75 Required in addition to the workshop fee if registration is received after 1:00 pm on 4/14/2017	**$**
Total:	**$**

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Announcing Birthingway's Workgroup on Equity and Inclusion!

Thank you to everyone who responded to our survey about Birthingway's diversity, equity, and inclusion initiatives! We had a good number of responses from a wide swath of our community, and are excited to share some of the results with you.

Formerly the Diversity Workgroup, we're changing our name to the **Workgroup on Equity and Inclusion** or **WEI** (pronounced "way"). This workgroup will meet monthly as a small group of staff, students, board members, and faculty members who will be responsible for overseeing and tracking Birthingway's initiatives around diversity, equity, and inclusion. This might include updating or creating policy and procedure, providing feedback on our curriculum, and planning community-wide meetings.

We'll be following up with the survey respondents who expressed interest in being a part of this workgroup. If you're interested in learning more, but weren't able to indicate your interest on the survey, please send an email to claire@birthingway.edu for more information.

We live in a society where inequality and injustice are endemic and require intentional "undoing" at the personal, interpersonal, and systemic level. With this in mind, this workgroup will host community-wide events on a quarterly basis aimed at building the knowledge, skills, and awareness necessary to dismantle systems of oppression in our community and in our practices as providers. These might take the form of film screenings, bringing in guest speakers, planning a specific action, and anything else you can think of!

Save the date:

Please join us for a film screening and discussion on April 25th, 2017 at 6:30pm
The film selection for this evening will be based on survey feedback.
More information to come!

Legend Drugs and Devices (LD&D) Renewal Workshop

Taught by Holly Scholles, MA, CPM, LDM

Registration Deadline: Friday, April 21, 2017 at 1:00 pm.
Sorry, no walk-in registrations during the workshop

Description: Course includes 8.5 combined hours of theory, skills, and testing for Suturing, IV Skills, Medications by Injection, and Pharmacology (including GBS). This course meets the Oregon State requirements for renewal of the Legend Drugs and Devices training to maintain licensure as an Oregon Direct Entry Midwife. Legend Drugs and Devices must be renewed every two years once licensed. You must have completed the 48-hour LD&D sequence in order to take this workshop. **Maternal and Neonatal Resuscitation are not covered in this workshop.** Please see our summer newsletter for information about upcoming resuscitation workshops.

Location: Birthingway College of Midwifery, 12113 SE Foster Rd, Portland, OR 97266

Dates and Times: Friday, April 28, 2017, 9:00am – 6:00pm

Cost: $275

- Workshop Fee: $200
- Lab Fee: $75 (non-refundable)
- **Late fee, if registering after the registration deadline: $75 (non-refundable)**

Required Equipment: Participants must provide their own suturing equipment, including at a minimum: one needle holder, one tissue forceps, two hemostats, and one suture scissors. If you do not bring your own equipment you cannot complete the workshop and there may be an additional fee. **Students will be giving and receiving IVs on each other.**

We must receive this completed registration form and full payment to register you for this workshop.

- Please make **checks payable** to Birthingway College and mail to 12113 SE Foster Rd, Portland, OR 97266.
- **Credit card** payments are accepted through PayPal. Instructions: http://birthingway.edu/for-students/make-a-payment/
- **If paying through PayPal, you must include a copy of your PayPal confirmation with your registration.**
- **If you fax your registration (fax: 503-760-3332), please call 503-760-3131 to confirm that we have received it!**

Refund Policy:
Written notice is required for a refund, and must be received no later than seven days before the first day of the course for the student to receive a 95% refund of the workshop fee. If written notice is received after that point, 80% of the workshop fee will be refunded up to the first day of the workshop. **No refund will be made on or after April 28, 2017.** For more information, see our current *Student Handbook and Catalog* at http://birthingway.edu/for-students/student-handbook-and-catalog/

- Please make a copy of this page for your records -

LD&D Renewal Workshop – Registration Form – Spring 2017 Term

Registration Deadline: Friday, April 21, 2017 at 1:00 pm.

Legal First Name:	Legal Middle Initial:	Legal Last Name:

Mailing Address:	City:	State:	Zip Code:

Phone Number:	Email Address – Required for this workshop, preferably Gmail.

