



Birthingways

Fall 2012

Volume 17 Issue 3

The Newsletter of Birthingway College of Midwifery

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Calendar Fall 2012

Big Latch On	8/4/12
So, You Want to Be a Midwife? Workshop	8/26/12
School Closed for Labor Day	9/3/12
Summer Term Ends	9/7/12
Fall Term Begins	9/13/12
So, You Want to Be a Lactation Consultant? Workshop	9/25/12
Meet and Greet	11/16/12
Fall Term Ends	12/7/12

Midwifery Graduation 2012



(left to right) Melanya Gonshorowski, Heather Forbes, Jennifer Sanders, Tzipora Kirschner and Jocelyn Brown

Birthingway is proud to announce the following 2011 and 2012 Midwifery Program graduates:

Sally Acosta
Jocelyn Brown
Elizabeth Collins
Ayla Dunn
Heather Forbes
Melanya Gonshorowski
Tzipora Kirschner
Jessica Mairs
Nichole Reding
Jennifer Sanders

The heartfelt ceremony was held on **Thursday, June 28** at the Leach Botanical Gardens. We have many wonderful musicians to thank including **Tracy Kosmecki** who played processional on the violin, **Chelsea Campbell-Martin** and **Derrick Martin** who rocked the event with a song and guitar accompaniment and **Katherine Sanderson** who wrote and sang an emotionally touching song.

Maura Jansen also honored the graduates with a powerful reading. Our student volunteers **Chelsea Campbell-Martin, Suzannah Wright, Emily Padua, Raina Steenson, Calla Maria Davis-Boozer, and Calina Brooke** also deserve a big thank you for all their support to make the evening look beautiful. You all made this event memorable to all who graduated, their family and friends.

"Teaching hands engulfed mine until they were ready to fly. My hands are joined in a circle which is unbroken through time. Sometimes my hands do nothing. Their most important work will be still with fingers laced and witness. The 'art of doing nothing' has been passed from one generation to the next." From Hands - Jan Weingrad

So, You Want To Be a Midwife?

An exciting workshop for prospective midwifery students.

Sunday, August 26, 2012, 9:00am - 5:00pm

Birthingway College of Midwifery

12113 SE Foster Road, Portland, OR 97266 Ph: 503.760.3131 Fax: 503.760.3332 info@birthingway.edu www.birthingway.edu

Cost on or before August 13, 2012 - \$70 (add \$10 for each accompanying guest)

Cost after August 13, 2012 - \$80 (add \$15 for each accompanying guest)

REFUND POLICY: Written notice of refund request must be received no later than seven days prior to the day of the workshop to receive a 95% refund. After that date, no refund will be given. Minimum workshop size is six people. If the minimum enrollment is not achieved, the workshop will be canceled and all fees will be refunded.

Schedule includes:

- ★ Sign-in, settle in (coffee, tea and light snack available)
 - ★ Welcome and introductions
 - ★ All about Birthingway
- ★ Paths to midwifery: Direct Entry, CNM, and ND
 - ★ Students discuss their experiences
 - ★ Delicious Lunch (provided)
- ★ Midwives' families discuss living with a midwife
 - ★ Midwives tell their stories
- ★ Questions, discussion, and conclusions

> > > Please detach lower portion and include with payment < < <

Please register me for So, You Want To Be a Midwife? – Sunday, August 26, 2012

Cost on or before August 13, 2012 - \$70 (add \$10 for each accompanying partner, spouse, parent)

Cost after August 13, 2012 - \$80 (add \$15 for each accompanying guest)

Total Amount Enclosed: \$ _____ Total Number Attending: _____

☐ I am enclosing a check or money order with my registration form.

☐ I am paying with a credit card through PayPal (see below) and mailing or faxing my registration form.

Name _____

Address, City, State, Zip _____

Phone _____

E-Mail _____

- We must receive this completed registration form AND full payment to register you for this workshop.
- Please make check/money order payable and mail to the address below.
- Credit card payments are accepted through PayPal by visiting <http://www.birthingway.edu/payment.htm>. You don't need a PayPal account to pay with your credit card. By paying through PayPal, you agree to the terms and conditions on our payment page. You must include a copy of your PayPal confirmation with your registration form.
- If you fax your registration, please call to confirm that we have received it.

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Date/time/payment/initial _____

Please route in this order: _____ FIN _____ REG _____ TECH _____ FIN _____ LRC _____ OPS _____ SPPC _____ SAC _____ File

Amount needed to clear registration: \$ _____ Amount Paid: \$ _____ Date/Time: _____

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Community and Student News



New Faculty and Staff

Meg Stalnaker, a board certified lactation consultant, has a private practice and does home and office lactation visits. She teaches childbirth, breastfeeding and newborn care classes at various locations in Portland and facilitates a breastfeeding support group at Zenana Spa and Wellness Center. Meg is a member of the International Lactation Consultants Association and Nursing Mothers Council of Oregon. "I became interested in birth, breastfeeding and parenting in 1989 when I was pregnant with my son Deyen. His birth was a life changing event. I not only became a parent for the first time but embarked on a whole new life path and career. What followed was starting a postpartum care business in San Francisco. Then I moved to Portland where I started working as a midwife. During this time I went to Birthingway and worked with other midwives. Since 2007, I've been working as a Lactation specialist. The greatest inspiration comes from my own children, Deyen, Julian, and Sophia, and my village of friends and family." She is now teaching *Birth Impacts on Breastfeeding* at Birthingway.

New Community Student Advisor

Birthingway is experiencing an increase in the number of students who are taking just a few courses, but may not be formally enrolled in a program. We call these students "Community Students" and we love the way they enrich our entire community. However, because they are not enrolled in a program, sometimes details can fall through the cracks. So we have established a Community Student Advisor who will work with community students to help smooth their academic path at Birthingway. Whether for one course one term, or for many course over several terms, we want each person's Birthingway experience to be a positive one. If you are registering for any class without first applying for or enrolling in a program, please mark the Community Student box on the registration form. Your registration will be forwarded to **Nichole Reding**, our Academic Coordinator and new Community Student Advisor. She will contact you to make sure you have the information you need to get started at Birthingway. If you have any questions about taking classes as a community student, please feel free to contact Nichole at 503-760-3131.



Plant Sale

Dirty hands, seeds plus volunteers equal beautiful plants and vegetable starts! Birthingway's 10th Annual Plant Sale in May was a fabulous success thanks to our dedicated board member **Polly Gottesman**, many student volunteers, and community businesses. We are proud to say that this year we increased our fundraising success by 75 percent!

If you would like to be a part of our Plant In and Sale fundraiser this coming March contact our Outreach Coordinator jena@birthingway.edu.

Birthingway Campus

You may have noticed that there are new plantings on the eastern side of the Foster House. These have been made possible through a Johnson Creek Watershed Stewardship grant! Much thanks to second year midwifery student, **Kyla Carstensen**, first year midwifery student, **Brooke O'Steen** and community member **Chloe Flora** for volunteering their time and effort to help plant! Keep an eye out as the landscaping on campus continues to change. If you'd like to take part in it, please email Amari at amari@birthingway.edu for more info on how you can help!

Birthingway Non-credit Workshop:	Description:
<h1>Postpartum Doula Workshop</h1> <h2>Supporting Transitions After Birth</h2> <p>Please note: This is also offered as a credit course (more work is required). If you would like to take the credit course, please use the Fall 2012 Registration Form included in this newsletter.</p>	<p>Gain knowledge and skills for assisting women after birth, including hormones in the postpartum, maternal changes, infant care, mood disorders, physical care and breastfeeding support. This course constitutes one step towards Birthingway's Postpartum Doula Certification. Instructor: Kimberly Bepler, ICPE, PCD, CPD, CLE</p>

Date / Time / Location:

Thursdays ~ 9/27, 10/11, 10/25, 11/8, 11/29, 12/6/12 (6 sessions) ~ 12:30pm - 4:30pm
Birthingway College of Midwifery - Carlton House 12108 SE Carlton St., Portland, OR 97266

Cost:

Workshop fee: \$450
 Registration start date for Community Students: 8/13/12 at 8:30am. Registration start date for Enrolled Students - 8/3/12 at 8:30am.
 Registration Deadline: 8/24/2012 at 4:30pm. After this date and time, an additional \$75 late registration fee (non-refundable) is required. Sorry, no walk-in registrations on the day of the workshop will be accepted.

Required Course-pack / Equipment

Course-pack fee (non-refundable): \$6 Course-pack will be available for pick-up at Birthingway College during office hours after the registration deadline. Please call ahead to confirm availability.

The following books must be read prior to the workshop (but are not required to be owned):

- Sally Placksin. **Mothering the New Mother: Women's Feelings and Needs After Childbirth** a Support and Resource Guide, 2nd ed. Newmarket Press. 2000.
- Laura A. Jana, Jennifer Shu. **Heading Home with Your Newborn : From Birth to Reality**, American Academy of Pediatrics. 2005.
- Kathleen Huggins. **The Nursing Mother's Companion**, 4th revised ed. Harvard Common Press. 2005.

Refund Policy:

Written notice is required to receive a refund. If written notice is received up to seven calendar days prior to the first day of class, you will receive a 95% refund of the course fee. After that point, 80% of the course fee will be refunded up to the first class day. **No refund will be given on or after the first class day.** Late registration and course-pack fees are non-refundable. If the minimum enrollment of 5 is not achieved, the course will be canceled and you will receive a 100% refund. Please allow four to six weeks for receipt of refund.
 Please detach registration form here.

