



Birthingways

The Newsletter of Birthingway College of Midwifery

Winter 2017
Volume 21, Issue 4

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Library Hours Winter Term

Monday – Thursday 8:30am-6pm
Friday 8:30am-4pm
Call in advance to verify hours

Calendar

Building closed.....	11/24-11/25
Registration begins.....	11/28
Registration deadline.....	12/9
Fall term ends.....	12/10
Winter break begins.....	12/11
Building closed.....	12/26
Winter break ends.....	1/1
Building closed.....	1/2

Every year, something special happens around Birthingway during the fall term. There is an influx of delicious smells emanating from our kitchen, as soups, squash, and other comfort foods become common lunch items. Just last week the sweet fragrance of apple cider filled the air and crept into all the corners of our building. Boots, scarves, and hats make their way out of the back of our closets and the crisp air tickles our noses in the morning.

There are a lot of incredible aspects of fall, but at Birthingway, there is one thing that stands out and that is application season!

Our admissions committee, which is made up of students and staff, will be reviewing applications and taking part in interviews over the next several weeks. For our midwifery applicants, the annual Meet and Greet will be held on Friday, November 18th and we are hoping all Birthingway Midwifery Program students, preceptors, faculty, and graduates will attend. It will be a day filled with tasty food, a fun ice breaker, and a chance to meet our applicants.



The famous Red Tent created at our 2015 Meet and Greet

APPLICATION DEADLINE HAS BEEN EXTENDED

The application deadlines for the
2017 Midwifery and Lactation Consultation program
cohorts have been extended.

If you're interested in learning more about applying for
the upcoming year, please contact us at 503-760-3131.

*"In the garden, Autumn is, indeed the crowning glory of the year; bringing us the
fruition of months of thought and care and toil. And at no season, save perhaps in
Daffodil time, do we get such superb colour effects as from August to November."*

-Rose G. Kingsley, The Autumn Garden, 1905

Labor Doula Workshop: Assisting Women With Birth

Taught by Brooke Noli, MA

Registration Deadline: Wednesday, January 11, 2017 at 5:30 pm.

Sorry, no walk-in registrations during the workshop

Description: Lecture, readings, and practical skills for providing emotional and physical support for women in labor and the immediate postpartum. This course constitutes one step towards Birthingway's Labor Doula Certification and also meets the prerequisite for admission to our Midwifery Program.

Location: Birthingway College of Midwifery, 12113 SE Foster Rd., Portland, OR 97266

Dates and Times: Wednesdays 5:00-8:30pm: 1/18, 1/25, 2/1, 2/8, 2/15, 2/22, 3/1, 3/8, Make up 3/15

Cost: \$528

- Workshop Fee: \$500
- Coursepack Fee: \$28 (non-refundable)
- **Late fee, if registering after the registration deadline: \$75 (non-refundable)**

Required Textbooks:

- Newman J, Pitman T. *The Ultimate Breastfeeding Book of Answers*. Revised & Updated. 2006.
- Simkin P. *Pregnancy, Childbirth, and the Newborn: The Complete Guide*. 5th ed. 2016.
- Gaskin IM. *Ina May's Guide to Childbirth*. 2003.
- Simkin P. *The Birth Partner*. 4th ed. 2013

Your coursepack will be available for pick-up at Birthingway College during office hours after the registration deadline. Please call ahead to confirm availability.

We must receive this completed registration form and full payment to register you for this workshop.

- Please make **checks payable** to Birthingway College and mail to 12113 SE Foster Rd, Portland, OR 97266.
- **Credit card** payments are accepted through PayPal. Instructions: <http://birthingway.edu/for-students/make-a-payment/>
- **If paying through PayPal, you must include a copy of your PayPal confirmation with your registration.**
- **If you fax your registration (fax: 503-760-3332), please call 503-760-3131 to confirm that we have received it!**

Refund Policy:

Written notice is required for a refund, and must be received no later than seven days before the first day of the course for the student to receive a 95% refund. If written notice is received after that point, 80% of the workshop fee will be refunded up to the first day of the workshop. **No refund will be made on or after the first class day.** For more information, see our current *Student Handbook and Catalog* at <http://birthingway.edu/for-students/student-handbook-and-catalog/>

- Please make a copy of this page for your records -

Labor Doula Workshop – Registration Form – Winter 2017 Term

Registration Deadline: Wednesday, January 11, 2017 at 5:30 pm.

Legal First Name:		Legal Middle Initial:	Legal Last Name:	
Mailing Address:		City:	State:	Zip Code:
Phone Number:		Email Address – Required for this workshop, preferably Gmail.		

Payment Method (check one): ☐ Check/Money Order ☐ Cash ☐ PayPal (please see above for PayPal policy)

Workshop Fee: \$500 + Coursepack Fee (non-refundable): \$28 = \$528	\$
Please mail my coursepack to me. I've included \$8 postage and handling (This service is not available after 1/4/2017)	\$
Late Registration Fee (non-refundable): \$75 Required in addition to the workshop fee if registration is received after 5:30 pm on 1/11/2017	\$
Total:	\$

OFFICE USE ONLY Date/Time/Payment/Initial:

Routing: _____ FIN _____ REG _____ FIN _____ TECH _____ LRC _____ OC _____ SPC _____ REG

SO YOU WANT TO BE...

SAVE THE DATES



...A DOULA?

Date: Saturday, March 11th, 2017

Time: TBD

Mark your calendars for this info session where you can learn about training, practice, and the lifestyle of labor and postpartum doulas.

You'll be joined by current students, graduates, and local business savvy doulas as panel members.

...A LACTATION CONSULTANT?

Date: Saturday, March 18th, 2017

Time: TBD

Learn more about the different pathways to becoming a lactation consultant, specific information about Birthingway's programs, and meet a panel of students and practicing International Board Certified Lactation Consultants.



...A MIDWIFE?

Date: Sunday, April 30th, 2017

Time: TBD

Spend the day learning about Birthingway College's Midwifery Program, the various pathways there are to becoming a midwife, financial aid opportunities, and get to know some of our students and midwives who will tell their stories.

Where Are They Now?

*We reached out to Birthingway Lactation Consultation Program graduate, **Adrienne Koznek**, who matriculated in 2014 and graduated in 2015.*

When and how did you become part of the Birthingway community?

I was part of the 2014 Lactation Consultation Program cohort at Birthingway. I chose Birthingway because I had a strong desire to become an International Board Certified Lactation Consultant (IBCLC) and they offered a Pathway 2 Program. This program was a good fit for me, as I already had a bachelor's degree that covered some required courses.

How has being a part of the Birthingway community impacted your life?

I'm grateful for the opportunity to learn about NVC and the ability to incorporate practicing empathy with people in my every day life, as well as with my patients. I always appreciated the holistic approach to medicine and care that Birthingway teaches as well.



How has Birthingway prepared you to be successful working in the community?

I am forever grateful to the amazing instructors I had. Adrienne Fuson taught me everything I know about how to blend empathy and care with knowledge of complex cases. I liken her manner of teaching to "I'm going to throw you into the deep end of the swimming pool and encourage you to teach yourself" - and while it was so difficult in the moment, I'm glad she did that. It has instilled confidence in me and my abilities that I may not have otherwise had.

Where would we find you now and what amazing things are you doing?

I'm working as an IBCLC at Vitality NW, a natural medicine clinic in the

Tigard area. I'm working with Dr. Alicia Hart, a naturopathic physician who provides primary care to all members of the family, and specializes in postpartum and pediatrics. Also at the clinic is Dr. Stacie Wolfe, an ND who has a passion for helping people heal from trauma. We are a Health at Every Size clinic and are queer-friendly.

As an out of hospital IBCLC, I'm not confined to the rules of the hospital that sometimes end up failing families on their breastfeeding journeys. I'm skilled in assessing for oral restrictions that are impeding breastfeeding. In addition to having appointments on weekdays at the clinic, I'm also available for home visits. I proudly accept OHP for clinic visits. Additionally, I currently accept United Health Care. I'm happy to answer questions about cash fees as well.