Payment Method (check one): □ Check/Money Order □ Cash □ PayPal (please see above for PayPal policy)

Workshop Fee: $200 + Lab Fee (non-refundable): $75 = $275	**$**
Late Registration Fee (non-refundable): $75 Required in addition to the workshop fee if registration is received after 1:00 pm on 4/21/2017	**$**
Total:	**$**

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Birthingway College of Midwifery Course Offerings – Spring 2017 Term (April 10, 2017 - July 1, 2017)

All courses have a minimum of 5 students and a maximum of 16 students unless otherwise noted.

Course Name	Credits	Sessions	Dates	Day/Time	Location
Antepartum (ANT251q)*	5	13	4/13, 4/20, 4/27, 5/4, 5/11, 5/18, 5/25, 6/1, 6/8, 6/15, 6/22 (11am-5pm), 6/29 **Oral Exams - Friday 6/23 between 9:00am and 1:00pm**	Thursdays 9:00am-1:15pm	Blue Room
Taught by Nichole Reding, MA, CPM, LDM **Co-requisite: Physical Assessment I (PHY221q)** Using lecture, discussion, and audiovisual aids, this course covers pregnancy signs and symptoms, fetal development and environment, evaluating health, Biodynamic counseling techniques, the impact of nutrition on pregnancy physiology, eclampsia including toxemia, UTI, and bleeding in early pregnancy.					
Applied Microbiology for Midwives (AMM351q)	5	12	4/12, 4/19, 4/26, 5/3, 5/10, 5/17, 5/24, 5/31, 6/7, 6/14, 6/21, 6/28 (9am-5pm)	Wednesdays 9:00am-1:15pm	Blue Room
Taught by Regina Flanagan, ND **Co-requisite: Microbiology Skills (MIC311q).** Using lecture, discussion, and student presentations, this course provides an overview of microbiology principles and basic immunology. Students will also learn about significant infectious diseases (including sexually transmitted infections) and their causative microorganisms, risk factors, signs and symptoms, diagnosis, and treatment, as well as impact on mother, fetus, and newborn. Diseases covered include but are not limited to: candida, cytomegalovirus, syphilis, gonorrhea, chlamydia, herpes simplex, HPV, HIV, hepatitis, staph, strep, varicella, TB, tetanus, Listeria, Pertussis, and toxoplasmosis.					
Botanicals I (BOT231q)	3	10	4/28, 5/5, 5/12, 5/19, 5/26, 6/2, 6/9, 6/16, 6/23, 6/30	Fridays 9:00am-12:00pm	TBD
Taught by Cash, ND This course sets the theoretical foundation for herbal medicine therapies and covers materia medica and herbal therapeutics of well-woman herbs, herbs for infants and children, and lactation. Students will be able to identify key actions and constituents for a wide array of plants, as well as contraindications for the childbearing year. ***We highly recommend that you complete our Introduction to Healing Systems course before taking Botanicals I.*** **Maximum 12 Students**					
Botany (BTY121q)	2	6	4/24, 5/1, 5/8, **No class 5/15**, 5/22, **No class 5/29,** 6/5, 6/12, **make up 6/19**	Mondays 9:00am-12:30pm	Blue Room
Taught by Ann Holland, ND, LAc This is a fundamentals course that enhances a student's plant medicine skills and knowledge. It covers basic botanical concepts, classification systems and nomenclature, plant identification, and constituents. Students will practice drawing and labeling plant specimens as well as finding and identifying plants in the field.					
Communications I (COM121q)	2	5	4/19, 4/26, 5/3, 5/24, 5/31, **make up 6/7**	Wednesdays 2:00-6:00pm	Blue Room
Taught by Celeste Kersey, BA, CPM, LDM The first course in the Communications series introduces the student to the workings of the brain through the study of Interpersonal Neurobiology and its effect on our communication patterns. Students will use the work of Non-Violent Communication to support the brain and the body through empathy and resonance. The emphasis in this first of three Communications classes is in creating compassion and self awareness while focusing on how we speak and listen to ourselves. This course is highly experiential to facilitate depth of learning and awareness of our own brains. Role plays are used in class with real life experiences chosen by the students with varying degrees of intensity.					
Complex Situations II (CPX442q)*	4	12	4/11, 4/18, 4/25, 5/2, 5/9, 5/16, 5/23, 5/30, 6/6, 6/13, 6/20 (11am-5pm), 6/27	Tuesdays 9:00am-12:30pm	Blue Room
Taught by Holly Scholles, MA, CPM, LDM **Prerequisites: Intrapartum (INT251q), Fetal Assessment (FET221q).** Using lecture, discussion, and case studies this course covers a variety of complex situations that might arise in midwifery scope of practice, including thyroid issues, premature rupture of membranes (PROM), postdates and postmaturity, vaginal birth after cesarean (VBAC), multiple gestation, GBS, and unusual presentations (breech, face, brow, compound).					

