

Birthingways

Spring 2012

Volume 17, Issue 1

The Newsletter of Birthingway College of Midwifery

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Calendar

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| Spring Community Registration Begins | 2/24/12 |
| Spring Community Registration Deadline | 3/16/12 |
| Lactation Consultation Orientation | 3/12/12 |
| Midwifery Program Orientation | 3/9/12 |
| Spring Break | 3/24/ -4/8/12 |
| Spring Term Begins | 4/9/12 |
| Spring Terms Ends | 6/29/12 |
| 10 th Annual Plant Sale | 5/5-5/6/12 |

Labor Doula Students Serving Our Community

"Speak tenderly to them. Let there be kindness in your face, in your eyes, in your smile, in the warmth of our greeting. Always have a cheerful smile. Don't only give your care, but give your heart as well."

- Mother Teresa

Support and kindness are found in many daily moments and can be especially helpful during birth.

Labor Doulas can bring a sense of kindness, compassion and continuity of care for birthing moms and families. While the support of a doula during childbirth can be extremely helpful to any woman, those who do not speak English as their native language often face unique challenges at the hospital, including language barriers and discrimination. Although doula support during childbirth can and does reach across cultural lines, many birthing women feel the most support with a doula who speaks the same language by their side. When women feel safe and get their needs met, birth outcomes are better.

Birthingway's labor doula scholarship program began in 2006. The purpose of this program was to increase access to doula care within various under-served populations by training doulas that come from and work within that population. In the past few years, the scholarship expanded to include three types of communities where access to same-community doulas is difficult. These communities include bilingual or non-English speaking women, incarcerated women, and homeless women.

One of our scholarship recipients, **Alvina Blaine**, who took the labor doula workshop in 2010 and recently became a certified doula, has been serving the Hispanic community. "I am very active within the Hispanic community...I love people, even the ones who are down and out. I've been there, done that, at some point in my life. At one time I had to work to support myself and my oldest two daughters as a single mom. I am happy to help in the Hispanic community."

In the past few years, our labor doula scholarship has been awarded to over a dozen labor doulas, many who have gone on to serve their communities during childbirth. As the program continues to grow, Birthingway now offers a scholarship once a term, more if space is available.

If you are interested in becoming a doula and serving your community, Birthingway is offering a 9 week course in April 2012.



We are currently accepting labor doula scholarship applications. To apply or request more information, please contact Sadie Eck at Sadie@birthingway.edu

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| Birthingway Non-credit Workshop: | Description: |
| <h1>The Labor Doula</h1> <h2>Assisting Women with Birth</h2> | Lecture, readings and practical skills for providing emotional and physical support for women in labor and immediate postpartum. This course constitutes one step towards Birthingway's Labor Doula Certification and also meets the prerequisite for admission to our midwifery program. Instructor: Stacey Marshall, CD (DONA), PCD, BC, CBE |

Date / Time / Location:

Thursdays 4/12/12 - 6/7/12 (9 sessions) ~ 5:45pm - 8:45pm

Birthingway College of Midwifery - Carlton House 12108 SE Carlton St., Portland, OR 97266

Cost:

Workshop fee: \$485 Registration Deadline: 3/16/12 at 4:30pm. After this date and time, an additional \$75 late registration fee (non-refundable) is required. Sorry, no walk-in registrations on the day of the workshop will be accepted.

Required Course-pack / Books

Course-pack fee (non-refundable): \$34 Course-pack will be available for pick-up at Birthingway, Monday - Friday, from 8:30am - 4:30pm after the registration deadline. Course-pack must be read before the first class session.

The following books must be read prior to attending the workshop, but are not required to be owned:

- Kitzinger S. *The Complete Book of Pregnancy and Childbirth*. 4th ed. Alfred A. Knopf, Inc; 2003.
- Gaskin IM. *Ina May's Guide to Childbirth*. Bantam Dell Publishing Group; 2003.

The following books will be read during the workshop, but are not required to be owned:

- England P and Horowitz R. *Birthing from Within*. Albuquerque, NM: Partera Press; 1998.
- Klaus MH, Kennell JH, Klaus PH. *The Doula Book*. Cambridge, MA. Perseus Publishing. 2002.
- Newman J and Pitman T. *The Ultimate Breastfeeding Book of Answers*. New York: Crown Publishing. 2006.

Refund Policy:

Written notice is required to receive a refund. If written notice is received up to seven calendar days prior to the first day of class, you will receive a 95% refund of the course fee. After that point, 80% of the course fee will be refunded up to the first class day. **No refund will be given on or after the first class day.** Late registration and course-pack fees are non-refundable. If the minimum enrollment of five is not achieved, the course will be canceled and you will receive a 100% refund. Please allow four to six weeks for receipt of refund.

Please detach registration form here.

Spring 2012 Labor Doula Workshop Registration Form – Registration Deadline 3/16/12 at 4:30pm

| | |
|---|----|
| Labor Doula Workshop fee: \$485 + \$34 course-pack fee (non-refundable) = \$519 | \$ |
| Please send the course-pack to me. I have included \$6 postage and handling. | \$ |
| \$75 Late Registration fee (non-refundable) if registration is received after 4:30pm on 3/16/12 | \$ |
| TOTAL | |

Payment method: (please circle) Check/Money Order Cash PayPal (please see below)

Name

Address, City, State, Zip

Phone

Email

- We must receive this completed registration form AND full payment to register you for this workshop.
- Please make check/money order payable and mail to the address below.
- Credit card payments are accepted through PayPal by visiting <http://www.birthingway.edu/payment.htm>. You don't need a PayPal account to pay with your credit card. By paying through PayPal, you agree to the terms and conditions on our payment page. You must include a copy of your PayPal confirmation with your registration form.
- If you fax your registration, please call to confirm we have received it.
- Please see our College Catalog and Student Handbook for college policies available at <http://www.birthingway.edu/for-students/college-catalog.htm>

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Method: _____ Reference #: _____

Community and Student News



New Staff

Sarah Kinsel recently joined Birthingway's team as the Assistant to the President. When not at the College, she spends time writing, offering spiritual accompaniment, and exploring the wilds of the Pacific Northwest. She also facilitates awareness hikes and retreats connecting spirituality, creativity, and wilderness. She loves to read, cook, and enjoy good food with family and friends.

Originally from the Midwest, Sarah has lived in Portland for 7 of the last 10 years and currently makes a home with her husband and cat at the foot of Mt. Tabor. Her eclectic background includes environmental education, theology and spiritual leadership development, and three years as program staff for a local non-profit. All experiences have been on the same path, however: honoring and nurturing the sacred in life.



Save the Date!

The Oregon Midwifery Council
Portland Region's Annual Spring
Conference presents:

The Psychology of Transports and More...

Friday, March 16th, 2012
9:00am – 5:00pm
Pleasant Valley Grange
17115 SE Foster Rd, Portland, OR

Topics Include:

- *Transporting from home to hospital
- *Vaginal ecology for midwives: including differential diagnosis of common vaginal infections
- *How midwives can better support the complex psychological and emotional needs of women following unplanned cesarean births

For Registration or Questions:
catherinewbailey@gmail.com

Midwives: Access to quality care for all women Midwifery Rally and Lobby Day

Thursday, Feb 16, 2012
Capitol Steps, Salem, OR

12:00 Meet on the
capitol steps for the rally
1:00 Meet in room 167A to
speak to legislators about your
support for midwifery

See our website
oregonlovesmidwives.com

Want to help hang fliers? You can print some from the website and hang them around town. Are you a student? Talk it up with your clients. Print a flier from the website and hang it in the office. Questions:

maura.jansen@gmail.com

New Partnerships: Midwifery Clinical Training

Third year student **Isabel Crosby** is working with **Dana Shibley** at Andaluz. Second year student **Cindy Stumpf** is working with **Kate Howe** at Andaluz. Extension student, **Susan Buckley** and **Patricia Couch** are working together at Bella Vie in Salem, Oregon. Second year student **Katrina Bubas-Stevens** is working with **Celeste Kersey** at Full Moon Midwifery in Canby, Oregon. First year student **Melissa Wiseman** is working with **Jessica Dolin** at Andaluz.



Extension student **Melanya Gonshorowski** and faculty-staff member **Nichole Reding** both passed the NARM exam last November and are CPMs! Both are shown above in the photo with College President, **Holly Scholles**, the day they took the test at the 2011 North American Midwifery Program Conference in Canada on November 9-12, 2011.

Nichole Reding, our new Academic Coordinator has had an incredible year! Along with becoming a CPM, she hit her 10 year anniversary working at Birthingway.

Editorial Correction:

In the winter 2012 newsletter, Birthingway graduate Melissa Boyd Curry's name was printed incorrectly.

