

Lactation Consultation Curriculum

Birthingway College of Midwifery's lactation curriculum includes four components:

- Component 1: Lactation-Specific courses
- Component 2: Clinical Training credits
- Component 3: Health Sciences and Continuing Education courses
- Component 4: Additional required and elective courses

Component 1: Lactation-Specific courses

These courses must be completed at Birthingway by all lactation consultation students.

- Introduction to Breastfeeding Theory (BRF131q)
- Breastfeeding Skills (BFS211q)
- Maternal Complex Breastfeeding Situations (MCS221q)
- Infant Complex Breastfeeding Situations (ICS221q)
- Advanced Lactation Skills (ALS221q)
- Breastfeeding Education and Counseling (BEC221q)
- Breastfeeding Politics and Policy (POL121q)
- Professional Standards and Practice for Lactation Consultants (LPS221q)

Component 2: Clinical Training credits

To meet this requirement, you must obtain a minimum of 10 credits *and* 300 hours of directly supervised clinical practice. You must complete this with a Birthingway-approved and IBLCE-certified lactation consultant (IBCLC). See [CLINICAL TRAINING](#).

Component 3: Health Sciences and Continuing Education courses

You have the choice to complete these requirements at Birthingway or at any accredited college and transfer in. To transfer these courses into the program, you must receive a "B" or better.

- **Biology**
 - Birthingway's Human Genetics (GEN231q) course meets this requirement.
- **Human Anatomy**
 - Birthingway's Anatomy and Physiology for Birth and Lactation Professionals (ANP151q) course meets this requirement.
- **Human Physiology**
 - Birthingway's Anatomy and Physiology for Birth and Lactation Professionals (ANP151q) course meets this requirement.
- **Infant and Child Growth and Development**
 - Birthingway's Infancy (INF121q) course meets this requirement.
- **Nutrition**
 - Birthingway's Nutrition (NUT131q) course meets this requirement.
- **Introduction to Research**
 - Birthingway's Using Medical Literature (UML111q) and Information Literacy (INL111q) courses, taken together, meet this requirement.
- **Sociology or Cultural Sensitivity or Cultural Anthropology**
 - Birthingway's Working Cross-culturally (WCC211q) course meets this requirement.
- **Basic Life Support (e.g. CPR)**
 - This requirement may be met through a non-credit workshop.
 - Birthingway's Maternal/Infant CPR workshop meets this requirement.
- **Medical Documentation**
 - Birthingway's Medical Terminology (MED121q) course meets this requirement.
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Component 4: Supplemental and elective courses

Unless otherwise stated, you must complete these requirements at Birthingway.

For the Certificate Track:

- Introduction to Communications for Lactation Consultants (ILC111q)- 1 quarter credit

For the Associate's Track:

- Pregnancy and Birth Impacts on Breastfeeding (IMP231q)- 3 quarter credits
- Perinatal Psychology for Lactation Professionals (PSL211q)- 1 quarter credit
- Lactation Consultant Practice Protocols (LPP211q)- 1 quarter credit
- Advanced Lactation Case Studies (ACS221q)- 2 quarter credits
- Communications I (COM121q)- 2 quarter credits
- Communications II (COM 112q)- 1 quarter credit
- Communications III (COM113q)- 1 quarter credit
- Botanicals I (BOT231q)- 3 quarter credits
- Introduction to Healing Systems (STM121q)- 2 quarter credits
- Electives (may be transferred in)- minimum of 2 quarter credits, see your Program Coordinator for a list of electives.

With all four components taken together, Birthingway has developed the following recommended course sequences (RCS). They have been created in such a way that you begin with foundational and introductory courses, and build towards more complicated material. Much of the later material is, in part, dependent upon the knowledge that is acquired in earlier courses.

Please be aware that while the RCS lists an *ideal* pathway through the program, it may not be possible to follow due to timing and demand within a clinical placement. This RCS will not likely be a *realistic* timeline for completion of the program. Please see the Lactation Program Coordinator to map out an individualized course completion plan.

2016 Matriculating Cohort Recommended Course Sequence: Certificate in Lactation Consultation

Students seeking the Certificate in Lactation Consultation who wish to graduate within one year must take all required courses as they are offered. Choosing to take only some of the courses when offered in the first year will delay your graduation. Speak with the Lactation Program Coordinator to create a course projection for your completion.