



Birthingways

Fall 2011

Volume 16, Issue 3

The Newsletter of Birthingway College of Midwifery

Inside this Issue

Biodynamic Resuscitation of the Newborn Registration	2
Community News	3
Adult and Infant Resuscitation	4
Community News Continued	5
So, You Want to be a Midwife? Workshop	6
Community Spotlight	7
LD & D Renewal	8
Student News	9
Labor Doula Workshop	10
Specialized Programs News	11
Childbirth Education Registration	12
Lactation Program and Breastfeeding News	13
A & P Course Information	14
Fall Course Offerings	15-16
Fall Registration Form	17-18
Textbook Order Form	19-20
Spanish for Birth Professionals Course Information	21

Calendar Fall 2011

Fall Community Registration Day	8/12
Fall Registration Deadline	8/26
So You Want To Be A Midwife?	8/28
Fall Term Begins	9/15
Midwifery Program Application Deadline	10/15
Meet and Greet	11/18
Lactation Program Application Deadline	12/1
Fall Term Ends	12/9

Graduation 2011

We are proud to announce the following 2011 Midwifery Program graduates:

Sally Acosta
Elizabeth Collins
Ayla Dunn
Jessica Mairs
Jennifer Sanders

Congratulations! We are thrilled with your achievements!

Due to the full lives of our graduates, we will celebrate their graduation in Spring 2012.

Annual Summer Picnic

We had a great turn out for the annual Birthingway picnic on Sunday, June 26! Great food, fun and we raised funds for our student council fund. A special thank you to the student organizers: **Angela Beach, Raina Steenson, Iara Sapoznikow, Dani Boettcher, and Amy McDonald** and to those students who generously donated raffle prizes: **Katrina Bubas Stevens, Kim Le, Divya Za, Suzanne Koenig, Kyla Carstensen, Angela Beach** and community member **Jeannie Brickley** for your generosity!



A New Way to Keep up with News from Birthingway

Would you like to hear about what's happening at Birthingway in-between newsletters?



Sign up for e-news and information updates. Go to our website and click the e-news link.

Donation Thank You's

Birthingway would like to thank **Melissa Boyd Curry** (graduate), **Kelli McIntosh** (graduate and preceptor), and **Alma Midwifery** for providing us with miscellaneous medical equipment, medications, supplies, and sutures. We also appreciate **Andaluz Waterbirth Center** for donating nursing pads, a breastpump, and its accessories. Thanks also to **Melanya Gonsorowski** (extension student), for kitchen equipment and dishes. Our grounds are looking great thanks to **Jack Castle** who donated four hours of yard work.

All of the contributions we receive have an enormous positive impact. If you or anyone you know would like to donate any items to Birthingway, please give us a call. All donations are tax deductible as allowed by law.

Birthingway Non-credit Workshop:	Description:
<h1 style="margin: 0;">Biodynamic Resuscitation of the Newborn Neonatal Resuscitation Renewal Training</h1>	Birthingway certification in neonatal resuscitation including use of bag/valve/mask. This is a renewal course for practitioners with prior certification in BRN or NRP within the last 3 years. <u>You must attach a copy of your BRN or NRP card with this registration.</u> This certification meets requirements for Oregon licensure and NARM certification.

Date / Time / Location:
 BRN Neonatal Resuscitation Renewal Training ~ 12/2/11 9:00am - 2:00pm
 Birthingway College of Midwifery - 12113 Foster Rd., Portland, OR 97266

Cost:
BRN Neonatal Resuscitation Renewal fee: \$80
 Registration Deadline: 11/25/11 at 4:30pm . After this date and time, an additional \$75 late registration fee (non-refundable) is required. Sorry, no walk-in registrations on the day of the workshop will be accepted.

Required Course-pack / Equipment
 None

Refund Policy:
 Written notice is required to receive a refund. If written notice is received up to seven calendar days prior to the day of class, you will receive a 95% refund of the course fee. After that point, 80% of the course fee will be refunded *up to the class day*. ***No refund will be given on or after the class day.*** Late registration and course-pack fees are non-refundable. If the minimum enrollment of five is not achieved, the course will be canceled and you will receive a 100% refund. Please allow four to six weeks for receipt of refund.
Please detach registration form here.

Fall 2011 BRN Neonatal Resuscitation Renewal Training – Registration Deadline 11/25/11 at 4:30pm

Biodynamic Resuscitation of the Newborn Renewal Training fee: \$80	\$
\$75 Late Registration fee (non-refundable) if registration is received after 4:30pm on 11/25/11	\$
YOU MUST ATTACH A COPY OF YOUR BRN OR NRP CERTIFICATION CARD TO THIS REGISTRATION.	TOTAL

Payment method: (please circle) Check/Money Order Cash PayPal (see below)

Name (First, Last, Initial) _____

Address, City, State, Zip _____

Phone _____ **Email** _____

- We must receive this completed registration form AND full payment to register you for this workshop.
- Please make check/money order payable and mail to the address below.
- Credit card payments are accepted through PayPal by visiting <http://www.birthingway.edu/payment.htm>. You don't need a PayPal account to pay with your credit card. By paying through PayPal, you agree to the terms and conditions on our payment page. **You must include a copy of your PayPal confirmation with your registration form.**
- Birthingway cannot accept third-party PayPal payments. The name on the credit card/account must be the same as the student taking this workshop.

OFFICE USE ONLY

Date/time/payment/initial _____

Please route in this order: _____ FIN _____ REG _____ FIN _____ LRC _____ OPS _____ SPPC

Amount needed to clear registration: \$ _____ Amount Paid: \$ _____ Date/Time: _____

Method: _____ Reference #: _____

Community News



New Teaching Additions to the Birthingway Community

Sarah Peyton is not new to Birthingway! She facilitates our Non-violent Communication (NVC) practice group for faculty, staff and preceptors. This fall she will be teaching **Communications II** for the first time. Outside of teaching, Sarah offers workshops and teleseminars that integrate the latest brain research with Non-violent Communication, focusing on the transformative power of words and empathy.

Sara studies in the Interpersonal Neurobiology program at Portland State University, and privately with Bonnie Badenoch and Allan Schore. She is a regular contributor on NVC in the GAINS (Global Association of Interpersonal Neurobiology Studies) Quarterly. Her work focuses on how we hear and understand one another, effective ways to connect hearts, and what neuroscience has to tell us about relationships.

Please welcome **Brooke Noli** back to Birthingway. Brooke will be teaching a new course this fall, **Perinatal Psychology**. She holds a master's degree in Marriage and Family Therapy and works as a private practice therapist specializing in the transitional issues associated with the childbearing year.

Brooke was in the midwifery program at Birthingway from 2000-2003 and apprenticed with **Northwest Community Midwives**. Although she did not pursue a career as a midwife, Brooke continues to attend births as a certified doula and teaches childbirth education classes for homebirth parents. Brooke is passionate about supporting families in a variety of ways, and she is thrilled to be a part of the Birthingway community again.



New Faculty Coordinator

Nancy Longatan comes to Birthingway after 20 years working in Asia. She has worked in integrated rural development in Nepal and the Philippines, and also trained rural development workers in an international training institute in Japan. She specialized in adult literacy education and has also worked in health education, community organizing, and training programs in communication and group dynamics. She is excited about working at Birthingway and being part of positive changes in women's health.

The Faculty Coordinator plays a vital role in the day to day operations at Birthingway.

If you have questions about our classroom faculty or preceptors, please contact nancy@birthingway.edu.

The previous Faculty Coordinator, **Jena Novotny**, recently had her second baby girl, Finley, and has a new role at Birthingway as the Outreach Coordinator.

Birthingway Non-credit Workshop:	Description:
<h1>Adult and Infant Resuscitation</h1>	American Heart Association Healthcare Provider level CPR certification for, infant, child, and adult resuscitation, including AED use. Does not cover neonatal resuscitation. Instructor: Denise Clark, EMT-P

Date / Time / Location:
Adult and Infant Resuscitation ~ December 2, 2011 ~ 2:00pm - 5:00pm
Birthingway College of Midwifery - 12113 SE Foster Rd., Portland, OR 97266

Cost:
Adult and Infant Resuscitation Workshop fee: \$50
 Registration Deadline: November 25, 2011 at 4:30pm. After this date and time, an additional \$75 late registration fee (non-refundable) is required. Sorry, no walk-in registrations on the day of the workshop will be accepted.

Required Course-pack / Equipment
 None

Refund Policy:
 Written notice is required to receive a refund. If written notice is received up to seven calendar days prior to the day of class, you will receive a 95% refund of the course fee. After that point, 80% of the course fee will be refunded *up to the class day*. **No refund will be given on or after the class day.** Late registration and course-pack fees are non-refundable. If the minimum enrollment of five is not achieved, the course will be canceled and you will receive a 100% refund. Please allow four to six weeks for receipt of refund.
Please detach registration form here.