We are located at 7455 SW Bridgeport Road Ste. 240 in Tigard's Bridgeport Village shopping center.

-Adrienne Koznek

Community Resources

We recently reached out to our community to see which midwives and birth centers in Oregon accept Oregon Health Plan (OHP) and were happy to receive a number of responses. Below is a list of local birth centers and midwives that take OHP:

Catherine Bailey, CPM, LDM with [Unfurling Birth and Midwifery Services](#) in Portland
Celeste Kersey, CPM, LDM with [Full Moon Midwifery](#) in Canby
Silke Akerson, CPM, LDM & Kim Kincade, CPM, LDM with [Two Rivers Midwifery](#) in Portland
Elizabeth Schroeder, CPM, LDM with [Magnolia Tree Midwifery](#) in Portland
Lauren Stum, BSM, CPM, LDM with [Pea in a Pod Midwifery](#) in McMinnville
All the lovely midwives at [Vivante Midwifery and Women's Health](#) in Portland
Susie Corcoran, CNM, FNP, MN with [Aurora Family Health and Maternity Care Services](#) in Aurora
Heather Hack-Sullivan, CPM, LDM with [Rosehip Midwifery](#) in Portland
Kelli McIntosh, CPM, LDM with [Full Bloom Midwifery](#) in Portland
And the team of providers at [Canyon Medical Center](#) in Beaverton

Community News

Tyne Hanft-Kemp, third year midwifery student, has started an apprenticeship with Portland Natural Birth, which provides a full package of pregnancy, birth, and postpartum services to Portland families. Tyne has teamed up with Birthingway graduate, **Mirra Nerenberg**, who will be her preceptor.

Midwifery Program extension students **Cassidy Dobek** and **Charli Zarosinski** have been working hard to create a childbirth education series for families in the community. They are excited to announce that they are now offering a four week series in SE Portland on Sunday evenings. Their series is called [Childbirth: Before, During & After: The Physiologic In's & Out's of Birth and Postpartum!](#) You can visit their [Facebook](#) page to read the class description and register for the series.



Midwifery Program students Charli and Cassidy



Another one of our Midwifery Program students, **Sylvie Orr**, is bringing together two of her passions, artistic expression and working with pregnant women, by making beautiful, hand-crafted belly casts. Sylvie explains the joy that she finds in celebrating this special time by preserving the shape of a pregnant belly and is always honored to help create memories that families can keep forever. Her process begins with coming to the mothers home with all the supplies needed to create the cast. Once the cast is created, she can paint a variety of designs, which vary in price. If you would like to learn more about Sylvie's artwork and services, you can contact her at syversue@msn.com or 612-964-9332.

Turning to other areas of our community, Birthingway faculty member, **Cash**, has some exciting news to share. She has many 'renovations' underway in her life, including the purchase of the Carlton street house from Birthingway. At the time of publication, the old Carlton building is undergoing a complete remodel to prepare for future renters. On another exciting note, Cash wanted to share that she got engaged! Congratulations from all of us here at Birthingway and we wish you the best of luck on these exciting transitions.

Faculty member and preceptor, **Melissa Cole**, also has some incredible news. This year she was an author for an article published in *The Laryngoscope*, a peer-reviewed journal. Breastfeeding Improvement Following Tongue-Tie and Lip-Tie Release: A Prospective Cohort Study examines the "impact of surgical tongue-tie/lip-tie release on breastfeeding impairment". We are planning to include some information from Melissa about her process for being an author of this article in the next issue of our newsletter.

We are so proud of all the individuals that make up the Birthingway community and we're always so excited to share your exciting news!

A Message from Oregon Midwifery Council

OMC has been blessed by the involvement of many Birthingway students in our meetings, projects, and midwifery practices in the Portland area over the years. Students are a vital part of our community and the future of our professional organization. We want you to know that you have an open invitation to our Portland OMC business meetings which are held on the 2nd Friday of September, November, January, March, and May. You are also invited to our statewide meetings held in Eugene on the 3rd Fridays of September, January, and May.

Both of these meetings are an excellent way to understand the political issues, hear the varied opinions and experiences of midwives, and become involved in projects that promote midwifery. Once you are an apprentice you are invited to be part of our Community Peer Review which is held the mornings of the Portland OMC business meetings. You are able to attend with your preceptor or a midwife who agrees to "sponsor" you for the review.

We encourage students to become members of our professional organization at the student rate of \$35 a year. This allows you to support the work of OMC, to receive our newsletter, and to be added to our Yahoo group for OMC members.

To see a more detailed calendar of events and to become a member visit oregonmidwiferycouncil.org.

Our annual Spring Conference will be held March 17th in Portland. Volunteers are greatly needed and is a fun event in which students have traditionally played an important role. If you'd like to get involved, please contact caterinewbailey@gmail.com.

Students in Action



PLANT MEDICINE II

Students in our plant medicine course series learn about techniques for utilizing plants in health care. They gain experience identifying and harvesting herbs and practice making teas, salves, and syrups.

The courses incorporate theory based lectures, hands-on practice, and field trips into the community.

On October 17th, our students worked on making membrillo, chopping horse chestnuts, and preparing to make salves.



Jack and Oli Longwell working hard on generating jokes for our joke corner.

The Joke Corner

Sarah Longwell (Lactation Consultation Program Coordinator) had her two boys, **Jack** and **Oli**, join us at Birthingway for the day. While here, they shared some jokes for our entertainment and now they are being passed along to you.

Q: What's a ghost's favorite flavor?

A: Boo berry!

Q: What's a witches favorite snack?

A: A sand-witch!

Q: What did the ghost say to the bees?

A: Boo-bees!

Q: How do you make a witch itch?

A: You take away the W...

Q: Why was Elvis Presley in the hospital?

A: Side burns!

Q: What do witches get in hotels?

A: Broom service!

Q: Why can't you hear a pterodactyl go to the bathroom?

A: Because the 'P' is silent!

Q: What monster makes light?

A: A lampire!

Q: What do ghosts want?

A: I scream!

Q: What do you call a camel with 3 humps?

A: Pregnant!

If you or your kiddos have any jokes to share, send them to brittany@birthingway.edu.

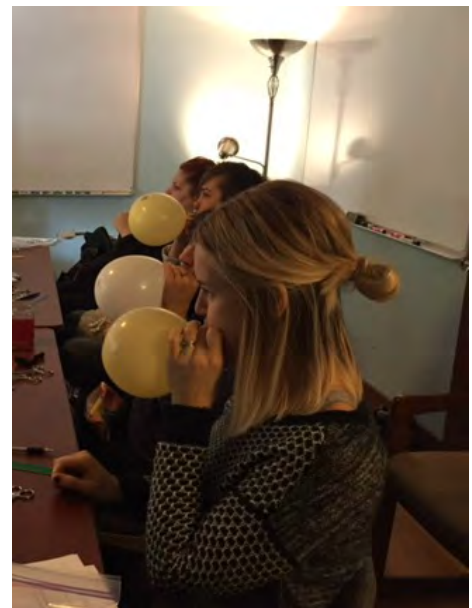
Students in Action



INTRAPARTUM

During first year, second term, our Midwifery Program students take a course called Intrapartum. This is required core course that covers the psychophysiology of labor and birth, as well as the biodynamic facilitation of first, second, third, and fourth stages of labor. Also covered during this course is unusual situations, such as precipitous birth, cord prolapse, nuchal cord, back labor, abruption, previa, and hemorrhage.

On October 19th, students practiced hands-on learning about nuchal, prolapsed, and short cords, uterus size, and how to measure dilation using their fingers. Students reported that it helps make the theory more real!



Sustainability at Birthingway!

This past October, Birthingway celebrated its first annual “October Sustainability Month.” The Birthingway entryway sported a super cool cardboard poster, showing off how Birthingway’s programs contribute to greater sustainability in our communities, as well as information on our participation in the Northwest Earth Institute’s EcoChallenge and on current events.