Fall 2012 Postpartum Doula Workshop Registration Form – Registration Deadline 8/24/2012 at 4:30pm

Postpartum Doula Workshop fee: \$450 + \$6 course-pack fee (non-refundable) = \$456	\$
Please send the course-pack to me. I have included \$6 postage and handling.	\$
\$75 Late Registration fee (non-refundable) in addition to the workshop fee if registration is received after 4:30pm on 8/24/12	\$
TOTAL	

Payment method: (please circle) Check/Money Order Cash PayPal (see below)

Name

Address

Phone _____ **Email** _____

- We must receive this completed registration form AND full payment to register you for this workshop.
- Please make check/money order payable and mail to the address below.
- Credit card payments are accepted through PayPal by visiting <http://www.birthingway.edu/payment.htm>. You don't need a PayPal account to pay with your credit card. By paying through PayPal, you agree to the terms and conditions on our payment page. **You must include a copy of your PayPal confirmation with your registration form.**
- If you fax your registration, please call to confirm we have received it.
- Please see our Student Handbook and College Catalog for college policies available at <http://www.birthingway.edu/for-students/college-catalog.htm>

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Method: _____ Reference #: _____

Community and Student News Continued

Weddings and Births

Calina Brooke, third year midwifery student, is planning to marry her beloved partner **Aaron Selmanson** on August 24. They are having a private ceremony with close friends at the Out and About Tree House Resort in southern Oregon. They dream of traveling to the South Pacific for their honeymoon to visit Fiji and New Zealand over Christmas break! For more details about the ceremony check their wedding website www.weddingwire.com/Call_yNAaronNLove

Midwifery extension student, **Angela Beach** is getting married to **Nathaniel Hart**, son of midwife **Gail Hart** on August 4!



Julian Rowan Artistico

The lovely Birthingway graduate, **Elizabeth Collins**, and her husband, **Daniele Artistico**, welcomed **Julian Rowan Artistico** at home, in the water, on Wednesday at dawn on June 27th, at home weighing 8lbs and 8oz. They are so in love with him and are enjoying themselves immensely.



Yarrow Syfrett

Mindy Harshman, extension student, is pleased to welcome the newest addition to the Birthingway 2008 Cohort: **Yarrow Cadence Syfrett**. He was born at home on land on May 12th, just one day after his due date. He was 8lbs and 7oz at birth. Both are doing great.



Belly Models Needed

Throughout fall term, our midwifery students will need tummies to touch and listen to so they can practice their skills. If you (or someone you know) will be at least 20 weeks pregnant by October, are available on Tuesdays from 3-5 pm beginning in October 2012, and would like to earn \$20 a session with our very gentle and loving students, then let us know. Please email Rhonda@birthingway or call the school at 503-760-3131.

Former midwifery student, **Molly Riesterer**, and her husband **Dylan** welcomed their sweet baby girl, **Laura Ann**, on July 2nd at 2:15pm. She weighed 7 lbs and was 19 in. long. They had her at The Dalles hospital with an amazing nurse midwife. Everything went beautifully. All natural and very hard, painful and intense.



Enzo Denali

Enzo Denali was born to Birthingway graduate, **Melanya Gonshorowski**, and her husband, **Alex**, on March 19th. He was born in a cabin in Nevada City, California. It was very special to Melanya that her mom and dad were among the nine people at the birth, and that she was holding each of their hands and leaning in to Alex as she pushed Enzo out in to the water. He weighed 7 lbs and 5 oz and was 21 in. long.

Thank you to first year midwifery student **Whitney Ellington** for designing our amazing 20th Anniversary logo. Check it out on the back cover!

Birthingway Non-credit Workshop:	Description:
<h1>The Labor Doula</h1> Assisting Women with Birth	Lecture, readings and practical skills for providing emotional and physical support for women in labor and immediate postpartum. This course constitutes one step towards Birthingway's Labor Doula Certification and also meets the prerequisite for admission to our midwifery program. Instructor: Stacey Marshall, CD (DONA), PCD, BC, CBE

Date / Time / Location:

Sundays ~ 9/16 - 10/28/12 ~ 1:00pm - 5:00pm

Birthingway College of Midwifery - Carlton House 12108 SE Carlton St., Portland, OR 97266

Cost:

Workshop fee: \$485 Registration Deadline: 8/24/12 at 4:30pm. After this date and time, an additional \$75 late registration fee (non-refundable) is required. Sorry, no walk-in registrations on the day of the workshop will be accepted.

Required Course-pack / Books

Course-pack fee (non-refundable): \$34 Course-pack will be available for pick-up at Birthingway College during office hours after the registration deadline. Please call ahead to confirm availability.

The following books must be read prior to attending the workshop, but are not required to be owned:

- Kitzinger S. *The Complete Book of Pregnancy and Childbirth*. 4th ed. Alfred A. Knopf, Inc; 2003.
- Gaskin IM. *Ina May's Guide to Childbirth*. Bantam Dell Publishing Group; 2003.

The following books will be read during the workshop, but are not required to be owned:

- England P and Horowitz R. *Birthing from Within*. Albuquerque, NM: Partera Press; 1998.
- Klaus MH, Kennell JH, Klaus PH. *The Doula Book*. Cambridge, MA. Perseus Publishing. 2002.
- Newman J and Pitman T. *The Ultimate Breastfeeding Book of Answers*. New York: Crown Publishing. 2006.

Refund Policy:

Written notice is required to receive a refund. If written notice is received up to seven calendar days prior to the first day of class, you will receive a 95% refund of the course fee. After that point, 80% of the course fee will be refunded *up to the first class day*. **No refund will be given on or after the first class day.** Late registration and course-pack fees are non-refundable. If the minimum enrollment of five is not achieved, the course will be canceled and you will receive a 100% refund. Please allow four to six weeks for receipt of refund.

Please detach registration form here.

Fall 2012 Labor Doula Workshop Registration Form – Registration Deadline 8/24/12 at 4:30pm

Labor Doula Workshop fee: \$485 + \$34 course-pack fee (non-refundable) = \$519	\$
Please send the course-pack to me. I have included \$6 postage and handling.	\$
\$75 Late Registration fee (non-refundable) in addition to the workshop fee if registration is received after 4:30pm on 8/24/12	\$
TOTAL	

Payment method: (please circle) Check/Money Order Cash PayPal (please see below)

Name

Address, City, State, Zip

Phone

Email

- We must receive this completed registration form AND full payment to register you for this workshop.
- Please make check/money order payable and mail to the address below.
- Credit card payments are accepted through PayPal by visiting <http://www.birthingway.edu/payment.htm>. You don't need a PayPal account to pay with your credit card. By paying through PayPal, you agree to the terms and conditions on our payment page. **You must include a copy of your PayPal confirmation with your registration form.**
- If you fax your registration, please call to confirm that we have received it.
- Please see our Student Handbook and College Catalog for college policies available at <http://www.birthingway.edu/for-students/college-catalog.htm>

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Method: _____ Reference #: _____

Specialized Programs and Library News



Postpartum Doula Program

The students in the Postpartum Doula Program have been very busy this term. Thank you for all your hard work! We would like to offer a warm welcome to our new Postpartum Doula Program Students:

Corinne Friedrich
Kelli Erickson

Congratulations to **Calina Brooke** for certifying as a Birthingway Postpartum Doula!!

We wrapped up a lovely workshop this spring and have another scheduled to begin in the fall. For more information about the fall workshop, please contact Sadie@birthingway.edu

Labor Doula Program

As our Labor Doula Practicum continues to grow so does the birth leads that come in from the surrounding area. We have several students who joined the practicum this term and many more close to certification. We are very excited to welcome the following to our Labor Doula Practicum:

Brooke Francis
Ayna Bliznyuk
Nicole Probst
Yuliya Yablokova
Eliza Rotterman

Congratulations to **Catherine Waxenfelter** and **Priscilla Fairall**, **Whitney Ellington**, and **Jill Lewis** for certifying as Birthingway labor doulas! Thank you for all your hard work and dedication to our program.



New CEU Offering

Mary Sommers, CPM, is coming to Birthingway to speak about her experiences as a midwife and community health provider. Mary is the Director of Academic Affairs for the Midwest Maternal Child Institute (MMCI). For 20 years she has worked as an administrator and director of maternal child health programs. She has also worked as a midwife, doula, and lactation consultant for various private practices in the Chicago area and Madison, and has directed several nurse-midwifery practices.

Please join us on **Wednesday evening, September 26th**, to hear her stories and discuss ways to bridge the gap between home and hospital care.

For more details, check our website and facebook or contact Sadie@birthingway.edu.

Library News

Library Hours

Summer Hours
Tues-Thurs 10:00-5:00

Extended fall hours
begin on **September 17th**.

Check
www.Birthingway.edu
for more details.



