

Birthingways

The Newsletter of Birthingway College of Midwifery

Summer 2010
Volume 15, Issue 2



Birthingway's first summer edition!

Come join us and get together with other breastfeeding mamas! We offer a comfortable, warm environment with full-kitchen access. We have breastfeeding supplies for sale, a baby clothing exchange and a knowledgeable staff person to help answer parenting questions.

We meet every Tuesday from 10am – 1pm at Birthingway College of Midwifery's Breastfeeding Center located at 12108 SE Carlton St. Birthingway is now on <http://www.meetup.com/Birthingways-Parent-Support-Group>

Please email breastfeeding@birthingway.edu for more information.



Here are some of the courses that will be offered this fall at Birthingway:

Breastfeeding I
Anatomy and Physiology
Working Cross-culturally
Spanish for Birth Professionals

See our Fall 2010 newsletter for more information and registration material.

As always, you can join us on Facebook.

New Faculty

Rita Aparicio DEM, LLL Leader, IBCLC, CCE, CLE, CLMA, CD

Rita will be teaching Breastfeeding Skills and Spanish for Birth Professionals and she has been a midwife since 1984. She studied at the Santa Fe Midwifery School, and The Maternity Center in El Paso, Texas. Rita has been the primary midwife in over 800 births, and has been present during more than 3,000 as a doula or midwife preceptor in Puerto Rico, the US, and Central America.

She has trained traditional midwives in underdeveloped countries with Iniciativa Comunitaria de P.R. Rita is also licensed as a Paramedic with the Puerto Rico Health Department.

She has trained over 500 people in her roles as a Lactation Consultant for the WIC program in Puerto Rico. She is the founder of Doula Caribe en Puerto Rico through which she has trained and certified over 400 doulas.

Her passion is the time she spends with her family, especially her 20 and 14 year-old daughters and her husband of 27 years, Jeff who is an archaeologist in the Regional Office of the Forest Service. Rita and family came to Portland in the Fall of 2009, and are enjoying the change immensely. She is very enthusiastic about becoming a Birthingway faculty member.

Information Night on Becoming a Lactation Consultant



When: Wednesday, July 28, 2010

7:00pm – 8:00pm

Where: Birthingway College of Midwifery

Breastfeeding Center at the Carlton House
12108 SE Carlton St.

Join us in our Breastfeeding Center for some light snacks and lots of helpful information to steer you down your path to becoming an IBCLC.

Come learn about the new classes you need to take, the clinical skills you need to learn and what the local options are for finding these. We'll discuss educational requirements, job prospects, and answer your questions.

IBLCE has changed their exam eligibility requirements for students taking the exam in 2012 or later. Join us to learn about these requirements

Learn about Birthingway's proposed Associates Degree in Lactation Consultation.

Call 503-760-3131 or email breastfeeding@birthingway.edu with questions or to RSVP. Ask for Nichole or Stacey.



So, You Wanna Be a Midwife?

An exciting workshop for potential midwifery students.

Sunday, August 1, 2010 9:00am - 5:00pm

Birthingway College of Midwifery

12113 SE Foster Road, Portland, OR 97266 Ph: 503.760.3131 Fax: 503.760.3332 info@birthingway.edu www.birthingway.edu

Cost on or before July 19, 2010 - \$70 (add \$10 for accompanying partner/spouse/parent)

Cost after July 19, 2010 - \$80 (add \$15 for accompanying partner/spouse/parent)

REFUND POLICY: Written notice of refund request must be received no later than seven days prior to the day of the workshop to receive a 95% refund. After that date, no refund will be given. Minimum workshop size is 6 people. If the minimum enrollment is not achieved, the workshop will be canceled and all fees will be refunded.

Schedule includes:

- * Sign-in, settle in (coffee, tea and juice available)
 - * Welcome and introductions
 - * All about Birthingway College
 - * Paths to midwifery: Direct Entry, CNM and ND
- * Students and apprentices discuss their experiences
 - * Delicious Lunch provided
- * Midwives' families discuss living with a midwife
 - * Midwives tell their stories
 - * Questions, discussion and conclusions

> > > Please detach lower portion and include with payment < < <

Please register me for So, You Want To Be a Midwife? – Sunday, August 1, 2010

Cost on or before July 19, 2010 - \$70 (add \$10 accompanying partner/spouse/parent)

Cost after July 19, 2010 - \$80 (add \$15 accompanying partner/spouse/parent)

Total Amount Enclosed: \$ _____ Total Number Attending: _____

I am enclosing a check or money order with my registration form.

I am paying with a credit card through PayPal (see below) and mailing or faxing my registration form.

NAME

ADDRESS

CITY

STATE

ZIP

PHONE

E-MAIL or additional contact number

We must receive this completed registration form and full payment to register you for this workshop. Please make check/money order payable to and mail to: Birthingway College of Midwifery, 12113 SE Foster Road, Portland, OR 97266. Fax: 503.760.3332. Credit card payments are accepted through PayPal - please go to <http://birthingway.edu/payment.htm> for details. You don't need a PayPal account to pay with your credit card. The name on the credit card/PayPal account must match the person taking this workshop. Sorry, no exceptions.