The community was asked how they felt our programs contribute to a more sustainable world. Responses were extensive, including how homebirth requires fewer resources and can be more cost effective than a hospital birth. Lactation care supports breastfeeding, which means less use of formula, and therefore less waste through the resources used to create and put it on shelves.



Our Doula Program is also another great example, as we are able to provide resources, support and education to underserved and low income populations, adding to quality of life and in turn social sustainability. Midwives, lactation consultants and doulas contribute to both healthy environments and flourishing communities!

NATURE

I will replace 60 minute(s) per day typically spent inside (computer time, watching television, etc.) with quality time outside.



Sherpa, Drake’s pup, covering some real distance for the Nature Challenge of spending at least 60 minutes per day outside!

Birthingway also took place in the Northwest Earth Institute’s EcoChallenge. With 19 participants, the Birthingway team racked up 5,149 points! Activities included simple ways to become more ecologically conscious. **Natalie Hutchinson**, our Faculty Coordinator, said this about her experience: “The best part about participating in the eco-challenge was that I got to celebrate all the things I’m already doing every day and pick a few new things that I could add to my routine to push me to do a little more for our environment.” Staff Transition Specialist, **Brittany Schleiff**, also found her experience to be really insightful, such as in recognizing that even with a lack of composting at home, she was able to save food scraps and bring them into town where composting is available. **Drake Carnahan** (Operations Coordinator) dedicated her EcoChallenge weeks to taking her dog on daily walks, racking up over 23 miles of walking around her neighborhood. Way to go, everyone! Big thank yous to all those who took part in this challenge.

Community Happenings

Birthingway Doula Learning Circle

Every month Birthingway holds a Doula Learning Circle for our student doulas, Birthingway certified doulas, and even doulas in the community! This is an opportunity to learn advanced doula topics and skills, such as lactation support, business and marketing, how to provide support during loss and bereavement, nutrition, and community resources for doulas. All of our Birthingway doulas have access to our wonderful doula circles RSVP and join us on one of the following days:

January 22nd 2pm-4pm

February 26th 2pm - 4pm

March 26th 2pm - 4pm

RSVP

raeben@birthingway.edu



Doulas practicing comfort techniques positions, and acupressure for women in labor during a doula learning circle.

If you have an upcoming community event that you'd like us to share please email brittany@birthingway.edu

Friday, March 17th, 2017

Save
the
Date

Oregon Midwifery
Council
Spring Conference

Corner of NW 19th and NW Everett street
Trinity Cathedral

Miracle of Nurture wanted to show their appreciation for the Birthingway lactation student interns by offering a discount to our community members.

The discount is 15% off your standard service fees for clients referred by members of the Birthingway community.

To take advantage of this offer, please have your clients tell them that they were referred by the Birthingway community.

If you're looking for lactation support or would like to schedule an appointment, you can contact Miracle of Nurture at 503-762-1632 or visit their website for more information.

www.miracleofnurture.com

Donation Thank Yous

We are so grateful for all the wonderful donations we receive on a regular basis. All of these donations help provide our students with a quality education while keeping tuition as low as possible.

We would like to start off by thanking **Microsoft** through **TechSoup** for donating over \$4,000 in Microsoft software programs to the school.

Val Bonner, our real estate broker for the Carlton house, was kind enough to donate a \$100 gift card to Fred Meyers following the sale of the building and to **Holly Scholles**, Birthingway President, for donating yummy snacks for our recent Diversity Workgroup meeting.

We would also like to thank all of you who donate expired medication and supplies to the school on a regular basis for our students to practice with.

During the summer we held our *So You Want to Be* workshops where we shared information about our programs with prospective students. This moment of career exploration is incredibly important and eye-opening for many and these workshops would not be the same without people in our community who are willing to come in and be members on our panel. We wanted to be sure that we thanked all of you for taking the time out of your busy lives to join us for these workshops.

Without all of these donations of supplies, resources, and time we would not be where we are today. If you have anything you would like to donate, please contact us at 503-760-3131.



What is cohort time all about?

Each of our program cohorts create their own rituals and traditions as they move through a program together. This cohort time is an opportunity for our students to learn to process, listen, and connect with compassionate communication.

Pictured to the left is our first year midwifery cohort's basket (used during their cohort time together), and the newest member of the cohort, **Emily Jensen's** sweet baby **Barnaby**.

This month we were the lucky beneficiaries of receiving the proceeds of **Sharon Jonquil's** "Drawing in Mindfulness" workshop!

Each season Sharon, local artist and retired CNM (Certified Nurse Midwife), gives an afternoon class to a maximum of 8 people and asks those registering for a donation instead of charging a workshop fee.

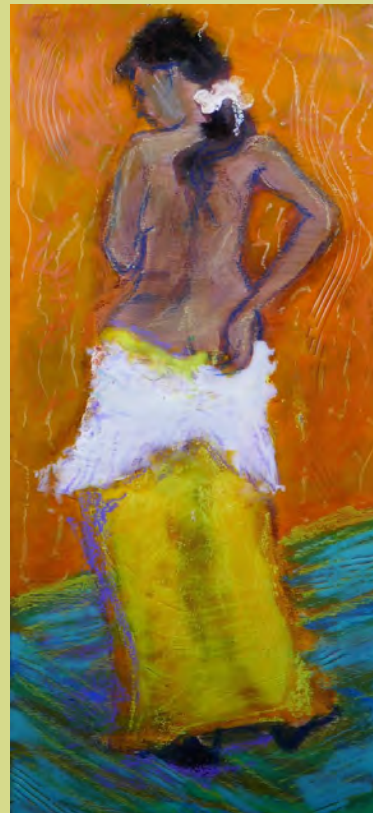
Sharon inspires her students to approach drawing, painting, and writing, as well as sitting and walking meditation, with a *beginners mind*.

She generously gives all suggested donations (\$25-\$35) to a different non-profit organization and for the fall season we were chosen to receive the proceeds. The workshop occurred on Saturday, November 19th and Sharon was able to raise \$250 from the workshop, all of which was donated to Birthingway!

Among the eight very happy and content participants were two Birthingway students and one staff member. The workshop was salve for the soul!

If you're interested in seeing some of Sharon's artwork or want to attend one of these amazing workshops, visit <http://www.sharonjonquilart.com/>.

Thank you so much Sharon!



Artwork by Sharon – Muse Series

Book Club/Course Spotlight

Birthingway Book Club

6pm on Wednesday, January 11th

Join us for our first ever Birthingway Book Club meeting. Get cozy, snuggle up, and read **The Light Between Oceans** by M. L. Stedman this winter break.

Amazon Best Book of the Month Review:

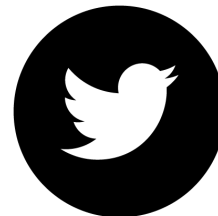
Tom Sherbourne is a lighthouse keeper on Janus Rock, a tiny island a half day's boat journey from the coast of Western Australia. When a baby washes up in a rowboat, he and his young wife Isabel decide to raise the child as their own. The baby seems like a gift from God, and the couple's reasoning for keeping her seduces the reader into entering the waters of treacherous morality even as Tom--whose moral code withstood the horrors of World War I--begins to waver. M. L. Stedman's vivid characters and gorgeous descriptions of the solitude of Janus Rock and of the unpredictable Australian frontier create a perfect backdrop for the tale of longing, loss, and the overwhelming love for a child that is *The Light Between Oceans*.

We will meet in the kitchen

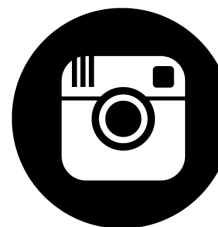
Contact library@birthingway.edu with any questions

Birthingway is
revamping
our social
media
presence

@Birthingway



birthingway_college



Birthingway College



Follow us

EXPLORING SPIRITUALITY In the Perinatal Period

Explore the physical and spiritual aspects of the human journey, especially as it relates to pregnancy, birth, breastfeeding, and the postpartum period.