***Courses offered for Midwifery Program students only**

Birthingway College of Midwifery Course Offerings – Spring 2017 Term (April 10, 2017 - July 1, 2017)

All courses have a minimum of 5 students and a maximum of 16 students unless otherwise noted.

Course Name	Credits	Sessions	Dates	Day/Time	Location
Critical Care Skills I (CCS421q)*	2	12	4/11, 4/18, 4/25, 5/2, 5/9, 5/16, 5/23, 5/30, 6/6, 6/13, 6/20 (9-11am), 6/27	Tuesdays 3:00-5:00pm	Skills Room
Taught by Denise O'Halloran, EMT-P **Prerequisite: Hematology Skills (HEM311q)** Skills covered in this course include basic and intermediate treatment of shock, IV, and neonatal resuscitation. This course meets Legend Drugs and Devices initial education requirements for treatment of shock and for neonatal resuscitation for Oregon midwifery licensing.					
Ethics (ETH321q)	2	7	4/17, 4/24, 5/1, 5/8, 5/15, 5/22, **no class 5/29,** 6/5, **make up 6/12**	Mondays 1:00-4:00pm	Blue Room
Taught by Bonnie McAnnis, MA, LMT This course includes a survey of philosophical foundations and contemporary ethical models. We explore problem solving of ethical dilemmas that may occur in a midwifery practice. Some topics include autonomy and informed choice, relationships, and justice.					
Information Literacy (INL111q)	1	5	4/17, 4/24, 5/1, 5/8, 5/15, **make up 6/5**	Mondays 6:00-8:00pm	Blue Room
Taught by Daina Dickman, MLIS This course explores how to obtain, evaluate, use, and cite information, and how one can best base decisions on validated information. Students will learn how to recognize when they need information, and how to find information efficiently and effectively, using appropriate research tools and search strategies. Students will also evaluate and select information using appropriate criteria, and review research techniques such as treating research as a multistage learning process, ethically and legally using information and information technologies, and assessing how information relates to professional decision-making and writing papers.					
Introduction to Healing Systems (STM121q)	2	7	4/13, 4/27, 5/4, 5/11, 5/25, 6/1, 6/8, **make up 6/22**	Thursdays 5:30-8:30pm	Blue Room
Taught by Cari Nyland, ND How do people understand health and disease? This course is an introduction to seven systems of health and healing used in the world today, and the strengths and weaknesses of each system. Systems reviewed include: Allopathic/biomedicine, naturopathic medicine, plant medicine, homeopathy, classical Chinese medicine, Ayurveda, and osteopathic/chiropractic medicine.					
Microbiology Skills (MIC311q)*	1	11	4/12, 4/19, 4/26, 5/3, 5/10, 5/17, 5/24, 5/31, 6/7, 6/14, 6/21	Wednesdays 3:15-5:00pm	Skills Room
Taught by Regina Flanagan, ND **Co-requisite: Applied Microbiology for Midwives (AMM351q).** This course introduces students to the use of microscopes (both monocular and binocular). Students will have opportunities to view prepared slides, prepare their own wet mounts, incubate samples, practice staining, and use a variety of culture media. Students will also be introduced to and perform sterilization techniques.					
Midwifery History and Politics (MHP431q)	3	8	5/5, 5/12, 5/19, 5/26, 6/2, 6/9, 6/16, 6/23, **make up 6/30**	Fridays 9:00am-1:00pm	TBD
Taught by Sarah Husain, MA, CPM This course focuses on attitudes and laws that have surrounded midwives and the practice of midwifery throughout history and contemporary times. Students examine the role of midwives from ancient to modern times in Western Civilization. About equally divided between history and politics, the latter half of the class emphasizes the politics of midwifery in the United States, identifying important midwifery organizations and how midwives have come together to bring about change. ***Maximum 12 students***					

***Courses offered for Midwifery Program students only**

Birthingway College of Midwifery Course Offerings – Spring 2017 Term (April 10, 2017 - July 1, 2017)

All courses have a minimum of 5 students and a maximum of 16 students unless otherwise noted.