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| Birthingway Non-credit Workshop: | | Description: |
| <h1>Childbirth Educator Workshop</h1> <p>Birthingway's Distinctive Biodynamic Approach to Childbirth</p> <p>Please note: This is also offered as a credit course (more work required). If you would like to take the credit course, please use the Spring 2012 Community Registration Form in this newsletter.</p> | | Examines the history of childbirth education and preconceptions about birth, while building tools for developing a childbirth education series based on Birthingway's Biodynamic Model. This course constitutes one step towards Birthingway's Childbirth Educator Certification. Instructor: Nichole Reding, MA, CD, CPM |
| Date / Time / Location: | | |
| <p>Wednesdays 4/11/12 - 6/20/12 (12 sessions) ~ 5:30pm - 9:00pm (6/20 session: 2:30pm - 9:00pm) Birthingway College of Midwifery - Carlton House 12108 SE Carlton St., Portland, OR 97266</p> | | |
| Cost: | | |
| <p>Workshop fee: \$595 Registration Deadline: 3/16/2012 at 4:30pm. After this date and time, an additional \$75 late registration fee (non-refundable) is required. Sorry, no walk-in registrations on the day of the workshop will be accepted.</p> | | |
| Course-pack / Required Reading: | | |
| <p>Course-pack fee (non-refundable): \$50 Course-pack will be available for pick-up at Birthingway College Monday - Friday from 8:30am - 4:30pm after the registration deadline. Course-pack must be read before the first class session.</p> | | |
| Refund Policy: | | |
| <p>Written notice is required to receive a refund. If written notice is received up to seven calendar days prior to the first day of class, you will receive a 95% refund of the course fee. After that point, 80% of the course fee will be refunded <u>up to the first class day</u>. <u>No refund will be given on or after the first class day.</u> Late registration and course-pack fees are non-refundable. If the minimum enrollment of five is not achieved, the course will be canceled and you will receive a 100% refund. Please allow four to six weeks for receipt of refund.</p> <p style="text-align: center;"><i>Please detach registration form here.</i></p> | | |
| Spring 2012 Childbirth Educator Workshop Registration Form – Registration Deadline 3/16/2012 at 4:30pm | | |
| Childbirth Educator Workshop fee: \$595 + \$50 course-pack fee (non-refundable) = \$645 | | \$ |
| Please send the course-pack to me. I have included \$6 postage and handling. | | \$ |
| \$75 Late Registration fee (non-refundable) if registration is received after 4:30pm on 3/16/12 | | \$ |
| TOTAL | | |
| Payment method: (please circle) Check/Money Order Cash PayPal (see below) | | |
| Name (First, Last, Initial) | | |
| Address | | |
| Phone | Email | |
| <ul style="list-style-type: none"> • We must receive this completed registration form AND full payment to register you for this workshop. • Please make check/money order payable and mail to the address below. • Credit card payments are accepted through PayPal by visiting http://www.birthingway.edu/payment.htm. You don't need a PayPal account to pay with your credit card. By paying through PayPal, you agree to the terms and conditions on our payment page. <u>You must include a copy of your PayPal confirmation with your registration form.</u> • If you fax your registration, please call to confirm we have received it. • Please see our College Catalog and Student Handbook for college policies available at http://www.birthingway.edu/for-students/college-catalog.htm | | |

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Community and Student News Continued



Appreciations

We are so grateful for all the wonderful donations we receive on a regular basis. All of the donations help provide our students with a quality education.

Marina Anderson, extension student, donated a "Kozy Cushion," breastfeeding support pads, and other items.

Lactation program student
Catherine Shelton donated beautiful table cloths.

Kim Le, midwifery student, donated a textbook.

Without donations, from our supporters, we would not be where we are today. We are a 501(c)3 and all donations are tax deductible.



Extraordinary Thank You

Birthingway would like to share some very wonderful news with our community! The Fidelity Charitable Gift Fund donated **\$5,000** to our programs. This gift was made possible by **Jeanne and David Laskin** and the **Laskin Family Charitable Fund**. We truly appreciate your generosity and support!

Midwifery Admissions Committee

Thank You's

Choosing the next incoming midwifery program cohort is a tireless job! It is the unwavering support and dedication of staff and students that make the selection process possible!

For the admission committee, the past few months have been filled with many responsibilities including interviews, discussion, late meetings and, of course, hours of critical reading of applications.

A heartfelt thank you goes to the following students who volunteered on the admissions committee: **Amy McDonald, Catherine Bailey, Brooke O'Steen, Dana Comperchio, Courtney Holmes, Danielle Boettcher, Danielle Kit, Dionne Frey, Elizabeth Schroeder, Emily Padua, Erin Yocom, Maura Jansen, Micki Garcia, Sharon Evans, Suzanne Koenig, and Valerie Schlaht.**

The staff members admissions committee members were: **Sadie Eck, Amari Fauna, Nancy Longatan, Rhonda Ray, Nichole Reding, and Holly Scholles.** A special thank you to **Julia Reid** for facilitating the eight hour meeting on Saturday, January 7 to select Birthingway's matriculating class of 2012! We will announce the names of our newly enrolled students in the summer newsletter.

A Special Thank You to Birthingway From Bonnie McAnnis, A & P Instructor

Thank you for all the ways in which you have helped me to grow over these past 13 years as your A&P instructor. Every class community offered so many opportunities to learn more and more about our fabulous human bodies and the amazing journeys they provide for each one of us. Each student throughout the years has taught me about the yearning of the heart and the poignancy of the call of midwifery. I feel blessed to have been given the opportunity to learn and grow as a teacher and as a woman with this unique community. I would not be who I am today if not for the many gifts and lessons I have received from all my various roles and relationships within Birthingway. May you all find what you need as you engage this path of midwifery and lactation consultants. The world needs the love, courage and spirit that is at the heart of this Birthingway community. Thank you, again, for allowing me to be a part of it all. - Bonnie McAnnis

Birthingway would also like to whole-heartedly thank Bonnie for all the work she has put into her teaching. Her impact is significant and has touched so many in our community. Faculty members like her are what make Birthingway such a vibrant and warm place. Bonnie will no longer be teaching A & P in order to continue pursuing her Masters Degree in Divinity. She will continue teaching Massage for Midwives.

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| Birthingway Non-credit Workshop: | | Description: | |
| <h1 style="text-align: center;">The Trouble with Frenula: or Why Johnny Can't Nurse</h1> <p style="text-align: center;">Taught by Adrienne Fuson, BA, IBCLC, LMT, CD</p> | | <p>Birthingway is excited to announce a workshop designed to assist Birth and Lactation professionals in better understanding the challenges with frenula and tongue tie. This workshop is intended to help you:</p> <ul style="list-style-type: none"> • Define and identify tongue tie in the breastfed infant • Explain the physiology of tongue tie and it's impact on breastfeeding • Describe and understand how to use the "Tongue-tie tricycle" • Explain a care plan for the tongue-tie infant <p>The workshop will cover : A wholistic approach in assessing tongue-tie, signs and symptoms of restricted lingual and labial frenula, typical infant behavior with posterior tongue-tie, the impact of tongue-tie on the mother and the mother's supply, and how to talk to parents about tongue-tie.</p> | |
| Date / Time / Location: | | | |
| <p>Friday, June 1, 2012 ~ 9:00am - 12:00pm Birthingway College of Midwifery - 12113 SE Foster Rd., Portland, OR 97266</p> | | | |
| Cost: | | | |
| <p>Workshop fee: \$45 LCERP CEU hours cost an additional \$10 Registration Deadline: 5/25/12 at 4:30pm. After this date and time, an additional \$75 late registration fee (non-refundable) is required. Sorry, no walk-in registrations on the day of the workshop will be accepted.</p> | | | |
| Course-pack / Required Reading: | | | |
| None | | | |
| Refund Policy: | | | |
| <p>Written notice is required to receive a refund. If written notice is received up to seven calendar days prior to the first day of class, you will receive a 95% refund of the course fee. After that point, 80% of the course fee will be refunded <u>up to the first class day</u>. <u>No refund will be given on or after the first class day</u>. Late registration and course-pack fees are non-refundable. If the minimum enrollment of five is not achieved, the course will be canceled and you will receive a 100% refund. Please allow four to six weeks for receipt of refund.</p> <p style="text-align: center;"><i>Please detach registration form here.</i></p> | | | |
| Spring 2012 The Trouble with Frenula Workshop Registration Form – Registration Deadline 5/25/12 at 4:30pm | | | |
| The Trouble with Frenula Workshop fee: \$45 LCERP CEU hours cost an additional \$10 | | | \$ |
| \$75 Late Registration fee (non-refundable) if registration is received after 4:30pm on 5/25/12 | | | \$ |
| TOTAL | | | |
| Payment method: (please circle) <input type="checkbox"/> Check/Money Order <input type="checkbox"/> Cash <input type="checkbox"/> PayPal (see below) | | | |
| Name (First, Last, Initial) | | | |
| Address | | | |
| Phone | | Email | |
| <ul style="list-style-type: none"> • We must receive this completed registration form AND full payment to register you for this workshop. • Please make check/money order payable and mail to the address below. • Credit card payments are accepted through PayPal by visiting http://www.birthingway.edu/payment.htm. You don't need a PayPal account to pay with your credit card. By paying through PayPal, you agree to the terms and conditions on our payment page. <u>You must include a copy of your PayPal confirmation with your registration form.</u> • If you fax your registration, please call to confirm we have received it. • Please see our College Catalog and Student Handbook for college policies available at http://www.birthingway.edu/for-students/college-catalog.htm | | | |
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Specialized and Lactation Programs

Childbirth Educator Program

Our fall workshop was full of wonderful information and enthusiastic students.

As our program continues to grow, we would like to welcome **Bernadette** into our Childbirth Educator Program.