Fall 2011 Adult and Infant Resuscitation Workshop Registration Form – Registration Deadline 11/25/11 at 4:30pm

Adult and Infant Resuscitation Workshop fee: \$50	\$
\$75 Late Registration fee (non-refundable) if registration is received after 4:30pm on 11/25/11	\$
TOTAL	

Payment method: (please circle) Check/Money Order Cash PayPal (see below)

Name (First, Last, Initial) _____ SSN (required for your transcript) _____

Address _____

Phone _____ Email _____

- We must receive this completed registration form AND full payment to register you for this workshop.
- Please make check/money order payable and mail to the address below.
- Credit card payments are accepted through PayPal by visiting <http://www.birthingway.edu/payment.htm>. You don't need a PayPal account to pay with your credit card. By paying through PayPal, you agree to the terms and conditions on our payment page. **You must include a copy of your PayPal confirmation with your registration form.**
- Birthingway cannot accept third-party PayPal payments. The name on the credit card/account must be the same as the student taking this workshop.

OFFICE USE ONLY

Date/time/payment/initial _____

Please route in this order: _____ FIN _____ REG _____ FIN _____ LRC _____ OPS _____ SPPC

Amount needed to clear registration: \$ _____ Amount Paid: \$ _____ Date/Time: _____

Method: _____ Reference #: _____

Community News

Changes in Registration and Textbook Ordering

New Registration for A&P

Birthingway has changed the way students register for the Anatomy and Physiology for Birth and Lactation Professionals (A&P) course (ANT151q). If you are planning to take the five credit, 12 session course, you will need to fill out the regular registration form to enroll in the course.

This A&P course satisfies the Anatomy and Physiology prerequisite for the Birthingway Midwifery program and the Anatomy and Physiology requirement for the Lactation program.



Textbook Ordering

Starting fall 2011, Birthingway is once again ordering textbooks for students who are registering for courses. This is a service offered by the school but is not required. Students are welcome to order their own books if preferred. For details, please see the textbook ordering form with the registration materials.



Birthingway Community Food Buyers Cooperative

Introducing a new way to shop! We want to provide an economical alternative for our community to purchase high-quality food and personal items. The food buyers' collective is open to all Birthingway students, employees, and greater community members. If this interests you, there is a \$12/year membership dues or a \$3/order handling fee. We will be going through Azure Standard with the first orders. Catalogs and order forms are available from **Amari Fauna** at the Birthingway front desk.

Board Members NEEDED

Birthingway is looking for enthusiastic, dedicated supporters of midwifery to serve on our Board of Directors. Terms are two years and require attendance at quarterly meetings.

Because we are a non-profit, Birthingway's Board provides oversight of our mission, finances and leadership, and is crucial to our success! We are particularly interested in recruiting members with accounting and legal backgrounds but anyone with a passion for midwifery education is welcome. For an information packet, please contact holly@birthingway.edu.

Community Library Cards

Everyone is welcome to come browse the library, read a book, or watch a video. Community members who'd like to borrow materials may purchase a community library card:

- \$15 for three months**
- \$25 for six months**
- \$40 for the entire year**



Library Hours

Summer Hours
July 5-August 1
T-Th: 10-6

The Library will be closed August 2-September 5 for summer vacation and the Labor Day holiday.

Beginning September 12th, the Library returns to regular hours:

M: 12-6
T-Th 10-6

So, You Want To Be a Midwife?

An exciting workshop for prospective midwifery students.

Sunday, August 28, 2011, 9:00am - 5:00pm

Birthingway College of Midwifery

12113 SE Foster Road, Portland, OR 97266 Ph: 503.760.3131 Fax: 503.760.3332 info@birthingway.edu www.birthingway.edu

Cost on or before August 15, 2011 - \$70 (add \$10 for each accompanying guest)

Cost after August 15, 2011 - \$80 (add \$15 for each accompanying guest)

REFUND POLICY: Written notice of refund request must be received no later than seven days prior to the day of the workshop to receive a 95% refund. After that date, no refund will be given. Minimum workshop size is six people. If the minimum enrollment is not achieved, the workshop will be canceled and all fees will be refunded.

Schedule includes:

- * Sign-in, settle in (coffee, tea and juice available)
 - * Welcome and introductions
 - * ALL about Birthingway
- * Paths to midwifery: Direct Entry, CNM, and ND
 - * Students discuss their experiences
 - * Delicious Lunch (provided)
- * Midwives' families discuss living with a midwife
 - * Midwives tell their stories
- * Questions, discussion, and conclusions

> > > Please detach lower portion and include with payment < < <

Please register me for So, You Want To Be a Midwife? – Sunday, August 28, 2010

Cost on or before August 15, 2011 - \$70 (add \$10 for each accompanying partner, spouse, parent)

Cost after August 15, 2011 - \$80 (add \$15 for each accompanying guest)

Total Amount Enclosed: \$ _____ Total Number Attending: _____

I am enclosing a check or money order with my registration form.

I am paying with a credit card through PayPal (see below) and mailing or faxing my registration form.

Name _____

Address, City, State, Zip _____

Phone _____

E-Mail _____

- We must receive this completed registration form AND full payment to register you for this workshop.
- Please make check/money order payable and mail to the address below.
- Credit card payments are accepted through PayPal by visiting <http://www.birthingway.edu/payment.htm>. You don't need a PayPal account to pay with your credit card. By paying through PayPal, you agree to the terms and conditions on our payment page. You must include a copy of your PayPal confirmation with your registration form.
- Birthingway cannot accept third-party PayPal payments. The name on the credit card/account must be the same as the student taking this workshop.

OFFICE USE ONLY

Date/time/payment/initial _____

Please route in this order: _____ FIN _____ REG _____ TECH _____ FIN _____ LRC _____ OPS _____ SPPC _____ SAC _____ File

Amount needed to clear registration: \$ _____ Amount Paid: \$ _____ Date/Time: _____

Method: _____ Reference #: _____

Community Spotlight



**Shauna Kenealey, LDM, CPM
Birthingway Graduate
Nurtured Roots Midwifery**

After graduating from Birthingway, where did you go and what did you do?

After graduation, I moved to Southern Oregon to be near my family and enjoy the radiant sunshine I had greatly missed in Portland. Based in the beautiful Applegate Valley, I began **Nurtured Roots Midwifery** with my midwifery partner **Melissa (Boyd) Curry**, who is also a Birthingway graduate.

Working as a midwife, were you drawn to working with a particular group of pregnant women?

We didn't set out to serve a particular population but have found that young moms (and dads) have particularly gravitated towards our youthful energy.

What are you doing now? Have things changed in your practice since you graduated?

I am currently working on collaborating with other local midwives. **Three Sisters Midwifery Services** uses an innovative on-call schedule to make midwifery more midwife-friendly while upholding high

woman-centered quality of the homebirth midwifery model. The midwives get paid a base salary, time off-call each week, and three months off each year. We are still gestating this practice and plan to begin in August 2011.

Overall, I have become even more hands-off than I was immediately after graduation (which was fairly hands-off and biodynamic to begin with). Most mothers labor with the support of their partners and I rarely catch a baby.

I enjoy observing the mother's natural instincts and avoid interference in her intuitive process. I love to write down quotes of what women say in labor and hope to finally begin a birth journal someday. Melissa and I have worked to educate families prenatally about the importance of keeping a quiet birthing environment until after the birth of the placenta. I have been known to enforce a strict "no phone calls until placenta is birthed" rule.

Are you pursuing further education?

I am sitting for the IBCLC credential in July, a wildly in-depth test to become a lactation consultant. I had a gentleman friend shocked at the size of the book I was studying from, saying, "How hard can it be? You have a baby and a breast and the baby drinks milk...?"

To prepare for the exam I have spent many hours studying lactation and working with breastfeeding mothers, and some local midwives call me to consult on breastfeeding issues which I find to be fun mystery puzzles.

After I become a lactation consultant, I plan on working with homebirth mothers from my practice, consulting for other local midwives, and may also decide to expand into a private home visit lactation consultant service.

What did you learn or what made an impact on you while you were at Birthingway that you think others should know about? You can always say more than one thing!

One of the most important tools I learned while I was a student at Birthingway I learned from **Ellie Legare**, my preceptor. During my clinical training she would retain an amazing, calm, faithful composure while dealing with challenging and stressful situations. This modeling has taught me to deal with tough scenarios with my head on straight so that I can remember the midwifery skills I learned from both Ellie and Holly. I adore being a midwife and welcoming new people to this bizarre, beautiful and complicated world of ours.

Want to Find Out More About Becoming A Midwife?

If you or someone you know is interested in becoming a midwife, please join us for:

So, You Want To Be a Midwife?

Sunday, August 28, 2011

To register, please fill out the registration form on the facing page and return it to Birthingway.