Course Name	Credits	Sessions	Dates	Day/Time	Location
Midwifery Integration (MIN411q)*	1	5	5/17, 5/24, 5/31, 6/14, 6/28, **make up Monday 6/19**	Wednesdays 9:30am-12:00pm	Skills Room
Taught by Aerlyn Pfeil, BSM, CPM **Prerequisite: All required midwifery program courses must be completed or in progress.** **It is strongly suggested that students have prior clinical experience and have begun attending births as a primary under supervision before taking this course.** In this capstone course, students use their practice guidelines, protocols, forms, information sheets, informed choice forms, and other information to manage practice scenarios with a standardized patient. Students will have opportunities to be both an assistant and primary midwife in at least one scenario and to receive and offer feedback on these scenarios. ***Maximum 5 students***					
Physical Assessment I (PHY221q)*	2	12	4/13, 4/20, 4/27, 5/4, 5/11, 5/18, 5/25, 6/1, 6/8, 6/15, 6/22 (9-11am), 6/29	Thursdays 3:00-5:00pm	Skills Room
Taught by Brandee Grider, BSM, CPM, LDM, LMT **Co-requisite: Antepartum (ANT251q).** Students learn the basics of universal precautions and safe touch, and then move on to practice hands-on skills including vital signs, SOAP charting, head-to-toe physical assessment (excluding breast, neurological, and reproductive exams which will be covered in other courses). Students will practice these skills on peer models.					
Plant Medicine I (PLM221q)	2	7	4/14, 4/21, 5/5, 5/12, 5/19, 5/26, 6/2, **make up 6/9**	Fridays 1:00-4:00pm	Kitchen
Taught by Cari Nyland, ND This course covers techniques for utilizing plants in health care including identifying and harvesting herbs; engaging in hands-on preparation of teas (infusions and decoctions) and tinctures using both scientific and folk methods; glycerites; and vinegars. Students begin to build a plant monograph book - choosing a specific plant to study and sharing information with each other. Includes an herb walk and field trip. ***We highly recommend that you complete our Introduction to Healing Systems course before taking Plant Medicine I.***					
Pregnancy and Birth Impacts on Breastfeeding (IMP221q)	2	6	4/20, 4/27, 5/4, **no class 5/11,** 5/18, 5/25, 6/1, **make up 6/8**	Thursdays 9:30am-12:30pm	Yellow Room
Taught by Adrienne Fuson, BA, IBCLC, and Emilia Smith, BSM, CPM, LDM, IBCLC This course examines in greater detail the effects of pregnancy and birth on breastfeeding, specifically looking at the anatomy and physiology of fetal development, maternal health and its effect on the fetus, the fetal environment, and the impact of all this on breastfeeding. In addition, students will examine the impact of Biodynamic birth with emphasis on baby or mother led initiation of breastfeeding (as opposed to practitioner led) in the immediate postpartum, and the impact of birth related interventions on breastfeeding (including drug impacts, cesarean birth, and instrumental delivery). ***Maximum 10 students***					
Using Medical Literature (UML111q)	1	4	5/2, 5/9, 5/16, 5/23, **make up 5/30**	Tuesdays 3:30-6:30pm	Blue Room
Taught by Carrrie McCormick, MPH Students will gain skills in evaluating, analyzing, applying, and making meaning of the information they encounter in scientific literature both as a student and as a practitioner. Basic statistical and epidemiological concepts will be covered such as direct and indirect causes of maternal and neonatal mortality and morbidity, principles of research, evidence-based practice, critical interpretation of professional literature, and the interpretation of vital statistics and research findings. Students will use homebirth safety studies to evaluate both the research itself as well as the benefits and risks of available birth settings.					

***Courses offered for Midwifery Program students only**

Birthingway College of Midwifery Course Offerings – Spring 2017 Term (April 10, 2017 - July 1, 2017)

All courses have a minimum of 5 students and a maximum of 16 students unless otherwise noted.