We would also like to congratulate **Amanda Mayther** on completing the Childbirth Educator Program in record time and becoming certified. Thank you for all your hard work!



Postpartum Doula Program

Birthingway will be offering our Postpartum Doula training twice in 2012. Our next training will start this April for 5 weekly sessions and then be offered again in the fall.

Labor Doula Program

Our Labor Doula Program continues to thrive! We are happy to have a full winter workshop and a very busy practicum. We would like to thank all our students for their hard work serving families in the Portland area. Thank you!

We would like to welcome these amazing students to our Practicum:

Alyson Larkin
Kristin Murdoch
Christa Billings

Check out their pictures and bios on our Web site, birthingway.edu/sld.htm.

We would also like to congratulate **Jennifer Allison**, **Corie Keller**, and **Alvina Blaine** for completing the Practicum and certifying as labor doulas. Thank you so much for your commitment to the program and all your hard work.

Congratulations!



Breastfeeding Center & Lactation Program News

Lots of action is happening at the Breastfeeding Center! Please check out our new website www.birthingwaybreastfeedingcenter.org. Among other important details about our center you will also find a new online intake form to make it easier to ask questions and make an appointment.

Breastfeeding Center Warmline **503-762-1632**

Our Breastfeeding Center is a fabulous resource for families in Portland and the surrounding area. Our phone line and free lactation consultation services provide help for any breastfeeding question.

Library News

It's 2012! A new year means new items to the library! Please check out the new Library section of the Web site and look in the online catalog for the latest items. We've also added new pages and sections to help you connect with library resources, databases, and services. Please remember to bring your library card with you. Your library card is necessary to check books out.

Library Hours

Monday 12pm-6pm
Tues-Thurs 10am-6pm

Please call ahead or check the website for holiday Library closures



Community Library Cards

Everyone is welcome to come browse the library, read a book, or watch a video. Community members who'd like to borrow materials may purchase a community library card:

\$15 for three months
\$25 for six months
\$40 for the entire year

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| Birthingway Non-credit Workshop: <h2 style="text-align: center;">Postpartum Doula Workshop</h2> <h3 style="text-align: center;">Supporting Transitions After Birth</h3> <p>Please note: This is also offered as a credit course (more work is required). If you would like to take the credit course, please use the Spring 2012 Community Student Registration Form included in this newsletter.</p> | Description: Gain knowledge and skills for assisting women after birth, including hormones in the postpartum, maternal changes, infant care, mood disorders, physical care and breastfeeding support. This course constitutes one step towards Birthingway's Postpartum Doula Certification. Instructor: Kimberly Bepler, ICPE, PCD, CPD, CLE |
|---|--|

Date / Time / Location:

5 Sessions on Thursdays - 4/12, 4/19, 4/26, 5/3, 5/10/12 ~ 12:00pm - 4:00pm
Birthingway College of Midwifery - Carlton House 12108 SE Carlton St., Portland, OR 97266

Cost:

Workshop fee: \$395

Registration Deadline: March 16, 2012 at 4:30pm. After this date and time, an additional \$75 late registration fee (non-refundable) is required. Sorry, no walk-in registrations on the day of the workshop will be accepted.

Required Course-pack / Equipment

Course-pack fee (non-refundable): \$20 Course-pack will be available for pick-up at Birthingway College, Monday - Friday, from 8:30am - 4:30pm after the registration deadline. Course-pack must be read before the first class session.

The following books must be read prior to the workshop (but are not required to be owned):

- Sally Placksin. **Mothering the New Mother: Women's Feelings and Needs After Childbirth a Support and Resource Guide**, 2nd ed. Newmarket Press. 2000.
- Laura A. Jana, Jennifer Shu. **Heading Home with Your Newborn : From Birth to Reality**, American Academy of Pediatrics. 2005.
- Kathleen Huggins. **The Nursing Mother's Companion**, 4th revised ed. Harvard Common Press. 2005.

Refund Policy:

Written notice is required to receive a refund. If written notice is received up to seven calendar days prior to the first day of class, you will receive a 95% refund of the course fee. After that point, 80% of the course fee will be refunded up to the first class day. No refund will be given on or after the first class day. Late registration and course-pack fees are non-refundable. If the minimum enrollment of 5 is not achieved, the course will be canceled and you will receive a 100% refund. Please allow four to six weeks for receipt of refund.

Please detach registration form here.

Spring 2012 Postpartum Doula Workshop Registration Form – Registration Deadline 3/16/2012 at 4:30pm

| | |
|---|----|
| Postpartum Doula Workshop fee: \$395 + \$20 course-pack fee (non-refundable) = \$415 | \$ |
| Please send the course-pack to me. I have included \$6 postage and handling. | \$ |
| \$75 Late Registration fee (non-refundable) if registration is received after 4:30pm on 3/16/2012 | \$ |
| TOTAL | |

Payment method: (please circle) Check/Money Order Cash PayPal

Name

Address

Phone **Email**

- We must receive this completed registration form AND full payment to register you for this workshop.
- Please make check/money order payable and mail to the address below.
- Credit card payments are accepted through PayPal by visiting <http://www.birthingway.edu/payment.htm>. You don't need a PayPal account to pay with your credit card. By paying through PayPal, you agree to the terms and conditions on our payment page.
- If you fax your registration, please call to confirm we have received it.
- Please see our College Catalog and Student Handbook for college policies available at <http://www.birthingway.edu/for-students/college-catalog.htm>

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Method: _____ Reference #: _____



Community Spotlight

Megan Felling Midwifery Student & International Activist

What sparked your interest in becoming a midwife?

Through some combination of willingness, interest, and discreetness, I became the go-to women's/sexual health person in my college community. One day I was helping a friend look up something vaginal-health related, and she said, "You love vaginas so much, you should be a midwife and get paid to look at them all day!" I didn't think that was exactly what midwives got paid to do, but the suggestion was something of an "ah-ha" moment for me. A local homebirth midwife offered to take me to some births, and it was all downhill from there.

What ignited your interest practicing midwifery in another country?

In 2007, Senegal doing research on the movement to integrate traditional medicine into the national healthcare system. I worked with an NGO (PROMETRA International)

which is spearheading this movement, with some healers in the Serer region, and at a clinic in Dakar. Healthcare access and dissemination has always been a strong interest of mine, and my time in Senegal deepened that interest and instilled a love for the country. The opportunity to return to Senegal, to return to do birth work, and to further my research into international healthcare development was irresistible!

Which country will you be studying/practicing in?

I will be headed to Senegal, West Africa in April with the African Birth Collective. ABC is a Eugene-based non-profit that partners with birth centers in Senegal to offer high-volume, international birth experience to midwifery students. I spent eight months in Senegal in 2006-2007, taking classes and doing research, and am very excited to be going back to do birth work.

What is the population you will be serving?

The birth center is in the village of Kafountine, in the south of the country, and it serves rural and semi-urban women. I expect most of the women will speak Djolla and Wolof (two of many ethnic languages) and some will speak French. Malnutrition, early onset of childbearing, high parity, lack of access to prenatal care, and intense physical demands of daily life are challenges I expect to see our clients facing. When I was in Dakar, the capitol city, in 2007 I spent some time in a health center maternity ward, and there birth was viewed as a very normal experience to be met with stoicism and faith.

How will this experience change your view on midwifery?

This question is weighing heavily on my mind right now and will, in fact, be my research project. While on this trip I will be chronicling my own experiences and interviewing the three to five other students about how their expectations, preparations, experiences, and reflections have changed their ideas of the universality of midwifery. I am very interested in how *volunteer tourism* impacts individuals in their growth as midwives and how it plays into global midwifery's growth as a movement.

What words of wisdom do you have for current students?

So far the hardest part has been lining up all the pieces. There was a lot of back and forth on the dates of the trip; now there is a lot more paperwork and logistical planning than I expected. As for the trip itself, the most important preparation for me has been brushing up on my French and Wolof language skills.

International Midwifery
Day is May 5, 2012!



If you are interested in practicing midwifery internationally, please contact **Nancy Longatan** at nancy@birthingway.edu to find out more about these learning opportunities through Birthingway.

| | |
|---|---|
| Birthingway Non-credit Workshop: | Description: |
| <h1>Legend Drugs and Devices Renewal</h1> | Course includes 8.5 combined hours of theory, skills, and testing for Suturing, IV Skills, Medications by Injection, and Pharmacology. This course meets the Oregon state requirements for <u>renewal</u> of the Legend Drugs and Devices training to license as a Direct Entry Midwife. LD&D must be renewed every 2 years. You must have completed the 40 hour LD&D sequence in order to take this workshop. Maternal and Neonatal Resuscitation is NOT covered in this workshop. Please call for information about upcoming resuscitation workshops. Instructor: Holly Scholles, MA, CPM, LDM |

Date / Time / Location:

Friday, June 22, 2012 ~ 9:00am - 6:00pm
Birthingway College of Midwifery - 12113 SE Foster St., Portland, OR 97266

Cost:

Workshop fee: \$115

Registration Deadline: 6/8/12 at 4:30pm. After this date and time, an additional \$75 late registration fee (non-refundable) is required. Sorry, no walk-in registrations on the day of the workshop will be accepted.