The Labor Doula

Assisting Women with Birth

Readings, lecture, and practical skills for providing emotional and physical support for women in labor and immediate postpartum. This course constitutes one step towards Birthingway's Labor Doula Certification and also meets the prerequisite for admission to our midwifery program.

Two-weekend workshop: 8/7 (9am-5pm), 8/8 (9am-5pm), 8/14 (9am-5pm), 8/15 (9am-5pm)
Instructor: Stacey Marshall, CD(DONA), PCD, BC ~ Registration Deadline: July 16, 2010

This workshop is held at Birthingway College of Midwifery, 12113 SE Foster Road, Portland, OR 97266
P) 503.760.3131 ~ F) 503.760.3332 ~ info@birthingway.edu ~ www.birthingway.edu

Cost: Workshop - \$485, Readings Binder (Required) - \$67*

Full payment and completed registration form (below) is needed to register.
Workshop minimum is 5, maximum is 16

There is a \$75 non-refundable late registration fee after the registration deadline. Sorry, no walk-in's.

*The Readings Binder will be available for pick up after the registration deadline at Birthingway College of Midwifery (Mon-Fri 8:30am-4:30pm). Binder articles must be read before the first class session. Please note: If you register late, you may not have enough time to read everything before the workshop starts. Please allow enough time to complete all the readings.

The following books must be read prior to attending the workshop (but are not required to be owned):

- Kitzinger S. The Complete Book of Pregnancy and Childbirth. 4th ed. Alfred A. Knopf, Inc; 2003.

The following books will be read during the workshop (but are not required to be owned):

- England P and Horowitz R. Birthing from Within. Albuquerque: Partera Press; 1998.
- Gaskin IM. Ina May's Guide to Childbirth. Bantam Dell Publishing Group; 2003.
- Renfrew M, Fisher C, Arms S. Bestfeeding - How to Breastfeed Your Baby. Celestial Arts; 2004.

REFUND POLICY: Written notice of refund request must be received no later than seven days prior to the first day of class to receive a 95% refund, then 80% of the course or audit fee will be refunded up to the first class day. Readings Binder fee will not be refunded if you drop after the registration deadline. No refund will be made on or after the first class day. Late registration fee is nonrefundable. Minimum class is 5 students. If the minimum class enrollment is not achieved, the class will be canceled and all fees will be refunded.

> > > Please detach lower portion and include with payment < < <

Please register me for The Labor Doula workshop ~ August 7, 8, 14 and 15, 2010

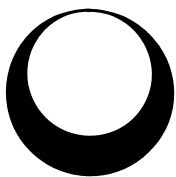
- I am paying \$485 tuition + \$67 readings binder = \$552.....\$ _____
- I am enclosing \$6 postage and handling fee to have my Readings Binder sent to me.....\$ _____
- Oops, it's after 7/16/10. I have included the \$75 late registration fee.....\$ _____
- I am enclosing a check or money order with my registration form. Total \$ _____
- I am paying with a credit card through PayPal (see below) and mailing or faxing my registration form to finalize my registration.

NAME _____

ADDRESS _____

CITY STATE ZIP PHONE E-MAIL or additional contact number

We must receive this completed registration form AND full payment to register you for this workshop. Please make check/money order payable and mail to: Birthingway College of Midwifery, 12113 SE Foster Road, Portland, OR 97266. Fax: 503.760.3332. Credit card payments are accepted through PayPal - please go to <http://birthingway.edu/payment.htm> for details. You don't need a PayPal account to pay with your credit card. The name on the credit card/PayPal account must match the person taking this workshop. Sorry, no exceptions.



**Birthingway
College of Midwifery**
12113 SE Foster Rd.
Portland, OR 97266

Phone:
503.760.3131

Fax:
503.760.3332

E-mail:
info@birthingway.edu

**Summer Library
Hours:**

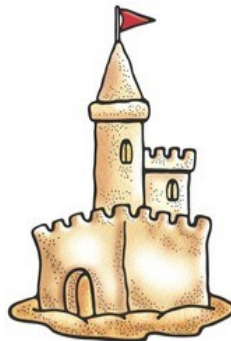
**Tue – Wed 10am – 6pm
Thur 10am – 5:30pm**

Please call ahead and/or
check the home page
calendar of the website for
holiday or vacation closures.

Regular Library Hours

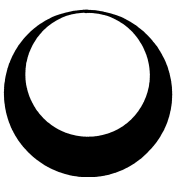
**Mon 12pm – 6pm
Tue – Thurs 10am – 6pm**

regular schedule will
resume September 13,
2010



If you are receiving this
newsletter via email and
you would prefer to
receive by mail, please
contact the college at
info@birthingway.edu, or
at 503-760-3131.

Also, don't forget! You can
download all registration
forms at:
www.birthingway.edu



**Birthingway
College of Midwifery**
12113 SE Foster Rd.
Portland, OR 97266

Return Service Requested

NONPROFIT
ORG
U.S. POSTAGE
PAID
Portland, OR
PERMIT NO. 1100