Lecture, role-play, self-reflections, and meditation and mindfulness practices, among other tools, will be used to enhance the students' application of holistic care for themselves and the families they serve in the perinatal period.

Taught by
Bonnie McAnnis, MA, LMT

Tuesdays, 5:30pm-8:30pm
January 10, 17, 24, 31
February 7, 14, 21

REGISTER USING WINTER REGISTRATION FORM IN THIS NEWSLETTER

Childbirth Education Workshop

Birthingway's Distinctive Biodynamic Approach to Childbirth

Taught by Laurie Perron Mednick, BA, CPM, LDM

Registration Deadline: Tuesday, January 3, 2017 at 5:30 pm.

Sorry, no walk-in registrations during the workshop

Please note: this is also offered as a credit course (more work required). If you would like to take the credit course, please use the Winter 2017 Registration form, available on our website.

Description: Examines the history of childbirth education and preconceptions about birth, while building tools for developing a childbirth education series based on Birthingway's Biodynamic Model. This course emphasizes evaluating and developing a wide range of tools for providing education and informed choice in multiple settings, from prenatal appointments to group classes. This is an experiential course and uses many activities for learning including storytelling, art, dance, music, and videos. This course constitutes one step towards Birthingway's Childbirth Educator Certification.

Location: Birthingway College of Midwifery, 12113 SE Foster Rd., Portland, OR 97266

Dates and Times: Mondays 5:30-8:30pm: 1/9, **No class 1/16**, 1/23, 1/30, 2/6, 2/13, 2/20, 2/27, 3/6, 3/13, 3/20.
Make up Tuesday 3/21

Cost: \$660

- Workshop Fee: \$605
- Coursepack Fee: \$55 (non-refundable)
- **Late fee, if registering after the registration deadline: \$75 (non-refundable)**

Recommended Reading:

Jarecki C, Perron Mednick L. *Homebirth Cesarean: Stories and Support for Families and Healthcare Providers*. 2015.

Your coursepack will be available for pick-up at Birthingway College during office hours after the registration deadline. Please call ahead to confirm availability.

We must receive this completed registration form and full payment to register you for this workshop.

- Please make **checks payable** to Birthingway College and mail to 12113 SE Foster Rd, Portland, OR 97266.
- **Credit card** payments are accepted through PayPal. Instructions: <http://birthingway.edu/for-students/make-a-payment/>
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Refund Policy:

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- Please make a copy of this page for your records -

Childbirth Education Workshop – Registration Form – Winter 2017 Term

Registration Deadline: Tuesday, January 3, 2017 at 5:30 pm.

Legal First Name:	Legal Middle Initial:	Legal Last Name:		
Mailing Address:		City:	State:	Zip Code:
Phone Number:	Email Address – Required for this workshop, preferably Gmail.			

Payment Method (check one): ☐ Check/Money Order ☐ Cash ☐ PayPal (please see above for PayPal policy)

Workshop Fee: \$605 + Coursepack Fee (non-refundable): \$55 = \$660	\$
Please mail my coursepack to me. I've included \$8 postage and handling (This service is not available after 12/27/2017)	\$
Late Registration Fee (non-refundable): \$75 Required in addition to the workshop fee if registration is received after 5:30 pm on 1/3/2017	\$
Total:	\$

OFFICE USE ONLY Date/Time/Payment/Initial:

Routing: _____ FIN _____ REG _____ FIN _____ TECH _____ LRC _____ OC _____ SPC _____ REG

Birthingway College of Midwifery Course Offerings – Winter 2017 Term (January 2, 2017 - March 25, 2017)

All courses have a minimum of 5 students and a maximum of 16 students unless otherwise noted.

Course Name	Credits	Sessions	Dates		Day/Time	Location
Advanced Lactation Skills (ALS221q)	2	7	1/5, 1/12, 1/19, 1/26, 2/2, 2/9, 2/16, Make up Friday 2/17 (Yellow or Skills)		Thursdays 2:00-5:30pm	Blue Room
Taught by Melissa Cole, BA, IBCLC Prerequisite: Breastfeeding Skills (BFS211q) This course will prepare students to: perform a thorough lactation-related assessment of the mother and infant; utilize lactation devices; and use critical thinking for differential diagnosis, and proper implementation of tools and care plan formation. This course utilizes a variety of learning methods including: reading, lectures, role play, case studies, writing, student presentations, multimedia, demonstration with models, and clinical practice.						
Botanicals III (BOT323q)	2	7	1/23, 1/30, 2/6, 2/13, 2/20, 2/27, 3/6, Make up 3/20		Mondays 9:00am-12:00pm	Blue Room
Taught by M. Cash, ND Prerequisite: Botanicals II (BOT332q) In this course, students will study specific herbs that are versatile and effective for a variety of conditions in women's health and in midwifery applications. Students create treatment plans for "client" classmates using botanical medicine, modifying as necessary, and charting appropriately.						
Breastfeeding Skills (BFS221q)	2	8	1/6, 1/13, 1/20, 1/27, 2/3, 2/10, No class 2/17, No class 2/24 , 3/3, 3/10		Fridays 9:00am-12:30pm	Blue and Skills
Taught by Stacey Marshall, IBCLC Pre or co-requisite: Introduction to Breastfeeding Theory (BRF131q) OR Breastfeeding I and Breastfeeding II Students have an opportunity to develop their hands-on skills by working with nursing women and their babies to demonstrate breast exams, practice supporting a successful latch, and demonstrate how to use a variety of equipment.						
Childbirth Education (CBE131q)	3	10	1/9, No class 1/16 , 1/23, 1/30, 2/6, 2/13, 2/20, 2/27, 3/6, 3/13, 3/20. Make up Tuesday 3/21		Mondays 5:30-8:30pm	Blue Room
Taught by Laurie Perron-Mednick, BA, CPM, LDM This course emphasizes evaluating and developing a wide range of tools for providing education and informed choice in multiple settings, from prenatal appointments to group classes. This is an experiential course and uses many activities for learning including storytelling, art, dance, music, and videos.						
Communications III (COM113q)	1	4	2/3, 2/17, 3/3, 3/10, Make up 3/24		Fridays 1:00-4:00pm	Blue Room
Taught by Celeste Kersey, BA, CPM, LDM Prerequisite: Communications II (COM112q). The final course in the Communication series will synthesize the skills from I and II and integrate the students' previous learning with emphasis on how to communicate effectively with peers and other health care providers. Tools from previous courses will be used to prepare for and practice dialogues to resolve conflicts.						
Complex Situations I (CPX341q)*	4	12	1/3, 1/10, 1/17, 1/24, 1/31, 2/7, 2/14, 2/21, 2/28, 3/7, 3/14 (11:30am-5:00pm), 3/21		Tuesdays 9:00am-12:30pm	Blue Room
Taught by Nichole Reding, MA, CPM, LDM Prerequisites: Intrapartum (INT251q), Fetal Assessment (FET221q). Using lecture, discussion, and case studies, this course focuses on complicated maternity situations often assessed and managed in the prenatal period. It covers anemia, clotting issues (thrombophilias, deficiencies, DIC), respiratory issues (asthma, amniotic fluid embolism, pulmonary embolism), energy issues (diabetes, hypoglycemia, eating disorders), liver problems (HELLP, acute fatty liver, intrahepatic cholestasis (ICP)), sepsis, and dermatologic conditions (PUPPP, HG).						

*Courses offered for Midwifery Program students only

Birthingway College of Midwifery Course Offerings – Winter 2017 Term (January 2, 2017 - March 25, 2017)

All courses have a minimum of 5 students and a maximum of 16 students unless otherwise noted.