Birthingway Non-credit Workshop:	Description:
<h1>Legend Drugs and Devices Renewal</h1>	Course includes 8.5 combined hours of theory, skills, and testing for Suturing, IV Skills, Medications by Injection, and Pharmacology. Students should expect to give and receive IVs, and demonstrate suturing and injection skills. This course meets the Oregon state requirements for Legend Drugs and Devices <u>renewal</u> education for licensure as a Direct Entry Midwife. LD&D must be renewed every two years. You must have completed the 40 hour Initial LD&D sequence in order to take this workshop. Resuscitation is NOT covered in this workshop. Instructor: Holly Scholles, MA, CPM, LDM

Date / Time / Location:

Friday, October 14, 2011 ~ 9:00am - 6:00pm
 Birthingway College of Midwifery - 12113 SE Foster Rd., Portland, OR 97266

Cost:

Workshop fee: \$140
 Registration Deadline: Friday, October 7, 2011 at 4:30pm. After this date and time, an additional \$75 late registration fee (non-refundable) is required. Sorry, no walk-in registrations on the day of the workshop will be accepted.

Required / Equipment

Participants must provide their own suturing equipment, including at a minimum: 1 Needle Holder, 1 Tissue Forceps, 2-3 Hemostats, 1 Suture Scissors

Refund Policy:

Written notice is required to receive a refund. If written notice is received up to seven calendar days prior to the day of class, you will receive a 95% refund of the course fee. After that point, 80% of the course fee will be refunded *up to the class day*. **No refund will be given on or after the class day.** Late registration and course-pack fees are non-refundable. If the minimum enrollment of five is not achieved, the course will be canceled and you will receive a 100% refund. Please allow four to six weeks for receipt of refund.

Please detach registration form here.

Fall 2011 Legend Drugs and Devices Renewal Workshop Registration Form – Registration Deadline 10/7/11 at 4:30pm

Legend Drugs & Devices Renewal Workshop fee: \$140	\$
\$75 Late Registration fee (non-refundable) if registration is received after 4:30pm on 10/7/11	\$
TOTAL	

Payment method: (please circle) Check/Money Order Cash PayPal (see below)

Name (First, Last, Initial) _____ SSN (required for our transcript) _____

Address _____

Phone _____ Email _____

- We must receive this completed registration form AND full payment to register you for this workshop.
- Please make check/money order payable and mail to the address below.
- Credit card payments are accepted through PayPal by visiting <http://www.birthingway.edu/payment.htm>. You don't need a PayPal account to pay with your credit card. By paying through PayPal, you agree to the terms and conditions on our payment page. **You must include a copy of your PayPal confirmation with your registration form.**
- Birthingway cannot accept third-party PayPal payments. The name on the credit card/account must be the same as the student taking this workshop.

OFFICE USE ONLY

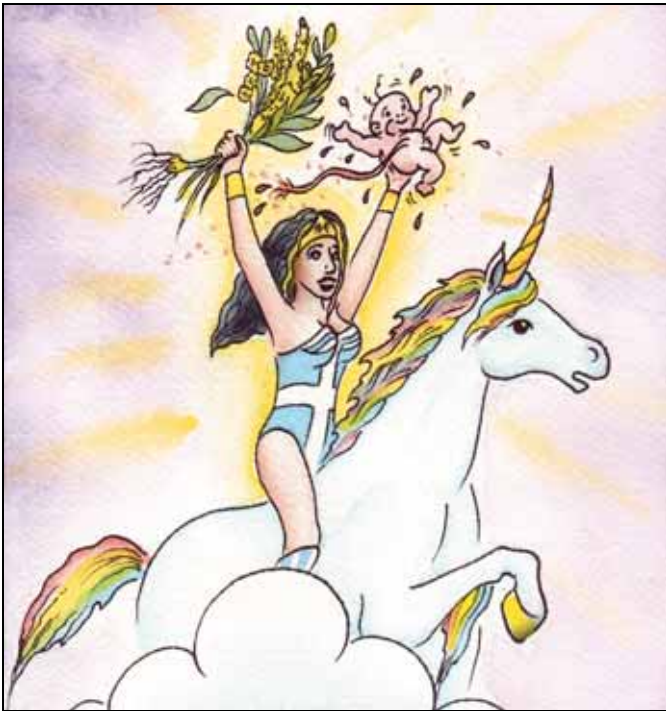
Date/time/payment/initial _____

Please route in this order: FIN REG FIN LRC OPS SPPC

Amount needed to clear registration: \$ _____ Amount Paid: \$ _____ Date/Time: _____

Method: _____ Reference #: _____

Student News



"Painting representing a student midwife as Wonder Woman, wearing a Greek flag leotard and boots, riding a rainbow unicorn, and triumphantly carrying a bundle of fresh mullein (*Verbascum thapsus*) and a bundle of fresh baby!"

Painting by **Mike Stevens**, husband to **Katrina Bubas Stevens**, for Katrina's birthday.

Clinical Training News

Third year student, **Nichole Bendotoff** is working with **Susie Corcoran**, in Aurora, Oregon and extension student **Jules Moon** is working with **Tracy Lawson-Allen** in Portland at Andaluz Waterbirth Center. Extension year student **Terra Senter** is working with **Katherine Bramhall** in Barre, Vermont. Second year student, **Susannah Wright** is working with **Melissa Gordon-Magnus** at Alma Midwifery.

Congratulations Everyone!

Mixed Feelings:

A Seven-Part Pregnancy-Related Haiku Collection Kathy Adams

Body Image

I feel like a whale:
So magnificent and wise,
Not to mention fat.

Somersaults

A gifted gymnast,
It believes my bladder makes
The best trampoline.

Sex

I know it's okay,
But my husband is worried
He's poking your face.

Amniotic Fluid

Bathed in excrement,
Like survivalist Bear Grylls
You drink your urine.

Personal Space

A constant assault,
The grimy hands of strangers
Search out my belly.

Intact

Oh, sweet parasite,
Please be kind to my body
Upon your exit.

Labor Sign

Did I pee my pants?
I fight my ambivalence.
So begins the end.

Birthingway Non-credit Workshop:	Description:
<h1>The Labor Doula</h1> Assisting Women with Birth	Lecture, readings and practical skills for providing emotional and physical support for women in labor and immediate postpartum. This course constitutes one step towards Birthingway's Labor Doula Certification and also meets the prerequisite for admission to our midwifery program. Instructor: Stacey Marshall, CD (DONA), PCD, BC, CBE

Date / Time / Location:
Sundays on 9/25, 10/2, 10/9, 10/16, 10/23, 10/30, 11/6, 11/13, and 11/20 ~ 3:00pm - 6:00pm
Birthingway College of Midwifery - Carlton House 12108 SE Carlton St., Portland, OR 97266

Cost:
Workshop fee: \$485 Registration Deadline: 8/28/11 at 4:30pm. After this date and time, an additional \$75 late registration fee (non-refundable) is required. Sorry, no walk-in registrations on the day of the workshop will be accepted. Only six students will be accepted for this workshop.

Required Course-pack / Books
Course-pack fee (non-refundable): \$67 Course-pack will be available for pick-up at Birthingway, Monday - Friday, from 8:30am - 4:30pm after the registration deadline. Course-pack must be read before the first class session.

The following books must be read prior to attending the workshop, but are not required to be owned:

- Kitzinger S. *The Complete Book of Pregnancy and Childbirth*. 4th ed. Alfred A. Knopf, Inc; 2000.
- Gaskin IM. *Ina May's Guide to Childbirth*. Bantam Dell Publishing Group; 2003.

The following books will be read during the workshop, but are not required to be owned:

- England P and Horowitz R. *Birthing from Within*. Albuquerque: Partera Press; 1998.
- Klaus MH, Kennell JH, Klaus PH. *The Doula Book*. Cambridge, MA. Perseus Publishing. 2002.
- Newman J and Pitman T. *The Ultimate Breastfeeding Book of Answers*. New York: Crown Publishing. 2006.

Refund Policy:
Written notice is required to receive a refund. If written notice is received up to seven calendar days prior to the first day of class, you will receive a 95% refund of the course fee. After that point, 80% of the course fee will be refunded *up to the first class day*. **No refund will be given on or after the first class day.** Late registration and course-pack fees are non-refundable. If the minimum enrollment of five is not achieved, the course will be canceled and you will receive a 100% refund. Please allow four to six weeks for receipt of refund.

Please detach registration form here.

Fall 2011 Labor Doula Workshop Registration Form (9 session) – Registration Deadline 8/28/2011 at 4:30pm

Labor Doula Workshop fee: \$485 + \$67 course-pack fee (non-refundable) = \$552	\$
Please send the course-pack to me. I have included \$6 postage and handling.	\$
\$75 Late Registration fee (non-refundable) if registration is received after 4:30pm on 8/28/2011	\$
TOTAL	

Payment method: (please circle) Check/Money Order Cash PayPal

Name _____

Address, City, State, Zip _____

Phone _____ Email _____

- We must receive this completed registration form AND full payment to register you for this workshop.
- Please make check/money order payable and mail to the address below.
- Credit card payments are accepted through PayPal by visiting <http://www.birthingway.edu/payment.htm>. You don't need a PayPal account to pay with your credit card. By paying through PayPal, you agree to the terms and conditions on our payment page. **You must include a copy of your PayPal confirmation with your registration form.**
- Birthingway cannot accept third-party PayPal payments. The name on the credit card/account must be the same as the student taking this workshop.