Required Course-pack / Equipment

None

Refund Policy:

Written notice is required to receive a refund. If written notice is received up to seven calendar days prior to the day of class, you will receive a 95% refund of the course fee. After that point, 80% of the course fee will be refunded *up to the class day*. No refund will be given on or after the class day. Late registration and course-pack fees are non-refundable. If the minimum enrollment of five is not achieved, the course will be canceled and you will receive a 100% refund. Please allow four to six weeks for receipt of refund.

Please detach registration form here.

Spring 2012 Legend Drugs and Devices Renewal Workshop Registration Form – Registration Deadline 6/8/12 at 4:30pm

| | |
|--|----|
| Legend Drugs & Devices Renewal Workshop fee: \$115 | \$ |
| \$75 Late Registration fee (non-refundable) if registration is received after 4:30pm on 6/8/12 | \$ |
| TOTAL | |

Payment method: (please circle) **Check/Money Order** **Cash** **PayPal (see below)**

| | |
|------------------------------------|--|
| Name (First, Last, Initial) | SSN (required for our transcript) |
|------------------------------------|--|

| | | | |
|----------------|-------------|--------------|------------|
| Address | City | State | Zip |
|----------------|-------------|--------------|------------|

| | |
|--------------|--------------|
| Phone | Email |
|--------------|--------------|

I completed LD&D initial training on _____ at _____
Date Location

- Please make check/money order payable and mail to the address below.
- Credit card payments are accepted through PayPal by visiting <http://www.birthingway.edu/payment.htm>. You don't need a PayPal account to pay with your credit card. By paying through PayPal, you agree to the terms and conditions on our payment page. You must include a copy of your PayPal confirmation with your registration form.
- If you fax your registration, please call to confirm we have received it.
- Please see our College Catalog and Student Handbook for college policies available at <http://www.birthingway.edu/for-students/college-catalog.htm>

OFFICE USE ONLY

Date/time/payment/initial _____

Please route in this order: _____ FIN _____ REG _____ FIN _____ LRC _____ OPS _____ SPC _____ File

Amount needed to clear registration: \$ _____ Amount Paid: \$ _____ Date/Time: _____

Method: _____ Reference #: _____

Birthingway College of Midwifery COURSE OFFERING – Spring 2012

| | | | | | |
|---|------|-------------|---|------------------|---------------|
| Advanced Breastfeeding Skills II (ADS222q) | 2 Cr | 7 Sessions | Tuesdays 4/17/12 – 5/29/12 | 1:30pm – 5:30pm | Carlton House |
| Prerequisite: Breastfeeding Skills. This course teaches advanced assessment skills, care plan implementation and proper breastfeeding device usage, emphasizing thorough lactation-related assessment of the infant, use of lactation devices, and critical thinking for differential diagnosis and proper implementation of tools and care plan formation. Taught by Melissa Cole, IBCLC | | | | | |
| Anatomy and Physiology for Birth and Lactation Professionals (ANP151q) | 5 Cr | 12 Sessions | Thursdays 4/12/12 – 6/28/12 | 5:30pm – 9:30pm | Foster House |
| Covers all the major body systems with an emphasis on knowledge relevant to perinatal practices. This course includes lecture and weekly exams. Taught by Gretchen Kraig-Turner, MST | | | | | |
| Antepartum (ANT251q) | 5 Cr | 12 Sessions | Tuesdays 4/10/12 – 6/26/12 | 9:00am – 1:15pm | Foster House |
| Co-requisite: Physical Assessment I (PHY221q). Using lecture, discussion, and audiovisual aids, this course covers pregnancy signs and symptoms, fetal environment, evaluating health, biodynamic counseling techniques, the impact of nutrition on pregnancy physiology, toxemia, UTI, and bleeding in early pregnancy. Taught by Holly Scholles, MA, CPM, LDM | | | | | |
| Birth Impacts on Breastfeeding (BIB121q) | 2 Cr | 7 Sessions | 4/23/12 – 6/11/12 (No class on 5/28/12) | 9:30am – 12:30pm | Carlton House |
| This course examines in greater detail the effects of birth on breastfeeding. Specifically looking at the impact of biodynamic birth with emphasis on baby led initiation of breastfeeding in the immediate postpartum (or at least mother-led but not midwife, doctor, or IBCLC led), and the impact of birth related interventions on breastfeeding (including drug impacts, cesarean birth, and instrumental delivery). Taught by Meg Stalnaker, IBCLC | | | | | |
| Botanicals I (BOT231q) | 3 Cr | 9 Sessions | Fridays 4/13, 4/20, 4/27, 5/4, 5/11, 5/18, 6/8, 6/15, 6/22/12 | 9:00 am– 12:20pm | Carlton House |
| Materia medica and herbal therapeutics of well-woman herbs, herbs for infants and children, and lactation. Taught by Mindy Cash, ND | | | | | |
| Botany (BTY121q) | 2 Cr | 6 Sessions | Tuesdays on 4/10, 4/24, 5/8, 5/22, 6/5, 6/19/12 | 9:30am – 1:00pm | Carlton House |
| Basic botanical concepts, classification systems and nomenclature, plant identification and constituents. Taught by Ann Holland, ND | | | | | |
| Breastfeeding I (BRF111q) | 1 Cr | 4 Sessions | Thursdays 4/12/12 – 5/3/12 | 9:00am – 12:00pm | Carlton House |
| Using lecture, discussion, visual aids, and small group activities, this course provides students with basic information about topics including the normal breastfeeding physiology of mother and baby, properties of human milk, risks of formula feeding, recommendations regarding breastfeeding initiation, duration and normal parameters of nursing in the first two weeks, politics of breastfeeding, and influences of culture and birth practices on breastfeeding. Taught by Adrienne Fuson, BA, IBCLC, LMT, CD | | | | | |
| Breastfeeding II (BRF222q) | 2 Cr | 5 Sessions | Thursdays 5/17/12 – 6/14/12 | 9:30am – 1:30pm | Carlton House |
| Prerequisite: Breastfeeding I. Students expand on their knowledge from Breastfeeding I to assess and treat breastfeeding problems. Students utilize case studies and research projects to develop skills such as how to take a breastfeeding history of mother and baby, identification of presenting problems, and integrating counseling and education strategies into their breastfeeding support. Taught by Adrienne Fuson, BA, IBCLC, LMT, CD | | | | | |
| Breastfeeding Skills (BFS211q) | 1 Cr | 4 Sessions | Fridays 6/1/12 – 6/22/12 | 9:00am – 12:00pm | Carlton House |
| Prerequisite: Breastfeeding II. Students have an opportunity to develop their hands-on skills by working with nursing women and their babies to demonstrate breast exams, practice supporting a successful latch, and how to use a variety of equipment. Taught by Stacey Marshall, CD(DONA), PCD, BC, CBE | | | | | |
| Childbirth Education (CBE141q) | 4 Cr | 11 Sessions | Wednesdays 4/11/12 – 6/13/12 from 5:30pm – 9:00pm, 6/20/12 from 3:30 – 9:00pm | | Carlton House |
| Examine the history of childbirth education and preconceptions about birth, while building tools for developing educational techniques based on Birthingway's biodynamic model. This course uses a wide variety of activities including storytelling, art, dance, music and videos. Taught by Nichole Reding, MA, CPM | | | | | |
| Communications I (COM121q-a) (same course offered twice) | 2 Cr | 5 Sessions | Wednesdays on 4/11, 4/25, 5/2, 5/23, 5/30/12 | 1:00pm – 5:00pm | Carlton |
| Communications I (COM121q-b) (same course offered twice) | 2 Cr | 5 Sessions | Wednesdays on 4/18, 5/2, 5/16, 5/30 and 6/13/12 | 9:00am – 1:00pm | Carlton |
| The first course in the Communications series introduces the basics of speaking and listening using Rosenberg's Non-Violent Communication Method (NVC), with an emphasis on self and one-on-one communication. Taught by Sarah Peyton, BA (COM121q-a) and Celeste Kersey, BA, CPM, LDM (COM121q-b) | | | | | |