Community Library Cards

Everyone is welcome to come browse the library, read a book, or watch a video. Community members who'd like to borrow materials may purchase a community library card:

\$15 for three months
\$25 for six months
\$40 for the entire year

Birthingway Non-credit Workshop:	Description:
<h1>Childbirth Educator Workshop</h1> <p>Birthingway's Distinctive Biodynamic Approach to Childbirth</p> <p>Please note: This is also offered as a credit course (more work required). If you would like to take the credit course, please use the Fall 2012 Registration Form in this newsletter.</p>	Examines the history of childbirth education and preconceptions about birth, while building tools for developing a childbirth education series based on Birthingway's Biodynamic Model. This course constitutes one step towards Birthingway's Childbirth Educator Certification. Instructor: Nichole Reding, MA, CD, CPM

Date / Time / Location:

Thursdays ~ 9/13/12 - 11/1/12 ~ 5:00pm - 9:00pm and 11/8/12 3:00pm - 9:00pm
Birthingway College of Midwifery - Carlton House 12108 SE Carlton St., Portland, OR 97266

Cost:

Workshop fee: \$595

Registration Start Date for Community Students: 8/13/12 at 8:30am. Registration Start Date for Enrolled Students - 8/3/12 at 8:30am. Registration Deadline: 8/24/2012 at 4:30pm. After this date and time, an additional \$75 late registration fee (non-refundable) is required. Sorry, no walk-in registrations on the day of the workshop will be accepted.

Course-pack / Required Reading:

Course-pack fee (non-refundable): \$50 Course-pack will be available for pick-up at Birthingway College during office hours after the registration deadline. Please call ahead to confirm availability. Course-pack must be read before the first class session.

Refund Policy:

Written notice is required to receive a refund. If written notice is received up to seven calendar days prior to the first day of class, you will receive a 95% refund of the course fee. After that point, 80% of the course fee will be refunded *up to the first class day*. **No refund will be given on or after the first class day.** Late registration and course-pack fees are non-refundable. If the minimum enrollment of five is not achieved, the course will be canceled and you will receive a 100% refund. Please allow four to six weeks for receipt of refund.
Please detach registration form here.

Fall 2012 Childbirth Educator Workshop Registration Form – Registration Deadline 8/24/2012 at 4:30pm

Childbirth Educator Workshop fee: \$595 + \$50 course-pack fee (non-refundable) = \$645	\$
Please send the course-pack to me. I have included \$6 postage and handling.	\$
\$75 Late Registration fee (non-refundable) in addition to the workshop fee if registration is received after 4:30pm on 8/24/12	\$
TOTAL	

Payment method: (please circle) Check/Money Order Cash PayPal (see below)

Name (First, Last, Initial)

Address

Phone	Email
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- We must receive this completed registration form AND full payment to register you for this workshop.
- Please make check/money order payable and mail to the address below.
- Credit card payments are accepted through PayPal by visiting <http://www.birthingway.edu/payment.htm>. You don't need a PayPal account to pay with your credit card. By paying through PayPal, you agree to the terms and conditions on our payment page. **You must include a copy of your PayPal confirmation with your registration form.**
- If you fax your registration, please call to confirm we have received it.
- Please see our Student Handbook and College Catalog for college policies available at <http://www.birthingway.edu/for-students/college-catalog.htm>

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Method: _____ Reference #: _____

Lactation Consultation Program and Breastfeeding Center News

Breastfeeding Center News

Lots is happening at the Breastfeeding Center! Please check BirthingwayBreastfeedingcenter.org and our new facebook page, Birthingway Breastfeeding Center.

We offer the following FREE services:

- Telephone Warm-line for Breastfeeding Support
- One-hour Lactation consultations with an International Board Certified Lactation Consultant (IBCLC) to create your Individualized Breastfeeding Plan
- Weekly Wednesday support groups from 10-12pm in a baby-friendly environment with full kitchen access
- Baby Clothing Exchange every Wednesday at noon.

Breastfeeding Center Warmline **503-762-1632**

Our Breastfeeding Center is a fabulous resource for families in Portland and the surrounding area. Our phone line and free lactation consultation services provide help for any breastfeeding question.



Join Us for The Big Latch On Saturday, August 4 at 10am

Birthingway will be hosting the Big Latch On 2012!

All around the world, nursing women will join together to break the world record for the most women breastfeeding at the same time. This is a great opportunity to show your support and enthusiasm for breastfeeding.

If you plan to attend at the Breastfeeding Center, please arrive at 10am to register. Refreshments and will be served.



So, You Want To Be A Lactation Consultant? Workshop

Are you interested in supporting the breastfeeding relationship? Here is your opportunity to attend a FREE workshop. Get your questions answered by our program coordinator and students in the field.

Save the date for our upcoming workshop this fall on the evening of **Tuesday, September 25 from 5-9pm.**

The application deadline to apply for the Lactation Consultation Program is **November 15, 2012.**

Birthingway Lactation Students at Lents Farmers Market

Watch for our Lactation Consultation Program students at the Lents Farmers Market again this year on **Sunday, October 7.** We will be spreading the word about our center and Lactation Program.

Support Group Hours

Come join us for our weekly breastfeeding support group on **Wednesdays from 10am-12pm** at Birthingway's Carlton House.

Birthingway Non-credit Workshop:	Description:
<h1 style="text-align: center;">Biodynamic Resuscitation of the Newborn Initial Training</h1>	Birthingway certification in neonatal resuscitation including use of bag/valve/mask. For practitioners who have never been certified in neonatal resuscitation, who want a thorough review, or whose previous training was over two years ago. This certification meets requirements for Oregon licensure and NARM certification. Instructor: Denise Clark, BA, EMT-P

Date / Time / Location:
Friday, August 24, 2012 ~ 9:00am - 5:30pm Birthingway College of Midwifery - Carlton House 12108 SE Carlton St., Portland, OR 97266

Cost:
Workshop fee: \$105 Registration Deadline: 8/16/12 at 4:30pm . After this date and time, an additional \$75 late registration fee (non-refundable) is required. Sorry, no walk-in registrations on the day of the workshop will be accepted.

Required Course-pack / Equipment
Course-pack fee (non-refundable): \$10 Course-pack will be available for pick-up at Birthingway College during office hours after the registration deadline. Please call ahead to confirm availability.

Refund Policy:
Written notice is required to receive a refund. If written notice is received up to seven calendar days prior to the first day of class, you will receive a 95% refund of the course fee. After that point, 80% of the course fee will be refunded <u>up to the first class day</u> . <u>No refund will be given on or after the first class day</u> . Late registration and course-pack fees are non-refundable. If the minimum enrollment of 5 is not achieved, the course will be canceled and you will receive a 100% refund. Please allow four to six weeks for receipt of refund.

Please detach registration form here.

Summer 2012 Biodynamic Resuscitation of the Newborn Initial Training – Registration Deadline 8/16/12 at 4:30pm	
Biodynamic Resuscitation of the Newborn Initial Training fee: \$105 + \$10 Course-pack (required) = \$115	\$
\$75 Late Registration fee (non-refundable) in addition to the workshop fee if registration is received after 4:30pm on 8/16/12	\$
TOTAL	

Payment method: (please circle)	Check/Money Order	Cash	PayPal (see below)
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Name (First, Middle Initial, Last)

Address, City, State, Zip

Phone	Email
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- We must receive this completed registration form AND full payment to register you for this workshop.
- Please make check/money order payable and mail to the address below.
- Credit card payments are accepted through PayPal by visiting <http://www.birthingway.edu/payment.htm>. You don't need a PayPal account to pay with your credit card. By paying through PayPal, you agree to the terms and conditions on our payment page. You must include a copy of your PayPal payment confirmation with your registration form.
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Community Spotlight



**Kathryn Constant, MLS
Birthingway Lead Librarian**

How long have you been the Librarian for Birthingway? What is your background?

This is my 10th year at Birthingway. My journey as an academic librarian started in 1994 at Portland Community College (PCC). I began working in the Audio Visual department then moved to the “book-side” of things before I went on to get my MLS (Masters in Library Science) at Emporia State University. While in school, I worked at Reed College Library doing copyright clearance and built a database to track permissions campus-wide. I then moved back to PCC as the night circulation supervisor. Before graduation, I left for New York City to run the Library Journal and Publisher Weekly's Web department. I redesigned the system and led a team to build a database for the largest book review database in the world. In 2001, I left NYC to come back to Portland, Oregon to be close to family. I traveled to Japan and then was hired as the Birthingway librarian.

How many holdings does the Birthingway library have?

The library has over 6000 holdings including DVDs, videos, journals, magazines, and books. We also currently have hundreds of items that are not in the catalogue and need to be digitized including slides, cassette tapes, and zines.

Compared to other libraries, how is Birthingway's library unique?

Birthingway's library is the largest midwifery specific library in North America. Our collection is a mixture of an academic library and a special library. It serves a specific midwifery population and is tailored to the needs of our institution and needs of the community. Our library is unusual compared to other academic libraries; it is set up like a book store. The collection is organized by title within their subject headings and makes sense to the curriculum and to patrons. With so much detail, we have our own set of puzzles to work out.

In your opinion, what is the greatest improvement in the library?

This year, we have now reached the level where students are using the library more than ever before. In fall, we are continuing to take it to a new level with a plan to increase to 44 hours per week including some Saturday hours. Also, our database access and new technology are an asset to our library. Most of our students are very thankful for these improvements.

Since Birthingway is celebrating 20 years and you have been here 10, what experiences have touched you as the librarian?

It's very gratifying and touches my heart in a special way when students let me know that the service I've done for them has changed their experience of how they view libraries.

What is your vision for the future of the library?

A lot of my vision for the library is happening! I am really excited about the extended hours and to have someone to work with. I really hope that having other librarians to work with will allow me to collaborate more with instructors and make more assignment-related help pages available online. I look forward to more outreach and working with other school libraries. Collaboration is very valuable to me.

Welcome Turner!

We are so happy to make the Birthingway library available all summer this year. We are equally as excited to introduce **Turner Masland**, the man behind the library desk. Turner has just finished his Masters Degree in Library Science and we are so fortunate to have him join us at Birthingway. If you want to learn more about him, you can visit his blog, *Dewey's Not Dead*, at deweysnotdead.blogspot.com.