OFFICE USE ONLY

Date/time/payment/initial _____

Please route in this order: _____ FIN _____ REG _____ TECH _____ FIN _____ LRC _____ OPS _____ SPC _____ MPC _____ File

Amount needed to clear registration: \$ _____ Amount Paid: \$ _____ Date/Time: _____

Method: _____ Reference #: _____

Specialized Programs News

Questions? Contact Sadie Eck at sadie@birthingway.edu

Labor Doula Program

Our Labor Doula program continues to grow to meet the needs of the communities it serves. We would like to welcome these amazing student labor doulas to our program:

Katie Rose Alexander
Jennifer Allison
Page Callison
Whitney Ellington
Rebecca Guron
Helen Hill
Chole Idle
Melody Mitchell
Kate Pope
Cindy Stumpf
Catherine Waxenfelter
Sylvie White

Check out their pictures and bios at www.birthingway.edu/sld.htm

We continue to receive leads and inquiries from health care providers, community health nurses, non-profit agencies and mamas. They have all heard wonderful things about our doulas and labor doula program. This shows the biodynamic way to give birth is gaining ground in our city!

Childbirth Educator Program

Our spring workshop was jam-packed with information and wonderful community and midwifery students!

Don't forget to sign up for this fall's up coming workshop that begins on September 15! (See next page for workshop registration)

Postpartum Doula Program

Birthingway's Postpartum Doula workshop was full of eager students this spring!

A warm welcome to **Rebecca Guron**, who recently joined the practicum!

We need community support to help our postpartum doulas in training! If you or someone you know is interested in helping our students or join any of our programs, please check out our website or visit our Facebook page. <http://www.facebook.com/pages/Birthingway-College-of-Midwifery/145530546583>.

Quick Tip

Top 5 Most Important Tools in your Birth Bag

1. Snacks!
2. Change of clothes
3. Mints
4. Cell Phone Charger
5. Massage oil

Legislative News

Exciting News! The Oregon House gave final passage to a bill to study the use of doulas in improving maternal health. Visit the link below to learn more. http://www.flashalertnewswire.net/images/news/2011-06/3057/45180/PR_HB_3311.pdf

Also, the midwifery licensing statute was revised this legislative session. The law restored a majority of licensed midwives to the Board of Direct Entry Midwifery, and established protected peer review for LDMS. It also created protection for healthcare providers in transfer situations.

Changes to Birthingway Staff

Birthingway is excited to announce the transition of **Sadie Eck** to the Specialized Programs Coordinator and Stacey Marshall to Lactation Program Coordinator! Sadie is coordinating the Labor Doula, Postpartum Doula, Childbirth Educator and Legend Drugs and Devices programs. Her journey into birth work started at an early age and by 18 she knew she wanted to work with women during pregnancy and birth. She began working at Birthingway in 2009 and has supported well over 100 families as a labor and postpartum doula.

Stacey Marshall, the former Specialized Program Practicum Coordinator, has been on staff and faculty at Birthingway for four years. She is a childbirth educator, labor doula, postpartum doula, breastfeeding counselor, and mama to two sweet kiddos.



Sadie Eck (left) and Stacey Marshall

Birthingway Non-credit Workshop:	Description:
<h1>Childbirth Educator Workshop</h1> <p>Birthingway's Distinctive Biodynamic Approach to Childbirth</p> <p>*Please note: This is also offered as a credit course (more work required). If you would like to take the credit course, please use the Community Student Registration Form.</p>	Examines the history of childbirth education and preconceptions about birth, while building tools for developing a childbirth education series based on Birthingway's Biodynamic Model. This course constitutes one step towards Birthingway's Childbirth Educator Certification. Instructor: Nichole Reding, MA, CD and Stacey Marshall, PCD, BC, CD (DONA)

Date / Time / Location:

Nine Sessions. Fridays 9/15-11/11/11 ~ Time: 9:00am - 4:45pm (Time for the 11/11 class is 9am-4pm)
Birthingway College - 12113 SE Foster Rd., Portland, OR 97266

Cost:

Workshop fee: \$595
 Registration Deadline: August 26, 2011 at 4:30pm. After this date and time, an additional \$75 late registration fee (non-refundable) is required. Sorry, no walk-in registrations on the day of the workshop will be accepted.

Course-pack / Required Reading:

Course-pack fee (non-refundable): \$50 Course-pack will be available for pick-up at Birthingway College Monday - Friday from 8:30am - 4:30pm after the registration deadline. Course-pack must be read before the first class session.

Refund Policy:

Written notice is required to receive a refund. If written notice is received up to seven calendar days prior to the first day of class, you will receive a 95% refund of the course fee. After that point, 80% of the course fee will be refunded *up to the first class day*. **No refund will be given on or after the first class day.** Late registration and course-pack fees are non-refundable. If the minimum enrollment of five is not achieved, the course will be canceled and you will receive a 100% refund. Please allow four to six weeks for receipt of refund.

Please detach registration form here.

Fall 2011 Childbirth Educator Workshop Registration Form – Registration Deadline 8/26/11 at 4:30pm

Childbirth Educator Workshop fee: \$595 + \$50 course-pack fee (non-refundable) = \$645	\$
Please send the course-pack to me. I have included \$6 postage and handling.	\$
\$75 Late Registration fee (non-refundable) if registration is received after 4:30pm on 8/26/11	\$
TOTAL	

Payment method: (please circle) Check/Money Order Cash PayPal (see below)

Name (First, Last, Initial) _____

Address _____

Phone _____ **Email** _____

- We must receive this completed registration form AND full payment to register you for this workshop.
- Please make check/money order payable and mail to the address below.
- Credit card payments are accepted through PayPal by visiting <http://www.birthingway.edu/payment.htm>. You don't need a PayPal account to pay with your credit card. By paying through PayPal, you agree to the terms and conditions on our payment page. **You must include a copy of your PayPal confirmation with your registration form.**
- Birthingway cannot accept third-party PayPal payments. The name on the credit card/account must be the same as the student taking this workshop.

OFFICE USE ONLY

Date/time/payment/initial _____

Please route in this order: _____ FIN _____ REG _____ TECH _____ FIN _____ LRC _____ OPS _____ SPPC

Amount needed to clear registration: \$ _____ Amount Paid: \$ _____ Date/Time: _____

Method: _____ Reference #: _____

Lactation Program and Breastfeeding Center News
 Questions? Contact Stacey Marshall at stacey@birthingway.edu

So You Want To Be A Lactation Consultant?

Interested in working as a Lactation Consultant? Please join us for an informational night on Thursday, September 22 at 6pm in the Carlton House.

Look for updates on our website about the 2012 application process. The application deadline will be December 1, 2011.



HAND IT UP!

We would love your gently used maternity and baby clothing. If you also have extra unopened breastfeeding supplies please share them with our center. Thank you!

Remember: your donations are tax deductible as allowed by law.

Celebrating Breastfeeding Week August 1 -7

Mark your calendars! August 6 is the **Big Latch On 2011!**

At different locations around the world, nursing women will join together to break the world record for the most women breastfeeding at the same time. This is a great event to show your support and enthusiasm for breastfeeding!

To join the fun and find a location near you, please go online to <http://illusa.org/wbw/BigLatchOn.php#Events>

Attendees will receive a goodie bag full of great resources and fun prizes.



Birthingway Students at the Lents Farmers Market

Look for our Lactation program student volunteers at the Lents Farmers Market this summer on Sunday, August 7. We will be spreading the word about our breastfeeding center and the Lactation Consultant program.

“I highly recommend Birthingway to anyone looking for more breastfeeding information and answers in a highly supportive atmosphere.”

-Breastfeeding Center Client

Belly and Breastfeeding Baby Models Needed

Throughout fall term, our students will need tummies to touch and listen to so they can practice their midwifery skills. If you (or someone you know) will be at least 20 weeks pregnant by September, are available on Thursday afternoons from 3-5pm, and would like to earn \$20 a session with our very gentle and loving students, then let us know.

Our Breastfeeding Skills course will also be looking for nursing baby and mama models between the ages of two and 12 weeks.

If you are interested in either opportunity, call the school at 503-760-3131.



Birthingway Breastfeeding Center

Warmline 503-762-1632

Our Breastfeeding Center is becoming a fabulous resource for families in the Portland area. Our phone line and free lactation consultation services provide help for tougher questions and concerns.

Anatomy and Physiology for Birth and Lactation Professionals (ANT151q)



Tuesdays 5:00 pm – 9:00 pm

September 20 through December 6, 2011

Instructor: Bonnie McAnnis, BA, LMT

This course satisfies the A&P prerequisite for the Birthingway Midwifery program and the A&P course requirement for the Lactation Consultant program.

Required Textbook: *Memmlers Human Body in Health and Disease*, 11th Edition, 2008. You need the Text and the Study Guide. Textbooks are available through Birthingway.