Course Name	Credits	Sessions	Dates	Day/Time	Location
Complex Situations III (CPX433q)*	3	11	1/5, 1/12, 1/19, 1/26, 2/2, 2/9, 2/16, 2/23, 3/2, 3/9, 3/16	Thursdays 9:00am-12:00pm	Blue Room
Taught by Marialicia Gonzalez, BSN, RN Prerequisite: Postpartum (PTM251q) This course incorporates guest lectures and student presentations to address unusual midwifery situations focusing on the infant, including preterm birth and infant anomalies. In addition, students will develop guidelines for dealing with emergency transport, death and grief, and self care.					
Critical Care Skills III (CCS413q)*	1	11	1/3, 1/10, 1/17, 1/24, 1/31, 2/7, 2/14, 2/21, 2/28, 3/7, No class 3/14, 3/21	Tuesdays 5:30-7:30pm	Skills
Taught by Denise O'Halloran, BS, EMT-P, and Brandee Grider, BSM, CPM, LDM, LMT Prerequisite: Critical Care Skills II (CCS412q) Using role play scenarios and skills practice, this course demonstrates new IV site locations, site selection, and administration for locked IVs. Students will also practice scenarios of more complicated skills, such as facilitating transport in case of cord compression, using models and peers. In combination with Pharmacology, this course meets Legend Drugs and Devices initial education requirements for prophylactic administration of antibiotics for GBS for Oregon midwifery licensing.					
Differential Diagnosis (DIF431q)*	3	11	1/5, 1/12, 1/19, 1/26, 2/2, 2/9, 2/16, 2/23, 3/2, 3/9, 3/16	Thursdays 2:15-5:15pm	Yellow Room
Taught by Holly Scholles, MA, CPM, LDM Prerequisites: All midwifery core courses and Fetal Assessment (FET211q) must be complete or in progress **Strongly recommended: Human Genetics (GEN231q), and Breastfeeding II (BRF222q) or Introduction to Breastfeeding Theory(BRF131q) This is a capstone course. Using student created <i>Signs and Symptoms</i> book and protocols, students present case studies for differential diagnosis by their classmates. Students also create practice guidelines for antepartum, intrapartum, maternal postpartum, and infant care, as well as develop risk assessment guidelines and client care checklists.					
Exploring Spirituality in the Perinatal Period (ESP221q)	2	7	1/10, 1/17, 1/24, 1/31, 2/7, 2/14, 2/21, Make up 2/28	Tuesdays 5:30-8:30pm	Blue Room
Taught by Bonnie McAnnis, MA, LMT This course will explore the physical and spiritual aspects of the human journey especially as it relates to pregnancy, birth, breastfeeding, and the postpartum period. Philosophical and theological concepts of natality, embodiment, and interconnection will be introduced. Lecture, role-play, self-reflections, and meditation and mindfulness practices, among other tools, will be used to enhance the students' application of holistic care for themselves and the families they serve in the perinatal period.					
Hematology Skills (HEM311q)*	1	12	1/3, 1/10, 1/17, 1/24, 1/31, 2/7, 2/14, 2/21, 2/28, 3/7, 3/14 9-11 am, 3/21	Tuesdays 3:00-5:00pm	Skills
Taught by Denise O'Halloran, BS, EMT-P This course covers a variety of lab skills used to draw and assess blood. Skills covered include hemoglobin, hematocrit, and glucose evaluations with in-office devices. Students also learn venipuncture skills, including vacutainer, syringe, and butterfly devices, then move on to review treatment of shock theory and begin to practice IV skills on a mannequin.					
Infancy (INF121q)	2	7	1/5, 1/12, 1/19, 1/26, No class 2/2, 2/9, No class 2/16, 2/23, 3/9, Make up 3/23	Thursdays 6:00-9:00pm	Blue Room
Taught by Heather Hack-Sullivan, BSM, CPM, LDM From an ethnopediatric perspective, this course covers newborn behavior, development, bonding and attachment, and childrearing including attachment parenting. This course uses a variety of learning activities, including lecture, group discussion, in-class writing assignments, quizzes, videos, audio excerpts, and presentations to help students explore the socio-cultural aspects of infancy and early parenting.					

***Courses offered for Midwifery Program students only**

Birthingway College of Midwifery Course Offerings – Winter 2017 Term (January 2, 2017 - March 25, 2017)

All courses have a minimum of 5 students and a maximum of 16 students unless otherwise noted.

Course Name	Credits	Sessions	Dates	Day/Time	Location
Infant Complex Breastfeeding Situations (ICS221q)	2	7	1/12, 1/19, 1/26, 2/2, 2/9, 2/16, 2/23, Make up 3/2	Thursdays 9:30am - 12:30pm	Yellow Room
Taught by Adrienne Fuson, BA, IBCLC Prerequisite: Advanced Breastfeeding Theory (BRF212q). Enrolled midwifery students may waive the Advanced Breastfeeding Theory prerequisite if they have completed Introduction to Breastfeeding Theory (BRF131) and Postpartum (PTM251q). This course covers an array of more complicated lactation support scenarios including: cleft-lip and palate; genetic syndromes such as Down Syndrome; screened disorders such as phenylketonuria; hypoglycemia; failure to thrive; hospitalization/surgery; infection; prematurity; multiples; pathological jaundice; birth injuries; gastrointestinal disorders such as true reflux; allergies; attachment disorders; and adoption. Students will develop a number of practice materials.					
Massage Skills for Perinatal Practitioners (MSP121q)	2	3	Friday 3/3 5:00-9:00pm; Saturday 3/4 and Sunday 3/5 9:00am-5:00pm	Friday, Saturday, Sunday	Blue Room
Taught by Bonnie McAnnis, MA, LMT This course is both an introduction to the psychology of touch and an opportunity to practice a variety of therapeutic touch techniques. Students learn basic massage techniques with an emphasis on pregnancy and postpartum. Maximum 8 students.					
Midwifery Integration (MIN411q)*	1	5	1/8, 1/15, 1/22, 1/29, 2/5, Make up 2/12	Sundays 2:00-4:30pm	Skills
Taught by Celeste Kersey, BA, CPM, LDM Prerequisite: All required midwifery program courses must be completed or in progress. <i>It is strongly suggested that students have prior clinical experience and have begun attending births as a primary under supervision before registering for this course.</i> In this capstone course, students use their practice guidelines, protocols, forms, information sheets, informed choice forms, and other information to manage practice scenarios with a standardized patient. Students will have opportunities to be both an assistant and primary midwife in at least one scenario and to receive and offer feedback on these scenarios. Maximum 5 students.					
Pharmacology (PHR421q)	2	7	1/3, 1/17, 1/31, 2/14, 2/28, 3/14 (Blue Room), Thursday 3/23 9:00am - 12:00pm, Make up Friday 3/24	Tuesdays 9:30am-12:30pm	Yellow/ Skills
Taught by Laura Bartko, CNM Prerequisites: Critical Care Skills I (CCS411q), Complex Situations II (CPX442q) <i>Registration for this course limited to midwifery program students, midwives, and approved community students.</i> This course covers basic pharmacology theory, legend drugs and devices used in a midwifery practice, and administration of medications including injection techniques. In combination with CCSIII, this course meets the Legend Drugs and Devices initial education requirements for Pharmacology, Medications by Injection, and intrapartum prophylactic antibiotics for GBS required for Oregon midwifery licensure.					
Plant Medicine III (PLM223q)	2	7	1/23, 1/30, 2/6, 2/13, 2/20, 2/27, 3/6, Make up 3/13	Mondays 1:00-4:00pm	Kitchen
Taught by Cari Nyland, ND Prerequisite: Plant Medicine II (PLM222q). Student make more complicated or less frequently used forms of medicine, such as syrups, cordials and elixirs, lozenges, suppositories, oxymels, and electuaries. In addition, students utilize their knowledge of plant actions and constituents to create herbal formulas and prescriptions. This course includes a field trip.					
Postpartum (PTM251q)*	5	12	1/4, 1/11, 1/18, 1/25, 2/1, 2/8, 2/15, 2/22, 3/1, 3/8, 3/15 (11am-5pm), 3/22	Wednesdays 9:00am-1:15pm	Blue Room
Taught by Emilia Smith, BSM, CPM, LDM, IBCLC Prerequisites: Intrapartum (INT251q), Co-requisite: Postpartum Skills (PTM211q). This course covers unique fetal anatomy and physiology, fetal transformation, newborn examination and age assessment. In addition, students learn neonatal procedures; behavioral states; infant postpartum assessment, care and complications; maternal assessment and care; maternal postpartum complications; and postpartum emotional disorders.					