Birthingway College of Midwifery COURSE OFFERING – Spring 2012

| | | | | | |
|---|------|-------------|---|------------------|--------------|
| Complex Situations II (CPX442q) | 4 Cr | 12 Sessions | Wednesdays 4/11/12 – 6/27/12 | 9:00am – 12:30pm | Foster House |
| Prerequisites: Antepartum, Intrapartum, Fetal Assessment. Using lecture, discussion, guest lectures, and student presentations, this course covers PROM, preterm birth, postdates and postmaturity, vaginal birth after cesarean (VBAC), multiple gestation, unusual presentations (breech, face, brow, compound), infant anomalies, emergency transport, death and grief, and self care. Taught by Holly Scholles, MA, CPM, LDM | | | | | |
| Critical Care Skills I (CCS421q) | 2 Cr | 12 Sessions | Wednesdays 4/11/12 – 6/27/12 | 3:00pm - 5:00pm | Foster House |
| Prerequisite: Hematology Skills. Skills covered in this course include basic and intermediate treatment of shock, IV, and neonatal resuscitation. This course meets Legend Drugs and Devices educational requirements for treatment of shock and for neonatal resuscitation for Oregon midwifery licensing. Taught by Denise Clark, BS, EMT-P | | | | | |
| Infant Complex Breastfeeding Situations (ICS221q) | 2 Cr | 7 Sessions | Tuesdays 4/10/12 – 5/22/12 | 9:30am – 12:30pm | Foster House |
| Prerequisite: Breastfeeding III, Infancy. Biodynamic interactions with baby; cleft-lip and palate; genetic syndromes such as Down Syndrome; other screened disorders such as phenylketonuria; hypoglycemia; failure to thrive; hospitalization/surgery; infection; prematurity; multiples; pathological jaundice; birth injuries; gastro-intestinal disorders such as true reflux; allergies; attachment disorders; and adoption. Taught by Adrienne Fuson, BA, IBCLC, LMT, CD | | | | | |
| Information Literacy (INL111q) | 1 Cr | 5 Sessions | Tuesdays 4/10/12 – 5/8/12 (No class on 5/1/12) | 5:30pm – 8:00pm | Foster House |
| Information literacy for incoming students to learn what information is; how to find and assess information; critical thinking skills; Google search and docs. Taught by Kathryn Constant, MLS | | | | | |
| Introduction to Healing Systems (STM121q) | 2 Cr | 7 Sessions | Wednesdays 4/11/12 – 5/23/12 | 5:30pm – 8:30pm | Foster House |
| A survey of different health systems including Chinese medicine, Western bio-medicine, Ayurvedic, Homeopathy, and Plant medicine, among others. Taught by Cari Nyland, BA, ND | | | | | |
| Medical Terminology (MED121q) | 2 Cr | 7 Sessions | Fridays 4/13/12 – 5/25/12 | 9:00am – 12:00pm | Foster House |
| Dissecting medical terms into recognizable word parts, we decipher what can be an intimidating language, in order to chart appropriately and communicate with other medical professionals. As we go through body systems, this class is an overview of anatomy, physiology and pathology. Lectures weaving in related stories of pregnant women and babies, individual presentations, and a few games spice up the memorization. Taught by Sara Ohgushi, ND | | | | | |
| Microbiology (MIC341q) | 4 Cr | 12 Sessions | Thursdays 4/12/12 – 6/28/12 | 9:00am – 12:30pm | Foster House |
| Prerequisites: Antepartum, Intrapartum. Co-requisite: Microbiology Skills (MIC321q). Includes classification, microbial reproduction, transmission and control, immunology, diagnosis and treatment of infectious disease in pregnancy. Taught by Mia Crupper, BA, ND, LMT | | | | | |
| Microbiology Skills (MIC311q) | 1 Cr | 7 Sessions | Thursdays 4/12/12 – 5/24/12 | 2:30pm – 5:00pm | Foster House |
| Prerequisites: Antepartum, Intrapartum. Co-requisite: Microbiology (MIC341q). Skills include use of microscope, wet mounts, staining, cultures, and sterilization techniques. Taught by Mia Crupper, BA, ND, LMT | | | | | |
| Midwifery Culture (CUL431q) | 3 Cr | 8 Sessions | Mondays 4/23/12 – 6/18/12 (No Class on 5/28/12) | 9:00am – 1:00pm | Foster House |
| This course focuses on attitudes and laws that have surrounded midwives and the practice of midwifery throughout history and contemporary times. Students examine the role of midwives from ancient to modern times emphasizing the politics of midwifery and how midwives have come together to bring about change. Taught by Nichole Reding, MA, CPM | | | | | |
| Nutrition (NUT221q) | 2 Cr | 7 Sessions | Fridays 4/13, 4/20, 4/27, 5/4, 5/11, 5/18, 6/8/12 | 1:00pm – 4:00pm | Foster House |
| Overview of nutrition concepts including macro- and micro-nutrients, use of supplements, diet analysis, and applications for pregnancy and postpartum. Taught by Mindy Cash, ND | | | | | |
| Physical Assessment I (PHY221q) | 2 Cr | 12 Sessions | Tuesdays 4/10/12 – 6/26/12 | 3:00pm – 5:00pm | Foster House |
| Co-requisite: Antepartum (ANT251q). Skills covered include vital signs, SOAP charting, head-to-toe physical assessment (excluding breast and reproductive exams) and universal precautions. Taught by Amy Johnson, BS, ND | | | | | |

Birthingway College of Midwifery COURSE OFFERING – Spring 2012

| | | | | | |
|--|------|------------|---|------------------|---------------|
| Plant Medicine I (PLM221q) | 2 Cr | 7 Sessions | Fridays 4/13/12 – 5/25/12 | 1:30pm – 4:30pm | Carlton House |
| This course covers techniques for utilizing plants in health care including identifying and harvesting herbs; engaging in hands-on preparation of teas (infusions and decoctions) and tinctures using both scientific and folk method; glycerites and vinegars. Includes an herb walk and field trip. Taught by Cari Nyland, BA, ND | | | | | |
| Postpartum Doula (PPD121q) | 2 Cr | 5 Sessions | Thursdays 4/12, 4/19, 4/26, 5/3, 5/10/12 | 12:00pm – 4:00pm | Carlton House |
| Gain knowledge and skills for assisting women after birth, including hormones in the postpartum, maternal changes, infant care, mood disorders, physical care and breastfeeding support. Taught by Kimberly Bepler, ICPE, PCD, CPD, CLE | | | | | |
| Practice Materials (PRP411q) | 1 Cr | 4 Sessions | Mondays 4/23, 5/7, 5/21, 6/4/21 | 3:00pm – 7:00pm | Carlton House |
| Prerequisites: All required midwifery program courses must be completed or in progress. For Midwifery students who matriculated 2011 or earlier. This capstone course brings together student work created throughout the midwifery curriculum, compiled into a resource used in practice scenarios with a standardized patient. Taught by Jackie Meyer, CPM | | | | | |
| Research Project (RSP411q) | 1 Cr | n/a | n/a | n/a | n/a |
| Prerequisite: Research Methods. Registration for this course limited to midwifery program students. This course focuses on the design and implementation of a research project, including definition of a topic, literature review, creation of bibliography and the production of a research paper. Please download a Research Project Registration Packet at www.birthingway.edu/registration.htm or request one in the front office. A completed Research Project Registration Form must be turned in (with payment) by the first day of the term to register. | | | | | |
| Sexually Transmitted Infections (STI311q) | 1 Cr | 5 Sessions | Thursdays 5/31/12 – 6/28/12 | 2:30pm – 5:00pm | Foster House |
| Pre- or Co-requisite: Microbiology (MIC341q). Using lecture, discussion and student presentations, this course covers common and rare sexually transmitted diseases and their causative microorganisms, risk factors, signs and symptoms, diagnosis, and treatment, as well as impact on mother, fetus, and newborn. Diseases covered include syphilis, gonorrhea, chlamydia, herpes simplex, HPV, HIV, hepatitis, chancre, parasites. Taught by Mia Crupper, BA, ND, LMT | | | | | |
| Suturing (SUT421q) | 2 Cr | 7 Sessions | Mondays 4/16/12 – 6/11/12 (6/4 make-up day. No class 5/28) | 1:30pm – 4:30pm | Carlton House |
| Prerequisite: Intrapartum. Registration for this course is limited to midwifery program students, midwives and approved community students. Skills include materials and equipment selection, perineal evaluation, repairs of first and second degree lacerations, use of local anesthetics and episiotomy. This course meets Legend Drugs and Devices educational requirements for Suturing required for Oregon licensure. Taught by Holly Scholles, MA, CPM, LDM | | | | | |
| Using Medical Literature (UML111q) | 1 Cr | 5 Sessions | Tuesdays 5/22/12 – 6/19/12 | 5:30pm – 8:00pm | Foster House |
| Basic statistical concepts, types of medical literature, critical analysis, "evidence-based" practice. Taught by Nancy Longatan, MEd | | | | | |
| FIRST YEAR MIDWIFERY PROGRAM LUNCH | N/A | N/A | Tuesdays 1:15pm – 2:15pm | | Foster House |
| FIRST YEAR MIDWIFERY PROGRAM COHORT | N/A | N/A | Tuesdays 2:15pm – 3:00pm | | Foster House |
| SECOND YEAR MIDWIFERY PROGRAM LUNCH | N/A | N/A | Thursdays 12:30pm – 1:00pm | | Foster House |
| SECOND YEAR MIDWIFERY PROGRAM COHORT | N/A | N/A | Thursdays 1:30pm – 2:30pm | | Foster House |
| THIRD YEAR MIDWIFERY PROGRAM LUNCH | N/A | N/A | Wednesdays 12:30pm – 1:30pm | | Foster House |
| THIRD YEAR MIDWIFERY PROGRAM COHORT | N/A | N/A | Wednesdays 1:30pm – 3:00pm | | Foster House |
| LACTATION PROGRAM COHORT | N/A | N/A | 5/3/12 1:00pm – 2:00pm, 5/24/12 2:00pm – 3:00pm, 6/14/12 2:00pm – 3:00pm | | Carlton House |

| | |
|---|---|
| Birthingway Non-credit Workshop: | Description: |
| <h1>Resuscitation Workshops</h1> | Birthingway renewal certification in Biodynamic Resuscitation of the Newborn including use of bag/valve/mask. AHA Healthcare Provider CPR certification includes use of AED, infant, child and adult resuscitation. Instructor: Denise Clark, EMT-P |

Date / Time / Location:

Biodynamic Resuscitation of the Newborn ~ 6/15/12 ~ 9:00am - 2:00pm *This is a renewal class, so you must provide a copy of your current neonatal resuscitation card when registering.*

AHA Healthcare Provider CPR Certification ~ 6/15/12 ~ 2:30pm - 5:30pm

Birthingway College of Midwifery - 12113 SE Foster St., Portland, OR 97266

Cost:

Biodynamic Resuscitation of the Newborn: \$80

AHA Healthcare Provider CPR Certification: \$50

Registration Deadline: 6/1/12 at 4:30pm. After this date and time, an additional \$75 late registration fee (non-refundable) is required. Sorry, no walk-in registrations on the day of the workshop will be accepted.

