



Birthingways

The Newsletter of Birthingway College of Midwifery

Winter 2015
Volume 19, Issue 4

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Calendar

Enrolled student registration begins	12/01/14
Community student registration begins	12/08/14
All student registration deadline	12/12/14
Holiday Bazaar	12/12/14
Closed for Christmas	12/24 -12/25
Closed for New Year	01/01-01/02
Winter term begins	01/05/15
Enrollment Confirmation Deadline	01/12/15

Breastfeeding Center Update!

The Birthingway Breastfeeding Center has had an incredible first few months at our new location at 5627 SE Woodstock Blvd. Our space is very cozy and welcoming to parents, newborns and children. As well as having the opportunity to work with many families, we have also added a thriving weekly mothers group and drop in weight check hours. All of our Center and home visits are consistently filled and we are regularly adding appointments to meet the high demand for our services.

The new cohort of students working at the Center are enthusiastic, dedicated, and committed to providing exceptional care. It is a pleasure to work with such a passionate group of ladies!



Three of our lovely Lactation Consultation students working at the Center

If you are interested in visiting the Center, receiving brochures for yourself or your clients, or in making a donation to support Birthingway College in continuing its mission to serve families and train exceptional care providers, please contact the **Breastfeeding Center Director: lucina@birthingway.edu**. You can also check out our website at www.birthingwaybreastfeedingcenter.org



New BFC Logo!

Congratulations to each of our Lactation Consultation students who took the IBLCE exam. Everyone passed! You've worked hard for this tremendous achievement!

Birthingway Non-credit Workshop:		Description:	
<h1>The Labor Doula</h1> <h2>Assisting Women with Birth</h2>		Lecture, readings and practical skills for providing emotional and physical support for women in labor and immediate postpartum. This course constitutes one step towards Birthingway's Labor Doula Certification and also meets the prerequisite for admission to our midwifery program. Instructor: Stacey Marshall, IBCLC, CD (DONA)	
Date / Time / Location:			
Mondays: 1/5, 1/12, 1/19, 1/26, 2/2, 2/9, 2/16, 2/23/15 from 5:00pm - 8:30pm Birthingway College of Midwifery - Carlton House 12108 SE Carlton St., Portland, OR 97266			
Cost:			
Workshop fee: \$495 Registration Deadline: 12/29/14 at 4:30pm. After this date and time, an additional \$75 late registration fee (non-refundable) is required. Sorry, no walk-in registrations during the workshop will be accepted. Maximum 18 students.			
Required Course-pack / Books			
Course-pack fee (non-refundable): \$34 Course-pack will be available for pick-up at Birthingway College during office hours after the registration deadline. Please call ahead to confirm availability.			
Required textbooks:			
<ul style="list-style-type: none"> Klaus MH, Kennell JH, Klaus PH. <i>The Doula Book</i>. 3rd ed. 2012. Newman J, Pitman T. <i>The Ultimate Breastfeeding Book of Answers</i>. Revised & updated. 2006. Simkin P. <i>Pregnancy, Childbirth, and the Newborn: The Complete Guide</i>. 4th Ed. 2010. Gaskin IM. <i>Ina May's Guide to Childbirth</i>. 2003. 			
Refund Policy:			
Written notice is required to receive a refund. If written notice is received up to seven calendar days prior to the first day of class, you will receive a 95% refund of the course fee. After that point, 80% of the course fee will be refunded <u>up to the first class day</u> . No refund will be given on or after the first class day. Late registration and course-pack fees are non-refundable. If the minimum enrollment of five is not achieved, the course will be canceled and you will receive a 100% refund. Please allow four to six weeks for receipt of refund. Please detach registration form here.			
<div style="background-color: black; color: white; text-align: center; padding: 5px;"> Winter 2015 Labor Doula Workshop Registration Form – Registration Deadline 12/29/14 at 4:30pm </div>			
Labor Doula Workshop fee: \$495 + \$34 course-pack fee (non-refundable) = \$529			\$
Please send the course-pack to me. I've included \$6 postage & handling. (This service not available after 12/22/14)			\$
\$75 Late Registration fee (non-refundable) in addition to the workshop fee if registration is received after 4:30pm on 12/29/14			\$
TOTAL			
Payment method: (please circle) Check/Money Order Cash PayPal (please see below)			
Legal First Name		Legal Middle Initial	Legal Last Name
Address		City	State Zip
Phone		Email (Please add me to the Birthingway Newsletter <input type="checkbox"/>)	
<ul style="list-style-type: none"> We must receive this completed registration form AND full payment to register you for this workshop. Please make check/money order payable to Birthingway College and mail to the address below. Credit card payments are accepted through PayPal by visiting http://www.birthingway.edu/payment.htm. By paying through PayPal, you agree to the terms and conditions on our payment page. <u>You must include a copy of your PayPal confirmation with your registration form.</u> If you fax your registration, please call to confirm that we have received it. If your fax doesn't go through, your registration will not be complete, and could also result in late fees or missing the opportunity to register. Please see our Student Handbook and Catalog for college policies available at http://www.birthingway.edu/for-students/college-catalog.htm 			
OFFICE USE ONLY			
Date/time/payment/initial _____			
Please route in this order: _____ FIN _____ REG _____ FIN _____ TECH _____ LRC _____ OPS _____ SPC _____ File			
Amount needed to clear registration: \$ _____ Amount Paid: \$ _____ Date/Time: _____			
Method: _____ Reference #: _____			

Library News



There have been big changes in the library since our last newsletter! At the end of July we moved over three tons of library materials and furniture to the first floor of the Carlton House – *the new home of the Birthingway Library!* The new library space offers four rooms for study and social activities. The response to the move has been meaningfully positive and it is a joy for all to see the library being used in so many new ways. We remain very thankful to all those who helped with the move, especially the students who offered to spend part of their summer vacation at Birthingway loading, moving, and unloading boxes.

If you haven't stopped by yet, please visit soon!