Cohort and Lunch - Dates and Times

	Core Day		Time	Dates
Midwifery First Year Cohort (Yellow Room)	Thursday	Lunch:	1:15-2:00pm	4/13, 4/20, 4/27, 5/4, 5/11, 5/18, 5/25, 6/1, 6/8, 6/15, **skip 6/22,** 6/29
		Cohort:	2:00-2:50pm	4/13, 4/20, 4/27, 5/4, 5/11, 5/18, 5/25, 6/1, 6/8, 6/15, **skip 6/22,** 6/29
Midwifery Second Year Cohort (Yellow Room)	Wednesday	Lunch:	1:15-2:00pm	4/12, 4/19, 4/26, 5/3, 5/10, 5/17, 5/24, 5/31, 6/7, 6/14, 6/21, **no lunch 6/28**
		Cohort:	2:00-3:05pm	4/12, 4/19, 4/26, 5/3, 5/10, 5/17, 5/24, 5/31, 6/7, 6/14, 6/21, **no cohort 6/28**
Midwifery Third Year Cohort (Blue Room)	Tuesday	Lunch:	12:30-1:30pm	4/11, 4/18, 4/25, 5/2, 5/9, 5/16, 5/23, 5/30, 6/6, 6/13, **skip 6/20,** 6/27
		Cohort:	1:30-2:50pm	4/11, 4/18, 4/25, 5/2, 5/9, 5/16, 5/23, 5/30, 6/6, 6/13, **skip 6/20,** 6/27

***Courses offered for Midwifery Program students only**

Birthingway College of Midwifery – Spring 2017 Registration

Registration Deadline: Friday, March 17, 2017 at 1:00 pm. After the Registration Deadline an additional $75 late fee is required.

Registration for Enrolled Students begins Monday, March 6, 2017 at 8:30 am
Registration for Community Students begins Monday, March 13, 2017 at 8:30 am

Student Information (all fields are required unless noted):

Legal First Name	Legal Middle Initial	Legal Last Name		
Address **>> Is this a new address? □ Yes □ No**		City	State	Zip Code
Phone	Email	**>> Optional: Emergency Contact Name and Number**		
>> New Community Students Only Social Security # (Required for 1098-T):				
Which program(s) are you enrolled in? >> Please check all that apply	□ Midwifery Program □ Lactation Consultation Program □ Labor Doula Program	□ Postpartum Doula Program □ Childbirth Educator Program □ I am not enrolled in a program		

Courses Offered in the Spring 2017 Term:

Course #	Course Name	Credits	$512 per credit	Coursepack	Lab Fee	Total	Calculate your total in the column below:
BOT231q	Botanicals I	**3**	3($512) = $1536	$23	$0	**$1559**	
BTY121q	Botany	**2**	2($512) = $1024	$0	$10	**$1034**	
COM121q	Communications I	**2**	2($512) = $1024	$6	$0	**$1030**	
ETH321q	Ethics	**2**	2($512) = $1024	$30	$0	**$1054**	
INL111q	Information Literacy	**1**	1($512) = $512	$13	$0	**$525**	
STM121q	Introduction to Healing Systems	**2**	2($512) = $1024	$29	$20	**$1073**	
MHP431q	Midwifery History and Politics	**3**	3($512) = $1536	$42	$0	**$1578**	
PLM221q	Plant Medicine I	**2**	2($512) = $1024	$7	$70	**$1101**	
IMP221q	Pregnancy and Birth Impacts on Breastfeeding	**2**	2($512) = $1024	$24	$0	**$1048**	
UML111q	Using Medical Literature	**1**	1($512) = $512	$28	$0	**$540**	

***Independent Study:** See Course Offerings for description and details. A special registration form is required. This process takes several weeks.

Courses offered for Midwifery Program Students Only:

ANT251q	Antepartum	**5**	5($512) = $2560	$55	$0	**$2615**	
AMM351q	Applied Microbiology for Midwives	**5**	5($512) = $2560	$34	$0	**$2594**	
CPX442q	Complex Situations II	**4**	4($512) = $2048	$77	$0	**$2125**	
CCS421q	Critical Care Skills I	**2**	2($512) = $1024	$28	$265	**$1317**	
MIC311q	Microbiology Skills	**1**	1($512) = $512	$14	$96	**$622**	
MIN411q	Midwifery Integration	**1**	1($512) = $512	$0	$108	**$620**	
PHY221q	Physical Assessment I	**2**	2($512) = $1024	$0	$80	**$1104**	

***Research Project (RSP411q) 1 Credit:** To register, you must turn in a *Registration Form for Research Project* and payment by the first day of the term. It takes several weeks to complete this form. The form is available here: http://birthingway.edu/for-students/registration/