Required Course-pack / Equipment

None

Refund Policy:

Written notice is required to receive a refund. If written notice is received up to seven calendar days prior to the first day of class, you will receive a 95% refund of the course fee. After that point, 80% of the course fee will be refunded *up to the first class day*. No refund will be given on or after the first class day. Late registration and course-pack fees are non-refundable. If the minimum enrollment of 5 is not achieved, the course will be canceled and you will receive a 100% refund. Please allow four to six weeks for receipt of refund.

Please detach registration form here.

Spring 2012 Resuscitation Workshops Registration Form – Registration Deadline 6/1/12 at 4:30pm

| | |
|---|----|
| Biodynamic Resuscitation of the Newborn Workshop fee: \$80 <i>(please provide a copy of your current neonatal resuscitation card when registering)</i> | \$ |
| AHA Healthcare Provider CPR Certification Workshop fee: \$50 | \$ |
| \$75 Late Registration fee (non-refundable) if registration is received after 4:30pm on 6/1/12 | \$ |
| TOTAL | |

Payment method: (please circle) **Check/Money Order** **Cash** **PayPal (see below)**

Name (First, Last, Initial) _____ **SSN** (required for your transcript) _____

Address

Phone _____ **Email** _____

- We must receive this completed registration form, full payment, and a copy of your current neonatal resuscitation certification card to register for the Biodynamic Resuscitation of the Newborn Workshop.
- Please make check/money order payable and mail to the address below.
- Credit card payments are accepted through PayPal by visiting <http://www.birthingway.edu/payment.htm>. You don't need a PayPal account to pay with your credit card. By paying through PayPal, you agree to the terms and conditions on our payment page. You must include a copy of your PayPal confirmation with your registration form.
- If you fax your registration, please call to confirm we have received it.
- Please see our College Catalog and Student Handbook for college policies available at <http://www.birthingway.edu/for-students/college-catalog.htm>

OFFICE USE ONLY

Date/time/payment/initial _____

Please route in this order: _____ FIN _____ REG _____ FIN _____ LRC _____ OPS _____ SPC _____ File

Amount needed to clear registration: \$ _____ Amount Paid: \$ _____ Date/Time: _____

Method: _____ Reference #: _____

STUDENT NAME:

Birthingway College of Midwifery ~ Spring 2012 Registration

Registration for enrolled students (Midwifery or Lactation Consultant Program) begins February 17, 2012 at 8:30a.m.

Registration for Community Students begins February 24, 2012 at 8:30a.m.

REGISTRATION DEADLINE: MARCH 16, 2012 at 4:30 p.m.

Registrations are accepted by mail or fax; walk-in's are accepted in the front office during office hours only (Monday-Thursday 8:30 am- 5:30 pm, Friday 8:30 am- 4:30 pm). Please check our website for scheduled holidays. If you fax your registration (503) 760-3332 please call to confirm that we've received your fax.

| | | |
|--|---|-----------------|
| Tuition: \$381 per credit. To audit (\$381 per credit) please see www.birthingway.edu/for-students/registration.htm | | |
| Advanced Breastfeeding Skills II (ADS222q) 2 credits X \$381 per credit + \$24 course-pack = | \$ 786 | \$ |
| Anatomy and Physiology for Birth and Lactation Professionals (ANP151q) 5 credits X \$381 per credit = | \$1905 | \$ |
| Birth Impacts on Breastfeeding (BIB121q) 2 credits X \$381 per credit + \$14 course-pack = | \$ 776 | \$ |
| Botanicals I (BOT231q) 3 credits X \$381 per credit + \$28 course-pack = | \$1171 | \$ |
| Botany (BTY121q) 2 credits X \$381 per credit = | \$ 762 | \$ |
| Breastfeeding I (BRF111q) 1 credit X \$381 per credit + \$14 course-pack= | \$ 395 | \$ |
| Breastfeeding II (BRF222q) 2 credits X \$381 per credit + \$12 course-pack= | \$ 774 | \$ |
| Breastfeeding Skills (BFS211q) 1 credit X \$381 per credit + \$7 course-pack + \$33 lab fee = | \$ 421 | \$ |
| Childbirth Education (CBE141q) 4 credits X \$381 per credit + \$50 course-pack = | \$1574 | \$ |
| Communications I (COM121qa) 2 credits X \$381 per credit + \$8 course-pack = | \$ 770 | \$ |
| Communications I (COM121qb) 2 credits X \$381 per credit + \$8 course-pack = | \$ 770 | \$ |
| Independent Study If you wish to take this course please contact your Program Coordinator immediately. | Please use separate form. | |
| Infant Complex Breastfeeding Situations (ICS221q) 2 credits X \$381 per credit + \$24 course-pack = | \$ 786 | \$ |
| Information Literacy (INL111q) 1 credit X \$381 per credit + \$6 course-pack = | \$ 387 | \$ |
| Introduction to Healing Systems (STM121q) 2 credits X \$381 per credit = | \$ 762 | \$ |
| Medical Terminology (MED121q) 2 credits X \$381 per credit = | \$ 762 | \$ |
| Midwifery Culture (CUL431q) 3 credits X \$381 per credit + \$34 course-pack = | \$1177 | \$ |
| Nutrition (NUT221q) 2 credits X \$381 per credit = | \$ 762 | \$ |
| Plant Medicine I (PLM221q) 2 credits X \$381 per credit + \$5 course-pack + \$38 lab fee = | \$ 805 | \$ |
| Postpartum Doula (PPD121q) 2 credits X \$381 per credit + \$20 course-pack = | \$ 782 | \$ |
| Practice Materials (PRP411q) 1 credit X \$381 per credit = | \$ 381 | \$ |
| Suturing (SUT421q) 2 credits X \$381 per credit + \$8 course-pack + \$306 lab fee = | \$1076 | \$ |
| Using Medical Literature (UML111q) 1 credit X \$381 per credit + \$6 course-pack = | \$ 387 | \$ |
| Midwifery Program Students Only: Please note: SSDBR Fee is Signs and Symptoms Documentation Book Review Fee | | |
| Antepartum (ANT251q) 5 credits X \$381 per credit + \$85 course-pack = | \$1990 | \$ |
| Complex Situations II (CPX442q) 4 credits X \$381 per credit + \$170 course-pack = | \$ 1694 | \$ |
| Critical Care Skills I (CCS421q) 2 credits X \$381 per credit + \$21 course-pack + \$233 lab Fee = | \$1016 | \$ |
| Microbiology (MIC341q) 4 credits X \$381 per credit + \$64 course-pack = | \$1588 | \$ |
| Microbiology Skills (MIC311q) 1 credits X \$381 per credit + \$11 course-pack + \$80 lab Fee = | \$ 472 | \$ |
| Physical Assessment I (PHY221q) 2 credits X \$381 per credit + \$38 lab fee = | \$ 800 | \$ |
| Sexually Transmitted Infections (STI311q) 1 credit X \$381 per credit + \$10 course-pack = | \$ 391 | \$ |
| Research Project (RSP411q) 1 credit To register, you must turn in a <i>Registration Form for Research Project</i> and payment by the first day of the term. This form is available here: www.birthingway.edu/registration.htm . | Please use separate form. | |
| <input type="checkbox"/> I intend to register for Clinical Training Credit this term. To register, you must turn in a completed Registration Form for Clinical Training available at www.birthingway.edu/registration.htm If this is your first time registering for Clinical Training credit, please contact the Faculty Coordinator. | Please do not use this space to register for Clinical Training credits (use separate form - see information at left). | |
| <input type="checkbox"/> I am working with this preceptor: _____ (Preceptor Name) | | |
| > > PLEASE TELL US WHO YOU ARE WORKING WITH EVEN IF YOU AREN'T TAKING CREDITS. Your preceptor must be approved by Birthingway. If you're not sure, please check with the Faculty Coordinator. | | |
| Do you intend to graduate in this term or the next? (please circle one) Yes No If "Yes", please schedule a meeting with the Student Affairs Coordinator to discuss the graduation process. | | |
| Registration Fees (Required for all students): | | |
| | TECHNOLOGY FEE | \$ 15.00 |
| | REGISTRATION FEE | \$ 50.00 |
| LATE REGISTRATION FEE \$75 (due in addition to the Registration Fee if received after 4:30pm on March 16, 2012) | | \$ |
| TOTAL | | \$ |

Registrations will be date/time stamped in order of receipt. Registrations received BEFORE registration begins will be date/time stamped after 4:30pm on registration day, in order of receipt. Registrations received AFTER 4:30pm on the registration deadline will incur a \$75 late registration fee. Several courses have readings due the first day of class. Please check with the front office for the availability of the syllabus and/or course-pack ten days before the start of each course.