To register for this course, please complete the registration form in this newsletter.

COURSE OFFERING – Fall 2011

- ◆ **Anatomy and Physiology for Birth and Lactation Professionals (ANT151q)** 5 credit hours. 12 sessions. Covers all the major body systems with an emphasis on knowledge relevant to birth and lactation practices. Taught by Bonnie McAnnis, BA, LMT
Date: Tuesdays, 9/20 – 12/16/11 for 12 weeks Time: 5:00pm – 9:00pm Location: Carlton House
- ◆ **Botanicals II (BOT332q)** 3 credit hours. Prerequisite: Botanicals I (BOT331q). 10 sessions. Materia medica for fertility, preconception, pregnancy, intrapartum, postpartum, infancy and well-woman gynecology. Instructor: Mindy Cash, ND
Date: Mondays, 9/26 – 12/5/11 for 10 weeks. No class on 10/31/11. Time: 9:00am – 12:00pm Location: Foster House
- ◆ **Breastfeeding I (BRF211q)** 1 credit hour. 4 sessions. Using lecture, discussion, visual aids, and small group activities, this course provides students with basic information about topics including the normal breastfeeding physiology of mother and baby, properties of human milk, risks of formula feeding, recommendations regarding breastfeeding initiation, duration and normal parameters of nursing in the first two weeks, politics of breastfeeding, and influences of culture and birth practices on breastfeeding. Instructor: Adrienne Fuson, BA, IBCLC, LMT, CD
Date: Mondays, 9/26, 10/10, 10/24, 11/7/11 Time: 9:30am – 12:30pm Location: Carlton House
- ◆ **Breastfeeding III (BRF313q)** 1 credit hour. Prerequisite: Breastfeeding II (BRF222q). 4 sessions. Case studies and development of protocols deepen students' knowledge of breastfeeding counseling. Students focus on more complex situations including failure to thrive and infant hypoglycemia, as well as professional issues such as scope of practice, ethics, and credentials. Adrienne Fuson, BA, IBCLC, LMT, CD
Date: Thursdays, 9/15, 9/29, 10/13, 10/27/11 Time: 9:30am – 12:30pm Location: Carlton House
- ◆ **Breastfeeding Skills (BFS411q)** 1 credit hour. Prerequisite: Breastfeeding II (BRF222q). 4 sessions. Students develop their hands-on skills by working with nursing women and their babies to demonstrate breast exams, practice supporting a successful latch, and how to use a variety of equipment such as breast pumps and nipple shields. This supplemental is required for midwifery students in the 2010 cohort and later; it is recommended in the spring of third year. All other Midwifery Program Students (2009 cohort and earlier) may take this to meet your elective requirement. Instructor: Rita Aparicio, MA, IBCLC
Date: Mondays, 10/3, 10/17, 10/31, 11/14/11 Time: 9:30am – 12:30pm Location: Carlton House
- ◆ **Childbirth Educator (CBE241q)** 4 credit hours. 9 sessions. Using lecture, discussion, art, movement, touch and other techniques, examine the history of childbirth education and preconceptions about birth, while building tools providing client education in a variety of settings based on Birthingway's biodynamic model. Instructors: Nichole Reding, MA and Stacey Marshall, CD, PCD, CBE, BC
Date: Fridays 9/15 – 11/11/11 for 9 weeks. Time: 9:00am – 1:00pm (Time for 11/11/11 is 9:00am – 4:00pm) Location: Carlton House
- ◆ **Communications I (COM321q)** 2 credit hours. 9 sessions. The first course in the Communications series introduces the basics of speaking and listening using Rosenberg's Non-Violent Communication Method (NVC), with an emphasis on self and one-on-one communication. Taught by Celeste Kersey, BA, CPM, LDM
Date: Fridays 9/30, 10/7, 10/21, 11/4, 11/11/11 Time: 9:00am – 1:00pm Location: Foster House
- ◆ **Communications II (COM312q)** 1 credit hour. Prerequisite: Communication I (COM321q). 4 sessions. The second course in the communication series continues the development of self and one-on-one communication skills. The emphasis in this course is on working with preceptors and clients. Instructor: Sarah Peyton, BA
Date: Thursdays 9/15, 9/29, 10/6, 10/13/11 Time: 1:30pm – 4:30pm Location: Carlton House
- ◆ **Critical Care Skills II (CCS422q) (Midwifery Program Students Only)** 2 credit hours. Prerequisite: Critical Care Skills I (CCS421q). 12 sessions. Skills covered in this course include maternal resuscitation and continued practice of I.V. skills. Instructor: Denise Clark, BA, EMT-P
Date: Tuesdays 9/20-12/6/11 for 12 weeks Time: 3:00pm – 5:00pm Location: Foster House Skills Room
- ◆ **Ethics (ETH421q)** 2 credit hours. 6 sessions. This course is a survey of philosophical foundations of contemporary ethical models. We explore problem solving of ethical dilemmas that may occur in a midwifery practice. Some topics include autonomy and informed choice, relationships, and justice. Instructor: Nichole Reding, MA
Date: Wednesdays 10/19 – 11/30/11 for 6 weeks. (No class on 11/9/11) Time: 5:00pm – 8:30pm Location: Carlton House
- ◆ **Fetal Assessment (FET211q) (Midwifery Program Students Only)** 1 credit hour. Co-requisite: Intrapartum (INT251q). 4 sessions. This course covers methods for evaluating fetal well-being, including monitoring and analyzing fetal heart tones using a doppler or fetoscope, fetal movement counts, sonogram, Auscultated Acceleration Test (AAT), the Non-Stress Test (NST), the Biophysical Profile (BPP), Amniotic Fluid Index (AFI), and other methods. Instructor: Holly Scholles, MA, CPM, LDM
Date: Mondays 9/19, 9/26, 10/3, 10/10/11 Time: 1:00pm – 4:00pm Location: Foster House
- ◆ **Gynecology Skills (GYN331q) (Midwifery Program Students Only)** 3 credit hours. Co-requisite: Well-woman Gynecology (GYN341q). 12 sessions. We require students to have been a member of the cohort currently completing this course for at least one year or by special permission. Skills introduced include bimanual and speculum exams, Paps, cultures, cervical cap and diaphragm fittings, pelvimetry, breast exams, bladder catheterization and wet mounts. Instructor: Adeline Kell, ND
Date: Wednesdays 9/21 – 12/7/11 for 12 weeks. Time: 2:15pm – 5:00pm Location: Foster House Skills Room
- ◆ **Human Genetics (GEN431q)** 3 credit hours. 10 sessions. Covers basic genetic concepts, genetic screening, pregnancy counseling, and common genetic disorders such as sickle cell, Tay-Sachs, and trisomy disorders. Instructor: Martha von Reis, MA
Date: Mondays 9/20 – 11/21/11 for 10 weeks. Time: 5:45pm – 8:45pm Location: Foster House
- ◆ **Independent Study (IND311q) 1 – 3 Credit Hours** Student led independent research with an approved faculty member. Students interested in pursuing an Independent Study must initially complete an *Intent Form* designating the proposed topic, advisor and credit value. Please meet with your program coordinator or the Faculty Coordinator for more information. Allow seven weeks prior to the term in which you will pursue the Independent Study to complete all preparatory steps
- ◆ **Infancy (INF221q)** 2 credit hours. 7 sessions. From an ethnopediatric perspective, this course covers newborn behavior, development, bonding and attachment, and childrearing. Taught by Heather Sullivan, BSM, CPM, LDM
Date: Wednesdays 9/21, 10/5, 10/19, 11/2, 11/16, 11/30, 12/7/11. Time: 9:00am – 12:00pm Location: Carlton House