12108 SE Carlton St.
Portland, OR 97266
503-477-7427



Birthingway Non-credit Workshop:	Description:
<h1 style="text-align: center;">Biodynamic Resuscitation of the Newborn Initial Training</h1>	Birthingway certification in neonatal resuscitation including use of bag/valve/mask. For practitioners who have never been certified in neonatal resuscitation, who want a thorough review, or whose previous training was over two years ago. This certification meets requirements for Oregon licensure and NARM certification. Instructor: Denise Clark, BA, EMT-P

Date / Time / Location:
Friday 2/27/15 from 9:00am-5:30pm Birthingway College of Midwifery - Foster House 12113 SE Foster Rd., Portland, OR 97266

Cost:
Workshop fee: \$105 Registration Deadline: 2/20/15 at 4:30pm . After this date and time, an additional \$75 late registration fee (non-refundable) is required. Sorry, no walk-in registrations on the day of the workshop will be accepted.

Required Course-pack / Equipment
Course-pack fee (non-refundable): \$20 Course-pack will be available for pick-up at Birthingway College during office hours after the registration deadline. Please call ahead to confirm availability.

Refund Policy:
Written notice is required to receive a refund. If written notice is received up to seven calendar days prior to the first day of class, you will receive a 95% refund of the course fee. After that point, 80% of the course fee will be refunded <u>up to the first class day</u> . <u>No refund will be given on or after the first class day</u> . Late registration and course-pack fees are non-refundable. If the minimum enrollment of 5 is not achieved, the course will be canceled and you will receive a 100% refund. Please allow four to six weeks for receipt of refund.
Please detach registration form here.

Winter 2015 Biodynamic Resuscitation of the Newborn Initial Training – Registration Deadline 2/20/15 at 4:30pm	
Biodynamic Resuscitation of the Newborn Initial Training fee: \$105 + \$20 Course-pack (required) = \$125	\$
Please send the course-pack to me. I've included \$6 postage & handling. (This service not available after 2/13/15)	\$
\$75 Late Registration fee (non-refundable) in addition to the workshop fee if registration is received after 4:30pm on 2/20/15	\$
TOTAL	

Payment method: (please circle) Check/Money Order Cash PayPal (see below)				
Legal First Name		Legal Middle Initial	Legal Last Name	
Address		City	State	Zip
Phone		Email (Please add me to the Birthingway Newsletter <input type="checkbox"/>)		

<ul style="list-style-type: none"> • We must receive this completed registration form AND full payment to register you for this workshop. • Please make check/money order payable to Birthingway College and mail to the address below. • Credit card payments are accepted through PayPal by visiting http://www.birthingway.edu/payment.htm. By paying through PayPal, you agree to the terms and conditions on our payment page. <u>You must include a copy of your PayPal payment confirmation with your registration form.</u> • If you fax your registration, please call to confirm that we have received it. • Please see our Student Handbook and Catalog for college policies available at http://www.birthingway.edu/for-students/college-catalog.htm
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OFFICE USE ONLY
Date/time/payment/initial _____ Please route in this order: _____ FIN _____ REG _____ FIN _____ LRC _____ OPS _____ SPC Amount needed to clear registration: \$ _____ Amount Paid: \$ _____ Date/Time: _____ Method: _____ Reference #: _____

Community News

Stacey "Stace" Maurer is excited to join us as our new Financial Aid Officer at Birthingway. She is a native Oregonian, born and raised in Eagle Point, Oregon as the youngest of seven children. Stace moved to Portland when she was 18 and has lived here since. She has three adult children and four beautiful grandchildren ranging in age from two to eight.

Stace is seasoned in the world of financial aid, having 16 years previous experience and having been Director of Financial Aid for 13 of those years. She and her husband owned an antique store on Hawthorne Blvd for 11 years called Shadowhouse Collectibles, the coolest store in Portland at the time! She has also sold thousands of items on eBay over the past 15 years. When she is not working at one of her many jobs she enjoys spending time with her grandchildren, family and friends.

Elizabeth Bragg joins us as our new Finance Coordinator! Although originally from Texas, most of her life has been spent in Portland. She's excited to join Birthingway after spending the last four years with her children. She graduated Portland State with a B.A. in Social Science in Spring 2014 and comes from a corporate accounting background. She believes strongly in the midwifery model of care, support for nursing mothers, and the benefits of doulas. While not at work, she's running around after her just turned four year old and 21 month old, doing something geeky with her husband, spending time with friends, walking the beagle, or being smothered by the cat.



Welcome New Staff and Faculty!

Claire Hoffman recently joined Birthingway's staff as Assistant to the President. She became interested in midwifery while studying Anthropology at Willamette University and is thrilled about this opportunity to work for a community so dedicated to serving women and their families. Claire grew up around Washington's Puget Sound, but has called Portland home for the last two years.



She is excited to work in the non-profit sector after managing accounts for a software company. When not working, she enjoys exploring Portland with her four wonderful housemates, hiking, and singing wherever the opportunity arises (in community choirs, in the shower, and at the occasional karaoke night).

Tiffany Decker is our new Postpartum Doula Workshop instructor! She was born and raised in Nebraska, but her "other home" is Santa Barbara, CA where she lived for ten years prior to moving to Oregon. Tiffany, her husband, two young boys (ages four & six), and a couple furry friends currently live in Hillsboro.

Tiffany has been a birth and postpartum doula for three years and loves helping families find and use their voices as parents.



She's founder of a group doula practice called [Birthing Stone Doula](#). They offer birth, postpartum, and sibling support for the Portland Metro area, as well as pregnancy and new parent circles on the Westside. Tiffany is excited to be a part of Birthingway!

Staff Transitions

- **Mel** is moving into the Outreach Coordinator position.
- **Amari** is our new Administrative Programs Coordinator.
- **Nina** will continue to be involved with Birthingway after the Finance transition is complete, just in a different capacity.

Community News Continued

Anker Anderson Lilly, son of **Allegra Lilly**, was born at 5:20pm on October 10th. Anker weighed 8lbs. 5oz. and was 20" long. He was born at home in the water with Allegra's husband Ryan, their midwives and both Anker's grandmothers present.



First year midwifery student **Haley Hughes**, now Haley Knoll, was married to Alex on November 1st.



Valerie Schlaht moved to Southern Oregon and is apprenticing with Three Sisters Midwifery in Jacksonville, OR.