>> PLEASE COMPLETE THE REVERSE SIDE OF THIS FORM <<

I am a (please check all that apply): ☐ Midwifery Student ☐ Lactation Consultant Student ☐ Community Student Soc. Sec. No. (Required for IRS 1098T)

| | | |
|----------------------------|-----------------------|---|
| Last Name (Required) | First Name (Required) | Middle Initial (Required) |
| Mailing Address (Required) | City (Required) | State (Required) |
| Zip (Required) | | |
| Phone (Optional) | E-mail (Optional)* | Emergency Contact: name, relation and phone number (Optional) |

**Community Students only. Midwifery or Lactation students will be given a birthingway.edu address which will be used exclusively. We will send school notices, information about your school account, financial aid (if applicable), or other potentially sensitive information to your email address.*

PRIVACY PREFERENCE: **Midwifery or Lactation Consultant Students Only:** Student directory information includes name, address, phone number, email address and matriculation year. Birthingway does not indiscriminately distribute private information to the general public, but student, graduate, and alumni directory information may be provided to community members such as local midwives, school alumni, or other students. Student name, phone number, email address and matriculation year is made available to all matriculated students in the published *Student Roster*. Students who choose to be Privacy Protected will not be listed on the *Student Roster*, and for security reasons, will not be acknowledged as a student of Birthingway to ANY outside inquiry.

☐ **PRIVACY PROTECTED.**
Do not share my information with anyone.

CANCELLATION CLAUSE:

Should you decide to cancel this agreement in writing within three business days, you are entitled to a full refund of all fees and tuition. **After the three-day cancellation period, should you decide to cancel your registration and not attend, refunds will be made per the refund policy below.**

REFUND POLICY - You are expected to attend all classes for which you register. **If you do not attend or stop attending and fail to drop within the refund period, you remain responsible for all tuition and fees.** If you wish to drop a course, please fill out a Withdrawal/Drop Form (available on our website or in the front office) and either mail, fax, or hand it in to the front office. You will receive a refund of tuition per the refund schedule below. **Registration Fee, Late Registration Fee, and Technology Fee are non-refundable. Equipment Kit Fees, Course-pack Fees, and Lab Fees are non-refundable after the Registration Deadline.** Please allow four to six weeks for receipt of refund. **The dates below are based on calendar days.**

| <u>WITHDRAWAL DATE</u> | <u>TUITION REFUND</u> | <u>WITHDRAWAL DATE</u> | <u>TUITION REFUND</u> |
|---|-----------------------|---|-----------------------|
| On or before 1st day of term | 100% | 22 nd day through 28 th day of term | 44% |
| 2 nd day through 7 th day of term | 86% | 29 th day through 35 th day of term | 30% |
| 8 th day through 14 th day of term | 72% | 36 th day through 42 nd day of term | 16% |
| 15 th day through 21 st day of term | 58% | Day 43 through end of term | No Refund |

Payment of tuition and fees is due at the time of registration for each term unless you are eligible for a financial aid disbursement in the term (have a complete FAFSA on file and signed award letter with an anticipated disbursement in this term). Financial Aid is only available for eligible Midwifery or ALC Degree Students. Equipment kit charges are due when ordered, unless you are on financial aid AND you have authorized payment from your financial aid disbursement. All overdue amounts are subject to finance charges of 15% APR with a \$5 minimum per month. A student must be in good financial standing to register for a new term. Any costs incurred to collect these amounts are the responsibility of the student.

Credit card payments are accepted through PayPal by visiting <http://www.birthingway.edu/payment.htm>. You don't need a PayPal account to pay with your credit card. By paying through PayPal, you agree to PayPal and Birthingway's terms and conditions. You must include a copy of your PayPal payment confirmation if paying by PayPal, or your registration will be incomplete and delayed until confirmation is received.

By signing below, I agree that I have read and understand all policies stated above.

| | |
|--|------|
| STUDENT SIGNATURE (Required to process your registration.) | DATE |
|--|------|

An unsigned registration form will delay your registration until signed.

OFFICE USE ONLY

Date/time/payment/initial _____

Please route: _____ FIN _____ REG _____ FIN _____ LRC _____ FAC _____ TECH _____ MPC _____ LPC _____ SPC _____ File _____

____ Has Financial Aid (cleared). Amount needed to clear registration: \$ _____ Amount Paid: \$ _____ Date/Time: _____

Method: _____ Reference #: _____

Birthingway College of Midwifery

TEXTBOOK ORDER FORM - Spring textbook order/cancel deadline: **March 16, 2012 at 4:30pm**

Student Name: (required) _____

Textbook/equipment kit cancellations or additions will not be accepted after **March 16, 2012 at 4:30pm**. You are responsible to pay for and pick up your books, even if you drop the course.

The cost for the textbooks/kits below will not necessarily reflect the lowest price. Online prices change often. You are not required to order textbooks/kits through Birthingway, but the books/kits listed below are required. You may choose to order texts/equipment on your own. Textbooks and kits should be available the week of April 2nd, but times may vary. Please contact the Learning Resources Coordinator with any questions, concerns, or to check on the status of your order. You can contact her via phone or at brittany@birthingway.edu.

You must provide payment with this form, unless you are eligible for a financial aid disbursement in the term AND have signed at the bottom of this form.

Be sure to double check your order. Birthingway does not check for repeat orders and cannot be held responsible for any mistakes made by the student.

