



## Inside this Issue

Yard Sale Donations	2
Birthingway Yard Sale	3
Plant Sale News	4
Birthingway Spotlight: <i>Stacey Marshall</i>	5
So You Want to be a Doula?	6
Labor Doula Registration	7
Community News/Library News	8
So You Want to be a Lactation Consultant?	9
Diversity Workgroup	10
So You Want to be a Midwife?	11
Biodynamic Resuscitation of the Newborn	12

*See page 8 for more  
information about summer  
term library hours*

## Calendar

Yard Sale Fundraiser	6/25 & 6/26
Labor Doula Workshop Registration Deadline	7/5
Fall Community Student Registration Begins	8/8
Fall Registration Deadline	8/19
So You Want to be a Doula?	8/24
So You Want to be a Midwife?	8/28
So You Want to be a Lactation Consultant?	8/30
Fall Term Begins	9/15

## Congratulations Lactation Program Graduates!



On June 2<sup>nd</sup>, we held a Lactation Program commencement at Zenger Farm where staff, graduates, and their families and friends came together to celebrate all of the hard work, dedication, and accomplishments of these amazing students. Out of 14 graduates, 11 joined us for our first ceremony at Zenger.

The space was beautiful and the energy in the air was that of love, excitement, connection, and celebration. Birthingway cannot begin to express how excited we are to see this amazing group of women leave Birthingway to take what they have learned out into the world to serve babies and families.

We wish you all success and the best in your future endeavors. Congratulations!

## 2016 Lactation Program Graduates

Abby Case  
Chelsea DeSorbo  
Ara Greenfield  
Nora Hawkins  
Shira Johnson  
Lisa Keres  
Krystal Key

Adrienne Koznek  
Yulia Maggart  
Megan Maltby  
Georgina Mora Higa  
Kaitlin Schofield  
Catherine Shelton  
Jessi Wells St. Claire

**2017 Lactation and  
Midwifery program  
applications are now  
available online!**  
**Visit [birthingway.edu](http://birthingway.edu)**

# YARD SALE FUNDRAISER

**SUPPORT EXCELLENCE. SUPPORT BIRTHINGWAY**

## We need you!

Donate your gently used items for our yard sale fundraiser.  
The money raised will be used to continue to provide quality education for  
our students while keeping tuition as low as possible.

**It's a great time to do some spring cleaning!**

*We are accepting donations through June 24th*

*Yard Sale on June 25th and 26th*

Contact Birthingway to arrange a drop-off.

If you have items but you're unable to bring them to us, please let us  
know. We'll do our best to arrange a pick-up.

*Types of gently used things needed:*

*Toys, tools, clothing, housewares, furniture, working small appliances,  
books, office supplies, working electronics,  
baby items, movies, jewelry.*

*Basically...if you've got it...we need it!*

Contact Brittany or Lauren with any questions

503-760-3131

[brittany@birthingway.edu](mailto:brittany@birthingway.edu) or [lauren@birthingway.edu](mailto:lauren@birthingway.edu)

Visit Birthingway's Yard Sale Facebook page [here](#) for more information  
and [www.birthingway.edu](http://www.birthingway.edu) for information about who you'll be supporting

**Birthingway  
College of  
Midwifery**

**Baked  
Goods**

# **Spring Cleaning!**

**Furniture  
Clothes  
Shoes  
Toys  
Baby Items  
Jewelry  
and more...**



*Funds raised will be used to continue to provide quality education for our students while keeping tuition as low as possible.*

**Saturday June 25th 9am - 5pm  
Sunday June 26th 9am - 12pm**

**12113 SE Foster Road  
Portland, OR 97266**

# Plant Sale News

Birthingway is excited to announce that our 14<sup>th</sup> annual plant sale fundraiser was a great success. Thanks to all of our supporters who purchased plants from the plant sale, Birthingway was able to raise over \$800!

The money raised will support our mission to provide quality education while keeping tuition as low as possible.

Although the weather was already on our side, the plant sale would not have been as fun or as great a success without the help and support of all of our volunteers, donors, and wonderful community.