COURSE OFFERING – Fall 2011

- ◆ **Intrapartum (INT251q) (Midwifery Program Students Only)** 5 credit hours. Prerequisite: Antepartum (ANT251q). Co-requisite: Fetal Assessment (FET211q), Prenatal Skills (PRE221q). 12 sessions. Using lecture, discussion and audio-visual aids, we cover the psychophysiology of labor and birth; biodynamic facilitation of first, second, third, and fourth stages; unusual situations including precipitous birth, cord prolapse, nuchal cord, back labor, abruption, previa, hemorrhage, and third stage issues. Instructor: Holly Scholles, MA, CPM, LDM
Date: Thursdays 9/15 – 12/8/11 for 12 weeks. Time: 9:00am to 1:15pm Location: Foster House
- ◆ **Nutrition (NUT221q)** 2 credit hours. 7 sessions. Overview of nutrition concepts including macro and micro nutrients, use of supplements, diet analysis, and applications for pregnancy and postpartum. Taught by Mindy Cash, ND
Date: Mondays 10/17 – 12/5/11 for 7 weeks (no class 10/31) Time: 1:00pm – 4:00pm Location: Foster House
- ◆ **Perinatal Psychology (PSY221q)** 2 credit hours. 6 sessions. Focus on the psychological and transformational aspects of pregnancy, birth, and postpartum and will highlight clinical issues relevant to midwifery practice. Instructor: Brook Noli, MA
Date: Tuesdays 11/1 - 12/6/11 for 6 weeks Time: 5:30pm – 9:00pm Location: Foster House
- ◆ **Plant Medicine II (PLM322q)** 2 credit hours. Prerequisite: Plant Medicine I (PLM321q). 7 sessions. Learn about topical applications, preparation of herbal baths, hydrosols, succi, salves and creams. This course includes a field trip. Instructor: Cari Nyland, ND
Date: Mondays 9/19 – 10/31/11 for 7 weeks. Time: 1:00pm – 4:00pm Location: Carlton House
- ◆ **Practice Protocols Book (PRP411q) (Midwifery Program Students Only)** 1 credit hour. Prerequisites: All required midwifery program courses must be completed or in progress. 5 sessions. This course brings together students work to create a practice manual of practice guidelines, protocols, forms, information sheets, informed choice forms and other information. Taught by Jacqueline Meyer, CPM
Date: Mondays 9/19, 9/26, 10/10, 10/24, 11/7/11 Time: 4:30pm – 6:45pm Location: Carlton House
- ◆ **Pregnancy and Breastfeeding (PBF311q)** 1 credit hours. 4 sessions. Focus on how choices made during pregnancy can support breastfeeding, how medical and environmental conditions in pregnancy can affect the breastfeeding relationship, and how pregnancy creates the next stage of reproductive life: breastfeeding. Instructor: Adrienne Fuson, BA, IBCLC, LMT, CD
Date: Tuesdays 9/20, 9/27, 10/11, 10/18/11 Time: 9:30am – 12:30pm Location: Carlton House
- ◆ **Prenatal Skills (PRE221q) (Midwifery Program Students Only)** 2 credit hours. Prerequisites: Antepartum (ANT251q), Physical Assessment I (PHY221q). Co-requisite Intrapartum (INT251q). 12 sessions. This is a hands-on class mostly involving your hands on bellies! Students learn to do full prenatal exams with real pregnant women. Also includes gloving and ungloving, sterile technique, diastasis recti, and rebozo use in pregnancy. Highly interactive. Instructors: Rhonda Ray, BA, CPM, and Heather Sullivan, BS, LDM, CPM
Date: Thursdays 9/15 – 12/8/11 for 12 weeks Time: 3:00pm – 5:00pm Location: Foster House Skills Room
- ◆ **Psychosocial Issues (PSY441q) (Midwifery Program Students Only)** 4 credit hours. Prerequisites: Antepartum (ANT251q), Intrapartum (INT251q). 12 sessions. Using lecture, discussion, guest speakers, and student presentations, this course covers social issues as they impact on clinical care, including socioeconomic class, literacy, family structures, sexual orientation, sexual abuse, domestic violence, adolescent pregnancy, adoption, surrogacy and reproductive technology. Instructor: Holly Scholles, MA, CPM, LDM
Date: Tuesdays 9/20 – 12/6/11 for 12 weeks. Time: 9:00am – 12:30pm Location: Foster House
- ◆ **Research Methods (RSM411q)** 1 credit hour. *Prerequisite: Understanding Statistics (STA221q).* 6 sessions. Tools, methods, and techniques for designing and implementing a research project. Instructor: Kathryn H. Constant, MLS
Dates and Times: 9/20/11 (5:30pm – 7:30pm); 9/27 (5:30pm – 8:00pm), 10/4 (5:30pm – 8:30pm), 10/11, 10/18, 10/25 (5:30pm – 8:00pm)
Location: Foster House
- ◆ **Research Project (RSP411q) (Midwifery Program Students Only)** 1 credit hour *Prerequisite: Research Methods (RSM411q).* This course focuses on the design and implementation of a research project, including definition of a topic, literature review, creation of bibliography and the production of a research paper. **Please download a Research Project Registration Packet at www.birthingway.edu/registration.htm or request one in the front office. A completed Research Project Registration Form must be turned in (with payment) by the first day of the term to register.**
- ◆ **Sexually Transmitted Infections (STI311q) (Midwifery Program Students Only)** 1 credit hour. Prerequisite: Microbiology (MIC341q). 5 sessions. Using lecture, discussion and student presentations, this course covers common and rare sexually transmitted diseases and their causative microorganisms, risk factors, signs and symptoms, diagnosis, and treatment, as well as impact on mother, fetus, and newborn. Diseases covered include syphilis, gonorrhea, chlamydia, herpes simplex, HPV, HIV, hepatitis, chancre, parasites. Instructor: Mia Crupper, ND
Date: Wednesdays 9/28, 10/12, 10/26, 11/9, 11/23/11 Time: 6:00pm – 8:00pm Location: Foster House
- ◆ **Spanish for Birth Professionals (SPA311q)** 1 credit hour. 5 sessions. An introduction to basic vocabulary and phrasing for birth and lactation professionals. Instructor: Rita Aparicio, MA, IBCLC
Date: Thursdays 10/27 – 12/1/11 for 5 weeks Time: 7:00pm – 9:00pm Location: Carlton House
- ◆ **Well-woman Gynecology (GYN341q) (Midwifery Program Students Only)** 4 credit hours. Co-requisite: Gynecology Skills (GYN331q) 12 sessions. Theory based course that explores sexuality, birth control and family planning, pelvic examinations, breast health and examinations. Other topics covered include menstrual disorders, perimenopause and menopause, uterine and cervical abnormalities, and myomata. Instructor: Adeline Kell, ND
Date: Wednesdays 9/21 – 12/7/11 for 12 weeks Time: 9:00am – 12:30pm Location: Foster House
- ◆ **Working Cross Culturally (WCC411q)** 1 credit hour. 4 sessions. Using lecture, discussions, guest speakers and student presentations, this course covers general principles of working with someone from a culture other than your own, with focus on specific religious and ethnic groups, and their beliefs and practices in the childbearing year. Instructor: Sara Ohugshi, ND
Date: Fridays 9/16, 9/23, 10/14, 10/28/11 Time: 9:00am – 12:00pm Location: Foster House

STUDENT NAME: _____

Birthingway College of Midwifery ~ Fall 2011 Registration

Registration for Enrolled Students (Midwifery or Lactation Consultant Program) Begins **AUGUST 5, 2011** at 8:30a.m.

Registration for Community Students Begins **August 12, 2011** at 8:30a.m.

Registration Deadline: **August 26, 2011** at 4:30 p.m.

Tuition: \$369 per credit. To audit (\$369 per credit) please see www.birthingway.edu/for-students/registration.htm		
Anatomy and Physiology for Birth and Lactation Professionals (ANT151q) 5 credits X \$369 per credit =	\$1845	\$
Botanicals II (BOT332q) 3 credits X \$369 per credit + \$98 course-pack =	\$1205	\$
Breastfeeding I (BRF211q) 1 credit X \$369 per credit + \$34 course-pack =	\$ 403	\$
Breastfeeding III (BRF313q) 1 credit X \$369 per credit + \$10 course-pack =	\$ 379	\$
Breastfeeding Skills (BFS411q) 1 credit X \$369 per credit + \$34 lab fee =	\$ 403	\$
Childbirth Educator (CBE241q) 4 credits X \$369 per credit + \$65 course-pack =	\$1541	\$
Communications I (COM321q) 2 credits X \$369 per credit =	\$ 738	\$
Communications II (COM312q) 1 credit X \$369 per credit + \$6 course-pack =	\$ 375	\$
Ethics (ETH421q) 2 credits X \$369 per credit + \$40 course-pack =	\$ 778	\$
Human Genetics (GEN431q) 3 credits X \$369 per credit + \$51 course-pack =	\$1158	\$
Independent Study (IND311q) Please contact your Program Coordinator.	Please use separate form.	
Infancy (INF221q) 2 credits X \$369 per credit =	\$ 738	\$
Nutrition (NUT221q) 2 credits X \$369 per credit + \$15 course pack =	\$ 753	\$
Perinatal Psychology (PSY221q) 2 credits X \$369 per credit + \$87 course-pack =	\$ 825	\$
Plant Medicine II (PLM322q) 2 credits X \$369 per credit + \$3 course-pack + \$28 Lab Fee =	\$ 769	\$
Pregnancy and Breastfeeding (PBF311q) 1 credit X \$369 per credit + \$12 course-pack =	\$ 381	\$
Research Methods (RSM411q) 1 credit X \$369 per credit + \$52 course-pack =	\$ 421	\$
Spanish for Birth Professionals (SPA311q) 1 credit X \$369 per credit + \$35 course-pack =	\$ 404	\$
Working Cross Culturally (WCC411q) 1 credit X \$369 per credit + \$50 course-pack =	\$ 419	\$
Midwifery Program Students Only: Please note: SSDBR Fee is Signs and Symptoms Documentation Book Review Fee		
Critical Care Skills II (CCS422q) 2 credits X \$369 per credit + \$3 course-pack Fee + \$215 Lab Fee =	\$ 956	\$
Fetal Assessment (FET211q) 1 credit X \$369 per credit + \$27 course-pack =	\$ 396	\$
Gynecology Skills (GYN331q) 3 credits X \$369 per credit + \$61 Lab Fee =	\$1168	\$
Intrapartum (INT251q) 5 credits X \$369 per credit + \$132 course-pack + \$25 SSDBR Fee =	\$2002	\$
Practice Protocols Book (PRP411q) 1 credit X \$369 per credit =	\$ 369	\$
Prenatal Skills (PRE221q) 2 credits X \$369 per credit + \$82 Lab Fee =	\$ 820	\$
Psychosocial Issues (PSY441q) 4 credits X \$369 per credit + \$181 course-pack =	\$1657	\$
Research Project (RSP411q) 1 credit To register, you must turn in a Registration Form for Research Project by the first day of the term. This form is available here: www.birthingway.edu/registration.htm .	Please use separate form.	
Sexually Transmitted Infections (STI311q) 1 credit X \$369 per credit + \$12 course-pack=	\$ 381	\$
Well-woman Gynecology (GYN341q) 4 credits X \$369 per credit + \$32 course-pack + \$25 SSDBR Fee=	\$1533	\$
<input type="checkbox"/> I intend to register for Clinical Training Credit this term. To register, you must turn in a completed Registration Form for Clinical Training available at www.birthingway.edu/registration.htm If this is your first time registering for Clinical Training credit, please contact the Faculty Coordinator.	Please do not use this space to register for Clinical Training credits (use separate form - see information at left).	
<input type="checkbox"/> I am working with this preceptor: _____ (Preceptor Name)		
>> PLEASE TELL US WHO YOU ARE WORKING WITH EVEN IF YOU AREN'T TAKING CREDITS. Your preceptor must be approved by Birthingway. If you're not sure, please check with the Faculty Coordinator.		
Do you intend to graduate in this term or the next? (please circle one) Yes No If "Yes", please schedule a meeting with the Student Affairs Coordinator to discuss the graduation process.		
Registration Fees (Required for all students):		
	TECHNOLOGY FEE	\$ 15.00
	REGISTRATION FEE	\$ 50.00
LATE REGISTRATION FEE \$75 (due in addition to the Registration Fee if received after 4:30pm on August 26, 2011)		\$
	TOTAL	\$