| Course | Title of Required Textbook | ISBN # | Price \$ | Order \$ |
|---|--|---------------|----------|----------|
| Advanced Breastfeeding Skills II (ADS222q) | Wilson-Clay B, Hoover K. <i>The Breastfeeding Atlas</i> . 4 th ed. 2008. | 0967275857 | \$59 | |
| | Coates M, Riordan J. <i>Breastfeeding and Human Lactation Study Guide</i> . 4 th ed. 2011. | 9780763758820 | \$62 | |
| | Altman D. <i>Clinics in Human Lactation: History and Assessment: It's All In The Details</i> . 2008. | 9780981525761 | \$19 | |
| | Lauwers J, Swisher A. <i>Counseling the Nursing Mother: A Lactation Consultant's Guide</i> . 5 th ed. 2011. | 9780763780524 | \$99 | |
| | Cadwell K. <i>Maternal and Infant Assessment for Breastfeeding and Human Lactation: A Guide for the Practitioner</i> . 2 nd ed. 2006. | 0763735779 | \$62 | |
| | Genna CW. <i>Selecting and Using Breastfeeding Tools: Improving care and Outcomes</i> . 2009. | 9780982337912 | \$33 | |
| | Genna CW. <i>Supporting Sucking Skills in Breastfeeding Infants</i> . 2008. | 0763740373 | \$66 | |
| Anatomy and Physiology for Birth Professionals (ANP151q) | Cohen BJ, Taylor JJ. Memmler's <i>The Human Body in Health and Disease and Study Guide</i> . 11 th ed. 2008. | 0781765781 | \$74 | |
| Antepartum (ANT251q) | Davis E. <i>Heart and Hands: A Midwife's Guide to Pregnancy and Birth</i> . 4 th ed. 2004. | 1587612216 | \$33 | |
| | Frye A. <i>Holistic Midwifery Volume I: Care During Pregnancy</i> . Reprint 2010. | 189114555X | \$80 | |
| | Frye A. <i>Understanding Diagnostic Tests in the Childbearing Year</i> . 7 th ed. 2007. | 1891145568 | \$65 | |
| | Varney H. <i>Varney's Midwifery</i> . 4 th ed. 2003. | 0763718564 | \$160 | |
| Birth Impacts on Breastfeeding (BIB121q) | Smith L, Kroeger M. <i>The Impact of Birthing Practices on Breastfeeding</i> . 2 nd ed. 2009. | 0763763748 | \$62 | |
| Botanicals I (BOT231q) | Romm A. <i>Botanical Medicine for Women's Health</i> . 2010. | 0443072779 | \$63 | |
| | Gladstar R. <i>Herbal Healing for Women</i> . 1993. | 0671767674 | \$16 | |
| | Romm A. <i>Naturally Healthy Babies and Children</i> . 2003. | 1587611929 | \$18 | |
| Botany (BTY121q) | Elpel T. <i>Botany in a Day: The Pattern Method of Plant Identification</i> . 5 th ed. 2004. | 1892784157 | \$30 | |
| | Pojar J, MacKinnon A. <i>Plants of the Pacific Northwest Coast: Washington, Oregon, British Columbia and Alaska</i> . Revised ed. 2004. | 1551055309 | \$25 | |
| Breastfeeding I (BRF111q) | Lauwers J, Swisher A. <i>Counseling the Nursing Mother: A Lactation Consultant's Guide</i> . 5 th ed. 2010. | 9780763780524 | \$99 | |
| Breastfeeding II (BRF222q) | Lauwers J, Swisher A. <i>Counseling the Nursing Mother: A Lactation Consultant's Guide</i> . 5 th ed. 2010. | 9780763780524 | \$99 | |
| Breastfeeding Skills (BFS211q) | Genna CW. <i>Supporting Sucking Skills in Breastfeeding Infants</i> . 2008. | 0763740373 | \$66 | |
| Communications I (COM121q) | Rosenberg MB. <i>Nonviolent Communication: A Language of Life</i> . 2 nd ed. 2003. | 1892005034 | \$20 | |
| Complex Situations II (CPX442q) | Gurenberg BU: <i>Birth Emergency Skills Training: Manual for Out-of-Hospital Midwives</i> . 2008. | 0979002001 | \$36 | |
| | Frye A. <i>Holistic Midwifery Volume I: Care During Pregnancy</i> . Reprint 2010. | 189114555X | \$80 | |
| | Frye A. <i>Holistic Midwifery Volume II: Care During Labor and Birth</i> . 2004. | 1891145606 | \$130 | |
| | Frye A. <i>Understanding Diagnostic Tests in the Childbearing Year</i> . 7 th ed. 2007. | 1891145568 | \$65 | |
| | Varney H. <i>Varney's Midwifery</i> . 4 th ed. 2003. | 0763718564 | \$160 | |
| Critical Care Skills I (CCS421q) | Gurenberg BU: <i>Birth Emergency Skills Training: Manual for Out-of-Hospital Midwives</i> . 2008. | 0979002001 | \$36 | |
| | Frye A. <i>Holistic Midwifery Volume II: Care During Labor and Birth</i> . 2004. | 1891145606 | \$130 | |
| | Boyle D, Goldsmith JP, et al. <i>Textbook for Neonatal Resuscitation</i> . 6 th ed. 2011. | 1581104987 | \$56 | |
| | Varney H. <i>Varney's Midwifery</i> . 4 th ed. 2003. | 0763718564 | \$160 | |
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|--|---|---------------|-------|--|
| Infant Complex Breastfeeding (ICS221q) | Wilson-Clay B, Hoover K. <i>The Breastfeeding Atlas</i> . 4 th ed. 2008. | 0967275857 | \$59 | |
| | Lauwers J, Swisher A. <i>Counseling the Nursing Mother: A Lactation Consultant's Guide</i> . 5 th ed. 2011. | 9780763780524 | \$99 | |
| | Genna CW. <i>Selecting and Using Breastfeeding Tools: Improving care and Outcomes</i> . 2009. | 9780982337912 | \$33 | |
| | Genna CW. <i>Supporting Sucking Skills in Breastfeeding Infants</i> . 2008. | 0763740373 | \$66 | |
| Information Literacy (INL111q) | Spencer S. <i>Google Power Search</i> . 2011. (can purchase either print or ebook) | 1449311563 | \$13 | |
| Introduction to Healing Systems (STM121q) | Goldblatt E, et al. <i>Clinicians' and Educators' Desk Reference on the Licensed Complementary and Alternative Healthcare Professions</i> . 2009. | 0557131081 | \$25 | |
| Medical Terminology (MED121q) | Ehrlich A, Schroeder C. <i>Medical Terminology for Health Professionals</i> . 6 th ed. 2009. | 1418072524 | \$99 | |
| Microbiology (MIC341q) | Engelkirk P. <i>Burton's Microbiology for the Health Sciences</i> . 9 th ed. 2010. | 1605476730 | \$92 | |
| | Frye A. <i>Understanding Diagnostic Tests in the Childbearing Year</i> . 7 th ed. 2007. | 1891145568 | \$65 | |
| Microbiology Skills (MIC311q) | Frye A. <i>Understanding Diagnostic Tests in the Childbearing Year</i> . 7 th ed. 2007. | 1891145568 | \$65 | |
| Midwifery Culture (CUL431q) | Diamant A. <i>The Red Tent</i> . 1997. (You may use any edition) | 0312427298 | \$15 | |
| | Ehrenreich B, English D. <i>Witches, Midwives, and Nurses: A History of Women Healers</i> . 2 nd ed. 2010. | 1558616616 | \$9 | |
| Physical Assessment I (PHY221q) | Bickley L. <i>Bates' Guide to Physical Examination and History Taking</i> . 10 th ed. 2009. | 0781780586 | \$112 | |
| | Frye A. <i>Holistic Midwifery Volume I: Care During Pregnancy</i> . Reprint 2010. | 189114555X | \$80 | |
| Plant Medicine I (PLM221q) | Green J. <i>The Herbal Medicine-Maker's Handbook: A Home Manual</i> . 2000. | 0895949903 | \$23 | |
| | Soule D. <i>A Woman's Handbook of Healing Herbs: A Guide to Natural Remedies</i> . 2011. | 1616082763 | \$15 | |
| Postpartum Doula (PPD121q) | Jana L, Shu J. <i>Heading Home with your Newborn: From Birth to Reality</i> . 2 nd ed. 2011. | 1581104448 | \$16 | |
| | Plaskin S. <i>Mothering the New Mother: Women's Feelings and Needs After Childbirth</i> . 2 nd ed. 2000. | 1557043175 | \$20 | |
| | Huggins K. <i>The Nursing Mother's Companion</i> . 6 th ed. 2010. | 1558327207 | \$17 | |
| | Kelleher J. <i>Nurturing the Family: The Guide for Postpartum Doulas</i> . 2002. | 1401057853 | \$21 | |
| Sexually Transmitted Infections (STI311q) | Frye A. <i>Understanding Diagnostic Tests in the Childbearing Year</i> . 7 th ed. 2007. | 1891145568 | \$65 | |
| Suturing (SUT421q) | Frye A. <i>Healing Passage: A Midwife's Guide to the Care and Repair of the Tissues Involved in Birth</i> . 6 th ed. 2010. | 9781891145582 | \$75 | |
| | Varney H. <i>Varney's Midwifery</i> . 4 th ed. 2003. | 0763718564 | \$160 | |
| Using Medical Literature (UML111q) | Woloshin S, et al. <i>Know Your Chances: Understanding Health Statistics</i> . 2008. | 0520252225 | \$22 | |
| | Best J. <i>Stat-spotting: a Field Guide to Identifying Dubious Data</i> . 2008. | 0520257464 | \$25 | |

▼ Equipment Kits ----- ▼ -----Equipment Kits----- ▼ -----Equipment Kits ▼

| | | | |
|--|--|-------|--|
| First Year Equipment Kits (Total of 11 items. Please check each item carefully) | <ul style="list-style-type: none"> - Legacy aneroid latex-free adult blood pressure unit - Class II SE double-headed stethoscope - Fetal model: shoulders must fit through pelvis and head circumference must be 33cm or 12.75". We would prefer the baby's head to have suture lines, or the ability to draw in suture lines. - Vinyl model pelvis - Safety goggles - Economy fetoscope - Taylor hammer - Digital thermometer - Notoco pocket otoscope - Retractable tape measure | \$355 | |
| Suturing Kit (Total of 7 items. Please check each item carefully) | <ul style="list-style-type: none"> - Mayo Hegar 6" Needle Holder (Miltex) - Russian Forceps 6" (Miltex) - Rochester Pean straight forcep (Vantage) - Operating scissors: blunt-blunt 5.5" (Vantage) - Rochester Pean curved forcep (Vantage) - 6" Ruler, with centimeters - Spencer Stitch Scissors 3.5 (Vantage) | \$172 | |

TOTAL for textbooks/kits----- \$

Courses with no required textbooks:
Childbirth Education (CBE141q), Nutrition (NUT131q), Practice Materials (PRP411q)

Printed Name: _____

By signing below, I am agreeing to pay for the above textbook order either by providing payment with this complete form or by authorizing use of my student aid funds for the charges listed on this form. I understand any charges not covered by aid will be due upon receipt of a statement.

Signature (required): _____ **Date:** _____

Office Use Only:

Date/Time/Payment/Initial _____

Please route in the following order:

____ FIN ____ LRC FILE

Birthingway College of Midwifery
PRESENTS

The 1st annual PLANT-IN!

Join in and help start healthy seedlings indoors to sell at our 10th annual Plant Sale in May! All are welcome to come join in on the fun and support Birthingway. Please bring your friends and family! Proceeds from the sale of these plants go to support the College! If you can, please bring compost, soil, seeds and plastic planters.

Thursday, March 1, 2012
5:30pm in Foster Kitchen and Skills Room



DON'T FORGET!

The 10th annual PLANT SALE

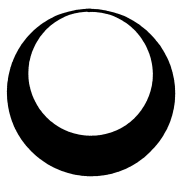
May 5 & 6, 2012

Saturday, 9:00am to 3:00pm

Sunday, 10:00 am to 3:00pm

Ben and Jerry's Parking Lot
SE 36th and Hawthorne

If you would like to volunteer time or material - please call Birthingway at
503.760.3131 or e: Jena@birthingway.edu



**Birthingway
College of Midwifery**
12113 SE Foster Rd.
Portland, OR 97266

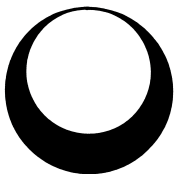
Phone:
503.760.3131

Fax:
503.760.3332

E-mail:
info@birthingway.edu

If you receive this newsletter via email and
you would prefer to receive it by mail,
please contact the college at
info@birthingway.edu
or at 503-760-3131

Also, don't forget: you can download all of
the registration forms from
www.birthingway.edu



**Birthingway
College of Midwifery**
12113 SE Foster Rd.
Portland, OR 97266

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