Our long-time partner, Board member, and source of luscious plants and starts, **Polly Gottesman** with **Pumpkin Ridge Gardens** deserves a special thank you. Her smiling face, wealth of knowledge,

and enthusiasm during the process made this year's sale that much better.

Additionally, we would like to take a moment to thank our lovely helpers who took time out of their weekend to lend a hand:

**Savannah Stone** (midwifery 2<sup>nd</sup> year), **Molly Scott** (midwifery 3<sup>rd</sup> year), **Brittany Schleiff** (staff), **Adrienne Fuson** (faculty) with her daughter **Asha**, **Caley Brown** (midwifery 2<sup>nd</sup> year) and her baby **Juniper**, **Anna Soderberg** (midwifery 2<sup>nd</sup> year), and **Kayla Rice**, daughter of **Janelle Bandurraga-Rice**.

We would also like to thank **Mike Reding** (Board member) for purchasing tasty treats from Ben and Jerry's for the volunteers, as well as **Ben and Jerry's** for always welcoming us back to their space with open arms.

Finally, Birthingway would like to thank those who donated items for our gardener care package, which was won by **Donna M.** of Washington who was in the area and decided to buy some plants from us! Congratulations Donna and we hope that you are able to enjoy all the gifts in the basket this year!

Thank you to **Holly Scholles** (President) for her contribution of multiple items, including lotions, salves, and soaps. We also received an amazing \$45 gift certificate from **Shine at the Salon** in SE Portland and a beautiful, large block of cinnamon and aloe hand scrub from **Oregon Soap Co.**, which was a big hit.

Each year, the success of this plant sale lies within all of you. Your support and dedication to Birthingway and our community is greatly appreciated!



Saturday volunteers (left to right): Polly Gottesman, Savannah Stone, Molly Scott, and Brittany Schleiff

A little more about gift basket item donor, **Oregon Soap Company**:

*"Oregon Soap Company was started in 1994 when the founder, Gregg Arnell, was a struggling musician and needed to 'have more free time to play music'. 22 year later, he does have more time to play music, and his crew of 8 made over 250,000 bars of soap last year! Oregon Soap Company plants one native plant or tree for each 10 bars or 5 gallons of soap sold. Birthingway student Molly Scott is an occasional soap elf as well!"*

# Birthingway Spotlight:

## *Stacey Marshall, A.S., IBCLC, CD (DONA)*



A few months ago, Birthingway staff officially said goodbye to their long-time coworker, **Stacey Marshall**. She joined the Birthingway community in 2007 and throughout that time, she's worn many hats. Fortunately for all of us, Stacey will still be around teaching breastfeeding courses and our labor doula workshop. Despite this, we all miss seeing her on a daily basis and wanted to be sure to show our appreciation for all of her hard work and dedication at Birthingway. We decided to ask her some questions to see what she's been up to:

### **When and how did you become a part of the Birthingway community?**

I started in 2007 as the Labor Doula Program Coordinator. At the time, the

job was 5-10 hours a week! I then moved into the Lactation Program Coordinator role in 2010.

### **How has being a part of the Birthingway community impacted your life?**

I had no idea what NVC was or how it was used. It has been nice over the years to learn and practice how to better communicate with students, teachers, staff and friends. I was also able to receive an Associate degree, something I didn't have before I started working there. Lastly, I have gained life-long friends by working at Birthingway. I am forever grateful.

### **Do you have a favorite story to share?**

I have so many fun, amazing stories to share. One that was more recent: last year about an hour before our big event "SYWBLC" someone (who we dubbed "Vlad the Destroyer") ran his vehicle into the front of Birthingway. There were bricks everywhere and no one could get into the driveway. The police were on the scene – it was crazy! Our staff instantly started fixing things to get it ready for our event. It was

definitely an all-hands-on-deck type situation. It was awesome to see everyone pitching in to make the magic happen!

### **Where would we find you now and what amazing things are you doing?**

Currently, I am working part-time at Legacy Health coordinating their Pregnancy and Parenting Program at all five sites. Additionally, I'm involved in a start up company ([getwomb.com](http://getwomb.com)) that specializes in on-line resources for parents and expectant families. We currently have a few pilot projects going for large, nationally-recognized employers as part of their benefits package for employees. It's been really fun skyping with moms from all over the country!