Birthingway Non-credit Workshop:	Description:
<h1>Resuscitation Workshops</h1>	Birthingway renewal certification in Biodynamic Resuscitation of the Newborn including use of bag/valve/mask. AHA Healthcare Provider CPR certification includes use of AED, infant, child and adult resuscitation. Instructor: Denise Clark, EMT-P

Date / Time / Location:

Biodynamic Resuscitation of the Newborn Renewal ~ 10/26/12 from 9:00am - 2:00pm *This is a renewal class, so you must provide a copy of your current neonatal resuscitation card when registering.*
AHA Healthcare Provider CPR Certification ~ 10/26/12 from 2:30pm - 5:30pm
Birthingway College of Midwifery - 12113 SE Foster St., Portland, OR 97266

Cost:

Biodynamic Resuscitation of the Newborn Renewal: \$80

AHA Healthcare Provider CPR Certification: \$50

Registration Deadline: 10/15/12 at 4:30pm. After this date and time, an additional \$75 late registration fee (non-refundable) is required. Sorry, no walk-in registrations on the day of the workshop will be accepted.

Required Course-pack / Equipment

None

Refund Policy:

Written notice is required to receive a refund. If written notice is received up to seven calendar days prior to the first day of class, you will receive a 95% refund of the course fee. After that point, 80% of the course fee will be refunded *up to the first class day*. **No refund will be given on or after the first class day.** Late registration and course-pack fees are non-refundable. If the minimum enrollment of 5 is not achieved, the course will be canceled and you will receive a 100% refund. Please allow four to six weeks for receipt of refund.
Please detach registration form here.

Fall 2012 Resuscitation Workshops Registration Form – Registration Deadline 10/15/12 at 4:30pm

Biodynamic Resuscitation of the Newborn Workshop fee: \$80 <i>(please provide a copy of your current neonatal resuscitation card when registering)</i>	\$
AHA Healthcare Provider CPR Certification Workshop fee: \$50	\$
\$75 Late Registration fee (non-refundable) in addition to the workshop fee if registration is received after 4:30pm on 10/15/12	\$
TOTAL	

Payment method: (please circle) **Check/Money Order** **Cash** **PayPal (see below)**

Name (First, Last, Initial) **SSN** (required for your transcript)

Address

Phone **Email**

- We must receive this completed registration form, full payment, and a copy of your current neonatal resuscitation certification card to register for the Biodynamic Resuscitation of the Newborn Workshop.
- Please make check/money order payable and mail to the address below.
- Credit card payments are accepted through PayPal by visiting <http://www.birthingway.edu/payment.htm>. You don't need a PayPal account to pay with your credit card. By paying through PayPal, you agree to the terms and conditions on our payment page. **You must include a copy of your PayPal confirmation with your registration form.**
- If you fax your registration, please call to confirm that we have received it.
- Please see our Student Handbook and College Catalog for college policies available at <http://www.birthingway.edu/for-students/college-catalog.htm>

OFFICE USE ONLY

Date/time/payment/initial _____

Please route in this order: _____ FIN _____ REG _____ FIN _____ LRC _____ OPS _____ SPC _____ File

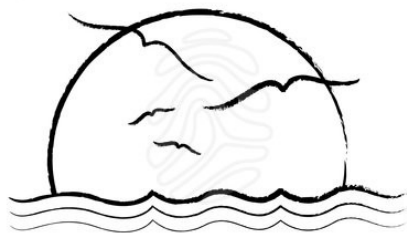
Amount needed to clear registration: \$ _____ Amount Paid: \$ _____ Date/Time: _____

Method: _____ Reference #: _____

Reflections

Midwifery clinical training in Bali

by Beth Laskin, extension student



This week has been filled with deep gratitude for the Balinese people that have gently unfolded the petals of my heart wide open. We have so much to learn from this culture, their laughter, sense of community and commitment to family that results in an incredible ability to work together. I keep having moments of awe, where in the West we would be asking for space, the Balinese are asking to be closer. Alone time is not a concept that this culture embraces. One night a 65 year old midwife looked me in the eyes and asked me to spend the night with her in her bed until the other women got back to the clinic, because she did not want to be alone. Because this culture thrives on intimate relationships that are not based on competition, there is little need for personal space or individual autonomy. In the West I feel that we work heavily on communication to enhance our ability to work together. Initially I was baffled by the lack of direct communication here and judged the Balinese, because I saw this as a deficiency. Now I realize that they already have an innate ability to function together as a unit.

This has given me a new perspective of how we are in our infancy of learning to work together as a whole society and we use communication as a tool to enhance our awareness of one other. At the clinic a bulk bag of prenatal vitamins gets pulled out and one by one people gather to divide the vitamins into small bags. Rather than asking for help people gather automatically and help each other. What we may perceive as work becomes a social activity and constant laughter echoes through the walls. I am learning how to weave this laughter into small activities and instead of getting frustrated over our inability to communicate.

My relationship with the Bidans (midwives) at the clinic are deepening into friendships of mothers and sisters. At each prenatal I have a cheerleading team that claps and smiles when I accurately measure a belly, immediately find the fetal heart tones, and correctly assess the baby's position. Yesterday after prenats ended, I stayed up all night monitoring a woman in labor and watching all of our sleepy eyes fall and our bodies still like statues as we were lapsing in and out of sleep. Throughout the night we would catch each other falling asleep in different positions and the witness would wake up the other with complete hysterics. Around 4am I told the Bidan's the baby would come into the world. We watched a little face peer out into a tub of water with flowers floating on the surface that were cast to invite this new little being into beauty.

The Italian Indonesian baby cried, gathering its first breaths of oxygen into its lungs. At dawn after mom and baby were nestled into bed, baby suckling contently on mama's breast, I slipped out of the clinic. I ran down the street to the tallest thatched roof building on her compound to look at the rising sun and watch the Venus transit. After seeing the pink streaked sky, but not yet the transit, I walked back to the clinic collecting flowers from her garden and along the street for the placenta of a mom who was still in labor. In Bali we honor the placenta as it is a sacred symbol of the union of mother and child and has been the life force of the baby for the past nine months. We adorn the placenta with flowers before it is taken home by the Balinese and buried deep into the earth near their home. We keep the baby attached to the placenta for at least one day at the clinic to allow for a gentle separation as the placenta is the final physical attachment that the baby has to its mother.

That morning I slept soundly for a half hour and now I finally understand what midwives refer to the high after birth. I woke up with so much energy coursing through my body that I was not able to go back to sleep. I felt exhausted, but inside I was beaming with energy and love. It is amazing to touch a new spirit as they infuse me with so much etheric energy. My days at the clinic are quite long, but my heart is filled with so much richness that the exhaustion feels like dessert to my soul.

Birthingway Non-credit Workshop:	Description:
Legend Drugs and Devices Renewal	Course includes 8.5 combined hours of theory, skills, and testing for Suturing, IV Skills, Medications by Injection, and Pharmacology. This course meets the Oregon state requirements for <u>renewal</u> of the Legend Drugs and Devices training to license as a Direct Entry Midwife. LD&D must be renewed every 2 years. You must have completed the 40 hour LD&D sequence in order to take this workshop. Maternal and Neonatal Resuscitation is NOT covered in this workshop. Please see this newsletter for information about upcoming resuscitation workshops. Instructor: Holly Scholles, MA, CPM, LDM

Date / Time / Location:

Friday, November 2, 2012 ~ 9:00am - 6:00pm
Birthingway College of Midwifery - 12113 SE Foster St., Portland, OR 97266

Cost:

Workshop fee: \$115

Registration Deadline: 10/29/12 at 4:30pm. After this date and time, an additional \$75 late registration fee (non-refundable) is required. Sorry, no walk-in registrations on the day of the workshop will be accepted.

Required Course-pack / Equipment

Participants must provide their own suturing equipment, including at a minimum: 1 Needle Holder, 1 Tissue Forceps, 2-3 Hemostats, 1 Suture Scissors

Refund Policy:

Written notice is required to receive a refund. If written notice is received up to seven calendar days prior to the day of class, you will receive a 95% refund of the course fee. After that point, 80% of the course fee will be refunded up to the class day. No refund will be given on or after the class day. Late registration and course-pack fees are non-refundable. If the minimum enrollment of five is not achieved, the course will be canceled and you will receive a 100% refund. Please allow four to six weeks for receipt of refund.

Please detach registration form here.

Fall 2012 Legend Drugs and Devices Renewal Workshop Registration Form – Registration Deadline 10/29/12 at 4:30pm

Legend Drugs & Devices Renewal Workshop fee: \$115	\$
\$75 Late Registration fee (non-refundable) in addition to the workshop fee if registration is received after 4:30pm on 10/29/12	\$
TOTAL	

Payment method: (please circle) Check/Money Order Cash PayPal (see below)

Name (First, Last, Initial) **SSN and DATE OF BIRTH** (required for our transcript)

Address **City** **State** **Zip**

Phone **Email**

I completed LD&D initial training on _____ at _____
Date Location

- Please make check/money order payable and mail to the address below.
- Credit card payments are accepted through PayPal by visiting <http://www.birthingway.edu/payment.htm>. You don't need a PayPal account to pay with your credit card. By paying through PayPal, you agree to the terms and conditions on our payment page. You must include a copy of your PayPal confirmation with your registration form.
- If you fax your registration, please call to confirm that we have received it.
- Please see our Student Handbook and College Catalog for college policies available at <http://www.birthingway.edu/for-students/college-catalog.htm>

OFFICE USE ONLY

Date/time/payment/initial _____

Please route in this order: _____ FIN _____ REG _____ FIN _____ LRC _____ OPS _____ SPC _____ File

Amount needed to clear registration: \$ _____ Amount Paid: \$ _____ Date/Time: _____

Method: _____ Reference #: _____

Birthingway College of Midwifery

TEXTBOOK ORDER FORM – Fall textbook order/cancel deadline: August 24, 2012 at 4:30pm

Student Name: (required) _____

Textbook cancellations or additions will not be accepted after **August 24, 2012 at 4:30pm**. After this date you are responsible to pay for and pick up your books, even if you drop the course.