*Courses offered for Midwifery Program students only

Birthingway College of Midwifery Course Offerings – Winter 2017 Term (January 2, 2017 - March 25, 2017)

All courses have a minimum of 5 students and a maximum of 16 students unless otherwise noted.

Course Name	Credits	Sessions	Dates	Day/Time	Location
Postpartum Skills (PTM211q)*	1	12	1/4, 1/11, 1/18, 1/25, 2/1, 2/8, 2/15, 2/22, 3/1, 3/8, 3/15 (9-11am), 3/22	Wednesdays 3:00pm-5:00pm	Skills
Taught by Heather Hack-Sullivan, BSM, CPM, LDM Co-requisite: Postpartum (PTM251q). Students learn about the steps of the newborn physical and gestational age exams and evaluation and practice these skills on mannequins. They also practice the use of growth charts and infant scales, estimate blood-loss using synthetic blood, examine placentas, draw cord blood, and practice various forms of cord clamping and cutting. Setting up and cleaning various types of water-birth tubs are also covered.					
Professional Standards and Practice for Lactation Consultants (LPS221q)	2	5	2/23, 3/2, 3/9, 3/16, 3/23 (Yellow Room), Make up Fri 3/24 (Yellow Room)	Thursdays 1:30pm-5:30pm	Blue Room
Taught by Melissa Cole, BS, IBCLC This course discusses professional ethics; business issues such as self employment topics, record keeping, and insurance; credentialing; HIPAA; and professional organizations for Lactation Consultants.					
Research Project (RSP411q)*	1	See the Research Project Registration Packet for more information			
Prerequisite: Research Methods (RSM311q) Course Description: Registration for this course is limited to midwifery program students. This course focuses on the design and implementation of a research project, including definition of a topic, literature review, creation of a bibliography, and the production of a research paper. A completed Research Project Registration Form must be turned in (with payment) by the first day of the term to register. You can download a Research Project Registration Packet at www.birthingway.edu/registration.htm or request one in the front office.					
Running a Midwifery Practice* (RUN331q)	3	9	1/11, 1/18, 1/25, 2/1, 2/8, 2/15, 2/22, 3/1, 3/8, Make up 3/15	Wednesdays 9:00am-12:15pm	Yellow Room
Taught by Jessica Dolin, BSM, CPM, LDM This course explores developing and structuring a practice, including deciding which products and services to offer. Covers business management and bookkeeping, informed consent, malpractice, legal concepts and requirements. Also includes getting reimbursed, working with insurance companies and HIPAA compliance. Students produce a complete Business Plan and a community resource tool.					

Cohort and Lunch - Dates and Times

	Core Day	Time		Dates	
Lactation Consultation Cohort (Blue Room)	Thursday	Lunch:	12:30 - 1:10pm	1/5, 1/12, 1/19, 1/26, 2/2, 2/9, 2/16, 2/23, No lunch 3/2, 3/9 or 3/16	
		Cohort:	1:10-1:50pm	1/5, 1/12, 1/19, 1/26, 2/2, 2/9, 2/16, 2/23, No cohort 3/2, 3/9 (12:30-1:20), 3/16 (12:30-1:20)	
Midwifery 1st Year Cohort (Blue Room)	Wednesday	Lunch:	1:15 - 2:00pm	1/4, 1/11, 1/18, 1/25, 2/1, 2/8, 2/15, 2/22, 3/1, 3/8, 3/15, 3/22	
		Cohort:	2:00 - 2:50pm	1/4, 1/11, 1/18, 1/25, 2/1, 2/8, 2/15, 2/22, 3/1, 3/8, 3/15, 3/22	
Midwifery 2nd Year Cohort (Blue Room)	Tuesday	Lunch:	12:30 - 1:20pm	1/3, 1/10, 1/17, 1/24, 1/31, 2/7, 2/14, 2/21, 2/28, 3/7, 3/14, 3/21	
		Cohort:	1:30 - 3:20pm	1/3, 1/10, 1/17, 1/24, 1/31, 2/7, 2/14, 2/21, 2/28, 3/7, 3/14, 3/21	
Midwifery 3rd Year Cohort (Yellow Room)	Thursday	Lunch:	12:00 - 1:00pm	1/5, 1/12, 1/19, 1/26, 2/2, 2/9, 2/16, 2/23, 3/9, 3/16, 3/23	
		Cohort:	1:00 - 2:20pm	1/5, 1/12, 1/19, 1/26, 2/2, 2/9, 2/16, 2/23, 3/9, 3/16, 3/23 (Blue Room)	

*Courses offered for Midwifery Program students only

Birthingway College of Midwifery – Winter 2017 Registration

Registration Deadline: Friday, December 9, 2016 at 3:00 pm. After the Registration Deadline an additional \$75 late fee is required.

Registration for Enrolled Students begins Monday, November 28, 2016 at 8:30 am

Registration for Community Students begins Monday, December 5, 2016 at 8:30 am

Student Information (all fields are required unless noted):

Legal First Name		Legal Middle Initial		Legal Last Name	
Address		>> Is this a new address? <input type="checkbox"/> Yes <input type="checkbox"/> No		City	State
Zip Code		Phone		Email	
>> Optional: Emergency Contact Name and Number					
>> New Community Students Only		Social Security # (Required for 1098-T):			
Which program(s) are you enrolled in? >> Please check all that apply		<input type="checkbox"/> Midwifery Program <input type="checkbox"/> Lactation Consultation Program <input type="checkbox"/> Labor Doula Program		<input type="checkbox"/> Postpartum Doula Program <input type="checkbox"/> Childbirth Educator Program <input type="checkbox"/> I am not enrolled in a program	

Courses Offered in the Winter 2017 Term:

Course #	Course Name	Credits	\$488 per credit	Coursepack	Lab Fee	Total	Calculate your total in the column below:
ALS221q	Advanced Lactation Skills	2	2(\$488) = \$976	\$35	\$91	\$1102	
BOT323q	Botanicals III	2	2(\$488) = \$976	\$0	\$0	\$976	
BFS221q	Breastfeeding Skills	2	2(\$488) = \$976	\$26	\$158	\$1160	
CBE131q	Childbirth Education	3	3(\$488) = \$1464	\$55	\$10	\$1529	
COM113q	Communications III	1	1(\$488) = \$488	\$4	\$0	\$492	
ESP221q	Exploring Spirituality in the Perinatal Period	2	2(\$488) = \$976	\$36	\$0	\$1012	
ICS221q	Infant Complex Breastfeeding Situations	2	2(\$488) = \$976	\$28	\$0	\$1004	
MSP121q	Massage Skills for Perinatal Practitioners	2	2(\$488) = \$976	\$10	\$44	\$1030	
PLM223q	Plant Medicine III	2	2(\$488) = \$976	\$24	\$82	\$1082	
LPS221q	Professional Standards and Practice for LCs	2	2(\$488) = \$976	\$0	\$0	\$976	

***Independent Study:** See Course Offerings for description and details. A special registration form is required. This process takes several weeks.