Registration Fees – Required for all Students		
	Subtotal:	$
	Technology Fee:	$ 40.00
	Registration Fee:	$ 60.00
Late Registration Fee of $75.00: (due in addition to the Registration Fee if received after 1:00 pm on Friday, March 17, 2017)		$
	TOTAL:	$

Signature Required on Page 2

CLINICAL TRAINING:
Will you be working with a preceptor this term? □ Yes □ No
>>If you marked "Yes" you must fill out a Clinical Training Credit Registration form. To indicate that you are working with a preceptor but will not be taking credits this term, please register for zero credits. These forms help establish (on paper) the Preceptor-Student relationship and help outline expectations for work, learning, and appropriate tasks and duties.

Is this your first time registering for Clinical Training Credit? If so, please contact your Program Coordinator.

I am working with this preceptor: _____
(Preceptor Name)

GRADUATION:
Do you intend to graduate in this term or the next? □ Yes □ No
>>If you marked "Yes" please write in the term and year you intend to graduate:_____
>>If you marked "Yes" please schedule a meeting with your Program Coordinator to discuss the graduation process.

PRIVACY PREFERENCE:
□ **Privacy Protected – Do not share my information with anyone.** (This term only.)
Student directory information will be shared with all currently enrolled students in the published student roster. This includes your name, address, phone number, Birthingway email address, matriculation year, certificates/degrees received, and program(s) of study. Birthingway will only release your name, program of study, matriculation year, and certificates/degrees received to the public upon request.
Students who choose to be privacy protected will not be listed on the student roster, and will not be acknowledged as a student of Birthingway to ANY outside inquiry, except as required under FERPA.

CANCELLATION CLAUSE:

Should you decide to cancel this agreement, you must do so in writing within three business days to receive a full refund of all fees and tuition. After the three-day cancellation period, should you decide to cancel your registration and not attend, refunds will be made per the refund policy below.

REFUND POLICY:

You are expected to attend all classes for which you register. **If you do not attend or stop attending and fail to drop within the refund period, you remain responsible for all tuition and fees.** If you wish to drop a course, please fill out a Withdrawal/Drop Form (available on our website or in the front office) and either mail, fax, or hand it in to the front office. You will receive a refund of tuition per the refund schedule (see table). **Registration Fee, Late Registration Fee, and Technology Fee are non-refundable. Equipment Kit Fees, Course-pack Fees, and Lab Fees are non-refundable after the Registration Deadline.** Please allow four to six weeks for receipt of refund. **The dates in this table are based on <u>calendar days</u>.**

Refund Policy Table for Spring Term

Withdrawal Date	Tuition Refund
On or before 1st day of term	100%
2nd day through 7th day of term	86%
8th day through 14th day of term	72%
15th day through 21st day of term	58%
22nd day through 28th day of term	44%
29th day through 35th day of term	30%
36th day through 42nd day of term	16%
Day 43 through end of term	**No Refund**

Payment of tuition and fees is due at the time of registration for each term unless you are on financial aid (Midwifery Program students only) and receiving a disbursement in that term, or have a written payment plan (Lactation Consultation Program students only). To qualify for financial aid, you must have a completed Free Application for Federal Student Aid (FAFSA) and have a signed award letter on file at Birthingway showing a disbursement in that term. Federal Financial aid is only available for eligible Midwifery Program students. Textbook and equipment kit charges are due when ordered, unless you are receiving a financial aid disbursement in the term and have authorized payment from your financial aid disbursement. All overdue amounts are subject to finance charges of 15% APR with a $5 minimum per month.

A student must be in good financial standing to register for courses. Any costs incurred to collect these amounts are the responsibility of the student. Credit card payments are accepted through PayPal – for instructions, visit http://birthingway.edu/for-students/make-a-payment/ By paying through PayPal, you agree to PayPal and Birthingway's terms and conditions. You ***<u>must</u>*** include a copy of your PayPal payment confirmation if paying by PayPal, or your registration will be incomplete and delayed until confirmation is received.