Several courses have readings and/or assignments due the first day of class. Please check with the front office for the availability of the syllabus and/or course pack ten days before the start of each course.

>> PLEASE COMPLETE THE REVERSE SIDE OF THIS FORM <<

I am a (please check all that apply): Midwifery Student Lactation Consultant Student Community Student _____
 Soc. Sec. No. (Required for 1098T)

Last Name (Required)	First Name (Required)	Middle Initial (Required)	
Mailing Address (Required)	City (Required)	State (Required)	Zip (Required)
Phone (Optional)	E-mail (Optional)	Emergency Contact: name, relation and phone number (Optional)	

*Your email address will be used to send school notices, information about your school account, financial aid, or other potentially sensitive information

PRIVACY PREFERENCE: <input type="checkbox"/> PRIVACY PROTECTED. Do not share my information with anyone.	Midwifery or Lactation Consultant Students Only: Student directory information includes name, address, phone number, email address and matriculation year. Birthingway does not indiscriminately distribute private information to the general public, but student, graduate, and alumni directory information may be provided to community members such as local midwives, school alumni, or other students. Student name, phone number, email address and matriculation year is made available to all matriculated students in the published <i>Student Roster</i> . Students who choose to be Privacy Protected will not be listed on the <i>Student Roster</i> , and for security reasons, will not be acknowledged as a student of Birthingway to ANY outside inquiry.
---	--

Registrations will be date/time stamped in order of receipt. Registrations received BEFORE registration begins will be date/time stamped after 4:30pm on registration day, in order of receipt. Registrations received AFTER 4:30pm on August 26, 2011 will incur a \$75 late registration fee.

CANCELLATION CLAUSE:

Should you decide to cancel this agreement in writing within three business days, you are entitled to a full refund of all fees and tuition. Equipment kits are not refundable. **After the three-day cancellation period, should you decide to cancel your registration and not attend, refunds will be made per the refund policy below.**

REFUND POLICY - You are expected to attend all classes for which you register. **If you do not attend or stop attending and fail to drop within the refund period, you remain responsible for all tuition and fees.** If you wish to drop a course, please fill out a Withdrawal/Drop Form (available on our website or in the front office) and either mail, fax, or hand it in to the front office. You will receive a refund of tuition per the refund schedule below. **Registration Fee, Late Registration Fee, and Technology Fee are non-refundable. Equipment Kit Fees, Course-pack Fees, and Lab Fees are non-refundable after the Registration Deadline.** Please allow four to six weeks for receipt of refund. **The dates below are based on calendar days.**

<u>WITHDRAWAL DATE</u>	<u>TUITION REFUND</u>	<u>WITHDRAWAL DATE</u>	<u>TUITION REFUND</u>
On or before 1st day of term	100%	22 nd day through 28 th day of term	44%
2 nd day through 7 th day of term	86%	29 th day through 35 th day of term	30%
8 th day through 14 th day of term	72%	36 th day through 42 nd day of term	16%
15 th day through 21 st day of term	58%	Day 43 through end of term	No Refund

Payment of tuition and fees is due at the time of registration for each term unless you are eligible for a financial aid disbursement in the term (have a complete FAFSA on file and signed award letter with an anticipated disbursement in this term). Financial Aid is only available for eligible Midwifery or ALC Degree Students. Equipment kit charges are due when ordered, unless you are on financial aid AND have authorized payment from your financial aid disbursement. All overdue amounts are subject to finance charges of 15% APR with a \$5 minimum per month. A student must be in good financial standing to register for a new term. Any costs incurred to collect these amounts are the responsibility of the student.

Credit card payments are accepted through PayPal by visiting <http://www.birthingway.edu/payment.htm>. You don't need a PayPal account to pay with your credit card. By paying through PayPal, you agree to PayPal and Birthingway's terms and conditions. You **must** include a copy of your PayPal payment confirmation if paying by PayPal, or your registration will be incomplete and delayed until received.

By signing below, I agree that I have read and understand all policies stated above.

STUDENT SIGNATURE (Required to process your registration.)	DATE
An unsigned registration form will delay your registration until signed.	

OFFICE USE ONLY
Date/time/payment/initial
Please route in this order: _____ FIN _____ REG _____ TECH _____ FIN _____ LRC _____ FAC _____ MPC _____ SPC _____ File
____ Has Financial Aid (cleared). Amount needed to clear registration: \$ _____ Amount Paid: \$ _____ Date/Time: _____
Method: _____ Reference #: _____

Birthingway College of Midwifery

TEXTBOOK ORDER FORM

Fall textbook order/cancel deadline: **Friday, August 26, 2011 at 4:30pm**

STUDENT NAME (required) _____

To cancel any textbooks you ordered and to receive a refund, please fill out a *Textbook Drop Form* (which you can get from the front office) by **Friday, August 26, 2011 at 4:30pm**. Textbook cancellations or additions will not be accepted after this date. You are responsible to pay for and pick up your books, even if you drop the course after the deadline.

Also keep in mind that you may already own the required textbook. Birthingway does not check for repeat orders and cannot be held responsible for any mistakes made by the student.

Textbooks should be available the week of September 15, 2011 but times may vary.

Please contact Brittany, Learning Resources Coordinator, with any questions, concerns, or if you want to check on the status of your order at brittany@birthingway.edu

You must provide payment with this form, unless you are eligible for a disbursement of financial aid in the term AND have signed at the bottom of this form.

Any textbook listed below that contains asterisks is used in at least one other course offered during this term
 Highlighted items below are required books for core courses, which can **only be taken by enrolled midwifery program students**, but students are more than welcome to order the books, even if you're not taking the course