Courses offered for Midwifery Program Students Only:

CPX341q	Complex Situations I	4	4(\$488) = \$1952	\$64	\$0	\$2016	
CPX433q	Complex Situations III	3	3(\$488) = \$1464	\$48	\$0	\$1512	
CCS413q	Critical Care Skills III	1	1(\$488) = \$488	\$10	\$91	\$589	
DIF431q	Differential Diagnosis	3	3(\$488) = \$1464	\$20	\$0	\$1484	
HEM311q	Hematology Skills	1	1(\$488) = \$488	\$15	\$182	\$685	
INF121q	Infancy	2	2(\$488) = \$976	\$0	\$0	\$976	
MIN411q	Midwifery Integration	1	1(\$488) = \$488	\$0	\$81	\$569	
PHR421q	Pharmacology	2	2(\$488) = \$976	\$18	\$84	\$1078	
PTM251q	Postpartum	5	5(\$488) = \$2440	\$99	\$0	\$2539	
PTM211q	Postpartum Skills	1	1(\$488) = \$488	\$0	\$44	\$532	
RUN331q	Running a Midwifery Practice	3	3(\$488) = \$1464	\$60	\$0	\$1524	

***Research Project (RSP411q) 1 Credit:** To register, you must turn in a *Registration Form for Research Project* and payment by the first day of the term. It takes several weeks to complete this form. The form is available here: <http://birthingway.edu/for-students/registration/>

Registration Fees – Required for all Students	Subtotal:	\$
	Technology Fee:	\$ 40.00
	Registration Fee:	\$ 60.00
Late Registration Fee of \$75.00:		\$
(due in addition to the Registration Fee if received after 3:00 pm on Friday, December 9, 2016)		
TOTAL:		\$

Signature Required on Page 2

CLINICAL TRAINING:

Will you be working with a preceptor this term? ☐ Yes ☐ No

>>If you marked "Yes" you must fill out a Clinical Training Credit Registration form. To indicate that you are working with a preceptor but will not be taking credits this term, please register for 0 credits. These forms help establish (on paper) the Preceptor-Student relationship and help outline expectations for work, learning, and appropriate tasks and duties.

Is this your first time registering for Clinical Training Credit? If so, please contact your Program Coordinator.

I am working with this preceptor: _____
(Preceptor Name)

GRADUATION:

Do you intend to graduate in this term or the next? ☐ Yes ☐ No

>>If you marked "Yes" please write in the term and year you intend to graduate: _____

>>If you marked "Yes" please schedule a meeting with your Program Coordinator to discuss the graduation process.

PRIVACY PREFERENCE:

☐ **Privacy Protected – Do not share my information with anyone.** (This term only.)

Student directory information will be shared with all currently enrolled students in the published student roster. This includes your name, address, phone number, Birthingway email address, matriculation year, certificates/degrees received, and program(s) of study. Birthingway will only release your name, program of study, matriculation year, and certificates/degrees received to the public upon request.

Students who choose to be privacy protected will not be listed on the student roster, and will not be acknowledged as a student of Birthingway to ANY outside inquiry, except as required under FERPA.

CANCELLATION CLAUSE:

Should you decide to cancel this agreement you must do so in writing within three business days to receive a full refund of all fees and tuition. After the three-day cancellation period, should you decide to cancel your registration and not attend, refunds will be made per the refund policy below.

REFUND POLICY:

You are expected to attend all classes for which you register. **If you do not attend or stop attending and fail to drop within the refund period, you remain responsible for all tuition and fees.** If you wish to drop a course, please fill out a Withdrawal/Drop Form (available on our website or in the front office) and either mail, fax, or hand it in to the front office. You will receive a refund of tuition per the refund schedule (see table). **Registration Fee, Late Registration Fee, and Technology Fee are non-refundable. Equipment Kit Fees, Course-pack Fees, and Lab Fees are non-refundable after the Registration Deadline.** Please allow four to six weeks for receipt of refund. **The dates in this table are based on calendar days.**

Refund Policy Table for Winter Term

Withdrawal Date	Tuition Refund
On or before 2 nd day of term	100%
3 rd day through 7 th day of term	86%
8 th day through 14 th day of term	72%
15 th day through 21 st day of term	58%
22 nd day through 28 th day of term	44%
29 th day through 35 th day of term	30%
36 th day through 42 nd day of term	16%
Day 43 through end of term	No Refund

Payment of tuition and fees is due at the time of registration for each term unless you are on financial aid (Midwifery Program students only) and receiving a disbursement in that term, or have a written payment plan (Lactation Consultation Program students only). To qualify, you must have a completed Free Application for Federal Student Aid (FAFSA) and have a signed award letter on file at Birthingway showing a disbursement in that term. Federal Financial aid is only available for eligible Midwifery Program students. Textbook and equipment kit charges are due when ordered, unless you are receiving a financial aid disbursement in the term and have authorized payment from your financial aid disbursement. All overdue amounts are subject to finance charges of 15% APR with a \$5 minimum per month.

A student must be in good financial standing to register for courses. Any costs incurred to collect these amounts are the responsibility of the student. Credit card payments are accepted through PayPal – for instructions, visit <http://birthingway.edu/for-students/make-a-payment/>. By paying through PayPal, you agree to PayPal and Birthingway's terms and conditions. You must include a copy of your PayPal payment confirmation if paying by PayPal, or your registration will be incomplete and delayed until confirmation is received.

Registrations are accepted by mail or fax; walk-ins are accepted in the front office during office hours only (please see www.birthingway.edu for listed hours). Registrations will be date/time stamped in order of receipt. Registrations received BEFORE registration begins will be processed at the end of the first registration day, in order of receipt. **Registrations received AFTER the registration deadline will incur a \$75 late registration fee.** If you fax your registration (503-760-3332) it is *your responsibility* to call and confirm that we have actually received your fax. If your fax doesn't go through, your registration will not be complete and could also result in late fees or not getting a course you need. **Several courses have readings due the first day of class. Please check with the front office for the availability of the syllabus and/or course-pack ten days before the start of each course.**

By signing below, I agree that I have read and understand all policies stated above.

STUDENT SIGNATURE (Required to process your registration)

DATE

OFFICE USE ONLY

Date/Time/Payment/Initial:

Please route: ____ FIN ____ REG ____ FIN ____ LRC ____ TECH ____ FAC (if CTC this term) ____ MPC ____ LPC ____ SPC ____ REG

____ Has Financial Aid (cleared). ☐ MW Program ☐ LC Program ☐ Specialized Program

Deadline to order, modify, or cancel your order: Friday, December 9, 2016 at 3:00 pm

Student Information:

First Name	Middle Initial	Last Name
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- **Textbook cancellations or additions will not be accepted after Friday, December 9, 2016 at 3:00 pm.** After this date and time you are responsible to pay for and pick up your books, even if you drop the course. This form lists all required textbooks for each course offered this term. You don't have to order textbooks through Birthingway.
- **The cost for each textbook is the list price and may not reflect the lowest price. Online prices change frequently.**
- **You must submit payment with this form**
 - **UNLESS** you have a complete FAFSA on file with Birthingway and a signed award letter showing an anticipated disbursement in the term **AND** have signed at the bottom of this form.
- Credit card payments are accepted through **PayPal** – visit <http://birthingway.edu/for-students/make-a-payment/>
- By paying through PayPal, you agree to PayPal and Birthingway's terms and conditions. You must include a copy of your PayPal payment confirmation if paying by PayPal, or your order will be incomplete and delayed until confirmation is received.

Textbooks which are listed multiple times on this form are bolded - PLEASE DOUBLE-CHECK YOUR ORDER!