Megan "Sage" Rood: Draw Your Ideal Birth



Melissa Boyd Curry and her husband Eric, along with their daughter Sophie Clementine, welcomed their son Cedar Allen Curry on June 6th. Cedar was born very, very quickly at home, weighing a nice, juicy 9lbs. 2oz.

"Nothing is secure but life, transition, the energizing spirit."
– Ralph Waldo Emerson

Birthingway College of Midwifery's 2014

HOLIDAY BAZAAR

FRIDAY, DECEMBER 12TH 4-8PM



Tabor Space dining room: 5441 SE Belmont



RESERVE YOUR SPACE NOW!

Table rentals now available for Birthingway students only until October 27th. After this date reservations open up to outside vendors and non-Birthingway students. BW students may rent ½ table for \$25; full for \$50. Non-BW students may rent a ½ table for \$40; full for \$80.

Please make payments in BW front office, instructions listed on collection envelope.

Art Exhibit Announcement



The Birthingway library is currently hosting an art exhibit by Susan Cushman called *Labia Love*.

There are 13 sculptures to see!

About Susan and her work...

"I've been playing with clay since I was 13. I began creating labias in clay to heal sexual abuse. In doing this work, I discovered that a woman's lower heart is shaped much more like a heart (a valentine) than her upper heart, which is shaped like a fist. When we heal our lower hearts, our upper hearts can open. Opening our hearts is healing for the planet.

Happy Labias = World Peace.

I absolutely believe that safe, happy women are empowered to create a peaceful planet."

Third year midwifery student, **Jordanna MacIntyre**, met Susan at PCC's Vagina Monologues in 2011 and has been assisting with the exhibit.



If one of Susan's sculptures is just perfect for you, please contact Susan through her Etsy site, or by e-mail or phone.

smilingheart9@yahoo.com, 971-219-4752

<https://www.etsy.com/shop/HealingHearts9>

Birthingway hopes for more art exhibits in the future. *Labia Love* will be on display until Tuesday, December 9th.

Announcements Continued

Monthly Doula Learning Circles are expanding!

For years Birthingway has offered a monthly support group for Birthingway labor doulas. Recently, we expanded this group to include Birthingway postpartum doulas and childbirth educators and then changed the support group to a learning circle. This will still be a supportive group but we'd also like it to be a greater resource to our doulas for networking and continued education. In September, we met at the new Breastfeeding Center to have two hours of advanced breastfeeding support training taught by **Stacey Marshall**. In October, **Raeben Nolan** facilitated a learning circle on supporting perinatal loss and bereavement. During each learning circle we will be checking in on how our various practices are going – whether you are a brand new student doula or a certified doula with years of experience, this can be a great place to safely share and learn from each other.

These learning circles are not open to the public but are free to Birthingway trained doulas and childbirth educators. The learning circle meets on the fourth Sunday of each month from 2:00-4:00pm.

We'd love to see you there!

Would you like to visit Birthingway?

Upcoming Open House Dates

Wednesdays, 10:30am – 12pm

- December 17, 2014
- January 21, 2015
- February 18, 2015

A tour of the campus will begin at 10:45am. Please arrive by 10:30. Our Program Coordinators will be available after the tour to answer questions.

These dates are subject to change; call ahead to confirm.

Congratulations to all of our doulas who certified or re-certified last term! Two postpartum doulas and four labor doulas completed their certification practicum this summer and three labor doulas completed their re-certification. Thank you, doulas, for all of your hard work!

Future Labor Doula and Postpartum Doula Workshop dates are now available!

Spring Labor Doula Workshop:

Mondays
April 20 to June 8, 2015
5:00 – 8:30pm

Summer Labor Doula Workshop:

Mondays
July 6 to August 31, 2015
**No class August 3rd*
5:00 – 8:30pm

Postpartum Doula Workshop:

Wednesdays
April 15 to May 27, 2015
5:00 to 8:30pm

New Elective Course taught by **Bonnie McAnnis!**

Exploring Spirituality in the Perinatal Period (ESP221q)

This course will explore several themes associated with the physical and spiritual aspects of the human journey especially as it relates to pregnancy, birth, transitions to parenthood, and the postpartum period. Philosophical and theological concepts of natality, embodiment, and interconnection will be introduced, and distinction will be noted



between spirituality and religion. Many tools including lecture, role-play, self-reflections, and meditation and mindfulness practices, will be used to enhance the students' application of holistic care for families in the perinatal period.