Registrations are accepted by mail or fax; walk-ins are accepted in the front office during office hours only (please see www.birthingway.edu for listed hours). Registrations will be date/time stamped in order of receipt. Registrations received BEFORE registration begins will be processed at the end of the first registration day, in order of receipt. **Registrations received AFTER the registration deadline will incur a $75 late registration fee.** If you fax your registration (503-760-3332) it is *your responsibility* to call and confirm that we have actually received your fax. If your fax doesn't go through, your registration will not be complete and could also result in late fees or not getting a course you need. **Several courses have readings due the first day of class. Please check with the front office for the availability of the syllabus and/or course-pack ten days before the start of each course.**

By signing below, I agree that I have read and understand all policies stated above.

STUDENT SIGNATURE (Required to process your registration) _____ **DATE**

OFFICE USE ONLY	**Date/Time/Payment/Initial:**

Please route: _____FIN _____REG _____FIN _____LRC _____TECH _____FAC (if CTC this term) _____MPC _____LPC _____SPC _____REG

___ Has Financial Aid (cleared). □ MW Program □ LC Program □ Specialized Program

Textbook Order Form - Spring 2017 Term

Deadline to order, modify, or cancel your order: Friday, March 17, 2017 at 1:00 pm

Student Information:

First Name	Middle Initial	Last Name

- **Textbook cancellations or additions will not be accepted after Friday, March 17, 2017 at 1:00 pm.** After this date and time you are responsible to pay for and pick up your books, even if you drop the course. This form lists all required textbooks for each course offered this term. You don't have to order textbooks through Birthingway.
- **The cost for each textbook is the list price and may not reflect the lowest price. Online prices change frequently.**
- **You must submit payment with this form**
  - **UNLESS** you have a complete FAFSA on file with Birthingway and a signed award letter showing an anticipated disbursement in the term **AND** have signed at the bottom of this form.
- Credit card payments are accepted through **PayPal** – visit http://birthingway.edu/for-students/make-a-payment/
- By paying through PayPal, you agree to PayPal and Birthingway's terms and conditions. You must include a copy of your PayPal payment confirmation if paying by PayPal, or your order will be incomplete and delayed until confirmation is received.

Textbooks which are listed multiple times on this form are bolded - PLEASE DOUBLE-CHECK YOUR ORDER!

Course Name (#)	Required Textbooks (ISBN-13)	Price	Total
Antepartum (ANT251q)	Davis E. *Heart and Hands*. 5th ed. 2012. (978-1607742432)	$35	
	Frye A. *Understanding Diagnostic Tests.* 7th ed. 2007 (978-1891145636)	$65	
	King TL, Brucker MC, Kriebs JM et al. *Varney's Midwifery.* 5th ed. 2015 (978-1284025415)	$200	
	Weaver P., Evans S. *Practical Skills Guide for Midwifery.* 5th ed. Wasilla, AK; MorningStar Publishing; 2012	$80	
Applied Microbiology for Midwives (AMM351q)	Engelkirk P, Duben-Engelkirk J. *Burton's Microbiology for the Health Sciences.* 10th ed. 2015. (978-1451186321)	$105	
	Frye A. *Understanding Diagnostic Tests*. 7th ed. 2007. (978-1891145636)	$65	
	Alcamo I. *The Microbiology Coloring Book*. 1997. (978-0060419257)	$24	
Botanicals I (BOT231q)	Gladstar R. *Herbal Healing for Women.* 1993. (9780671767679)	$18	
	Romm A. *Naturally Healthy Babies and Children*. 2003. (978-1587611926)	$18	
	Romm A. *Botanical Medicine for Women's Health*. New York, NY. Churchill Livingstone. 2010 (9780443072772)	$73	
Botany (BTY121q)	Elpel T. *Botany in a Day: The Patterns Method of Plant Identification: An Herbal Field Guide to Plant Families.* 6th ed. 2013. (978-1892784353)	$30	
	Capon B. *Botany for Gardeners.* 3rd Edition. 2010. (978-1604690958)	$20	
Communications I (COM121q)	Lasater AH, Lasater IK. *What We Say Matters: Practicing Nonviolent Communication.* 1st ed. 2009. (978-1930485242)	$15	
Complex Situations II (CPX442q)	Frye A. *Holistic Midwifery, Volume I.* 2013. (978-1891145551)	$80	
	Frye A. *Holistic Midwifery, Volume II.* 2004. (978-1891145674)	$130	
	Frye A. *Understanding Diagnostic Tests*. 7th ed. 2007. (978-1891145636)	$65	
	King TL, Brucker MC, Kriebs JM et al. *Varney's Midwifery*. 5th ed. 2015. (978-284025415)	$200	
	Goer H, Romano A. *Optimal Care in Childbirth: The Case for a Physiologic Approach*. 2012 (978-1598491326)	$44	
	Weatherby D, Ferguson S. *Blood Chemistry and CBC Analysis: Clinical Laboratory Testing from a Functional Perspective.* 2002. (978-0976136712)	$65	
Critical Care Skills I (CCS421q)	**Frye A. *Holistic Midwifery, Volume II.* 2004. (978-1891145674)**	$130	
Ethics	Foster I, Lasser J. *Professional Ethics in Midwifery Practice.* 2011 (978-0763768805)	$107	
	Vaughn L. *Beginning Ethics: An Introduction to Moral Philosophy.*1st ed. 2015. (978-0393937909)	$39	
	Total from Page 1:		