I am still teaching Labor Doula and Breastfeeding Skills classes at Birthingway, as well as teaching Childbirth Prep classes at OHSU. I am very proud of the work that has taken place at Birthingway over the last eight years and look forward to being part of the community and seeing it grow into bigger and better things in the future!

## *Thank You!*

We would like to take a moment to thank all of you who have been generous enough to donate items to Birthingway College over the years. In particular, we'd like to acknowledge donations made within the last couple months:

Former Birthingway student, **Dionne Frey**, so kindly donated a hemoglobinometer for our hematology course. In April, we also received a

surprise donation from **Jaqxun D.** of SE Portland who donated a pelvic model and a breastfeeding teaching model.

This term, we also reached out to a couple of businesses seeking specific donations, and we're excited to say the requests were successful. **Medela, Inc.** supplied the school with two breastfeeding pumps and **Utah Medical Products, Inc.** donated a balloon

tamponade catheter for demonstration purposes in courses.

Each and every donation we receive plays a huge part in our ability to provide quality education for our students while also keeping tuition as low as possible!

If you have something you would like to donate, please contact [outreach@birthingway.edu](mailto:outreach@birthingway.edu).

# SO YOU WANT TO BE A

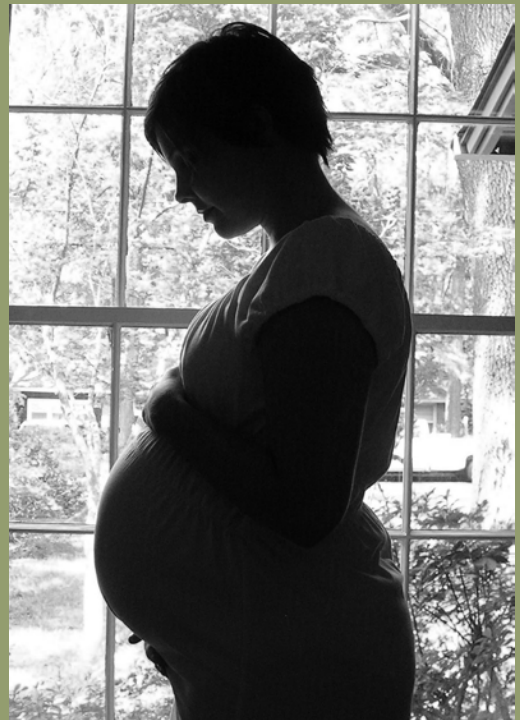
Labor or Postpartum

# DOULA?

## JOIN US FOR A FREE INFORMATION NIGHT!

This is a great opportunity for you to learn about the training, practice, and lifestyle of **labor** and **postpartum** doulas.

We will be joined by current students, graduates, and local business savvy doulas as panel members.



**WEDNESDAY, AUGUST 24TH**

**5PM - 7PM**

**RSVP at [www.birthingway.edu/so-you-want-to-be-a-doula](http://www.birthingway.edu/so-you-want-to-be-a-doula)**

**RSVP  
TODAY!**

**503-760-3131**

**BIRTHINGWAY COLLEGE  
12113 SE FOSTER ROAD  
PORTLAND, OR 97266**

# Labor Doula Workshop: Assisting Women With Birth

Taught by Stacey Marshall, IBCLC, CD (DONA)

**Registration Deadline: Tuesday, July 5, 2016 at 5:30 pm.**

**Sorry, no walk-in registrations during the workshop**

**Description:** Lecture, readings, and practical skills for providing emotional and physical support for women in labor and the immediate postpartum. This course constitutes one step towards Birthingway's Labor Doula Certification and also meets the prerequisite for admission to our Midwifery Program.