The cost for the textbooks below will not necessarily reflect the lowest price. Online prices change often. You are not required to order textbooks through Birthingway, but the books listed below are required. You may choose to order texts on your own.

Textbooks should be available the week of **September 3rd**, but times may vary. Please contact the Learning Resources Coordinator with any questions, concerns, or to check on the status of your order. You can contact her via phone or at brittany@birthingway.edu.

You must provide payment with this form

unless you are eligible for a financial aid disbursement in the term AND have signed at the bottom of this form.

Be sure to double check your order. Birthingway does not check for repeat orders and cannot be held responsible for any mistakes made by the student.

Course	Title of Required Textbook	ISBN #	Price \$	Order \$
Anatomy and Physiology for Birth and Lactation Professionals (ANP151q)	Cohen BJ, Taylor JJ. <i>Memmler's the Human Body in Health and Disease</i> . 12 th ed. 2012.	9781609139056	\$55	
	Cohen BJ, Taylor JJ. <i>Study Guide to Accompany Memmler's the Human Body in Health and Disease</i> . 2012.	9781609139063	\$30	
Botanicals II (BOT332)	Gladstar R. <i>Herbal Healing for Women</i> . 1993	0671767674	\$17	
	Soule D. <i>A Woman's Handbook of Healing Herbs: A Guide to Natural Remedies</i> . 2011	9781616082765	\$15	
Breastfeeding I (BRF111q)	Lauwers J, Swisher A. <i>Counseling the Nursing Mother: A Lactation Consultant's Guide</i> . 5 th ed. 2010.	0763780529	\$100	
Breastfeeding III (BRF213q)	Lauwers J, Swisher A. <i>Counseling the Nursing Mother: A Lactation Consultant's Guide</i> . 5 th ed. 2010.	0763780529	\$100	
	Cadwell K, Turner-Maffei C. <i>Case Studies in Breastfeeding: Problem Solving Skills & Strategies</i> . 2004.	0763726001	\$73	
Breastfeeding Skills (BFS211q)	Altman D. <i>History and Assessment: It's All in the Details</i> . 2008.	9780981525761	\$19	
Communication I (COM121q)	Rosenberg MB. <i>Nonviolent Communication: A Language of Life</i> . 2 nd ed. 2003.	1892005034	\$20	
Communication II a and b (COM112qa and COM112qb)	Rosenberg MB. <i>Nonviolent Communication: A Language of Life</i> . 2 nd ed. 2003.	1892005034	\$20	
	Siegel DJ. <i>The Developing Mind: How Relationships and the Brain Interact to Shape Who We Are</i> . 2 nd ed. 2012.	146250390X	\$55	
Critical Care Skills II (CCS412q)	American Heart Association. <i>BLS for Healthcare Providers</i> . 2011.	1616690399	\$20	
	Frye A. <i>Holistic Midwifery Volume II: Care During Labor and Birth</i> . 2004.	1891145606	\$130	
Ethics (ETH321q)	Foster I, Lasser J. <i>Professional Ethics in Midwifery Practice</i> . 2011.	0763768804	\$74	
Fetal Assessment (FET211q)	Varney H. <i>Varney's Midwifery</i> . 4 th ed. 2003.	0763718564	\$160	
	Frye A. <i>Holistic Midwifery Volume I: Care During Pregnancy</i> . Revised ed. 2010.	189114555X	\$80	
	Goer H, Romano A. <i>Optimal Care in Childbirth: the Case for a Physiologic Approach</i> . 2012. (available through http://www.optimalcareinchildbirth.com/)	9781598491326	\$50	
	Frye A. <i>Holistic Midwifery Volume II: Care During Labor and Birth</i> . 2004.	1891145606	\$130	
	Frye A. <i>Understanding Diagnostic Tests in the Childbearing Years</i> . 7 th ed. 2007.	1891145568	\$65	
Gynecology Skills (GYN321q)	Varney H. <i>Varney's Midwifery</i> . 4 th ed. 2003.	0763718564	\$160	
	Frye A. <i>Holistic Midwifery Volume I: Care During Pregnancy</i> . Revised ed. 2010.	189114555X	\$80	
	Schuiling L. <i>Women's Gynecologic Health</i> . 2 nd ed. 2011.	0763756377	\$94	
	Stewart S. <i>The V Book: A Doctor's Guide to Complete Vulvovaginal Health</i> . 2002.	0553381148	\$17	
Human Genetics (GEN231q)	DeCrespigny L, Chervenak FA. <i>Prenatal Tests: the Facts</i> . 2006.	0198520840	\$23	
	Zuckoff M. <i>Choosing Naia</i> . 2002. (multiple copies available in our library)	0807028177	\$16	
Infancy (INF121q)	Klaus MH, Klaus PH. <i>Your Amazing Newborn</i> . 2000.	073820188X	\$20	
	Small MF. <i>Our Babies, Ourselves: How Biology and Culture Shape the Way We Parent</i> . 1999.	0385483627	\$18	
	Heller S. <i>The Vital Touch</i> . 1997.	0805053549	\$20	
International Midwifery (INT211q)	Kristoff N, WuDunn S. <i>Half the Sky: Turning Oppression into Opportunities for Women Worldwide</i> . 2009.	0307387097	\$16	

Intrapartum (INT251q)	Davis E. <i>Hearts and Hands: a Midwife's Guide to Pregnancy and Birth</i> . 4 th ed. 2004.	1587612216	\$33	
	Varney H. <i>Varney's Midwifery</i> . 4 th ed. 2003.	0763718564	\$160	
	Frye A. <i>Holistic Midwifery Volume I: Care During Pregnancy</i> . Revised ed. 2010.	189114555X	\$80	
	Frye A. <i>Holistic Midwifery Volume II: Care During Labor and Birth</i> . 2004.	1891145606	\$130	
	Goer H, Romano A. <i>Optimal Care in Childbirth: the Case for a Physiologic Approach</i> . 2012. (available through http://www.optimalcareinchildbirth.com/)	9781598491326	\$50	
Nutrition (NUT221q)	Selections from Frye A. <i>Holistic Midwifery Volume I: Care During Pregnancy</i> . Selections include only the required readings for the Nutrition course for Community students and Lactation Consultant students. Midwifery students should already have this book. If you still wish to purchase the <u>entire</u> book, please mark one of the above options for <i>Holistic Midwifery Volume I</i> .		\$11	
Perinatal Psychology (PSY211q)	Stern D, Stern NB. <i>The Birth of a Mother: How the Motherhood Experience Changes You Forever</i> . 1998.	0465015670	\$18	
Physical Assessment II (PHY312q)	Bates B. <i>Bates' Guide to Physical Examination and History Taking</i> . 10 th ed. 2008.	0781780586	\$116	
	Frye A. <i>Holistic Midwifery Volume I</i> . Revised ed. 2010.	189114555X	\$80	
Plant Medicine II (PLM222q)	Green J. <i>The Herbal Medicine-Maker's Handbook: A Home Manual</i> . 2000.	0895949903	\$23	
	Soule D. <i>A Woman's Handbook of Healing Herbs: A Guide to Natural Remedies</i> . 2011.	9781616082765	\$15	
	Tilgner S. <i>Herbal Medicine: From the Heart of the Earth</i> . 1999.	1881517039	\$30	
Pregnancy and Breastfeeding (PRE111q)	Lauwers J, Swisher A. <i>Counseling the Nursing Mother: A Lactation Consultant's Guide</i> . 5 th ed. 2010.	0763780529	\$100	
Prenatal Skills (PRE211q)	Frye A. <i>Holistic Midwifery Volume I</i> . Revised ed. 2010.	189114555X	\$80	
Psychosocial Issues (PSY441q)	Davis E. <i>Hearts and Hands: a Midwife's Guide to Pregnancy and Birth</i> . 4 th ed. 2004.	1587612216	\$33	
	Frye A. <i>Holistic Midwifery Volume I: Care During Pregnancy</i> . Revised ed. 2010.	189114555X	\$80	
	Frye A. <i>Holistic Midwifery Volume II: Care During Labor and Birth</i> . 2004.	1891145606	\$130	
	Varney H. <i>Varney's Midwifery</i> . 4 th ed. 2003.	0763718564	\$160	
Well Woman Gynecology (GYN431q)	Hatcher R, et al. <i>Contraceptive Technology</i> . 20 th Revised ed. 2011.	1597080055	\$100	
	Hudson T. <i>Women's Encyclopedia of Natural Medicine</i> . 2007.	0071464735	\$25	
	Northrup C. <i>Women's Bodies, Women's Wisdom</i> . 2010.	0553386735	\$20	
	Romm A. <i>Botanical Medicine for Women's Health</i> . 2009.	0443072779	\$66	
	Rushling J. <i>Abnormal Pap Smears: What Every Woman Needs to Know</i> . Updated ed. 2008.	1591025710	\$22	
	Schuiling L. <i>Women's Gynecologic Health</i> . 2 nd ed. 2011.	0763756377	\$94	
	Stewart S. <i>The V Book: A Doctor's Guide to Complete Vulvovaginal Health</i> . 2002.	0553381148	\$17	
	Weschler T. <i>Taking Charge of Your Fertility</i> . 10 th ed. 2006.	0060881909	\$25	
	Weed S. <i>Breast Cancer? Breast Health: The Wise Woman Way</i> . 1996.	0961462078	\$22	
Working Cross-Culturally (WCC211q)	Fadiman A. <i>The Spirit Catches You and You Fall Down: A Hmong Child, Her American Doctors, and the Collision of Two Cultures</i> . 2012.	0374533407	\$15	
	Dresser N. <i>Multicultural Manners: Essential Rules of Etiquette for the 21st Century</i> . Revised ed. 2005.	0471684287	\$17	
TOTAL for textbooks----- \$				