Course Name (#)	Required Textbooks (ISBN-13)	Price	Total
Advanced Lactation Skills (ALS221q)	Genna CW. <i>Supporting Sucking Skills in Breastfeeding Infants</i> . 2013. (978-1449647360)	\$85	
	Genna CW. <i>Selecting and Using Breastfeeding Tools</i>. 2nd ed. 2016. (978-1939807700)	\$20	
	Altman D. <i>Clinics in Human Lactation: History and Assessment: It's All in the Details</i> . 2008. (978-1939807670 or 978-0981525761 - 2016 reprint)	\$15	
	Mannel R, Martens PJ, Walker M. <i>Core Curriculum for Lactation Consultant Practice</i> . 3rd ed. 2013. (978-0763798796)	\$125	
	Recommended - out of print. We can't order it. New edition is coming early 2017. Wilson-Clay B, Hoover K. <i>The Breastfeeding Atlas</i> . 5th ed. 2013. (978-0967275871)	X	X
Botanicals III (BOT323q)	Gladstar R. <i>Herbal Healing for Women</i> . 1993. (978-0671767679)	\$18	
	Romm A. <i>Botanical Medicine for Women's Health</i> . 2010. (978-0443072772)	\$72	
Breastfeeding Skills (BFS221q)	Cadwell K. <i>Maternal and Infant Assessment for Breastfeeding and Human Lactation: A Guide for the Practitioner</i> . 2nd ed. 2006. (978-0763735777)	\$99	
	Lauwers J, Swisher A. <i>Counseling the Nursing Mother: A Lactation Consultant's Guide</i>. 6th ed. 2015. (978-1284052633)	\$134	
Communications III (COM113q)	Siegel DJ. <i>Mindsight; The New Science of Personal Transformation</i> . 2010. (978-0553386394)	\$17	
Complex Situations I (CPX341q)	Frye A. <i>Understanding Diagnostic Tests</i>. 7th ed. 2007. (978-1891145568)	\$65	
	King TL, Brucker MC, Kriebs JM et al. <i>Varney's Midwifery</i>. 5th ed. 2015. (978-1284025415)	\$217	
	Weatherby D, Ferguson S. <i>Blood Chemistry and CBC Analysis: Clinical Laboratory Testing from a Functional Perspective</i> . 2002. (978-0976136712)	\$65	
Complex Situations III (CPX433q)	Davis, E. <i>Heart and Hands</i>. 5th ed. 2012. (978-1607742432)	\$35	
	Frye A. <i>Holistic Midwifery, Volume II</i> . 2004. (978-1891145605)	\$130	
	Frye A. <i>Understanding Diagnostic Tests</i>. 7th ed. 2007. (978-1891145568)	\$65	
	King TL, Brucker MC, Kriebs JM et al. <i>Varney's Midwifery</i>. 5th ed. 2015. (978-284025415)	\$217	
Differential Diagnosis (DIF431q)	Frye A. <i>Holistic Midwifery: Vol I: Care During Pregnancy</i> . 1998. (978-1891145551). This is out of print, you may use the 2nd edition published 2010, ISBN: 1-891145-55-X. We can order the 2nd edition - the price listed here is for the 2nd edition.	\$80	
	King TL, Brucker MC, Kriebs JM et al. <i>Varney's Midwifery</i>. 5th ed. 2015. (978-284025415)	\$217	
	Bailes A. <i>The Home Birth Practice Manual</i>. 3rd ed. 2016. (978-0914324096)	\$57	
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Course Name (#)	Required Textbooks (ISBN-13)	Price	Total
Exploring Spirituality in the Perinatal Period (ESP221q)	King U. <i>The Search for Spirituality</i> . 2008. (978-1933346274)	\$14	
	Benner D. <i>Soulful Spirituality</i> . 2011. (978-1587432972)	\$20	
Hematology Skills (HEM311q)	Kiechle F. <i>So You're Going to Collect A Blood Specimen</i> . 14th ed. 2013. (978-0983706847)	\$25	
	King TL, Brucker MC, Kriebs JM et al. <i>Varney's Midwifery</i>. 5th ed. 2015. (978-284025415)	\$217	
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	Small MF. <i>Our Babies, Ourselves</i> . 1999. (978-0385483629)	\$18	
Infant Complex Breastfeeding Situations (ICS221q)	Genna CW. <i>Supporting Sucking Skills in Breastfeeding Infants</i> . 2016. 3rd ed. (978-1284093919)	\$83	
	Genna CW. <i>Selecting and Using Breastfeeding Tools</i>. 2nd ed. 2016. (978-1939807700)	\$20	
Massage Skills for Perinatal Practitioners (MAS121q)	Field T. <i>Touch</i> . 2nd ed. 2014. (978-0262526593)	\$21	
	Stager L. <i>Nurturing Massage for Pregnancy</i> . 2010. (978-0781767538)	\$57	
Plant Medicine III (PLM223q)	Green J. <i>The Herbal Medicine-Maker's Handbook</i> . 2000. (978-0895949905)	\$23	
Postpartum (PTM251q)	Davis, E. <i>Heart and Hands</i>. 5th ed. 2012. (978-1607742432)	\$35	
	Tappero E, Honeyfield M E. <i>Physical Assessment of the Newborn</i> . 5th ed. 2014. (978-0826121899)	\$60	
	Frye A. <i>Holistic Midwifery: Volume II</i>. 2nd ed. 2013. (978-1891145674)	\$130	
	Frye A. <i>Understanding Diagnostic Tests</i>. 7th ed. 2007. (978-1891145568)	\$65	
	King TL, Brucker MC, Kriebs JM et al. <i>Varney's Midwifery</i>. 5th ed. 2015. (978-284025415)	\$217	
Postpartum Skills (PTM211q)	Frye A. <i>Holistic Midwifery: Volume II</i>. 2nd ed. 2013. (978-1891145674)	\$130	
	Weaver P., Evans S. <i>Practical Skills Guide for Midwifery 5th edition</i> . Wasilla, AK; MorningStar Publishing; 2012	\$80	
Prof. Standards and Practice for LCs (LPS221q)	Brooks E. <i>Legal and Ethical Issues for the IBCLC</i>. 2013. (978-1449615031)	\$85	
	Smith LJ. <i>The Lactation Consultant in Private Practice</i>. 2003. (978-0763710378)	\$124	
Running a Midwifery Practice (RUN331q)	Davis, E. <i>Heart and Hands</i>. 5th ed. 2012. (978-1607742432)	\$35	
	Sohnen-Moe CM. <i>Business Mastery</i> : 5th ed. 2016. (978-1882908059)	\$30	
	Bailes A. <i>The Home Birth Practice Manual</i>. 3rd ed. 2016. (978-0914324096)	\$57	

Courses without required textbooks:

Childbirth Education (CBE131q)

Critical Care Skills III (CCS413q)

Midwifery Integration (MIN411q)

Pharmacology (PHR421q)

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Notice that in this search for articles on breastfeeding and postpartum depression, keywords can be entered without using connecting words like AND, and there's no need to group terms inside quotation marks.

The more specific your request, the fewer results you'll get. Entering just "breastfeeding" returns over 40,000 citations. Enter more terms or keywords to get more relevant results. Then sort and refine your results by date, relevance, or full-text availability.

Search results for "breastfeeding postpartum depression". The results are sorted by relevance. The first result is "Important determinants of newborn health: postpartum depression, teen parenting, and breastfeeding" by McPeak KE, Sandrock D, Spector ND, Pattishall AE. The second result is "Breastfeeding is negatively affected by prenatal depression and reduces postpartum depression" by Figueiredo B, Canário C, Field T. The third result is "The association between breastfeeding, the stress response, inflammation, and postpartum depression during the postpartum period: Prospective cohort study" by Ahn S, Conwin EJ. The fourth result is "Breastfeeding and postpartum depression: state of the art review" by Figueiredo B, Dias CC, Brandão S, Canário C, Nunes-Costa R. The fifth result is "The correlation between breastfeeding self-efficacy and maternal postpartum depression in Southern Brazil" by Zuberan C, Foresti K. The search results are displayed in a table with columns for the article title, authors, journal, and full-text availability. The full-text availability column shows links to the full text, such as "Full-text available" or "Free PMC Article".

The association between breastfeeding, the stress response, inflammation, and postpartum depression during the postpartum period: Prospective cohort study. Ahn S, Conwin EJ. Int J Nurs Stud. 2015 Oct;52(10):1582-90. doi: 10.1016/j.ijnurstu.2015.05.017. Epub 2015 Jun 25. The abstract is displayed in a table with columns for the article title, authors, journal, and full-text availability. The full-text availability column shows links to the full text, such as 'Full-text available' or 'Free PMC Article'. A red circle highlights the 'Full-text available' link, with the text 'Click a title to see the abstract. On this page, you'll see any full-text links in the upper right corner, or click the free-text link at the bottom.'

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