Course Name (#)	Required Textbooks (ISBN-13)	Price	Total
Introduction to Healing Systems (STM121q)	Goldblat E, Snider P, Quinn S, Weeks J. *The ACCAHC Clinicians' and Educators' Desk Reference on the Licensed Complementary and Alternative Healthcare Professions.* 2nd ed. 2013. (978-1304082947)	$27	
Microbiology Skills (MIC311q)	**Frye A. *Understanding Diagnostic Tests*. 7th ed. 2007. (978-1891145636)**	$65	
	Lowe S. *Microscopic Procedures for Primary Care Providers.* 1999. (978-0781714327) ***This book is out of print. There are reserve copies available in the library.***	X	X
	Alcamo I. *The Microbiology Coloring Book*. 1997. (978-0060419257)	$24	
Midwifery History and Politics (MHP431q)	Ehrenreich B, English D. *Witches, Midwives, and Nurses: A History of Women Healers.* 2nd ed. 2010. (978-1558616615)	$9	
	Simkins G. *Into These Hands: Wisdom from Midwives.* 2011 (978-0981870854)	$25	
Physical Assessment I (PHY221q)	Bickley L. *Bates' Guide to Physical Examination and History Taking.* 12th ed. 2016. (978-1469893419)	$130	
Plant Medicine I (PLM221q)	Green J. *The Herbal Medicine-Maker's Handbook: A Home Manual*. 2000. (978-0895949905)	$23	
	Soule D. *Healing Herbs for Women: A Guide to Natural Remedies.* 2016. (978-1634507981) ***This book is a reprint of <u>The Woman's Handbook of Healing Herbs</u> by Deb Soule - you may also use any edition of that book.***	$17	
Pregnancy and Birth Impacts on Breastfeeding (IMP221q)	Lauwers J, Swisher A. *Counseling the Nursing Mother: A Lactation Consultant's Guide.* 6th ed. 2015. (978-1284052633)	$134	
	Smith L, Kroeger M. *Impact of Birthing Practices on Breastfeeding.* 2nd ed. 2009. (978-0763763749)	$91	
Using Medical Literature (UML111q)	Best J. *Stat-spotting: a Field Guide to Identifying Dubious Data*. 2013. (978-0520279988)	$30	
First Year Equipment Kit	• ADC Diagnostic 700 aneroid latex-free adult blood pressure unit • Stethoscope • Safety goggles • Economy fetoscope • Miltex reflex hammer • Digital thermometer • Notoco pocket otoscope • Retractable tape measure (inches and centimeters) • Gestational calculator wheel	$228	
First Year Pelvis Model Set	**Deluxe Flexible Pelvis Model Set:** • Flexible Pelvis Model (10.5"x7"x7.5"). Must be able to manipulate to demonstrate how the female pelvis moves to accomodate delivery. • Fetal Model (19" long) • Placenta/Cord/Amnion/Chorion Model • Perineal Cloth Model (5"x6.5")	$332	
Third Year Kit Add-On	• Perineal Cloth Model (5"x6.5")	$61	

Courses without required textbooks:
Information Literacy (INL111q)
Midwifery Integration (MIN411q)

Total from Page 2 (this page):	
Total from Page 1:	
Total:	

By signing below, I am agreeing to pay for the above textbook order either by providing payment with this complete form or by authorizing use of my student aid funds for the charges listed on this form. I understand any charges not covered by aid will be due upon receipt of a statement.

Signature (required):_____ Date:_____

Office Use Only	Date/Time/Initial/Payment:
Please Route: _____ FIN _____ LRC _____ File	