Courses with no required textbooks:

Childbirth Educator (CBE141q), Nutrition (NUT131q), Practice Materials (PRP411q), Professional Standards for Lactation Consultants (LPS231q), Research Methods (RSM311q)

Credit card payments are accepted through PayPal by visiting <http://www.birthingway.edu/payment.htm>. You don't need a PayPal account to pay with your credit card. By paying through PayPal, you agree to PayPal and Birthingway's terms and conditions.

You must include a copy of your PayPal payment confirmation if paying by PayPal, or your registration will be incomplete and delayed until confirmation is received.

Printed Name: _____

By signing below, I am agreeing to pay for the above textbook order either by providing payment with this complete form or by authorizing use of my student aid funds for the charges listed on this form. I understand any charges not covered by aid will be due upon receipt of a statement.

Signature (required): _____ **Date:** _____

Office Use Only:

Date/Time/Payment/Initial

Please route in the following order: ____ FIN ____ LRC FILE

STUDENT NAME: _____

Birthingway College of Midwifery ~ Fall 2012 Registration

Registration for enrolled students (Midwifery or Lactation Consultant Program) begins August 3, 2012 at 8:30am

Registration for Community Students begins August 13, 2012 at 8:30am

REGISTRATION DEADLINE: August 24, 2012 at 4:30pm After this point, an additional \$75 late fee is required.

Tuition: \$381 per credit. To audit (\$381 per credit) please see www.birthingway.edu/for-students/registration.htm		
Anatomy and Physiology for Birth and Lactation Professionals (ANP151q) 5 credits X \$381 per credit =	\$1905	\$
Botanics II (BOT332q) 3 credits X \$381 per credit + \$34 course-pack =	\$1177	\$
Breastfeeding I (BRF111q) 1 credit X \$381 per credit + \$5 course-pack = <small>This is one of a 4-part sequence required to complete Birthingway's AARC approved lactation education program. To be in the program, you must register for all four courses separately.</small>	\$ 386	\$
Breastfeeding III (BRF213q) 1 credits X \$381 per credit = <small>This is one of a 4-part sequence required to complete Birthingway's AARC approved lactation education program. To be in the program, you must register for all four courses separately.</small>	\$ 381	\$
Breastfeeding Skills (BFS211q) 1 credit X \$381 per credit + \$6 course-pack + \$34 lab fee = <small>This is one of a 4-part sequence required to complete Birthingway's AARC approved lactation education program. To be in the program, you must register for all four courses separately.</small>	\$ 421	\$
Childbirth Education (CBE141q) 4 credits X \$381 per credit + \$48 course-pack =	\$1572	\$
Communications I (COM121q) 2 credits X \$381 per credit + \$5 course-pack =	\$ 767	\$
Communications II (COM112qa) 1 credit X \$381 per credit + \$10 course-pack =	\$ 391	\$
Communications II (COM112qb) 1 credit X \$381 per credit + \$10 course-pack =	\$ 391	\$
Ethics (ETH321q) 2 credits X \$381 per credit + \$44 course-pack =	\$ 806	\$
Human Genetics (GEN231q) 3 credits X \$381 per credit + \$34 course-pack =	\$1177	\$
Infancy (INF121q) 2 credits X \$381 per credit =	\$ 762	\$
International Midwifery (INT211q) 1 credit X \$381 per credit + \$44 course-pack =	\$ 425	\$
Nutrition (NUT131q) 3 credits X \$381 per credit + \$18 course-pack =	\$1161	\$
Perinatal Psychology (PSY221q) 2 credits X \$381 per credit + \$38 course-pack =	\$ 800	\$
Plant Medicine II (PLM222q) 2 credits X \$381 per credit + \$3 course-pack + \$38 lab fee =	\$ 803	\$
Postpartum Doula (PPD121q) 2 credits X \$381 per credit + \$6 course-pack =	\$ 768	\$
Pregnancy and Breastfeeding (PRE111q) 1 credit X \$381 per credit + \$16 course-pack =	\$ 397	\$
Professional Standards for Lactation Consultants (LPS231q) 3 credits X \$381 per credit =	\$1143	\$
Research Methods (RSM311q) 1 credit X \$381 per credit + \$33 course-pack =	\$ 414	\$
Working Cross Culturally (WCC211qa) 1 credit X \$381 per credit + \$10 course-pack =	\$ 391	\$
Midwifery Program Students Only: Please note: SSDBR Fee is Signs and Symptoms Documentation Book Review Fee		
Critical Care Skills II (CCS412q) 1 credit X \$381 per credit + \$308 lab fee =	\$ 689	\$
Fetal Assessment (FET211q) 1 credit X \$381 per credit + \$27 course-pack =	\$ 408	\$
Gynecology Skills (GYN321q) 2 credits X \$381 per credit + \$85 lab fee =	\$ 847	\$
Intrapartum (INT251q) 5 credits X \$381 per credit + \$84 course-pack =	\$1989	\$
Physical Assessment II (PHY312q) 1 credit X \$381 per credit + \$35 lab fee =	\$ 416	\$
Practice Materials (PRP411q) 1 credit X \$381 per credit =	\$ 381	\$
Prenatal Skills (PRE211q) 1 credit X \$381 per credit + \$120 lab fee =	\$ 501	\$
Psychosocial Issues (PSY441q) 4 credits X \$381 per credit + \$92 course-pack =	\$1616	\$
Well Woman Gynecology (GYN341q) 4 credits X \$381 per credit + \$12 course-pack =	\$1536	\$
Research Project (RSP411q) 1 credit To register, you must turn in a <i>Registration Form for Research Project</i> and payment by the first day of the term. This form is available here: www.birthingway.edu/registration.htm .	Please use separate form.	
<input type="checkbox"/> I intend to register for Clinical Training Credit this term. To register, you must turn in a completed Clinical Training Credit Registration Form available at www.birthingway.edu/registration.htm If this is your first time registering for Clinical Training credit, please contact your Program Coordinator.		
<input type="checkbox"/> I am working with this preceptor: _____ <div style="text-align: center; font-size: small;">(Preceptor Name)</div>		
>> PLEASE TELL US WHO YOU ARE WORKING WITH EVEN IF YOU AREN'T TAKING CREDITS. Your preceptor must be approved by Birthingway. If you're not sure, please check with the Faculty Coordinator.		
Do you intend to graduate in this term or the next? (please circle one) Yes No <small>If "Yes", please schedule a meeting with your Program Coordinator to discuss the graduation process.</small>		
Registration Fees (Required for all students):		
TECHNOLOGY FEE	\$	15.00
REGISTRATION FEE	\$	50.00
LATE REGISTRATION FEE \$75 (due in addition to the Registration Fee if received after 4:30pm on August 24, 2012)		\$
TOTAL		\$

>> PLEASE COMPLETE THE REVERSE SIDE OF THIS FORM <<

Registrations are accepted by mail or fax; walk-in's are accepted during office hours only (please see www.birthingway.edu for listing). If you fax your registration (503) 760-3332 please call to confirm receipt. Registrations that are received before registration begins will be processed after 4:30pm on registration day, in order of receipt. Several courses have readings due the first day of class. Please check with the front office for the availability of the syllabus and/or course-pack ten days before the start of each course.