Birthingway College of Midwifery Course Offering – Winter 2015

Advanced Lactation Skills - Maternal (ADS221q)	2 Cr	6 sessions	Tuesdays: 2/3, 2/17, 2/24, 3/3, 3/10, 3/17/15	9:30am–1:30pm	Carlton
Prerequisite: Breastfeeding Skills (BFS211q) This course prepares students for advanced maternal assessment, care plan implementation and proper breastfeeding device usage. During the course we will focus on honing and implementing clinical skills that pertain to lactation. Many learning modalities will be utilized, including: reading, lectures, role play, case studies, writing, student presentations, multi-media, demonstration with models, and clinical practice. Taught by Melissa Cole, BS, IBCLC					
Botanicals III (BOT323q)	2 Cr	7 sessions	Mondays: 1/12, 1/26, 2/2, 2/23, 3/2, 3/9, 3/16/15	9:00am–12:00pm	Carlton
Prerequisite: Botanicals II (BOT332q) In this course, students will study specific herbs that are versatile and effective for a variety of conditions in women's health and in midwifery applications. Students create treatment plans for "client" classmates using botanical medicine, modifying as necessary and charting appropriately. Taught by Mindy Cash, ND					
Breastfeeding II (BRF222q)	2 Cr	5 sessions	Mondays: 1/12, 1/26, 2/9, 2/23, 3/9/15	9:00am–1:00pm	Carlton
Prerequisite: Breastfeeding I (BRF111q) Students expand on their knowledge from BRF211 to assess and treat breastfeeding problems. Students utilize case studies and research projects to develop skills such as how to take a breastfeeding history of mother and baby, identification of presenting problems, and integrating counseling and education strategies into their breastfeeding support. Taught by Adrienne Fuson, BA, IBCLC					
Breastfeeding Politics and Policy (POL121q)	2 Cr	4 sessions	Saturday & Sunday: 2/21, 2/22, 3/7, 3/8/15	10:00am-3:00pm	Foster
WHO recommendations and implementation, Federal Programs such as WIC, history of artificial feeding, social and cultural issues around breastfeeding, ideas for being agents of change in the area of breastfeeding. Includes historical and contemporary topics, and both theory and action-oriented projects. Taught by Carrie McCormick, M.P.H. and Carrie Colhen, MA, MEd					
Communications II (COM112q)	1 Cr	4 sessions	Tuesdays: 1/6, 1/20, 1/27, 2/10/15	9:00am–12:00pm	Carlton
Prerequisite: Communications I (COM121q) The second course in the communication series continues the development of self and one-on-one communication skills. The emphasis in this course is on working with preceptors and clients. Taught by Sarah Peyton, BA					
Communications III (COM113q)	1 Cr	4 sessions	Wednesdays: 1/14, 1/28, 2/11, 2/25/15	1:00pm–4:00pm	Carlton
Prerequisite: Communications II (COM112q). The final course in the communication series continues development of communication skills with an emphasis on working with peers and other health care providers. Taught by Celeste Kersey, BA, CPM, LDM					
Complex Situations I (CPX341q)	4 Cr	12 sessions	Wednesdays: 1/7, 1/14, 1/21, 1/28, 2/4, 2/11, 2/18, 2/25, 3/4, 3/11, 3/18, 3/25/15	9:00am–12:30pm	Foster
Prerequisites: Intrapartum (INT251q), Fetal Assessment (FET211q). Using lecture, discussion and case studies, this course covers anemia, clotting issues (thrombophilias, deficiencies, DIC), respiratory issues (asthma, amniotic fluid embolism, pulmonary embolism), energy issues (diabetes, hypoglycemia, eating disorders), liver problems (HELLP, acute fatty liver, intrahepatic cholestasis (ICP)), and dermatologic conditions (PUPPP, HG). Taught by Nichole Reding, MA, CPM					
Differential Diagnosis (DIF441q)	3 Cr	12 sessions	Tuesdays: 1/6, 1/13, 1/20, 1/27, 2/3, 2/10, 2/17, 2/24, 3/3, 3/10, 3/17, 3/24/15	9:00am–12:15pm	Foster
Prerequisites: All midwifery core courses, Fetal Assessment (FET211q), Human Genetics (GEN231q), Breastfeeding II (BRF222q) This is a capstone course; we recommend all midwifery courses are complete or in progress before taking this course. Using student created <i>Signs and Symptoms</i> book and protocols, students present case studies for differential diagnosis by their classmates. Students also create practice guidelines for antepartum, intrapartum, postpartum, and maternal and infant care, as well as develop risk assessment guidelines and client care checklists. Taught by Holly Scholles, MA, CPM, LDM					

Birthingway College of Midwifery Course Offering – Winter 2015

Exploring Spirituality in the Perinatal Period (ESP221q)	2 Cr	7 sessions	Tuesdays: 2/3, 2/10, 2/17, 2/24, 3/3, 3/10, 3/17/15	5:30pm–8:30pm	Carlton
This course will explore the physical and spiritual aspects of the human journey especially as it relates to pregnancy, birth, breastfeeding, and the postpartum period. Philosophical and theological concepts of natality, embodiment, and interconnection will be introduced. Lecture, role-play, self-reflections, and meditation and mindfulness practices, among other tools, will be used to enhance the students' application of holistic care for themselves and the families they serve in the perinatal period. Taught by Bonnie McAnnis, M.Div., LMT					
Hematology Skills (HEM311q)	1 Cr	12 sessions	Wednesdays: 1/7, 1/14, 1/21, 1/28, 2/4, 2/11, 2/18, 2/25, 3/4, 3/11, 3/18, 3/25/15	3:00pm–5:00pm	Foster Skills
Skills covered include hemoglobin, hematocrit, and glucose evaluations with in-office devices. Venipuncture skills are also covered, including vacutainer, syringe and butterfly devices, as well as introduction to IV skills. Taught by Denise Clark, BS, EMT					
Infancy (INF121q)	2 Cr	7 sessions	Fridays: 1/9, 1/23, 2/6, 2/20, 3/6, 3/13, 3/20/15	9:00am–12:00pm	Carlton
From an ethnopediatric perspective, this course covers newborn behavior, development, bonding and attachment, and childrearing including attachment parenting. Taught by Heather Hack-Sullivan, BS, CPM, LDM					
Independent Study					
Student led independent research with an approved faculty member. Students interested in pursuing an Independent Study must initially complete an <i>Intent Form</i> designating the proposed topic, advisor and credit value. Please meet with your program coordinator or the Faculty Coordinator for more information. Allow seven weeks prior to the term in which you will pursue the Independent Study to complete all preparatory steps. Course number will be determined by the Academic Coordinator based on rigor and amount of work.					
Introduction to Healing Systems (STM121q)	2 Cr	7 sessions	Tuesdays: 2/3, 2/10, 2/17, 2/24, 3/3, 3/10, 3/17/15	5:30pm–8:30pm	Foster
How do people understand health and disease? This course is an introduction to seven systems of health and healing used in the world today, and the strengths and weaknesses of each system. Taught by Cari Nyland, ND					
Massage for Midwives (MAS121q)	2 Cr	3 sessions	Friday 1/23 ~ 5:00pm–9:00pm, Saturday 1/24/15 and Sunday 1/25/15 9:00am–5:00pm		Carlton
An introduction to the psychology of touch, we learn basic massage techniques with an emphasis on pregnancy and postpartum. Taught by Bonnie McAnnis, M.Div, LMT					
Maternal Complex Breastfeeding Situations (MCS231q)	3 Cr	12 sessions	Tuesdays: 1/6, 1/13, 1/20, 1/27, 2/3, 2/10, 2/17, 2/24, 3/3, 3/10, 3/17, 3/24/15	2:30pm–5:00pm	Foster
Prerequisite: Anatomy and Physiology for Birth and Lactation Professionals (ANP151q), Breastfeeding III (BRF213q) Midwifery students only: Enrolled midwifery students may waive the Breastfeeding III prerequisite if they have completed Breastfeeding II (BRF222q) and Postpartum (PTM251q). This course covers a variety of more complicated physiologic scenarios for mother including: breast surgery (reductions, enlargements and cancer); nipple issues (flat, inverted etc.); genetic disorders; Cesarean birth; milk production; drug interactions. In addition, it covers psychosocial issues, such as socioeconomic issues, literacy issues, social support (lack thereof), teen moms, cultural issues in US, grief, family transition, tandem nursing, anorexia nervosa and other eating disorders, and Perinatal Mood Disorders. Taught by Bryna Sampey, IBCLC					
Midwifery Integration (MIN411q)	1 Cr	5 sessions	Thursdays: 1/15, 1/29, 2/5, 2/12, 2/19/15	2:15pm–4:45pm	Carlton
Prerequisites: All required midwifery program courses must be completed or in progress. In this capstone course, students use their practice guidelines, protocols, forms, information sheets, informed choice forms and other information to manage practice scenarios with a standardized patient. This course will be offered beginning Winter 2015 to meet the 2012 cohort requirements. Taught by Jacqueline Zapp-Albin, BS, CPM					
Nutrition (NUT131q) 3 credit hours	3 Cr	10 sessions	Mondays: 1/5, 1/12, 1/26, 2/2, 2/16, 2/23, 3/2, 3/9, 3/16, 3/23/15	1:00pm–4:00pm	Carlton
Overview of nutrition concepts including macro- and micro-nutrients, use of supplements, diet analysis, and applications for pregnancy and postpartum. Nutrition will be offered at 2 credit hours in Spring 2012, and will be offered at 3 credit hours beginning Fall 2012. Taught by Mindy Cash, ND					