**Location:** Birthingway College of Midwifery, Foster House, 12113 SE Foster Rd., Portland, OR 97266

**Dates and Times:** Mondays 5:00-8:30pm: 7/11, 7/18, 7/25, 8/1, 8/8, 8/15, 8/22, 8/29, make up 9/12/2016

**Cost: \$528**

- Workshop Fee: \$500
- Coursepack Fee: \$28 (non-refundable)
- **Late fee, if registering after the registration deadline: \$75 (non-refundable)**

## Required Textbooks:

- Newman J, Pitman T. *The Ultimate Breastfeeding Book of Answers*. Revised & Updated. 2006.
- Simkin P. *Pregnancy, Childbirth, and the Newborn: The Complete Guide*. 4<sup>th</sup> ed. 2010.
- Gaskin IM. *Ina May's Guide to Childbirth*. 2003.

Your coursepack will be available for pick-up at Birthingway College during office hours after the registration deadline. Please call ahead to confirm availability.

**We must receive this completed registration form and full payment to register you for this workshop.**

- Please make **checks payable** to Birthingway College and mail to 12113 SE Foster Rd, Portland, OR 97266.
- **Credit card** payments are accepted through PayPal. Instructions: <http://birthingway.edu/for-students/make-a-payment/>
- **If paying through PayPal, you must include a copy of your PayPal confirmation with your registration.**
- **If you fax your registration (fax: 503-760-3332), please call 503-760-3131 to confirm that we have received it!**

## Refund Policy:

Written notice is required for a refund, and must be received no later than seven days before the first day of the course for the student to receive a 95% refund. If written notice is received after that point, 80% of the workshop fee will be refunded up to the first day of the workshop. **No refund will be made on or after the first class day.** For more information, see our current *Student Handbook and Catalog* at <http://birthingway.edu/for-students/student-handbook-and-catalog/>

**- Please make a copy of this page for your records -**

## Labor Doula Workshop – Registration Form – Summer 2016 Term

**Registration Deadline: Tuesday, July 5, 2016 at 5:30 pm.**

Legal First Name:	Legal Middle Initial:	Legal Last Name:
Mailing Address:	City:	State: Zip Code:
Phone Number:	Email Address – Required for this workshop, preferably Gmail.	

**Payment Method (check one):** ☐ Check/Money Order ☐ Cash ☐ PayPal (please see above for PayPal policy)

Workshop Fee: \$500 + Coursepack Fee (non-refundable): \$28 = \$528	\$
Please mail my coursepack to me. I've included \$8 postage and handling (This service is not available after 06/24/2016)	\$
Late Registration Fee (non-refundable): \$75 Required in addition to the workshop fee if registration is received after 5:30 pm on 07/05/2016	\$
<b>Total:</b>	<b>\$</b>

**OFFICE USE ONLY** Date/Time/Payment/Initial:

Routing: \_\_\_\_\_ FIN \_\_\_\_\_ REG \_\_\_\_\_ FIN \_\_\_\_\_ TECH \_\_\_\_\_ LRC \_\_\_\_\_ OC \_\_\_\_\_ SPC \_\_\_\_\_ REG

# Community News



Midwifery extension students **Sarah McClure** and **Sarah Ehrlich** spent two days at the coast with their preceptor, **Celeste Kersey**. The three spent time reminiscing about births, offering appreciations, and preparing for their next steps.

Sarah Ehrlich has completed her primary births as a student and will soon be a CPM, and Sarah McClure will finish her clinical training at **Vivante Midwifery**.

Birthingway faculty member, **Denise O'Halloran**, would love to have your support. She is attending all of The Moth story slam sessions in the Portland area in the hopes of being invited to the Grand Slam Competition. The ultimate plan here is to get on NPR's "The Moth Story Telling Hour". This is a five minute story about a subject, chosen by the producers, such as siblings, escape, revenge, etc. Names are put in a hat and each storyteller is called on stage. Scary!! The venues in the area are The Secret Society, Holocene, etc. The crowds are very supportive. It is very popular and tickets are usually gone in a day. Come watch Denise tell a story! Go to The Moth Portland and click "live events" for more information.