I am a: (please check all that apply)

☐ Midwifery Student
 ☐ Lactation Consultant Student
 ☐ Childbirth Educator Student
☐ Labor Doula Student
 ☐ Postpartum Doula Student
 ☐ Community Student - Soc. Sec. No. (Required for 1098T) _____

Last Name (Required)	First Name (Required)	Middle Initial (Required)
Mailing Address (Required)	City (Required)	State (Required) Zip (Required)

Phone (Optional) E-mail(Required)* Emergency Contact: name, relation and phone number (Optional)
**Community Students only. Students who are enrolled in a program will be given a birthingway.edu address which will be used exclusively. We will send school notices, information about your school account, financial aid (if applicable), or other potentially sensitive information to your email address.*

PRIVACY PREFERENCE: <input type="checkbox"/> PRIVACY PROTECTED. Do not share my information with <u>anyone</u> .	Midwifery or Lactation Consultant Students Only: Student directory information includes name, address, phone number, email address and matriculation year. Birthingway does not indiscriminately distribute private information to the general public, but student, graduate, and alumni directory information may be provided to community members such as local midwives, school alumni, or other students. Student name, phone number, email address and matriculation year is made available to all matriculated students in the published <i>Student Roster</i> . Students who choose to be Privacy Protected will not be listed on the <i>Student Roster</i> , and for security reasons, will not be acknowledged as a student of Birthingway to ANY outside inquiry.
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CANCELLATION CLAUSE:

Should you decide to cancel this agreement in writing within three business days, you are entitled to a full refund of all fees and tuition. **After the three-day cancellation period, should you decide to cancel your registration and not attend, refunds will be made per the refund policy below.**

REFUND POLICY - You are expected to attend all classes for which you register. **If you do not attend or stop attending and fail to drop within the refund period, you remain responsible for all tuition and fees.** If you wish to drop a course, please fill out a Withdrawal/Drop Form (available on our website or in the front office) and either mail, fax, or hand it in to the front office. You will receive a refund of tuition per the refund schedule below. **Registration Fee, Late Registration Fee, and Technology Fee are non-refundable. Equipment Kit Fees, Course-pack Fees, and Lab Fees are non-refundable after the Registration Deadline.** Please allow four to six weeks for receipt of refund. **The dates below are based on calendar days.**

<u>WITHDRAWAL DATE</u>	<u>TUITION REFUND</u>	<u>WITHDRAWAL DATE</u>	<u>TUITION REFUND</u>
On or before 1st day of term	100%	22 nd day through 28 th day of term	44%
2 nd day through 7 th day of term	86%	29 th day through 35 th day of term	30%
8 th day through 14 th day of term	72%	36 th day through 42 nd day of term	16%
15 th day through 21 st day of term	58%	Day 43 through end of term	No Refund

Payment of tuition and fees is due at the time of registration for each term unless you are eligible for a financial aid disbursement in the term (have a complete FAFSA on file and signed award letter with an anticipated disbursement in this term). Financial Aid is only available for eligible Midwifery or ALC Degree Students. Equipment kit charges are due when ordered, unless you are on financial aid AND you have authorized payment from your financial aid disbursement. All overdue amounts are subject to finance charges of 15% APR with a \$5 minimum per month. A student must be in good financial standing to register for a new term. Any costs incurred to collect these amounts are the responsibility of the student.

Credit card payments are accepted through PayPal by visiting <http://www.birthingway.edu/payment.htm>. You don't need a PayPal account to pay with your credit card. By paying through PayPal, you agree to PayPal and Birthingway's terms and conditions. You must include a copy of your PayPal payment confirmation if paying by PayPal, or your registration will be incomplete and delayed until confirmation is received.

By signing below, I agree that I have read and understand all policies stated above.

STUDENT SIGNATURE (Required to process your registration.)	DATE
An unsigned registration form will delay your registration until signed.	

OFFICE USE ONLY	
Date/time/payment/initial	
Please route: _____ FIN _____ REG _____ FIN _____ LRC _____ FAC _____ TECH _____ MPC _____ LPC _____ SPC _____ AC _____ File	
_____ Has Financial Aid (cleared). Amount needed to clear registration: \$_____ Amount Paid: \$_____ Date/Time:_____	
Method: _____ Reference #: _____	

Birthingway College of Midwifery COURSE OFFERING – Fall 2012

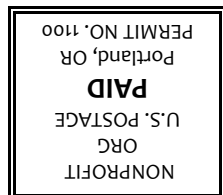
Anatomy and Physiology for Birth and Lactation Professionals (ANP151q)	5 Cr	12 Sessions	Thursdays ~ 9/13/12 – 12/6/12	5:30pm – 9:30pm	Foster House
Covers all the major body systems with an emphasis on knowledge relevant to perinatal practices. This course includes lecture and weekly exams. Taught by Gretchen Kraig-Turner, MST					
Botanicals II (BOT332q)	3 Cr	10 Sessions	Mondays ~ 9/24/12 – 11/26/12	10:00 am– 1:00pm	Carlton House
Prerequisite: Botanicals I (BOT231q) Materia medica for fertility, preconception, pregnancy, intrapartum, postpartum, infancy and lactation. Taught by Mindy Cash, ND					
Breastfeeding I (BRF111q)	1 Cr	4 Sessions	Wednesdays ~ 9/19, 10/3, 10/17, 10/31/12	9:30am – 12:30pm	Carlton House
Using lecture, discussion, visual aids, and small group activities, this course provides students with basic information about topics including the normal breastfeeding physiology of mother and baby, properties of human milk, risks of formula feeding, recommendations regarding breastfeeding initiation, duration and normal parameters of nursing in the first two weeks, politics of breastfeeding, and influences of culture and birth practices on breastfeeding. Taught by Adrienne Fuson, IBCLC, LMT, CD					
Breastfeeding III (BRF213q)	1 Cr	4 Sessions	Thursdays ~ 9/13, 9/20, 9/27, 10/4/12	9:00am – 12:00pm	Carlton House
Prerequisite: Breastfeeding II (BRF222q) Case studies and development of protocols deepen students' knowledge of breastfeeding counseling. Students focus on more complex situations including failure to thrive and infant hypoglycemia, as well as professional issues such as scope of practice, ethics, and credentials. Taught by Adrienne Fuson, IBCLC, LMT, CD					
Breastfeeding Skills (BFS211q)	1 Cr	4 Sessions	Thursdays ~ 11/8, 11/15, 11/29, 12/6/12	9:00am – 12:00pm	Carlton House
Prerequisite: Breastfeeding II. Students have an opportunity to develop their hands-on skills by working with nursing women and their babies to demonstrate breast exams, practice supporting a successful latch, and how to use a variety of equipment. Taught by Rita Aparicio, MA IBCLC					
Childbirth Education (CBE141q)	4 Cr	9 Sessions	Thursdays ~ 9/13 – 11/11/12 5:00pm – 9:00pm, and 11/8/12 3:00pm – 9:00pm		Carlton House
Examine the history of childbirth education and preconceptions about birth, while building tools for developing educational techniques based on Birthingway's biodynamic model. This course uses a wide variety of activities including storytelling, art, dance, music and videos. Taught by Nichole Reding, MA, CPM					
Communications I (COM121q)	2 Cr	5 Sessions	Thursdays ~ 9/20, 10/4, 10/18, 11/1, 11/15/12	12:30pm – 4:30pm	Carlton House
The first course in the Communications series introduces the basics of speaking and listening using Rosenberg's Non-Violent Communication Method (NVC), with an emphasis on self and one-on-one communication. Taught by Celeste Kersey, BA, CPM, LDM					
Communications II (COM112qa)	1 Cr	4 Sessions	Wednesdays ~ 10/3, 10/10, 10/24, 10/31/12	1:00pm – 4:00pm	Carlton House
Communications II (COM112qb)	1 Cr	4 Sessions	Wednesdays ~ 11/7, 11/14, 11/28, 12/5/12	1:00pm – 4:00pm	Carlton House
Prerequisite: Communication I (COM121q). The second course in the communication series continues the development of self and one-on-one communication skills. The emphasis in this course is on working with preceptors and clients. Taught by Sarah Peyton, BA					
Critical Care Skills II (CCS412q)	1 Cr	12 Sessions	Wednesdays ~ 9/19/12 – 12/5/12	3:00pm - 5:00pm	Foster House
Prerequisite: Critical Care Skills I (CCS421q) Skills covered in this course include maternal resuscitation and continued practice of I.V. Skills. Taught by Denise Clark, BS, EMT-P					
Ethics (ETH321q)	2 Cr	6 Sessions	Tuesdays ~ 9/18/12 – 10/23/12	9:00am – 12:30pm	Carlton House
This course includes a survey of philosophical foundations of contemporary ethical models. We explore problem solving of ethical dilemmas that may occur in a midwifery practice. Some topics include autonomy and informed choice, relationships, and justice. Taught by Nichole Reding, MA, CPM					
Fetal Assessment (FET211q)	1 Cr	5 Sessions	Mondays ~ 9/17, 9/24, 10/8, 10/15, 10/22/12	9:00am – 12:00pm	Foster House
Co-requisite: Intrapartum (INT251q) This course covers methods for evaluating fetal well-being, including monitoring and analyzing fetal heart tones using a doppler or fetoscope, fetal movement counts, sonogram, Auscultated Acceleration Test (AAT), the Non-Stress Test (NST), the Biophysical Profile (BPP), Amniotic Fluid Index (AFI), and other methods. Taught by Holly Scholles, MA, CPM, LDM					