Course	Title of Required Textbook	ISBN #	Price \$	Order \$
Anatomy and Physiology (ANT151q)	Cohen BJ, Taylor JJ. <i>Mommeler's the Human Body in Health and Disease and Study Guide</i> . 11 th ed. 2008.	0781765781	73	
Botanicals II (BOT332q)	Gladstar R. <i>Herbal Healing for Women: Simple Home Remedies for Women of All Ages</i> . 1993.	9780671767679	16	
	Soule D. <i>The Woman's Handbook of Healing Herbs</i> . 2011.	1616082763	15	
Breastfeeding I (BRF211q)	*Lauwers J. <i>Counseling the Nursing Mother: A Lactation Consultant's Guide</i> . 5 th ed. 2010.*	0763780529	95	
Breastfeeding III (BRF313q)	*Lauwers J. <i>Counseling the Nursing Mother: A Lactation Consultant's Guide</i> . 5 th ed. 2010.*	0763780529	95	
	Cadwell K. <i>Case Studies in Breastfeeding</i> . 1 st ed. 2003.	9780763726003	70	
Breastfeeding Skills (BFS411q)	Genna C. <i>Supporting Sucking Skills in Breastfeeding Infants</i> . 1 st ed. 2007.	9780763740375	64	
Communications I (COM321q)	*Rosenberg MB. <i>Nonviolent Communication: A Language of Life</i> . 2 nd ed. 2003.*	1892005034	20	
Communications II (COM312q)	*Rosenberg MB. <i>Nonviolent Communication: A Language of Life</i> . 2 nd ed. 2003.*	1892005034	20	
	Siegel Daneil. <i>The Developing Mind: How Relationships And The Brain Interact To Shape Who We Are</i> . 2001.	1572307404	40	
Critical Care Skills II (CCS422q)	Hazinski MF. <i>BLS for Healthcare Providers</i> . Student ed. 2005.	B0021GRDZG	15	
	Frye A. <i>Holistic Midwifery Volume II: Care During Labor and Birth</i> . 2004.	1891145606	130	
Fetal Assessment (FET211q)	*Frye A. <i>Holistic Midwifery Volume I: Care During Pregnancy</i> . Revised ed. 2010.*	189114555X	80	
	Frye A. <i>Holistic Midwifery Volume II: Care During Labor and Birth</i> . 2004.	1891145606	130	
	Varney H. <i>Varney's Midwifery</i> . 4 th ed. 2003.	0763718564	153	
	Gruenberg B. <i>Birth Emergency Skills Training</i> . 2008.	0979002001	36	
	Frye A. <i>Understanding Diagnostic Tests in the Childbearing Years</i> . 7 th ed. 2007.	1891145568	65	
Gynecology Skills (GYN331q)	*Varney H. <i>Varney's Midwifery</i> . 4 th ed. 2003.*	0763718564	153	
	Frye A. <i>Understanding Diagnostic Tests in the Childbearing Years</i> . 7 th ed. 2007.	1891145568	65	
	<i>A New View of a Woman's Body</i> . 1991. (It is recommended that you purchase this book through Birthingway. It is hard to find and expensive online. We can place orders through the publisher for you)		30	
Human Genetics (GEN431q)	DeCrepigny L, Chervenak FA. <i>Prenatal Tests: The Facts</i> . 1 st ed. 2005.	0198520840	25	
	Zuckoff M. <i>Choosing Naia</i> . 2003. (Check availability in our library before buying)	9780807028179	16	
Infancy (INF221q)	Klaus MH, Klaus PH. <i>Your Amazing Newborn</i> . 2000.	9780738201887	20	
	Small MF. <i>Our Babies, Ourselves: How Biology and Culture Shape the Way We Parent</i> . 1999.	0385483627	17	
	Heller S. <i>The Vital Touch</i> . 1997.	9780805053548	19	

Intrapartum (INT251q)	Davis E. <i>Hearts and Hands: a Midwife's Guide to Pregnancy and Birth.</i> 4 th ed. 2004.	1587612216	33	
	Frye A. <i>Holistic Midwifery Volume I: Care During Pregnancy.</i> Revised ed. 2010.	189114555X	80	
	Frye A. <i>Holistic Midwifery Volume II: Care During Labor and Birth.</i> 2004.	1891145606	130	
	Varney H. <i>Varney's Midwifery.</i> 4 th ed. 2003.	0763718564	153	
	Gruenberg B. <i>Birth Emergency Skills Training.</i> 2008.	0979002001	36	
Nutrition (NUT221q)	Selections from Frye A. <i>Holistic Midwifery Volume I: Care During Pregnancy.</i> Selections include only the <u>required</u> readings for the Nutrition course for Community students and Lactation Consultant students. Midwifery students should already have this book. If you still wish to purchase the <u>entire</u> book, please mark one of the above options for <i>Holistic Midwifery Volume I.</i>		11	
Perinatal Psychology (PER312q)	Cowan, CP, Cowan PA. <i>When Partners Become Parents: the Big Life Change for Couples.</i> Revised ed. 1999.	0805835598	43	
	Madsen L. <i>Rebounding from Childbirth: Towards Emotional Recovery.</i> 1994.	9780897893480	22	
	Stern D, Stern NB. <i>The Birth of a Mother: How the Motherhood Experience Changes You Forever.</i> 1998.	0465015670	18	
Plant Medicine II (PLM322q)	Green J. <i>The Herbal Medicine-Maker's Handbook: A Home Manual.</i> 2000.	9780895949905	23	
	Soule D. <i>The Woman's Handbook of Healing Herbs.</i> 2011.	1616082763	15	
Pregnancy and Breastfeeding (PRE111q)	*Lauwers J. <i>Counseling the Nursing Mother: A Lactation Consultant's Guide.</i> 5 th ed. 2010.*	0763780529	95	
Prenatal Skills (PRE221q)	*Frye A. <i>Holistic Midwifery Volume I: Care During Pregnancy.</i> Revised ed. 2010.*	189114555X	80	
Psychosocial Issues (PSY441q)	Doak C, Doak L, Root J. <i>Teaching Patients with Low Literacy Skills.</i> 2 nd ed. 1996.	DO NOT BUY –This book is out of print, but available in our library		
Spanish for Birth Professionals (SPA311q)	McGraw-Hill. <i>Spanish Student Dictionary.</i> 2008.	0071592016	9	
	Harvey W. <i>Spanish for Health Care Professionals.</i> 3 rd ed. 2008.	9780764139284	13	
STI Theory (STI311q)	*Frye A. <i>Understanding Diagnostic Tests in the Childbearing Years.</i> 7 th ed. 2007.*	1891145568	65	
Well Woman Gynecology (GYN341q)	Hatcher R, Trussell J, Stewart F, et al. <i>Contraceptive Technology.</i> 19 th ed. 2008.	9781597080019	110	
	Hudson T. <i>Women's Encyclopedia of Natural Medicine.</i> 2 nd ed. 2008.	0071464735	25	
	Ostrenzki A. <i>Gynecology: Integrating Conventional, Complementary and Natural Alternative Therapy.</i> 2002.	0781727618	15	
	Northrup C. <i>Women's Bodies, Women's Wisdom.</i> Revised ed. 2010.	9780553386738	20	
	Romm A. <i>The Natural Pregnancy Book.</i> 2003.	1587611783	18	
	Rushling L, Joste N. <i>Abnormal Pap Smears: What Every Woman Needs to Know.</i> Updated ed. 2008.	1591025710	22	
	Weschler T. <i>Taking Charge of your Fertility.</i> 10 th ed. 2006.	0060881909	25	
	Weed S. <i>Breast Cancer, Breast Health: The Wise Woman Way.</i> 1 st ed. 1996.	9780961462079	22	
	Weed S. <i>New Wise Woman Menopausal Years: The Wise Woman Way.</i> Revised ed. 2002.	1888123036	17	
	Crawford A. <i>Herbal Remedies for Women.</i> 1997.	0761509801	19	
Working Cross Culturally (WCC411q)	Giger J, Davidhizar R. <i>Transcultural Nursing Assessment and Intervention.</i> 5 th ed. 2008.	0323048110	58	

TOTAL for textbooks----- \$

Courses with no required textbooks:

Childbirth Educator (CBE241q), Research Methods (RESM411q), and Ethics (ETH421q)

Printed Name: _____

By signing below, I am agreeing to pay for the above textbook order either by providing payment with this complete form or by authorizing use of my student aid funds for the charges listed on this form. I understand any charges not covered by aid will be due upon receipt of a statement.

Signature (required): _____ **Date:** _____

Office Use Only:

Date/Time/Payment/Initial _____

Please route in the following order:

____ FIN ____ LRC FILE

Are you working with a Spanish Speaking Family?

"The benefits of having a Spanish-speaking midwife are huge especially if she understands the Latino culture and customs of pregnant and birthing/postpartum women. I think my husband felt more at ease knowing that if he needed to clarify something, he could pose his question in Spanish and could get a response in his native language. It's essential for a woman to have a great birthing experience to feel comfortable and respected where she is birthing. When people are able to communicate, they trust and worry less about being misunderstood or being disrespected. "

- Mary Mendoza, Home birth mama of two sweet boys



Spanish For Birth Professionals (SPA311q)

Thursdays 7:00 - 9:00 pm

October 27 through December 1, 2011

Instructor: Rita Apariccio, CPM, IBCLC

Learn Spanish words and phrases needed to provide care for pregnancy, labor and birth, postpartum, and breastfeeding, as well as culturally specific beliefs and practices.

To register for this course, complete the registration form in this newsletter.



Birthingway
College of Midwifery
12113 SE Foster Rd.
Portland, OR 97266

Phone:
503.760.3131

Fax:
503.760.3332

E-mail:
info@birthingway.edu

If you receive this newsletter via email and
you would prefer to receive it by mail,
please contact the college at
info@birthingway.edu,
or at 503-760-3131

Also, don't forget! You can download all of
the registration forms from:
www.birthingway.edu



Birthingway
College of Midwifery
12113 SE Foster Rd.
Portland, OR 97266

Return Service Requested

NONPROFIT
ORG
U.S. POSTAGE
PAID
Portland, OR
PERMIT NO. 1100