*"Thank you to all who responded to the 2016 Student Services Survey! We greatly appreciate your feedback and will be following up on your comments over the next few months."*

## Library News

After over a decade of hard work, dedication, and service, our librarian, **Kathryn Constant**, will be leaving Birthingway. During her time here, she organized and oversaw the growth of the library from its earliest stages when it was in what is now the Foster Building skills classroom. She began working at Birthingway in late 2003 and we deeply appreciate how the library has grown and developed under her oversight and care. Kathryn will be staffing the library until June 21<sup>st</sup>, so be sure to stop by and say hello/goodbye. While we will no longer see Kathryn in the library, you can expect to see her continuing to teach courses and work

with students on their research projects. We are very lucky to still have her around in this capacity!

We are expecting to have a new librarian hired in late June, but the library will be closed beginning July 1<sup>st</sup>. During this time, we will be working to organize books and setting up our new library space in the Foster Building.

We are hoping to reopen the library in August, but keep an eye on the website to see if we are able to open sooner.

We wanted to take a moment to share the sweet words sent to Kathryn from one of our midwifery program extension student, **Heather Arild**:

*"I just want to tell you that I really appreciate you! I appreciate all that you have given to Birthingway over the years. What you have created and maintained has benefited myself, and all of us who have attended Birthingway. Our library rocked!... You created an incredible library, and the means to move forward with technology, to keep up with the students' needs. I know you were a steady presence at Birthingway long before I was there, but it has taken me seven years to finally graduate, and I know your presence during my seven years has been important and impactful!!"*

# BIRTHINGWAY COLLEGE

## So You Want to be a Lactation Consultant?

Join us for a free information night!

- Information about pathways to starting a career in lactation consulting
- Specific details about Birthingway's Pathway 2 certificate and Associates degree Programs
- Panel discussion with students and practicing IBCLCs
- Opportunities for questions, discussion, and next steps



Tuesday, August 30th from 6 - 9pm

12113 SE Foster Rd. Portland, OR 97266

➡➡➡ → RSVP TODAY ← ←←

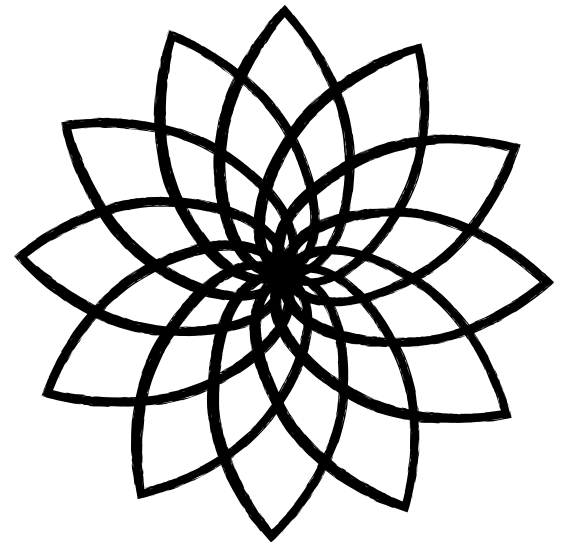
RSVP at [www.birthingway.edu/so-you-want-to-be-a-lc](http://www.birthingway.edu/so-you-want-to-be-a-lc)

or call 503-760-3131

# BIRTHINGWAY

## DIVERSITY WORKGROUP

# JOIN US!



The Diversity Workgroup consists of students, staff members, faculty, and community members who come together once a month to discuss issues and topics around diversity. The workgroup focuses on creating a safe space for individuals to share their stories, as well as to discuss and strategize on how Birthingway can better foster a more integrative environment for everyone.

All are welcome!

### NEXT MEETING

Thursday, June 16  
5:30-7:30p

12113 SE Foster Rd  
Portland, OR  
97266

# Birthingway College of Midwifery

Foster House - 12113 SE Foster Rd., Portland, OR 97266  
Phone: 503.760.3131 Fax: 503.760.3332 info@birthingway.edu

An exciting workshop for prospective midwifery students!