Birthingway College of Midwifery COURSE OFFERING – Fall 2012

Gynecology Skills (GYN321q)	2 Cr 12 Sessions	Thursdays ~ 9/13/12 – 12/6/12	2:15pm – 5:00pm	Foster House
Prerequisite: Physical Assessment I (PHY221q), Co-requisite: Well-woman Gynecology (GYN341q) We require students to have been a member of the cohort currently completing this course for at least one year or by special permission. Skills introduced include bimanual and speculum exams, Paps, cultures, cervical cap and diaphragm fittings, pelvimetry, breast exams, bladder catheterization and wet mounts. Taught by Adeline Kell, ND				
Human Genetics (GEN231q)	3 Cr 10 Sessions	Fridays ~ 9/14/12 – 11/30/12	9:30am – 12:30pm	Foster House
Covers basic genetic concepts, genetic screening and diagnosis, pregnancy counseling, and common genetic disorders such as sickle cell, Tay-Sachs, and Trisomy disorders. Taught by Martha von Reis, MS				
Independent Study				
Student led independent research with an approved faculty member. Students interested in pursuing an Independent Study must initially complete an <i>Intent Form</i> designating the proposed topic, advisor and credit value. Please meet with your program coordinator or the Faculty Coordinator for more information. Allow seven weeks prior to the term in which you will pursue the Independent Study to complete all preparatory steps. Course number will be determined by the Academic Coordinator based on rigor and amount of work.				
Infancy (INF121q)	2 Cr 7 Sessions	Fridays ~ 9/14, 9/28, 10/12, 10/26, 11/9, 11/30, 12/7/12	9:30am – 12:30pm	Carlton House
From an ethnopediatric perspective, this course covers newborn behavior, development, bonding and attachment, and childrearing including attachment parenting. Taught by Heather Hack-Sullivan, BS, CPM, LDM				
International Midwifery (INT211q)	1 Cr 5 Sessions	Mondays ~ 10/29, 11/5, 11/12, 11/19, 11/26	9:30am – 11:30am	Foster House
We explore midwifery abroad from developing countries to other industrialized states. This course examines legal, health, social, economic and political topics. Taught by Lucina Armstrong, BA, CPM, LDM				
Intrapartum (INT251q)	5 Cr 12 Sessions	Tuesdays ~ 9/18/12 – 12/4/12	9:00am – 1:15pm	Foster House
Prerequisite: Antepartum (ANT251q), Co-requisite: Fetal Assessment (FET211q), Prenatal Skills (PRE211q). Using lecture, discussion and audio-visual aids, we cover the psychophysiology of labor and birth; biodynamic facilitation of first, second, third, and fourth stages; unusual situations including precipitous birth, cord prolapse, nuchal cord, back labor, abruption, previa, hemorrhage, and third stage issues. Taught by Holly Scholles, MA, CPM, LDM				
Nutrition (NUT131q)	3 Cr 10 Sessions	Mondays ~ 9/24/12 – 11/26/12	2:00pm – 5:00pm	Foster House
Overview of nutrition concepts including macro- and micro-nutrients, use of supplements, diet analysis, and applications for pregnancy and postpartum. Taught by Mindy Cash, ND				
Perinatal Psychology (PSY221q)	2 Cr 7 Sessions	Tuesdays ~ 9/18/12 – 10/30/12	1:00pm – 4:00pm	Carlton House
This course explores transitional stages of the family life cycle, psychological tasks associated with the childbearing year, fears common to new mothers and new fathers, and working with dreams, trauma and narrative therapy. Taught by Brooke Noli, MA				
Physical Assessment II (PHY312q)	1 Cr 10 Sessions	Thursdays ~ 9/13/12 – 11/15/12	6:00pm – 8:00pm	Foster House
Prerequisite: Physical Assessment I (PHY221q). Expansion of skills learned in Physical Assessment I, with additional practice. Taught by Amy Johnson, ND				
Plant Medicine II (PLM222q)	2 Cr 7 Sessions	Mondays ~ 9/24, 10/1, 10/8, 10/22, 10/29, 11/5, 11/19/12	1:30pm – 4:30pm	Carlton House
Prerequisite: Plant Medicine I (PLM221q). Learn about topical applications, preparation of herbal baths, hydrosols, succi, salves and creams. This course includes a field trip. Taught by Cari Nyland, ND				
Postpartum Doula (PPD121q)	2 Cr 6 Sessions	Thursdays ~ 9/27, 10/11, 10/25, 11/8, 11/29, 12/6/12	12:30pm – 4:30pm	Carlton House
Gain knowledge and skills for assisting women after birth, including hormones in the postpartum, maternal changes, infant care, mood disorders, physical care and breastfeeding support. Taught by Kimberly Bepler, ICPE, PCD, CPD, CLE				
Practice Materials (PRP411q)	1 Cr 4 Sessions	Wednesdays ~ 10/10, 10/24, 11/7, 11/14/12 (and 11/28 if necessary)	5:45pm – 8:00pm	Carlton House
Prerequisites: All required midwifery program courses must be completed or in progress. For Midwifery students who matriculated 2011 or earlier. This capstone course brings together student work created throughout the midwifery curriculum, compiled into a resource used in practice scenarios with a standardized patient. Taught by Jackie Meyer, CPM				

Birthingway College of Midwifery COURSE OFFERING – Fall 2012

Professional Standards for Lactation Consultants (LPs231q)	3 Cr	10 Sessions	Tuesdays ~ 9/25 – 11/27/12	6:30pm – 9:30pm	Carlton House
Prerequisite: Breastfeeding III (BRF213q) This course discusses professional ethics, business issues such as self employment topics, record keeping, insurance; credentialing; HIPPA; and professional organizations for Lactation Consultants. Taught by Lucina Armstrong, BA, CPM, LDM					
Pregnancy and Breastfeeding (PRE111q)	1 Cr	4 Sessions	Thursdays ~ 10/18, 10/25, 11/1, 11/8/12	9:00am – 12:00pm	Carlton House
A course examining in greater detail the anatomy and physiology of fetal development, maternal health and its effect on the fetus, the fetal environment, and the impact of all this on breastfeeding. Taught by Adrienne Fuson, IBCLC					
Prenatal Skills (PRE211q)	1 Cr	12 Sessions	Tuesdays ~ 9/18/12 – 12/4/12	3:00pm – 5:00pm	Foster House
Prerequisites: Antepartum (ANT251q), Physical Assessment I (PHY221q), Co-requisite Intrapartum (INT251q). This is a hands-on class mostly involving your hands on bellies! Students learn to do full prenatal exams on pregnant models. Also includes gloving and ungloving, sterile technique, diastasis recti assessment, and rebozo use in pregnancy. Highly interactive. Taught by Heather Hack-Sullivan, BS, CPM, LDM and Rhonda Ray, BS, CPM					
Psychosocial Issues (PSY441q)	4 Cr	12 Sessions	Wednesdays ~ 9/19/12 – 12/5/12	9:00am – 12:30pm	Foster House
Prerequisites: Antepartum (ANT251q), Intrapartum (INT251q). Using lecture, discussion, guest speakers, and student presentations, this course covers social issues as they impact on clinical care, including socioeconomic class, literacy, family structures, sexual orientation, sexual abuse, domestic violence, adolescent pregnancy, and adoption. Taught by Nichole Reding, MA, CPM					
Research Methods (RSM311q)	1 Cr	6 Sessions	Tuesdays ~ 9/18 6:00pm – 8:00pm, 9/25 6:00pm – 8:30pm, 10/2 6:00pm – 9:00pm, 10/16 6:00pm – 8:30pm, 10/23 6:00pm – 8:30pm, 10/30 6:00pm – 8:30pm		Foster House
Prerequisite: Information Literacy (INL111q) and Using Medical Literature (UML111q). Learn tools, methods and techniques for designing and implementing a research project. Taught by Kathryn Constant, ML.S					
Research Project (RSP411q)	1 Cr	n/a	n/a	n/a	n/a
Prerequisite: Research Methods. Registration for this course limited to midwifery program students. This course focuses on the design and implementation of a research project, including definition of a topic, literature review, creation of bibliography and the production of a research paper. Please download a Research Project Registration Packet at www.birthingway.edu/registration.htm or request one in the front office. A completed Research Project Registration Form must be turned in (with payment) by the first day of the term to register.					
Well Woman Gynecology (GVN341q)	4 Cr	12 Sessions	Thursdays ~ 9/13 – 12/6/12	9:00am – 12:30pm	Foster House
Prerequisite: Sexually Transmitted Infections (STI311q), Co-requisite: Gynecology Skills (GVN321q) Theory based course that explores sexuality, birth control and family planning, pelvic examinations, breast health and examinations. Other topics covered include menstrual disorders, perimenopause and menopause, uterine and cervical abnormalities, and myomata. Taught by Adeleine Kell, ND					
Working Cross Culturally (WCC211qa)	1 Cr	4 Sessions	Fridays ~ 9/21, 9/28, 10/12, 10/26/12	1:00pm – 4:00pm	Carlton House
Using lecture, discussion, guest speakers, and student presentations, this course covers general principles of working with someone from a culture other than your own, with focus on specific religious and ethnic groups, and their beliefs and practices in the childbearing year. Taught by Sara Ohgushi, ND					
FIRST YEAR MIDWIFERY PROGRAM LUNCH	N/A	N/A	Tuesdays ~ 1:15pm – 2:15pm		Foster House
FIRST YEAR MIDWIFERY PROGRAM COHORT	N/A	N/A	Tuesdays ~ 2:15pm – 3:00pm		Foster House
SECOND YEAR MIDWIFERY PROGRAM LUNCH	N/A	N/A	Thursdays ~ 12:30pm – 1:15pm		Foster House
SECOND YEAR MIDWIFERY PROGRAM COHORT	N/A	N/A	Thursdays ~ 1:15pm – 2:15pm		Foster House
THIRD YEAR MIDWIFERY PROGRAM LUNCH	N/A	N/A	Wednesdays ~ 12:30pm – 1:30pm		Foster House
THIRD YEAR MIDWIFERY PROGRAM COHORT	N/A	N/A	Wednesdays ~ 1:30pm – 3:00pm		Foster House
LACTATION PROGRAM COHORT	N/A	N/A	Thursdays ~ 9/27, 10/18, 11/15, 12/6/12 from 12:30pm – 1:30pm		Carlton House



Return Service Requested



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Moving? Let us know!
If you receive this newsletter via mail and you would prefer to receive it by email,
please contact the college at info@birthingway.edu or 503-760-3131
Don't forget! You can download all of the registration forms from
www.birthingway.edu