Birthingway College of Midwifery Course Offering – Winter 2015

Pharmacology (PHR421q)	2 Cr	7 sessions	Wednesdays: 1/28, 2/4, 2/11, 2/18, 2/25, 3/4, 3/11/15 (make up 3/18/15)	5:30pm–8:30pm	Foster
Prerequisites: All first year midwifery core courses must be complete. Registration for this course limited to midwifery program students, midwives and approved community students. Basic pharmacology theory, legend drugs and devices used in a midwifery practice, and administration of medications including injection techniques. Course meets Legend Drugs and Devices initial education requirements for Pharmacology and Medications by Injection required for Oregon midwifery licensure. Taught by Pamela Echeverio, BS, CPM, LDM					
Plant Medicine III (PLM223q)	2 Cr	7 sessions	Mondays: 2/2, 2/9, 2/16, 2/23, 3/2, 3/9, 3/16/15	1:30pm–4:30pm	Carlton
Prerequisite: Plant Medicine II (PLM222q). Learn preparation of syrups, cordials and elixirs, as well as lozenges and suppositories, oxymels and electuaries. Create herbal formulas and prescriptions. This course includes a field trip. Taught by Cari Nyland, ND					
Postpartum (PTM251q)	5 Cr	12 sessions	Thursdays: 1/8, 1/15, 1/22, 1/29, 2/5, 2/12, 2/19, 2/26, 3/5, 3/12, 3/19, 3/26/15	9:00am–1:15pm	Foster
Prerequisites: Intrapartum (INT251q). Co-requisite: Postpartum Skills (PTM211q). This course covers unique fetal anatomy and physiology, fetal transformation, newborn examination and age assessment. In addition, learn neonatal procedures; behavioral states; infant postpartum assessment, care and complications; maternal postpartum assessment, care and complications; postpartum emotional disorders. Taught by Lucina Armstrong, BA, CPM, LDM, IBCLC					
Postpartum Skills (PTM211q)	1 Cr	12 sessions	Thursdays: 1/8, 1/15, 1/22, 1/29, 2/5, 2/12, 2/19, 2/26, 3/5, 3/12, 3/19, 3/26/15	3:00pm–5:00pm	Foster Skills
Co-requisite: Postpartum (PTM251q). Skills covered include newborn physical and gestational age exam and evaluation, use of growth charts, blood estimation, placenta examination. Taught by Heather Hack-Sullivan, BS, CPM, LDM					
Research Project (RSP411q)	1 Cr				
Prerequisite: Research Methods. Registration for this course is limited to Midwifery Program students. This course focuses on the design and implementation of a research project, including definition of a topic, literature review, creation of bibliography, and the production of a research paper. Please download a Research Project Registration Packet at www.birthingway.edu/registration.htm or request one in the front office. A completed Research Project Registration Form must be turned in (with payment) by the first day of the term to register.					
Running a Midwifery Practice (RUN331q)	3 Cr	11 sessions	Tuesdays: 1/6, 1/13, 1/20, 1/27, 2/3, 2/10, 2/17, 2/24, 3/3, 3/10, 3/17/15	2:15pm–5:00pm	Carlton
This course explores developing and structuring a practice, including deciding which products and services to offer. Covers business management and bookkeeping, informed consent, malpractice, legal concepts and requirements. Also includes getting reimbursed, working with insurance companies and HIPAA compliance. Students produce a complete Business Plan and a community resource tool. Taught by Susan Moray, CPM, LDM					
FIRST YEAR MIDWIFERY PROGRAM LUNCH			Thursdays: 1/8, 1/15, 1/22, 1/29, 2/5, 2/12, 2/19, 2/26, 3/5, 3/12, 3/19, 3/26/15	1:15pm–2:15pm	Foster House
FIRST YEAR MIDWIFERY PROGRAM COHORT			Thursdays: 1/8, 1/15, 1/22, 1/29, 2/5, 2/12, 2/19, 2/26, 3/5, 3/12, 3/19, 3/26/15	2:15pm–3:00pm	Foster House
SECOND YEAR MIDWIFERY PROGRAM LUNCH			Wednesdays: 1/7, 1/14, 1/21, 1/28, 2/4, 2/11, 2/18, 2/25, 3/4, 3/11, 3/18, 3/25/15	12:30pm–1:30pm	Foster House
SECOND YEAR MIDWIFERY PROGRAM COHORT			Wednesdays: 1/7, 1/14, 1/21, 1/28, 2/4, 2/11, 2/18, 2/25, 3/4, 3/11, 3/18, 3/25/15	1:30pm–3:00pm	Foster House
THIRD YEAR MIDWIFERY PROGRAM LUNCH			Tuesdays: 1/6, 1/13, 1/20, 1/27, 2/3, 2/10, 2/17, 2/24, 3/3, 3/10, 3/17, 3/24/15	12:15pm–1:00pm	Foster House
THIRD YEAR MIDWIFERY PROGRAM COHORT			Tuesdays: 1/6, 1/13, 1/20, 1/27, 2/3, 2/10, 2/17, 2/24, 3/3, 3/10, 3/17, 3/24/15	1:00pm–2:15pm	Foster House
LACTATION PROGRAM COHORT			TBA	TBA	TBA