## So You Want to Be a Midwife?

Sunday, August 28, 2016, 9:00am - 4:30pm

### Schedule Includes:

Sign-in, settle in (coffee, tea and light snacks)  
Welcome  
All about Birthingway College's Midwifery Program  
Paths to Midwifery: Direct Entry, CNM, and ND  
Panel: Students discuss their experiences  
Delicious lunch (provided)  
Panel: Midwives tell their stories  
Questions, conclusions, and feedback  
Financial Aid Information (optional, 4:00-4:30pm)

**Early Bird Registration on or before July 12, 2016 - \$40**

**Register on or before August 12, 2016 - \$50**

**Register after August 12, 2016 - \$60**

**Add \$10 for each accompanying guest**

REFUND POLICY: Written notice of refund request must be received no later than seven days prior to the day of the workshop to receive a 50% refund. After that date, no refund will be given. Minimum workshop size is six people. If the minimum enrollment is not achieved, the workshop will be canceled and all fees will be refunded.

>>>> Please make a copy of this page for your records <<<<

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**Please register me for: So You Want to Be a Midwife? on Sunday, August 28, 2016**

**Early Bird Registration on or before July 12, 2016 - \$40**

**Register on or before August 12, 2016 - \$50**

**Register after August 12, 2016 - \$60**

**- Add \$10 for each accompanying guest -**

Total Amount Enclosed: \$ \_\_\_\_\_ Total Number Attending: \_\_\_\_\_

Legal First Name \_\_\_\_\_ Legal Middle Initial \_\_\_\_\_ Legal Last Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone Number \_\_\_\_\_ E-Mail Address \_\_\_\_\_

- We must receive this completed registration form AND full payment to register you for this workshop.
- Please make check/money order payable to Birthingway College and mail to 12113 SE Foster Rd., Portland, OR 97266
- Credit card payments are accepted through PayPal by visiting <http://www.birthingway.edu/for-students/make-a-payment/>. By paying through PayPal, you agree to the terms and conditions on our payment page.
- **If paying with PayPal, you must include a copy of your PayPal confirmation with your registration form.**
- **If you fax your registration, please call to confirm that we have received it.**

**OFFICE USE ONLY** Date/time/payment/initial: \_\_\_\_\_

Please route in this order: \_\_\_\_\_ FIN \_\_\_\_\_ REG \_\_\_\_\_ FIN \_\_\_\_\_ LRC \_\_\_\_\_ OC \_\_\_\_\_ SPC \_\_\_\_\_ MPC \_\_\_\_\_ File

Summer 2016

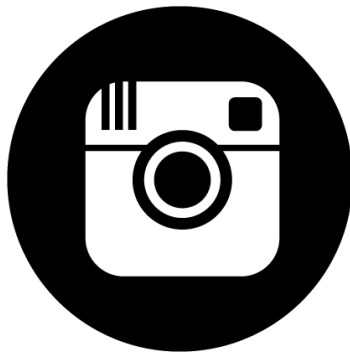
## **Biodynamic Resuscitation of the Newborn Training**

Birthingway certification in neonatal resuscitation including use of bag/valve/mask. This workshop will prepare practitioners who have never been certified in neonatal resuscitation AND for those who have previously received certification in neonatal resuscitation.

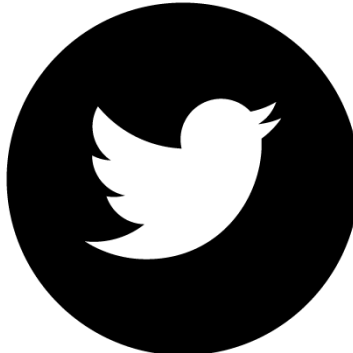
This certification meets the requirements for Oregon licensure and NARM certification.

**Tentative date: Thursday September 8<sup>th</sup>**

**Look for our Fall 2016 newsletter for an official registration form**



[birthingway\\_college](#)

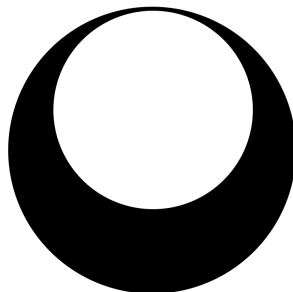


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Engage with  
Birthingway on  
social media.



Connect with  
our online  
community.