Legal First Name	Legal Middle Initial	Legal Last Name
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Birthingway College of Midwifery ~ Winter 2015 Registration

Registration for Enrolled Students begins December 1, 2014 at 8:30am

Registration for Community Students begins December 8, 2014 at 8:30am

REGISTRATION DEADLINE: December 12, 2014 at 4:30pm. After that date, an additional \$75 late fee is required.

Tuition: \$432 per credit.		
Advanced Lactation Skills – Maternal (ADS221q) 2 credits X \$432 per credit + \$13 course pack =	\$ 877	\$
Botanicals III (BOT323q) 2 credits X \$432 per credit =	\$ 864	\$
Breastfeeding II (BRF222q) 2 credits X \$432 per credit + \$5 course-pack = This is one of a 4-part sequence required to complete Birthingway's AARC approved lactation education program. To be in the program, you must register for all four courses separately.	\$ 869	\$
Breastfeeding Politics and Policy (POL121q) 2 credits X \$432 per credit + \$27 course pack =	\$ 891	\$
Communications II (COM112q) 1 credit X \$432 per credit + \$6 course pack =	\$ 438	\$
Communications III (COM113q) 1 credit X \$432 per credit + \$3 course pack =	\$ 435	\$
Exploring Spirituality in the Perinatal Period (ESP221q) 2 credits X \$432 per credit + \$52 course pack =	\$ 916	\$
Infancy (INF121q) 2 credits X \$432 per credit =	\$ 864	\$
Introduction to Healing Systems (STM121q) 2 credits X \$432 per credit + \$8 course pack + \$5 lab fee =	\$ 877	\$
Massage for Midwives (MAS121q) 2 credits X \$432 per credit + \$5 course pack fee + \$40 lab fee =	\$ 909	\$
Maternal Complex Breastfeeding Situations (MCS231q) 3 credits X \$432 per credit + \$9 course pack =	\$1305	\$
Nutrition (NUT131q) 3 credits X \$432 per credit + \$20 course pack =	\$1316	\$
Pharmacology (PHR421q) 2 credits X \$432 per credit + \$18 course pack + \$45 lab fee =	\$ 927	\$
Plant Medicine III (PLM223q) 2 credits X \$432 per credit + \$20 course-pack + \$40 lab fee =	\$ 924	\$
Independent Study Please see Course Offering for description	Please use separate form.	
Midwifery Program Students Only:		
Complex Situations I (CPX341q) 4 credits X \$432 per credit + \$50 course pack =	\$1778	\$
Differential Diagnosis (DIF441q) 4 credits X \$432 per credit + \$16 course pack =	\$1744	\$
Hematology Skills (HEM311q) 1 credit X \$432 per credit + \$15 course pack + \$100 lab fee =	\$ 547	\$
Midwifery Integration (MIN411q) 1 credit X \$432 per credit + \$44 course pack + \$90 lab fee =	\$ 566	\$
Postpartum (PTM251q) 5 credits X \$432 per credit + \$116 course pack =	\$2276	\$
Postpartum Skills (PTM211q) 1 credit X \$432 per credit + \$40 lab fee =	\$ 472	\$
Running a Midwifery Practice (RUN331q) 3 credits X \$432 per credit + \$40 course pack =	\$1336	\$
Research Project (RSP411q) 1 credit To register, you must turn in a <i>Registration Form for Research Project</i> and payment by the first day of the term. This form is available here: www.birthingway.edu/registration.htm .	Please use separate form.	
<input type="checkbox"/> I intend to register for Clinical Training Credit this term. To register, you must turn in a completed Clinical Training Credit Registration Form available at www.birthingway.edu/registration.htm If this is your first time registering for Clinical Training credit, please contact your Program Coordinator.		
<input type="checkbox"/> I am working with this preceptor: _____ (Preceptor Name)		
> > PLEASE TELL US WHO YOU ARE WORKING WITH EVEN IF YOU AREN'T TAKING CREDITS. Your preceptor must be approved by Birthingway. If you're not sure, please check with the Faculty Coordinator.		
Do you intend to graduate in this term or the next? (please circle one) No / Yes, _____ term.		
If "Yes", please schedule a meeting with your Program Coordinator to discuss the graduation process.		
Registration Fees (Required for all students):		
	TECHNOLOGY FEE	\$ 35.00
	REGISTRATION FEE	\$ 55.00
LATE REGISTRATION FEE \$75 (due in addition to the Registration Fee if received after 4:30pm on December 12, 2014)		\$
	TOTAL	\$

Registrations are accepted by mail or fax; walk-in's are accepted in the front office during office hours only (please see www.birthingway.edu for listed hours). Registrations will be date/time stamped in order of receipt. Registrations received BEFORE registration begins will be processed after 4:30pm on registration day, in order of receipt. Registrations received AFTER 4:30pm on the registration deadline will incur a \$75 late registration fee. If you fax your registration (503-760-3332) it is *your responsibility* to call and confirm that we have actually received your fax. If your fax doesn't go through, your registration will not be complete and could also result in late fees or not getting a course you need. **Several courses have readings due the first day of class. Please check with the front office for the availability of the syllabus and/or course-pack ten days before the start of each course.**

> > PLEASE COMPLETE THE REVERSE SIDE OF THIS FORM < <

Please check the box for the program(s) you are enrolled in:

<input type="checkbox"/> Enrolled Midwifery Program Student	<input type="checkbox"/> Enrolled Lactation Consultation Program Student	<input type="checkbox"/> Enrolled Childbirth Educator Program Student
<input type="checkbox"/> Enrolled Labor Doula Program Student	<input type="checkbox"/> Enrolled Postpartum Doula Program Student	<input type="checkbox"/> I have not enrolled in a program. I am a Community Student.

THIS SECTION FOR NEW COMMUNITY STUDENTS ONLY (all fields required unless noted)

Legal First Name	Legal Middle Initial	Legal Last Name	SS# (Required for 1098T)
Address, City, State, Zip			
Phone	Email	Emergency Contact (Name and Number – optional):	

ALL STUDENTS PLEASE NOTE: If your address changes, you must fill out a Change of Contact Information Form available here: <http://www.birthingway.edu/for-students/documents-forms.htm> or in the front office.

PRIVACY PREFERENCE:

☐ **PRIVACY PROTECTED.**

Do not share my information with anyone. (This term only)

Enrolled Students Only: Student directory information includes name, address, phone number, Birthingway email address, matriculation year, certificates/degrees received, and program(s) of study. Birthingway does not indiscriminately distribute private information to the general public, but student, graduate, and alumni directory information may be provided to community members such as local midwives, school alumni, or other students. Student name, phone number, email address and matriculation year is made available to all matriculated students in the published *Student Roster*. Students who choose to be Privacy Protected will not be listed on the *Student Roster*, and for security reasons, will not be acknowledged as a student of Birthingway to ANY outside inquiry.

CANCELLATION CLAUSE:

Should you decide to cancel this agreement you must do so in writing within three business days to receive a full refund of all fees and tuition. **After the three-day cancellation period, should you decide to cancel your registration and not attend, refunds will be made per the refund policy below.**

REFUND POLICY - You are expected to attend all classes for which you register. **If you do not attend or stop attending and fail to drop within the refund period, you remain responsible for all tuition and fees.** If you wish to drop a course, please fill out a Withdrawal/Drop Form (available on our website or in the front office) and either mail, fax, or hand it in to the front office. You will receive a refund of tuition per the refund schedule below. **Registration Fee, Late Registration Fee, and Technology Fee are non-refundable. Equipment Kit Fees, Course-pack Fees, and Lab Fees are non-refundable after the Registration Deadline.** Please allow four to six weeks for receipt of refund. **The dates below are based on calendar days.**

WITHDRAWAL DATE	TUITION REFUND	WITHDRAWAL DATE	TUITION REFUND
On or before 1st day of term	100%	22 nd day through 28 th day of term	44%
2 nd day through 7 th day of term	86%	29 th day through 35 th day of term	30%
8 th day through 14 th day of term	72%	36 th day through 42 nd day of term	16%
15 th day through 21 st day of term	58%	Day 43 through end of term	No Refund

Payment of tuition and fees is due at the time of registration for each term unless you are eligible for a financial aid disbursement in the term (have a complete FAFSA on file and a signed award letter with an anticipated disbursement in this term). Financial aid is only available for eligible Midwifery and ALC Degree Students. Equipment kit charges are due when ordered, unless you are on financial aid AND you have authorized payment from your financial aid disbursement. All overdue amounts are subject to finance charges of 15% APR with a \$5 minimum per month. A student must be in good financial standing to register for a new term. Any costs incurred to collect these amounts are the responsibility of the student.

Credit card payments are accepted through PayPal by visiting <http://www.birthingway.edu/payment.htm>. By paying through PayPal, you agree to PayPal and Birthingway's terms and conditions. You must include a copy of your PayPal payment confirmation if paying by PayPal, or your registration will be incomplete and delayed until confirmation is received.

By signing below, I agree that I have read and understand all policies stated above.

STUDENT SIGNATURE (Required to process your registration)

DATE

An unsigned or incomplete registration form will delay your registration.

OFFICE USE ONLY

Date/time/payment/initial

Please route: _____ FIN _____ REG _____ FIN _____ LRC _____ TECH _____ FAC (see checkbox) _____ MPC _____ LPC _____ SPC _____ AC

____ Has Financial Aid (cleared). Amount needed to clear registration: \$ _____ Amount Paid: \$ _____ Date/Time: _____

Method: _____ Reference #: _____

Birthingway College of Midwifery

TEXTBOOK ORDER FORM – Winter textbook order/cancel deadline: **December 12th, 2014**

Legal First Name	Legal Middle Initial	Legal Last Name
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Textbook cancellations or additions will not be accepted after December 12th, 2014 **at 4:30pm**. After this date you are responsible to pay for and pick up your books, even if you drop the course.

The cost for the textbooks below will not necessarily reflect the lowest price. Online prices change often. You are not required to order textbooks through Birthingway, but the books listed below are required. You may choose to order texts on your own.

Textbooks should be available the week of December 29th, 2014, but times may vary. Please contact the Learning Resources Coordinator with any questions, concerns, or to check on the status of your order. You can contact her via phone or at natalie@birthingway.edu.

You must provide payment with this form unless
you are eligible for a financial aid disbursement in the term AND have signed at the bottom of this form.

Course	Title of Required Textbook	ISBN #	Price	Order \$
Advanced Lactation Skills Maternal (ADS221q)	Altman D. <i>Clinics in Human Lactation: History and Assessment: It's All in the Details</i> . 2008.	981525768	\$19	
	Cadwell K. <i>Maternal and Infant Assessment for Breastfeeding and Human Lactation</i> . 2 nd ed. 2006.	0763735779	\$82	
	Genna CW. <i>Selecting and Using Breastfeeding Tools: Improving Care and Outcomes</i> . 2009.	982337914	\$33	
	Lauwers J, Swisher A. <i>Counseling the Nursing Mother: A Lactation Consultant's Guide</i> . 5 th ed. 2011.	0763780529	\$130	
	Wilson-Clay B, Hoover K. <i>The Breastfeeding Atlas</i> . 5 th ed. 2013.	967275873	\$73	
Botanicals III (BOT323q)	Gladstar R. <i>Herbal Healing for Women: Simple Home Remedies for Women of All Ages</i> . 1993.	0671767674	\$17	
	Romm A. <i>Botanical Medicine for Women's Health</i> . 2010.	0443072779	\$71	
Breastfeeding II (BRF222q)	Lauwers J, Swisher A. <i>Counseling the Nursing Mother: A Lactation Consultant's Guide</i> . 5 th ed. 2011.	0763780529	\$130	
Breastfeeding Politics and Policy (POL121q)	Palmer G. <i>The Politics of Breastfeeding – When Breasts Are Bad For Business</i> . 2009.	190517716X	\$18	
Communications II (COM112qa)	Rosenberg MB. <i>Nonviolent Communication: A Language of Life</i> . 2 nd ed. 2003.	1892005034	\$20	
	Siegel DJ. <i>The Developing Mind: How Relationships and the Brain Interact to Shape Who We Are</i> . 2 nd ed. 2012.	146250390X	\$59	
Communications III (COM113qa)	Siegel DJ. <i>Mindsight: The New Science of Personal Transformation</i> . 2010.	0553386395	\$16	
Complex Situations I (CPX341q)	Frye A. <i>Understanding Diagnostic Tests in the Childbearing Year</i> . 7 th ed. 2007.	9781891145568	\$65	
	Varney H, Kriebs JM, Geger CL. <i>Varney's Midwifery</i> . 4 th ed. 2003.	0763718564	\$210	
	Weatherby D, Ferguson S. <i>Blood Chemistry and CBC Analysis: Clinical Laboratory Testing from a Functional Perspective</i> . 2002.	0976136716	\$65	
Differential Diagnosis (DIF441q)	Frye A. <i>Holistic Midwifery Volume I: Care During Pregnancy</i> . Revised edition. 1998.	189114555X	\$80	
Hematology Skills (HEM311q)	Kiechle FL, Funk DM, Rosser R, Sesok-Pizzini D. <i>So You're Going to Collect A Blood Specimen: An Introduction to Phlebotomy</i> . 14 th ed. 2013.	978-0-9837068-4-7	\$25	
	Varney H, Kriebs JM, Geger CL. <i>Varney's Midwifery</i> . 4 th ed. 2003.	0763718564	\$210	
Infancy (INF121q)	Klaus MH, Klaus PH. <i>Your Amazing Newborn</i> . 1998.	073820188X	\$20	
	Small MF. <i>Our Babies, Ourselves: How Biology and Culture Shape the Way We Parent</i> . 1999.	0385483627	\$18	
Introduction to Healing Systems (STM121q)	Goldblatt E, et al. <i>The ACCAHC Clinician's and Educators' Desk Reference on the Licensed Complementary and Alternative Healthcare Professions</i> . 2 nd ed. 2013.	9781304082947	\$25	
Labor Doula Workshop (LD)	Gaskin IM. <i>Ina May's Guide to Childbirth</i> . 2003.	0553381156	\$18	
	Klaus MH, Kennell JH, Klaus PH. <i>The Doula Book</i> . 3 rd ed. 2012.	0738215066	\$19	
	Newman J, Pitman T. <i>The Ultimate Breastfeeding Book of Answers</i> . Revised and Updated. 2006.	0307345580	\$20	
	Simkin P. <i>Pregnancy, Childbirth, and the Newborn: The Complete Guide</i> . 4 th ed. 2010.	143917511X	\$16	

Maternal Complex Breastfeeding (MCS231q)	Buescher S. <i>Breastfeeding and Diseases: A Reference Guide</i> . 2009.	981525717	\$15	
	Lauwers J, Swisher A. <i>Counseling the Nursing Mother: A Lactation Consultant's Guide</i> . 5 th ed. 2011.	0763780529	\$130	
Nutrition (NUT131q)	Frye A. <i>Holistic Midwifery Volume I: Care During Pregnancy</i> . Revised edition. 1998.	189114555X	\$80	
Plant Medicine III (PLM223q)	Green J. <i>The Herbal Medicine-Maker's Handbook: A Home Manual</i> . 2000.	0895949903	\$23	
Postpartum (PLM223q)	Davis E. <i>Heart and Hands: A Midwives Guide to Pregnancy and Birth</i> . 5 th ed. 2012.	1607742438	\$35	
	Frye A. <i>Holistic Midwifery: A Comprehensive Textbook for Midwives in Homebirth Practice, Vol. II</i> . 2004.	1891145606	\$130	
	Frye A. <i>Understanding Diagnostic Tests in the Childbearing Year</i> . 7 th ed. 2007.	9781891145568	\$65	
	Lumsden H, Holmes D. <i>Care of the Newborn by Ten Teachers</i> . 2010.	0340968419	\$42	
	King TL, Brucker MC, Kriebs JM, Fahey JO, Geger CL, Varney H. <i>Varney's Midwifery</i> . 5 th ed. 2015.	1284025411	\$195	
Postpartum Skills (PTM211q)	Frye A. <i>Holistic Midwifery: A Comprehensive Textbook for Midwives in Homebirth Practice, Vol. II</i> . 2004.	1891145606	\$130	
Running a Midwifery Practice (RUN331q)	Davis E. <i>Heart and Hands: A Midwives Guide to Pregnancy and Birth</i> . 5 th ed. 2012.	1607742438	\$35	
	Sohnen-Moe CM. <i>Business Mastery: A Guide for Creating a Fulfilling, Thriving Business and Keeping it Successful</i> . 4 th ed. 2008.	962126578	\$40	
Exploring Spirituality in the Perinatal Period (ESP221q)	Benner D. <i>Soulful Spirituality: Becoming Fully Active and Deeply Human</i> . 2011.	1587432978	\$17	
	King U. <i>The Search for Spirituality: Our Global Quest for a Spiritual Life</i> . 2008.	1933346272	\$14	
TOTAL for all textbooks----- \$				

The following courses do not require textbooks:

Massage for Midwives (MAS321q)

Midwifery Integration (MIN411q)

Pharmacology (PHR421q)

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You must include a copy of your PayPal payment confirmation if paying by PayPal, or your registration will be incomplete and delayed until confirmation is received.

Legal First Name	Legal Middle Initial	Legal Last Name
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By signing below, I am agreeing to pay for the above textbook order either by providing full payment with this completed form or by authorizing use of my student aid funds for the charges listed on this form. I understand any charges not covered by aid will be due upon receipt of a statement.

Signature

(required): _____ **Date:** _____

Office Use Only:

Date/Time/Payment/Initial _____

Please route in the following order: _____ FIN _____ LRC FILE